

Fall 2012



TEXARKANA COLLEGE

CONTINUING EDUCATION

IMPORTANT INFORMATION

Mail-in and online registration for Continuing Education classes begins Monday, August 20.

Walk-in registration begins Friday, August 24 at 8 a.m. at the Continuing Education Office in the Texarkana College Administration Building.



REGISTRATION

You are urged to register as soon as possible for any course you wish to take. Some courses fill up quickly or have limited space available. Unless otherwise stated, continuing education registration is continuous until a class begins or is full. Registration and payment of tuition are required prior to beginning of class.

BOOKS/SUPPLIES

Although many courses do not require a text, some specialized courses require text and other supplies. Unless otherwise noted, the text fee is included in the course tuition. Texts will be distributed to students the first class meeting.

MISSION STATEMENT

To provide a variety of avocation and vocational education courses that educate, entertain and enrich the diverse interest and needs of our community. Texarkana College Continuing Education endeavors to make high quality continuing education opportunities regularly available, as needs dictate, to residents of this area.

CANCELLATIONS

Each course requires a minimum number of students before it can be held. As a general rule, the final decision whether to run a course or cancel it is made one or two business days in advance of the scheduled starting date. If the college cancels a course for any reason, every effort is made to notify those registered. Refunds will be processed within two weeks. Texarkana College reserves the right to substitute instructors, reschedule classrooms or adjust pricing if necessary. Inclement weather cancellations will not be made up.

ENTRANCE REQUIREMENTS

Continuing Education classes are offered on a non-credit basis. Generally, there are no entrance requirements. Course descriptions will include prerequisite for enrollment, if any. Unless otherwise stated in the course description, the minimum age for most Continuing Education classes is 16 years.

REFUND POLICY

There is a 100% refund upon request prior to the first class meeting.

SENIOR DISCOUNTS

Some of the classes listed offer a discount for senior citizens of 15% (ages 60 or over). Please contact our office for more information.


QUESTIONS?


Call 903-838-0679.

NEW

Register online at
[texarkanacollege.edu!](http://texarkanacollege.edu)

Texarkana College is an affirmative action equal opportunity institution. It is the policy of Texarkana College not to discriminate on the basis of sex, disabilities, race, color, age, or national origin in its educational and vocational programs, activities or employment as required by Title IX, Sec.504 and Title VI. The Texarkana College campus is accessible to the disabled. Texarkana College is committed to full compliance with both the Drug Free Workplace and the Drug Free Schools and Community Acts.

T#	CRN	CK	RECEIPT #
 TEXARKANA COLLEGE REGISTRATION FORM			
Name (Last, First, MI): _____		Social Security #: _____	
Street Address: _____		Home Phone: _____	
City: _____	State: _____	Zip: _____	Work Phone: _____
Place of Employment: _____		Birthdate: _____	
Course Title: _____		Email: _____	
Starting Date: _____	Time: _____	Fee: _____	
<i>2nd choice if 1st choice is full:</i>		The following information is required by the Coordinating Board of the Texas College and University System:	
Course Title _____		<input type="checkbox"/> Male <input type="checkbox"/> Black <input type="checkbox"/> White <input type="checkbox"/> Female <input type="checkbox"/> Asian <input type="checkbox"/> Hispanic <input type="checkbox"/> American Indian <input type="checkbox"/> Other	
Starting Date: _____	Time: _____	Fee: _____	
<input type="checkbox"/> Senior Discount (60 years or over check here)			
<i>Call office for discount before writing check</i>			
<p><i>Make check payable to Texarkana College and send with this form to: Texarkana College Continuing Education Division, 2500 N. Robison Rd., Texarkana, TX 75599</i></p>			

T#	CRN	CK	RECEIPT #
 TEXARKANA COLLEGE REGISTRATION FORM			
Name (Last, First, MI): _____		Social Security #: _____	
Street Address: _____		Home Phone: _____	
City: _____	State: _____	Zip: _____	Work Phone: _____
Place of Employment: _____		Birthdate: _____	
Course Title: _____		Email: _____	
Starting Date: _____	Time: _____	Fee: _____	
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<p><i>Make check payable to Texarkana College and send with this form to: Texarkana College Continuing Education Division, 2500 N. Robison Rd., Texarkana, TX 75599</i></p>			

REGISTER EARLY

Early registration begins Monday,
Aug. 20 online and by mail!



TEXARKANA COLLEGE
Continuing Education Division
2500 North Robison Road
Texarkana, Texas 75599

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Look for our **NEW** classes!

REGISTER EARLY!

Space is limited. Early registration begins Monday, Aug. 20!



START DATES:
 Sept. 19
 Oct. 17
 Nov. 14
 Dec. 12

> Instructor-Facilitated Online Learning

All instructor-facilitated online courses run for six weeks (with a 10-day grace period at the end). Courses are project-oriented and include lessons, quizzes, hands-on assignments, discussion areas, supplementary links, and more. You can complete any of these courses entirely from your home or office and at any time of the day or night.

New course sessions begin monthly. Please visit our Online Instruction Center to see exact start dates for the courses that interest you.

Courses Start as Low as:

\$95

Enroll Now!

