

Degree: Bachelor of Health & Wellness Promotion | **Major:** Health & Wellness Promotion | **Certification:** EC-12 Health
This Degree Program requires a Minor or Second Teaching Field. See Advisor for list of available options

CORE CURRICULUM 42 Hours

Certain Core courses are prerequisites for admittance into the Teacher Preparation Program as governed by the Office of Educator Preparation. See reverse for details and website information

Communication

- _____ (010) ENG 1310: College Writing I
- _____ (010) ENG 1320: College Writing II

Mathematics

- _____ (020) MATH 1315: College Algebra

Life and Physical Sciences

- _____ (030) *Select any two 030-coded courses*
- ANTH, BIO, CHEM, GEO, GEOL, PHYS
- See Degree Audit for Exact Course Options

Language, Philosophy, and Culture

- _____ (040) PHIL 1305: Philosophy & Critical Thinking (WI) OR
- _____ PHIL 1320: Ethics & Society (WI)

Creative Arts

- _____ (050) *Select one course from:*
- _____ ART, DAN, MU, or TH 2313: Intro to Fine Arts

American History

- _____ (060) HIST 1310: History of United States to 187 (WI)
- _____ (060) HIST 1320: Hist. of United States from 1877 (WI)

Government/Political Science

- _____ (070) POSI 2310: Principles of American Government
- _____ (070) POSI 2320: Functions of American Government

Social and Behavioral Sciences

- _____ (080) *Select one course from:*
- _____ ANTH 1312: Cultural Anthropology
- _____ ECO 2301: Principles of Economics
- _____ ECO 2314: Principles of Microeconomics
- _____ GEO 1310: World Geography
- _____ PFW 1301: Behavioral Physical Fitness and Wellness
- _____ PSY 1300: Introduction to Psychology
- _____ SOCI 1310: Introduction to Sociology

Component Area

- _____ (090) COMM 1310: Fund of Human Communication
- _____ (090) *Select one course from:*
- _____ ENG 2310: British Literature before 1785
- _____ ENG 2320: British Literature after 1785
- _____ ENG 2330: World Literature before 1600
- _____ ENG 2340: World Literature after 1600
- _____ ENG 2359: American Literature before 1865
- _____ ENG 2360: American Literature after 1865

SUPPORT COURSES 9 Hours

- _____ PFW Activity
- _____ PFW Activity
- _____ BIO 2430: Human Physiology & Anatomy
- _____ NUTR 3362: Nutrition and Health

PROFICIENCY: Foreign Language

If two years of the same foreign language were not completed in high school, students must complete two semesters of the same foreign language at the college level to meet proficiency requirements

- _____ Foreign Language Proficiency

MAJOR: Health and Wellness Promotion 51 Hours

A 2.5 Major GPA is required to graduate, and all Major Coursework must be completed with a grade of 'C' or better

- _____ H ED 1310: Foundations of Personal Health
- _____ H ED 1320: Introduction to Health and Wellness Promotion
- _____ H ED 2340: Community Health
- _____ H ED 2338: Contemporary Issues in Drug Prevention
- _____ H ED 3342: Adolescent & School Health Programs (WI)

Select any four courses from:

- H ED 3301: Environmental Health Issues
- H ED 3348: Prevention of Disease
- H ED 3350: Consumer Health
- H ED 3360: Sexuality Education
- H ED 4336: Theoretical Fond. of Health and Wlns. Prom.

- _____ H ED 3321: Health in the School Setting

Courses below require a 2.75 Overall GPA and Junior Classification

Education Core [Semester One]

- _____ CI 3325: Adolescent Growth and Development [6]
- _____ CI 4332: Secondary Teaching: Curriculum & Technology

In addition to a 2.75 Overall GPA and Junior Classification, the following courses require admittance to the Teacher Preparation Program prior to enrollment

Field-Based Block [Semester Two]

- (Prerequisite: Education Core)*
- _____ CI 4343: Instructional Strategies for Secondary Teacher [9]
- _____ CI 4370: Classroom Mgmt, Ethics, Legal in Secondary Ed
- _____ RDG 3323: Teaching Reading in the Content Areas

Student Teaching [Semester Three]

- (Prerequisite: All Coursework Complete)*
- _____ EDST 4380: Student Teaching All-Level I EC-6/4-8 [6]
- _____ EDST 4381: Student Teaching All-Level II 8-12

INSTITUTIONAL REQUIREMENT 1 Hour

- _____ US 1100: University Seminar (1-Hr Open Elec. if Exempt)

MINOR: Minor or Second Teaching Field 18-24 Hours

A 2.5 GPA is required within a Second Teaching Field, or a 2.0 GPA within a Minor, to graduate. A Second Teaching Field requires all coursework be completed with a 'C' or better

Cannot be a Minor in Health & Wellness Promotion. This program requires a Minor or Second Teaching Field of at least 18 hours. A Second Teaching Field is recommended to improve job opportunities. Certain Minors and Second Teaching Fields may increase the total number of credit hours required for degree completion beyond 18 hours.

