



GILMORE COLLEGE FOR GIRLS

NEWSLETTER

Issue No. 3 Date: 3 March 2015

Address: 298 Barkly Street, Footscray 3011 Telephone (03)9689 4788 Facsimile (03)9687 3867

School Website: www.gilmoregirls.vic.edu.au

FUTURE COLLEGE EVENTS

| DATE | EVENT |
|---------------|--------------------------------------|
| 9 March 2015 | Labour Day Public Holiday |
| 19 March 2015 | Multicultural Day |
| 24 March 2015 | Parent Teacher Evening 2.00 – 7.20pm |

| DATE | EVENT |
|---------------|--|
| 27 March 2015 | End of Term 1 – 1.42pm Finish |
| 28 March 2015 | 90 th Birthday Celebrations |
| 13 April 2015 | Term 2 Begins |

MESSAGE FROM THE PRINCIPAL

Dear Parents, Guardians and Friends,

90th Birthday Celebrations

This year we celebrate 90 years of education for young women. This is a very exciting time for us at Gilmore. Julia Truong, a former student and Western Chances Young Ambassador is our Event Manager for the upcoming 90th Birthday Celebrations. Keep Saturday March 28 free.



Swimming Carnival

The swimming carnival was well supported this year with a huge number of students dressing up and making the day a great school event. It is one of the last whole school events for the Year 12 students – it is in fact their last swimming carnival so they really made a splash on the day with their costumes. It was terrific to see them take on the various roles of timekeeper and marshalls; all of which help make the day run smoothly.

Year 7 Parent Information evening

It was lovely to see so many parents attend the meeting and not only meet the teachers but meet each other.

One issue that was raised was student safety in the community. Can you please discuss with your daughter strategies to use when they are approached by a stranger or do not feel comfortable. For example look ahead and be aware of your surroundings, do not use the lane beside the library if you are by yourself, cross the street, do not make eye contact. At all times the students should be aware of their surroundings, only have one ear phone in so that they are conscious of what is happening around them.

If ever your daughter is approached by a stranger and they feel threatened then they need to report the incident to the office so that we can make a report to the department and the police.

We intend to invite the public transport community liaison persons in to talk to the girls about travelling on public transport.

We have very few incidents but we do need to educate the girls about their personal safety. They should not be on their phone or looking at their screens while crossing the road.

Portfolios

All students have resurrected their portfolios and have relocated them to their Circles room. Students are focused on getting them organised and set up with their best pieces of work, their awards and certificates and their resume.

Their portfolio will provide a comprehensive record of their best efforts while at Gilmore College for Girls.

Multicultural Day

We have a number of activities planned for our annual Multicultural Day. Students in each Circles group are asked to prepare a powerpoint focused on a family cultural artefact, we have a dance group in and then our lunch with shared food. Parents are welcome to attend the Cultural Concert and Fashion Parade

School Uniform

Just a reminder to parents; all pieces of uniform need to be purchased from the Uniform Shop. There are two styles of pants available – students cannot wear any blue pants.

School Council Elections

Congratulations to your Council Parent Representatives; they are Ms Tracey Bevan, Mr Dat Do, Mr Ken Gunn, Mr Robert Charles and Mr Andrew Dixon. I still have one parent position vacant. If anyone is interested please contact me or collect a self-nomination form from the office.

Bette Prange

Principal

EDUCATION QUOTE "Perfection is not attainable, but if we chase perfection we can catch excellence." **Vince Lombardi**

JUNIOR SCHOOL NEWS

We are now exactly half way through term one. It seems like the summer break was months ago as the focus on being at school gains momentum.

I was extremely pleased with the attendance of Year 7 parents and students at the community evening held on Tuesday the 17th of September. The bar-b-q went well, with a special thanks to Joe, Ann and Shona Mercaldi for being such excellent chefs.

The swimming sports last Thursday provided the opportunity for staff and students to enjoy a day out of the classroom. The weather proved to be a winner- not too hot and not too cold. A swag of ribbons were taken home by Ripley Smith, Dilara Erbas and Shamay Collings. Ms Dempster is to be congratulated for the work she put in to make the day a success.

Teachers are beginning to collate information for the end of term reports. It is important that all Junior School students hand in all set work requirements properly completed and on time.

A reminder, all students are required to be in the correct summer uniform.

If there are any issues parents/guardians can contact me through email: reilly.ian.j@edumail.vic.gov.au

Ian Reilly- Junior School Leader

SENIOR SCHOOL NEWS

The weeks are just flying by this term with only four weeks to go until the holidays. It has been a busy couple of weeks with school photos and the annual swimming carnival on the 19th February. It was very pleasing to see the senior students support the event and some dressed up for the occasion including some little red riding hoods and colourful life guards. Congratulations to all the competitors and good luck to those who will compete in the next round.

Year 12 students have been updating their MIPS online information. It provides them with the opportunity to consider their goals for this year and their tertiary course options. I am currently meeting with some parents to discuss their daughter's academic progress. There will also be another opportunity for parents to meet with all the teachers on Tuesday 24th March – so please keep this free.