Give us a call

(903) 838-0679

or follow the easy steps below

How to Get Started:

1. Visit our Online Instruction Center:
www.ed2go.com/tc
2. Click the **Courses** link, choose the department and course title you are interested in and select the **Enroll Now** button. Follow the instructions to enroll and pay for your course. Here you will choose a username and password that will grant you access to the Classroom.
3. When your course starts, return to our Online Instruction Center and click the **Classroom** link. To begin your studies, simply log in with the username and password you selected during enrollment.

Requirements:

All courses require Internet access, e-mail, and the Microsoft Internet Explorer or Mozilla Firefox Web browser. Some courses may have additional requirements. Please visit our Online Instruction Center for more information.

Texarkana College

Introduction to Microsoft Excel

Discover the secrets to setting up fully formatted worksheets quickly and efficiently.

Creating Web Pages

Learn the basics of HTML so you can design, create, and post your very own site on the Web.

Accounting Fundamentals

Gain a marketable new skill by learning the basics of double-entry bookkeeping, financial reporting, and more.

Speed Spanish

Learn six easy recipes to glue Spanish words together into sentences, and you'll be speaking Spanish in no time.

A to Z Grantwriting

Learn how to research and develop relationships with potential funding sources, organize grantwriting campaigns, and prepare proposals.

Medical Terminology: A Word Association Approach

Prepare for a career in the health services industry by learning medical terminology in a memorable and enjoyable fashion.

Introduction to QuickBooks

Learn how to quickly and efficiently gain control over the financial aspects of your business.

Grammar Refresher

Gain confidence in your ability to produce clean, grammatically correct documents and speeches.

Intermediate Microsoft Excel

Work faster and more productively with Excel's most powerful tools.

Real Estate Investing

Build and protect your wealth by investing in real estate.

Introduction to Microsoft Access

Store, locate, print, and automate access to all types of information.

Introduction to Microsoft Word

Learn how to create and modify documents with the world's most popular word processor.

Project Management Fundamentals

Gain the skills you'll need to succeed in the fast-growing field of project management.

Computer Skills for the Workplace

Gain a working knowledge of the computer skills you'll need to succeed in today's job market.

Introduction to Dreamweaver

Harness the broad range of capabilities Dreamweaver brings to Web development.

Introduction to PC Troubleshooting

Learn to decipher and solve almost any problem with your PC.

Introduction to PowerPoint

Build impressive slide presentations filled with text, images, video, audio, charts, and more.

Creating Web Pages II

Learn to develop polished and interactive pages complete with tables, forms, frames, audio, and CSS.

Discover Digital Photography

An informative introduction to the fascinating world of digital photography equipment.

GRE Preparation - Part 1

Discover powerful strategies for success in the verbal and analytical sections of the GRE.

**MORE COURSES AVAILABLE
 AT OUR ONLINE INSTRUCTION CENTER.**

www.ed2go.com/tc

COMMUNITY SERVICE

CREATIVE ARTS

CAKE DECORATING BASIC

Learn to ice and torte your cake, borders, butter cream flowers, vines, leaves, writing, ruffles & garlands, frozen butter cream transfer stacked and tiered caked. Supply list will be handed out when registering.

Dates: Tuesdays, Sept. 4-Oct. 9 (6 wks)

Time: 6-8 p.m. **Cost:** \$100

Instructor: Valerie Neal

NEW DECORATING COOKIES FOR THE HOLIDAYS

Learn fun and exciting ways to bring new life to your favorite holiday cookie recipes. We will learn about several different types of icing and techniques including: stained glass, brushed embroidery, and cookie bouquets. Wow your friends and family with cookies so pretty they won't want to eat them.

Dates: Tuesdays, Oct. 23-Nov. 6 (3 wks)

Time: 6-8 p.m. **Cost:** \$60

Instructor: Valerie Neal

NEW JEWELRY BEADING AND DESIGNING

Design and create your own jewelry. Beads and wire will be supplied by the instructor for the first and second classes. When the designing phase begins, beads will be available for purchase for jewelry for you or for gift giving. Students will need to go to Hobby Lobby or Michaels to purchase a 6 piece tool set.

Date: Thursdays, Sept. 6-Oct. 11 (6 wks)

Time: 6-8 p.m. **Cost:** \$300

Instructor: Connie Henderson

NEW GIFTS FROM THE KITCHEN

Finding the perfect gift can cause stress during the holidays and break your budget. Learn how to make gift baskets, body scrubs, gifts in a jar, BBQ rubs and much more with items most of us already have on hand, many of them right in our own kitchens. Students will receive forms for gift giving in class, and e-books will be emailed after class completion.

Date: Tuesday, Nov. 27 (1 night)

Time: 6-8 p.m. **Cost:** \$25

Instructor: Valerie Neal

NEW HOLIDAY DECORATING ON A BUDGET

This will be a hands on decorating class to demonstrate holiday decorating on a budget. We will decorate an artificial tree, and a mantle and create a holiday-themed dining table. Students should come prepared to participate. We will dis-

cuss and demonstrate the color trends for the 2012 holiday season and the projected color trends for 2013. Many of the ideas used in this class can be easily translated into any holiday gathering for just a few close friends or that office party that needs a little bit of sparkle. Come and have fun for the day and discover the hidden decorator inside yourself.

