PRE-EMPLOYMENT PHYSICAL FITNESS CONSENT FORM

Na	ame of Applicant:				
Da	ate of Birth:				
Da	ate of Examination:				
		Physical Fitness A	ssessment Exercises		
1.	Sit-Ups	The examinee must	The examinee must complete as many sit-ups as possible in 60 seconds		
2.	Push-Ups	The examinee must complete as many push-ups as possible			
3.	Mile and Half Run	lile and Half Run The examinee must complete the mile and half course			
	st and find the applicant i	s able to safely particip	pate in the physical exercis Telephone	es listed above.	
 Str	eet Address	City	State	Zip Code	
Signature of Physician			Date		
Αŗ	pplicant:				
Ιh	ereby release and relieve th	ne State of Louisiana, Lo	uisiana State University, Boa	ard of Supervisors, its officers	
ag	ents, servants, and employe	es, including volunteers,	from and against any and al	l claims, demands, expenses	
			s a result of my participation	in the LSU Police Departmen	
Ph	ysical Fitness Assessment	Γest.			
— Sid	gnature of Applicant	Date			