I would like to congratulate our school captains Fatma Kassem and Penelope McDonald who recently attended a Q & A on Environmental Policy at the offices of Tim Watts. (Federal Member for Gellibrand). They actively participated in this session and were given the

opportunity to meet other politicians and key community figures.

Year 11 students are experiencing their first formal assessment tasks or SAC's and I conducted a workshop with them to give them a better understanding of how the VCE works on Monday 2nd March during MIPS. It was a taster for things to come at the Study Skills Camp which has been organised for early next term. Final payments for the camp need to be made to the front office by Friday 20th March and the paper work regarding the camp will be distributed shortly.

Year 10 students and are still adjusting to being in the senior end of the College. They had their immunisations last week; any student who did not have the injection can follow up with the Maribyrnong Council.

Some timely reminders about College expectations. All senior students need to be wearing the correct summer uniform until the end of this term. If students are late on three or more occasions then they will be issued with a detention in G3 on Thursday afternoons with parent notification. Parents should not plan holidays during the school term as this disrupts their daughter's progress and causes them to fall below the VCAA 80% attendance requirement. All senior student should now have a regular routine of homework and if there are any issues parents/guardians can contact me through email voidis.helen.h@edumail.vic.gov.au or by calling 9689 4788.

Helen Voidis

Senior School Leader

Year 11 MIPS take theatre to a new level

Year 11 MIPS students entertained each other, their teachers and our guest 'judge', school nurse, Michelle Hynson with a ferocious battle of drama in last week's MIPS class. In a game of Theatre Sports our students showed great capacity for teamwork, spontaneity and creativity. Well done to all year 11 Drama Queens!





Swimming carnival. We celebrated our annual Swimming Carnival at Queens Park recently. We had a fantastic day for swimming and the girls all dressed to impress in their house colours. Massive thanks to our Sports Captain Mariama Brima and Junior & Senior House Captains. Thanks to all staff as well. Mariama's article will be included in the next newsletter.



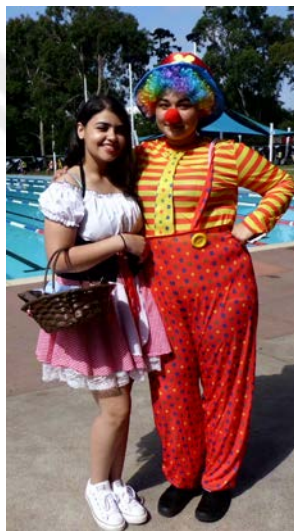
Tradie Ladies



Year 12 Life savers ready for action!



Life savers after lunch



Our clown won the Best Dressed



Othello the Remix

Staff, students, parents and friends were recently treated to a sensational show at the Melbourne Arts Centre. Performed by the acclaimed Chicago Shakespeare Company, Othello the Remix was fast paced, clever, and at times, hilarious. Based on the original storyline from Shakespeare, but set in the contemporary world of DJs and record companies, the artistic team's interpretation of this classic tale was brilliantly written and performed. Many thanks to the Melbourne Arts Centre and the First Call Fund for providing free tickets to our school community.

All students and families of Gilmore College students have the opportunity to take up these free ticket offers but they usually occur at very short notice - so keep your ear to the ground for future opportunities.

What our students said about Othello the Remix:

- Monique "...was so funny...I don't think anyone in the theatre did not laugh"
- Shona "...was the best production I have ever seen. It was hilarious".
- CJ "In 'Othello the Remix' no one left without a smile or a sore stomach from laughing"
- Tash "...never laughed so much, was such an amazing play."
- Praphasiry "...thought it would be boring but like they say, 'never judge a book by its cover'. IT WAS AMAZING"
- Sara "I have never seen so many people in the audience smile/laugh so much! So glad I had the chance to go. Would definitely recommend it for everyone. Great show!"

Juliana "...was really fun and the history was really good"



Netbook Program

A reminder to all students on the Netbook program that students are required to bring their netbook to school every day fully charged. New students can access a netbook from the library until a parent meeting occurs and contracts are signed.

Child Psychology at The Yarraville Health Group

Dr. Kate Enderby is a Clinical Psychologist who has recently joined the team at The Yarraville Health Group. Kate works with children and adolescents, from birth to 18 years of age. She helps children and adolescents who present with a wide range of problems including anxiety, depression, behaviour problems, parent-child relationship difficulties, school refusal, attention problems, grief and loss, social skills difficulties, and problems with bullying and friendships.

If you feel that your child could benefit from seeing a Psychologist please call the clinic on 9689-7901. Further information about this service is available on the website at www.yarravillehealth.com.au. Medicare rebate available with a GP referral.

Health Chat



Listening – skills worth having

Having awesome listening skills will make people trust and like you more. Good listeners ask questions, let the people they're talking with finish, and try to understand what it's like from their perspective.

They respect people's right to disagree, and know when to get help with a problem. You can learn to be a good listener.

Why listen?

Listening isn't just the part of communication where you take breathers. There's a massive upside to having some listening skills. You can help your friends, and people will be more likely to trust what you say.