Date: Saturday, Oct. 27 (1 day)

Time: 10-4 p.m. **Cost:** \$100

Instructor: Michelle Poteete

POTTERY

Explore the world of clay and learn handbuilding techniques, including coil, pinch and slab. Introduction to potter's wheel for beginning and intermediate students.

Dates: Saturday, Sept. 15-Oct. 13 (5 wks)

Time: 9-11:30 a.m. **Cost:** \$125

Instructor: Glen Knod

POTTERY

Beginning and Intermediate hand building and potter's wheel techniques will be taught in this hands-on class for adults. Basic techniques such as wedging, pinch, coils and slabs along with a variety of surface treatments will be presented. Class includes 25 pounds of clay. Glazing of pieces and pickup of pottery will be scheduled at a future date, prior to end of class.

Dates: MWF, Nov. 5, 7 & 9 (3 days)

Time: 9-11:30 a.m. **Cost:** \$125

Instructor: Joyce Parry

COOKING

HOLIDAY PARTY APPETIZERS

Just in time for the holidays! Make blue cheese mousse tartlets, spanakopita, and more. Hands-on class to make delicious one-bite foods to wow your guests. Samples and recipes provided.

Date: Thursday, Dec. 6

Time: 6-9 p.m. **Cost:** \$50

Instructor: Sharon Youngless

FRESH PASTA AND SAUCES

Learn to make delicious Italian favorites! Hands-on class where you will make fresh fettuccini, lasagna sheets and ravioli as well as alfredo and tomato sauce.

Date: Thursday, Nov. 8

Time: 6-9 p.m. **Cost:** \$50

Instructor: Sharon Youngless

COOKIES & SWEETS

Hands-on class to make three types of delicious

COMMUNITY SERVICE

cookies. Also learn to make sweet treats like brownie pops!

Date: Thursday, Oct. 25

Time: 6-9 p.m.

Cost: \$50

Instructor: Sharon Youngless

CREATIVE LEFTOVERS

Lower your grocery budget while still making amazing meals. Learn creative ways to turn leftovers into new and delicious meals. Samples and recipe ideas provided.

Date: Thursday, Oct. 4

Time: 6-9 p.m.

Cost: \$50

Instructor: Suzanne Lasagna

TWO CHICKENS/FOUR MEALS

Learn how to turn two whole chickens into four wallet-friendly, delicious meals for a family of four. Samples, recipes and grocery list provided.

Date: Thursday, Oct. 11

Time: 6-9 p.m.

Cost: \$50

Instructor: Suzanne Lasagna

SUSHI

This hands-on class teaches the basic skills to make and serve sushi favorites like California rolls, Philadelphia rolls and dynamite rolls.

Date: Thursday, Sept. 20

Time: 6-9 p.m.

Cost: \$75

Instructor: Suzanne Lasagna

DESSERTS

Hands-on class where you will learn to make simple but elegant desserts for family and friends. Cream puff éclairs, mousse and more!

Date: Thursday, December 13th

Time: 6-9 p.m.

Cost: \$55

Instructor: Todd Fulton

BREADS

Learn to make yeast bread, pizza dough and rolls in this hands-on class. Take home samples and recipes provided.

Date: Thursday, Nov. 1

Time: 6-9 p.m.

Cost: \$50

Instructor: Todd Fulton

GRILLING

Learn some great new recipes and techniques just in time for cook-out season! Chicken, pork, vegetables and more. Samples and recipes provided.

Date: Thursday, Sept. 13

Time: 6-9 p.m.

Cost: \$70

Instructor: Todd Fulton

CULINARY BASICS

Designed for both the novice cook and seasoned home chef, Texarkana College's signature Culinary Basics workshop will empower you to cook with confidence. These technique-driven hands-on cooking classes focus on classical culinary skills that are relevant to the home cook today. Class will consist of cooking demonstrations, as well as hands-on cooking, to finish up with feasting on the items prepared.

Date: Saturday, Nov. 10

Time: 9-1:30 p.m.

Cost: \$70

Instructor: Suzanne Lasagna

CLASSIC ITALIAN COOKING

In the kitchen you will prepare our multi-course meal using recipes that incorporate a variety of cooking techniques. We'll prepare meals using some favorite Italian recipes. The dishes you make will be typical of simple Italian cooking – exceptional flavor from fresh, seasonal ingredients. The menu may include dishes such as homemade fresh pasta, roasted red marinara sauce, shrimp scampi, chicken alfredo and pasta primavera. There will be demonstrations by our professional culinary instructor, hands-on cooking, and feasting on the meals you help prepare.

Date: Saturday, September 15th

Time: 9-1:30 p.m.

Cost: \$70

Instructor: Suzanne Lasagna

COOKING MEATS

Sometimes you can grill a good piece of meat and it tastes good just as it is. Sometimes you can stew a cheaper cut of meat and it makes its own sauce. But for a total understanding of making sauces to go with meats and how to cook the various kinds of meat, you will benefit tremendously from this class. Learn how to cook with knowledge and understanding. Some of the dishes to be cooked in this one day workshop are roasted pork roulade with cranberry cornbread stuffing, smoked beef brisket, marinated and grilled chicken breast with pineapple BBQ sauce, as well as several different side dishes using various cooking techniques.