SEE REVERSE FOR BLOCK SEQUENCE INFORMATION →

ALL-LEVEL HEALTH EDUCATION CERTIFICATION

PREREQUISITES

Regardless of catalog year, students are held to current academic policies and course prerequisites, which are subject to change. Updated course prerequisites are listed in the Undergraduate Catalog online at: <http://mycatalog.txstate.edu/>.

ADMITTANCE TO THE TEACHER PREPARATION PROGRAM

In addition to declaration of the major, students must apply and be admitted to the Teacher Preparation Program in order to enroll in Block coursework beyond the Education Core. Among criteria for admittance is a **2.75 minimum Overall GPA**. The application and criteria for admittance are available on the Office of Educator Preparation's (OEP) website: <http://www.education.txstate.edu/oep/>

TEACHER PREPARATION COURSE SEQUENCE

The **Education Core** classes may be completed alongside other degree coursework and provide the student with an introduction to the teaching profession. After completing the Education Core, students admitted to the Teacher Preparation Program become eligible to enroll in the **Field-Based Block**, referred to as a 'block' because of its integrated curriculum. The **Field-Based Block** provides students with the opportunity to gain classroom experience before the **Student Teaching** semester, prior to which all other coursework must be completed.

Once enrolled in the Education Core, students will need to apply through the **ePortfolio** system each semester for future block placements. These applications are **not competitive** but are reviewed on a first-come, first-served basis. Block applications are typically opened several weeks before the opening of advanced registration, with a late block application posted after registration has begun. Exact dates for block application availability can be found on the Department of Curriculum and Instruction's (C&I) website: <http://www.education.txstate.edu/ci/>. Once submitted, students will receive confirmation of their placement generally by the first day of early registration or, in the case of late block applications, as processed by the Department.

SEMESTER ONE: **Education Core (CI 3325, CI 4332) – Fall / Spring**

Additional courses may be completed with the Education Core.

- Students in the Education Core should apply to the Teacher Preparation Program and for placement in the next semester's Field-Based Block

SEMESTER TWO: **Field-Based Block (CI 4343, CI 4370, RDG 3323) – Fall / Spring**

Additional courses may be completed with the Field-Based Block. Field observation is required.

- In order to gain Student Teaching placement for the following semester, students in the Elementary Field-Based Block should follow instructions from the Office of Educator Preparation.

SEMESTER THREE: **Student Teaching (EDST 4380, EDST 4381) – Fall / Spring**

Student Teaching is taken alone in the final semester, after all other coursework has been completed. Field observation is required.

- Students should submit a **Graduation Application** online by the deadline stated on the Academic Calendar

IMPORTANT NOTES

- School districts will conduct **background checks** for students enrolling in field experiences and Student Teaching and have the right to deny any person entry to schools based on those results. Discuss any concerns with the Office of Educator Preparation
- The Field-Based Blocks and Student Teaching semesters are unpaid experiences that take place at public schools **outside of the Texas State campus** and are integral requirements for graduation in this program. Students are responsible for obtaining transportation to school placements. Transportation and/or financial challenges are not justification for having these requirements waived or altered
- Reasonable and appropriate accommodations may be provided in field placements for students with documented disabilities who are registered with the Office of Disability Services. Accommodations cannot pose an undue burden to the University or the field placement. Students are responsible for disclosing disabilities and requesting accommodations as far in advance of the field placement as possible so that accommodations can be coordinated in a timely manner
- Teacher Certification will be issued by the **Texas Education Agency** and is contingent upon graduation (completion of degree requirements including Student Teaching and awarding of degree by Texas State's Registrar's Office), passing score on required TExES exams, and certification application
- **Many H ED courses have limited enrollments and are offered on a rotational basis (Fall only or Spring only, etc.)**
- Refer to Undergraduate Catalog or speak with an Academic Advisor to learn more about preferable Minors or Second Teaching Fields

Students are responsible for knowing and fulfilling all University, College, Major, and Certification requirements and should refer to the Texas State Undergraduate Catalog for additional information. Students are also encouraged to consult with Academic Advisors to ensure thorough understanding of all degree and graduation requirements

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