How to be an expert listener

Let them talk. If someone's telling you something difficult or important for them, don't cut over them with a story about yourself, even if it's relevant. Let them finish and try to work out what it means to them.

Don't judge. If someone comes to you with a problem, try to be a friend without saying things that might damage them. Work through whatever they're dealing with and suggest options rather than passing judgement.

Let someone disagree. If someone comes to you for help and you listen to them, tell them what you'd do or give them advice, that's great. But the advice may not work, or they might not agree with what you say. And that's okay, let them do that.

Ask good questions. What are good questions? Open questions that let the speaker go anywhere. Instead of asking "yes/no" – style questions, think about "how does that work" or "tell me about...".

Show them you're listening. People will trust you more if they can see you're listening to them. Ask questions about what they're saying, and put it back to them in different words to see if you've gotten it right.

Body Language. Having open, relaxed body language – facing a person, not too close, and making occasional eye contact – will make whoever's talking to you more comfortable.

Know when to get help

If someone's got problems you can't solve (or maybe even don't want to hear about), try to put them onto someone who can help them deal with it. If you want, you could offer to go with them for support.

Michelle Hynson - Adolescent School Health Promotion Nurse
Monday and Tuesday

"Developing Resilience in Adolescent Girls!"

Presented by: Sharon Witt

Tuesday March 17th, 2015

7pm to 9pm

Williamstown High School - Bayview St Campus

Bayview St, Williamstown

\$20 per person (at the door) No EFTPOS

Altona Magic Soccer Club

Altona Magic Soccer Club is seeking soccer players for our "girls and woman's teams" this coming season 2015, we have positions available for the following age groups.

- Under 7's (5 to 7 yrs)
- Under 8's, 9's,10's,11's.
- Juniors 12 to 18's
- Senior Woman's

Training is on Tuesday and Thursday nights 6pm to 7pm.

Venue: Paisley Park Soccer Complex, Cnr Mills street and Ross road, Altona North.

For further enquiries please contact us at altonamagic@hotmail.com or 0411 023 661



Rotary Youth Exchange - A Chance of a Lifetime!

Host Families Invited Now!

Rotary Youth Exchange invites kind and caring Host Families within the community to assist local Rotary Clubs offer an outstanding exchange program to young people from all over the World.

A Host Family is a vital part of this cultural and educational exchange and typically hosts a student on a voluntary basis for a period of between 10 to 16 weeks. In doing so, a Host family officially becomes a Friend of Rotary International. The Host Family plays an integral role in offering the student the experience of a new culture and language, whilst at the same time learning itself about a different culture from a young leader. It is a direct window to the world for all members of a Host family.

You not only share a young person's hopes and dreams, but more importantly, you make those dreams possible. Hosting is the beginning of a lifelong friendship and connection with a student and family overseas. Whilst it can be challenging to help a young person transition to a new culture and ease into the surroundings, it is always fun and the rewards are immeasurable.

Host Families in the Rotary Youth Exchange program come in many shapes and sizes! Young children, older children, and no children at all, extended families and older generations – all have been successful in hosting exchange students.

Please consider this amazing and rewarding opportunity now. Enquiries are most welcome.

Further information is available at

www.rotaryyouthexchangeaustralia.com.au





Vanda Mullen

Chair: District 9800 Youth Exchange 0408 109 368

vmullen@netspace.net.au

Cat Protection Society of Victoria

ADOPT a CAT or KITTEN

 desexed  microchipped  vaccinated
 and go home in a free carry box



200 Elder St.
Greensborough, VIC
ph: 9434 7155
www.catprotection.com.au
e: info@catprotection.com.au



Tennis Anyone?

KIDS CLASSES

Smaller courts, lighter racquets and low-compression balls that don't bounce too high make learning tennis fun and easy for primary school-aged children. This means that kids are able to start rallying and having fun right from their first lesson!

Cost: **\$9.00** a session

CARDIO TENNIS

Free Trial Lesson!

Cost: **\$12.50** a session.

Free Trial Lesson!

LOCATIONS: Kensington Banks TC Smithfield Rd • North Park TC Flemington Rd Gladstone Park TC 18 Elmhurst Rd • St Matthews TC 95 William Rd

1300 22 33 86 ACEFUNTENNISCHOOL.COM



GILMORE COLLEGE FOR GIRLS

NEWSLETTER

Issue No. 12 Date: 23 August 2011

Address: *298 Barkly Street, Footscray 3011* Telephone *(03)9689 4788* Facsimile *(03)9687 3867*

School Website: www.gilmoregirls.vic.edu.au

FUTURE COLLEGE EVENTS

| DATE | EVENT |
|--------------------|------------------------------|
| Wednesday | Year 11 2012 parent meeting. |
| Thursday 18 August | VCAL Information Evening |
| | |

| DATE | EVENT |
|---------------------|------------------------------------|
| Friday 26 August | Book Week Performance Years 7 & 8 |
| Friday 2 September | Official Opening of Science Centre |
| Friday 23 September | End of Term 3 |