Date: Saturday, Sept. 22

Time: 9 a.m.-1:30 p.m.

Cost: \$85

Instructor: Todd Fulton

MUFFINS, QUICK BREADS AND PATE CHOUX (ÉCLAIR PASTE)

What fun would it be for you to learn to make warm, comforting muffins, éclairs and cream puffs? Well, here is the class to teach you all about it! In this class, you will learn how simple and delicious it can be to prepare these items at home. Learn how to "plate" a dessert and make it look just like the professionals.

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support expert with 22 years of experience and save \$\$\$\$.

Date: TWTh, Oct. 9-11 (3 days)
Time: 6-9 p.m. **Cost:** \$99
Instructor: Robin Gayles

DANCE/MUSIC

BEGINNER BALLROOM DANCE

Learn the basics of the fox trot, waltz and rumba and more with emphasis on lead and follow techniques, music interpretation, timing and styling.

Dates: Thursdays, Sept. 6– Oct. 11 (6 wks)
Time: 6-7 p.m. **Cost:** \$40
Instructor: Bethany Hanna

BELLY DANCE

An introduction of the history and art of Mediterranean and Middle Eastern Dance. Emphasis will be on learning basic dance vocabulary. No previous dance experience is necessary. Women of all shapes, sizes, and ages are encouraged to join.

Dates: Thursdays, Sept. 6-Oct. 18 (7 wks)
Thursdays, Oct. 25-Dec. 13 (7 wks)
Time: 6:30-7:30 p.m. **Cost:** \$105
Instructor: Rani El Amar

COUNTRY/WESTERN DANCE

Do you enjoy country and western music? Then join us in this fun-filled class and learn the popular Cotton-Eyed Joe, two-step, three-step, shuffle, waltz, line dances and many more.

Dates: Mondays, Sept. 10-Oct. 1 (4 wks)
Mondays, Oct. 15-Nov. 5 (4 wks)
Time: 7-8 p.m. **Cost:** \$40
Instructors: Francis/Taylor

COUNTRY WESTERN II

A continuation of C/W I. Participants will further develop the basic steps with emphasis placed on turns. New dances will also be introduced. COUPLES ONLY.

Dates: Mondays, Oct. 15-Oct. 29 (3 wks)
Time: 8-9 p.m. **Cost:** \$40
Instructor: Francis/Taylor

NEW BEGINNER GUITAR

Course will include the following content: tuning your guitar, guitar care, proper technique, learning standard and tablature notation, learning basic chords and how to accompany songs, rhythmic fundamentals and reading rhythm charts, an introduction to music theory, and ear training. Classical, Jazz, and Popular (Rock, Country, etc..) genres will be discussed. Methods will include lecture, demonstration, and supervised practice.

Nylon or steel string acoustic is preferred.

Date: Tuesdays, Sept. 4-Dec. 18 (15 wks)
Time: 7-8:15 p.m. **Cost:** \$285
Instructor: Mark Meadows

COMMUNITY MUSIC SCHOOL

Texarkana College Community Music School is an important part of the music department at Texarkana College. Music faculty work alongside professional teachers from the community to offer the highest level of instruction to students of all ages. Students have access to all music department facilities, including the Music Hall, library, piano lab and practice rooms. Additionally, students perform in recitals, both on and off campus, and participate in a wide variety of festivals and contests. Lessons are given each week. Students may elect 30 minute, 45 minute or 60 minute lessons.

Lessons offered include: Piano; Woodwinds-Flute; Organ; Brass – trombone, baritone, tuba; voice; theory & musicianship; group piano; composition; and conducting.

For classes taught by community teachers:
30 minutes\$72.00
45 minutes\$108.00
60 minutes\$144.00

For classes taught by TC faculty:
30 minutes\$115.00
45 minutes\$172.50
60 minutes\$230.00

DO-IT-YOURSELF HOME REPAIR **NEW**

CABINET CONSTRUCTION

Students begin by learning how to design and build basic box cabinets. Other topics include standard cabinet sizes and specifications, types of lumber and sheet material, basic terminology, joinery techniques and safety operations.

Date: Wed. & Thurs., Sept. 26-27 (2 days)
Time: 6-9 p.m. **Cost:** \$80
Instructor: Casey Boyette

DOOR & WINDOW INSTALLATION

This course will teach you the special skills and techniques to make sure that your doors and windows are installed properly so that they are plumb, level, properly positioned, weather stripped, and insulated.

Date: Wednesday, Sept. 12 (1 day)
Time: 6-9 p.m. **Cost:** \$50
Instructor: Casey Boyette

COMMUNITY SERVICE

ELECTRICAL BASICS

This course provides a basic conceptual understanding of basic electrical concepts, including electrical measurements, basic safety concepts, and an understanding of how common electrical components work.

Date: Wednesday, Oct. 10 (1 day)

Time: 6-9 p.m. **Cost:** \$45

Instructor: Casey Boyette

GENERAL FRAMING

The general framing class will cover introductory elements of framing. Students will learn about framing tools, mat types, mat cutting techniques, joining frames and using templates.

Date: Wed. & Thurs., Oct. 24-25 (2 days)

Time: 6-9 p.m. **Cost:** \$75

Instructor: Casey Boyette

REPAIRING DRYWALL

You've had that hole in your drywall for HOW long? Maybe it's time to just fix it yourself. You'll learn that fixing holes is easy and that a little patience and a lot of sandpaper go a long way towards the perfect patch. In this class you will learn how to repair everything from a small crack to a large hole.

Date: Wednesday, Sept. 5 (1 day)

Time: 6-9 p.m. **Cost:** \$45

Instructor: Casey Boyette

TILE INSTALLATION

Tile installation is a rewarding and money saving job that any homeowner or do-it-yourselfer shouldn't hesitate to attempt. Students will discuss preparing the surface, installing the tile and grouting.

Date: Wednesday, Oct. 17 (1 day)

Time: 6-9 p.m. **Cost:** \$75

Instructor: Casey Boyette

TRIM YOUR HOME

With a few basic carpentry tools and a little patience, you can trim out a room in a weekend. With a little practice, you can master the two key trim techniques, mitering and coping.

Date: Wednesday, Sept. 19 (1 day)

Time: 6-9 p.m. **Cost:** \$75

Instructor: Casey Boyette

WALL TEXTURE

A few basic tools, a bucket of mud and some drywall are all you need to get started right away. Don't be afraid to give it a try. A little bit of practice and you'll find yourself finishing up your texturing project quickly. You'll discover a wide variety of methods and instruction. Texturing drywall is excellent food for feeding the "do-it-yourself" spirit.

It's definitely a lot of work, but its good messy fun....and very rewarding in the end.

Date: Thursday, Sept. 6 (1 day)

Time: 6-9 p.m. **Cost:** \$45

Instructor: Casey Boyette

GARDENING/ LANDSCAPE

NEW BUTTERFLIES OF THE ARK-LA-TEX

Discover the fascinating world of butterflies in the Ark-La-Tex. Course covers the amazing life cycle, identification of some beautiful local species and the plants they need to survive. Price includes a certificate for a "Raising Kit" (container includes three caterpillars and artificial diet). Raising and release instructions are included. Certificate is redeemable Spring 2013.

Dates: Mon. & Wed., Sept. 10 & 12 (1 wk)

Mon. & Wed., Sept. 24 & 26 (1 wk)

Mon. & Wed., Oct. 8 & 10 (1 wk)

Mon. & Wed., Oct. 22 & 24 (1 wk)

Mon. & Wed., Nov. 12 & 14 (1 wk)

Time: 6:30-8 p.m. **Cost:** \$45

Instructor: Eva Watson

COMPOSTING

Learn to recycle grass, leaves, food and yard waste. This course will teach you how to fertilize and enrich your soil and provide a productive use for those large piles of tree leaves.

Dates: Monday, Sept. 10 & 17 (2 wks)

Thursday, Oct. 18 & 25 (2 wks)

Time: 6-8 p.m. **Cost:** \$25

Instructor: Ken Kunkel

NEW DROUGHT TOLERANT LANDSCAPING

As the weather gets warmer and with water costs limiting the times you may water, it is important to learn about what plants other than cacti will survive with less water. Thirsty lawns can be replaced with drought tolerant ground covers that are even more interesting than grass. This class will cover what drought tolerant plants and trees are available and provide instruction on how to use a variety of materials to enhance a drought tolerant garden.

Dates: Tuesdays, Sept. 4-18 (3 wks)

Time: 7 - 9 p.m. **Cost:** \$50

Instructor: Gary Gore

ORGANIC GARDENING

This course is the preparatory part of your successful spring garden. Learn various techniques to garden the healthy way, without overuse of

COMMUNITY SERVICE

processed fertilizers and insecticides.

Dates: Thursday, Sept. 13 & 20 (2wks)

Time: 6-8 p.m. **Cost:** \$30

Instructor: Ken Kunkel

GENERAL INTEREST

NEW

BUDGET EVENT AND WEDDING PLANNING

This course will make the trade secrets of event planning at your disposal. The websites, the inside information to events and wedding planning you always wanted to know about. Ever considered a career in professional partying? Well this course will teach you a few tips and tricks to make all your gatherings from the family barbecue to the rehearsal dinner for your son's wedding stress free. We will design a simple centerpiece and provide additional information on money saving tips and ideas.

Date: Saturday, Sept. 8 (1 day)

Time: 10-2 p.m. **Cost:** \$80

Instructor: Michelle Poteete

BASICS OF DIGITAL PHOTOGRAPHY

An introduction to the basics of photography. Learn about expos, shutter speed, aperture, ISO, and white balance. We will discuss shooting in RAW vs. JPEG and lighting. We will also step outside the classroom for hands-on experience. You must have a DSLR camera. No camera phones or point and shoot cameras, please. For a class you will be able to bring your laptop. For editing purposes we will be using Photoshop CS5.

Date: Tuesdays, Oct. 2-30 (4 wks)

Time: 6:30-8 p.m. **Cost:** \$125

Instructor: Erin Walker

NEW

CREATIVE WRITING WORKSHOP: SHORT STORY

Calling all writers! Do your characters need crafting? Do your plots lack pizzazz? Or maybe you have a way with words and just need an organized environment to get your latest fiction project started? This class will provide writers with the opportunity to improve their short story skills through lessons, guided exercises, and a collaborative workshop. No book required – just a pen, paper, and a willingness to share your work with the class. Age 16 and up only, please.

Dates: Tuesday, Oct. 2-Nov. 6 (6 wks)

Time: 7-8:15 p.m. **Cost:** \$50

Instructor: Jesse Hausler

NEW

DIGITAL SCRAPBOOKING

Curious about scrapbooking on your computer? Students will learn various methods and compa-

nies for digital scrapbooking. In this introductory and hands-on class you will learn to digitally organize, edit, backup and start creating a book. Looking for a great gift idea for that special occasion/event that you would like to make into a quick brag book? It's easier than you think! Be sure and have access to your digital pictures when you come to class.

Dates: Mondays, Oct. 15-Nov. 12 (5 wks)

Time: 6:30-7:30 p.m. **Cost:** \$40

Instructor: Tracy Parker



DOG GROOMING

For those with little or no prior experience, wanting to groom their own dog with a professional flair, or the pro wanting to learn more. Individual instruction based on each person's skill level. Course includes: bathing, nail and ear care, health care, rough clipper work and finished scissor work. The instructional content of this course is designed for any breed of dog. You may bring your dog to class, but NOT on the first night of instruction.

Dates: Fridays, Sept. 7-28 (4 wks)

Time: 6-9 p.m. **Cost:** \$90

Instructor: Judy Head

CALLIGRAPHY

The art of lettering can be used to create beautiful and inexpensive gifts. It is used for weddings, poems, and quotes. The beauty of the written script stands out and lets people know you've taken the time to create a beautiful work just for them. The written word makes a difference. Come and learn the art of the written word. This six week course will include a full upper and lower case alphabet with numbers. Lines and alphabet will be provided. Students will need to bring tracing paper and a felt tip pen to class.

Date: Tuesdays, Sept. 11-Oct. 16 (6 wks)

Time: 7-9 p.m. **Cost:** \$40

Instructor: Carol Berry

COMMUNITY SERVICE

NEW HUNTER EDUCATION

By completing this course, you will obtain Hunter Education certification. Recognized in any state. Mandatory in Texas for anyone born after September 2, 1971.

Date: TTh, September 11-Sept. 20 (2 wks)

Time: 6-9 p.m. **Cost:** \$28

Instructor: Charles Snowden

LET'S TALK ABOUT KIDS: Parent Education Seminar for Divorcing Couples

Divorce is one of the most painful experiences for children of all ages. They often feel caught in the middle between their parents. Most parents want to make good decisions and provide a healthy atmosphere for their children but often also struggle with feelings of profound loss. This four hour course is being conducted to provide information to families and children who are affected by divorce. The seminar is open to all persons concerned with family separation.

Dates: Saturday, Sept. 15 | 9 a.m.-1 p.m.

Thursday, Oct. 18 | 6-9 p.m.

Saturday, Nov. 17 | 9 a.m.-1 p.m.

Thursday, Dec. 6 | 6-9 p.m.

Cost: \$40

Instructor: Yvonne Fellers, LCSW

RETIREMENT SOLUTIONS

For people who are thinking about retiring or who have retired. Learn retirement plan distribution options and how to manage income and expenses during retirement.

Dates: Thursday, Oct. 4 (1 night)

Time: 6:30-8 p.m. **Cost:** FREE

Instructor: Steven Jumper

STRATEGIES FOR EFFECTIVE TEAM BUILDING

In this four hour presentation, we will look at why teambuilding is important. How teambuilding helps members build on their strengths and minimize their weaknesses. How teambuilding encourages members to manage their differences, and how it promotes a better understanding between individuals-the most critical factor in the success of any organization. We will also collaborate on these six reasons for teambuilding:

- To establish purpose
- To understand the states of team development
- To analyze how the team works based on team member roles
- To develop effective team communication
- To examine team processes
- To understand team leadership

Dates: Saturday, Sept. 8 (1 day)

Time: 10 a.m.-2 p.m. **Cost:** \$85

Instructor: Larry Andrews

SCHOOL OF BLADESMITHING

Please visit www.americanbladesmith.com for more information about the School of Bladesmithing.

INTRODUCTION TO BLADESMITHING

This 2 week course is designed for anyone interested in making quality hand forged blades and includes lecture and hands-on work.

Dates: Monday-Friday, Sept. 10-21 (2 wks)

Time: 8-5 p.m. **Cost:** \$850

Instructor: Week one: Jim Crowell, MS

Week two: Timothy Potier, MS

FALL-HAMMER-IN

Demonstrations and lectures on Beginning to Advanced Bladesmithing. Each lecture session is two hours in length.

Dates: Saturday & Sunday, Sept. 15-16 (2 days)

Time: 8 a.m.-5 p.m. **Cost:** \$55

Instructor: Symposium

DAMASCUS

Basic patterns will be included in this detailed study of Damascus. Attention will also be given to pattern variations, pattern manipulation, etc.

Date: Monday-Friday, Oct. 15-19 (1 wk)

Time: 8 a.m.-5 p.m. **Cost:** \$700

Instructor: Steve Dunn, MS

HANDLES AND GUARDS

Includes detailed information on handles, both full-tang and narrow tang, guards, butt camps, decorative file work, spiral dagger handles, sliver inlay work, finished blades, etc.

Date: Monday-Friday, Oct. 22-26 (1 wk)

Time: 8 a.m.-5 p.m. **Cost:** \$700

Instructor: Joe Keeslar, MS

SPORTS/FITNESS

AGE GROUP SWIM WHITE

This swim program is designed for those who have had no competitive swim background or have just begun to swim competitively. Emphasis will be placed on perfecting swim stroke techniques and starts/turns as competitive swimming is the objective. Students will be assigned meeting day according to skills. New students must have prior approval from coach. Students will meet twice a week either on TTh or MW, whichever date is assigned by coach.

Dates: MW or TTh, Sept. 4-Dec. 14

Time: 4:30-5:30 p.m. **Cost:** \$40 monthly

COMMUNITY SERVICE

AGE GROUP SWIM RED

This swim program is limited to competitive swimmers who have qualified for state in at least two events and have a desire to compete in an advanced level.

Dates: Mon.-Fri., Sept. 4-Dec. 14

Time: 3:30-5 p.m. **Cost:** \$60 monthly

BABY SWIM

For babies 12 months to 3 years, the primary focus is for the child to become comfortable and relaxed in the water, experience buoy, bubble blowing and water splashing. Parents or caregivers must be in pool with child. Swim diaper is mandatory.

Dates: MW, Sept, 10-26 (3 wks)

Time: 5:30-6:30pm **Cost:** \$50
6:30-7:30pm

Instructor: Connie Long

BODYSULPTING

Bodysculpting is an easy to follow exercise class that increases muscle tone, strength, flexibility, endurance and balance. In each class, all muscle groups are targeted with even more focus on glutes, abs and triceps. Several exercises increase heart rate for a short duration for a cardio interval effect. Pilates training is integrated into the ab section. Patty has over 20 years of experience and is certified by ACE for personal training and group fitness.

Dates: TTh, Sept.11-Oct. 18 (6 wks)

TTh, Oct. 23-Dec. 6 (6 wks)

Classes will not meet Thanksgiving week

Time: 5:30-6:30 p.m. or 6:30-7:30 p.m.

Cost: \$50 **Instructor:** Patty Ellis

CARDIO STEP PARTY W/ABS

Beginner friendly! At first, learn the steps and then progress into putting the steps into combinations. By the end you will be a pro. Step aerobics burns 30-60% more calories than traditional aerobics with particular emphasis on hips, thighs, abdominals, and buttocks. Ab training and stretching complete the workout. Patty has over 20 years of experience and is certified by ACE for personal training and group fitness.

Dates: MW, Sept. 10-Oct. 17 (6 wks)

MW, Oct. 22-Dec. 5 (6 wks)

Classes will not meet Thanksgiving week

Time: 6:30-7:30 p.m. **Cost:** \$50

Instructor: Patty Ellis

BEGINNER CHEERLEADING (AGES 3-2ND GRADE)

This course is for those who are interested in the basics of cheerleading. Cheers, chants, basic stunts and jumps along with a short dance rou-

tine will make this course exciting.

Dates: Mondays, Oct.1-29 (5 wks)

Time: 6:30-7:30 p.m. **Cost:** \$50

Instructor: Kristin Henderson

EXTREME MARINE BOOTCAMP

Intense workouts and guaranteed quick results in less than 3 weeks! Extreme Marine is actual Marine Corps physical training which involves very intense strength, resistance, stress and cardiovascular drills parallel to the Marine Corps PFT- (physical fitness test). Everyone gets a personal one-on-one 'in your face' boost of motivational inspiration from retired Marine Corps veteran Bess Gamble-Williams. There are no slackers. Military cohesion is mandatory and enforced-if one person slacks off, everybody pays for it with extra drills, sweat and exercise.

Dates: TTh, Sept. 11-Oct. 4 (4 wks)

TTh, Oct. 9-Nov. 1 (4 wks)

Time: 8:15-9:15 a.m. **Cost:** \$160

Instructor: Bess Gamble-Williams

NEW EXTREME MARINE ZUMBA FITNESS

EXTREME MARINE ZUMBA fitness is a very fast paced cardio class for those who want to drop 'extreme' weight quickly. Muscles will NOT get cold in this class. Steady rhythm and pace through the entire class. Hand weights and leg weights are incorporated with this workout. Things get EXTREME-so no whiners allowed. Open to all sexes and all ages. Get ready to really, really, (did I say really) really-SWEAT!

Dates: MWTh, Sept. 10-27 (3 wks)

MWTh, Oct. 8-25 (3 wks)

Time: 6-7 a.m. **Cost:** \$160

Instructor: Bess Gamble-Williams

GYMNASTICS – ACRO

For beginning and intermediate students ages 7 and up. Correct techniques in tumbling, floor exercises and balance beam will be stressed. Leotards should be worn by girls and shorts with T-shirts by boys. Hair should be secured away from face (ponytail).

Dates: Thursdays, Oct.11-Nov. 15 (6 wks)

Time: 7-8 p.m. **Cost:** \$60

Instructor: Katherine Brown

GYMNASTICS – TINY TUMBLERS

Pre-gymnastics class for children 4-6 years of age. Correct stretching and tumbling techniques



COMMUNITY SERVICE

will be stressed. Develop your child's coordination, flexibility and balance. Leotards should be worn by girls and shorts with t-shirts by boys.

Dates: Thursdays, Oct. 11-Nov. 15 (6 wks)
Time: 6-7 p.m. **Cost:** \$60
Instructor: Katherine Brown

ULTIMATE CARDIO KICKBOXING

Are you ready? Experience the most powerful workout that will change your life. This cardiovascular training program is performed by using martial arts and boxing movements that combine with fitness and flexibility. It will improve your strength and endurance while at the same time help you burn those calories and feel more confident with your body! SO LET'S DO IT!

Dates: MW, Sept. 5-Oct. 15 (6 wks)
Time: 5:30-6:30 p.m. **Cost:** \$80
Instructor: Olivia Griffin

LADIES AQUATIC MOVE & GROOVE

Easy to follow movements set to music designed to burn calories and tone muscles. Class format/music changes every class. Class taught by Barbey Larey, ACE & SCE Certified Group Fitness Instructor, Water Aerobic Certified Cooper Clinic.

Dates: TTh, Sept. 4-Oct. 11 (6 wks)
TTh, Oct. 23-Dec. 6 (6 wks)
No class during Thanksgiving week
Time: 5:30-6:30 p.m. **Cost:** \$40
Instructor: Barbey Larey

LADIES AQUATIC MOVE & GROOVE II

A choreographed water class set to music designed to burn calories and tone muscles. Class format and music changes every class. Participants set their own intensity. Instructor Barbey Larey is Ace & SCE Certified Group Fitness Instr., Water Aerobic Certified at Cooper Clinic.

Dates: TTh, Sept. 4-Oct. 11 (6 wks)
TTh, Oct. 23-Dec. 6 (6 wks)
No class during Thanksgiving week
Time: 6:30-7:30 p.m. **Cost:** \$40
Instructor: Barbey Larey

NEW RAD: RAPE AGGRESSION DEFENSE

The Rape Aggression Defense System is a program of realistic self-defense tactics and techniques for women. The R.A.D. system is a comprehensive women-only course that begins with awareness, prevention, risk reduction and avoidance while progressing on the basics of hands-on defense training. R.A.D. is not a martial arts program. Our courses are taught by nationally certified R.A.D. instructors and provide each student with a workbook/reference/manual. This manual outlines the entire Physical Defense Program for reference and continuous personal growth, and is the key to our free lifetime return and practice policy for R.A.D. guidelines.

Dates: Thursdays, Sept. 13-27 (3 wks)
Thursdays, Oct. 11-25 (3 wks)
Thursdays, Nov. 1-15 (3 wks)
Time: 6-10 p.m. **Cost:** \$65
Instructors: Charles McDuffie & Gisela Altamirano

WATER WORKOUT FOR WOMEN

A brisk low-impact water workout that is designed for all levels of fitness. Intensity of the workout depends upon the individual. Class consists of aerobics, toning, and stretching.

Date: TTh, Sept. 4-Oct. 11 (6 wks)
TTh, Oct. 16-Nov. 29 (6 wks)
Time: 1-2 p.m. **Cost:** \$40
Instructor: Jennifer Hackworth

YOGA

Yoga is the process of learning to be aware of self and others; finding an authentic, natural way to move the body; connecting breath to movement; living in the present; increasing the flow of energy; stilling the mind; and much more. Kripalu Yoga—more than just a stretch. Classes taught by certified Kripalu yoga Instructor Donna Blair.

Date: MW, Sept. 5-Oct. 24 (6 wks)
MW, Oct. 29-Dec. 17 (6 wks)
Time: 6-7:30 p.m. **Cost:** \$110
Instructor: Donna Blair

REGISTER EARLY!

Many classes have LIMITED ENROLLMENT,
and all classes have minimum enrollment needs.

ALLIED HEALTH

CPR/BLS/FIRST AID

ACLS: ADVANCED CARDIAC LIFE SUPPORT

Two day course will develop skills and knowledge relevant to the practice of pre-hospital and hospital personnel in cardiac management. Current 2010 AHA guidelines taught. PRE-ASSESSMENT TEST REQUIRED PRIOR TO COURSE. Must have current BLS card. MUST BRING BOOK TO CLASS.

Sept. 10-11	MT	8 a.m.-5 p.m.
Oct. 9-10	TW	8 a.m.-5 p.m.
Oct. 22-23	MT	8 a.m.-5 p.m.
Nov 7-8	WTh	8 a.m.-5 p.m.
Dec. 3-4	MT	8 a.m.-5 p.m.

Cost: \$185 (includes book and AHA card)

ACLS RENEWAL

This course is available for those who have current ACLS recognition from the American Heart Association. Current 2010 guidelines taught. PRE-COURSE ASSESSMENT TEST REQUIRED. MUST HAVE CURRENT BLS AHA CARD. Must bring book to class.

Sept. 19	Wed.	8 a.m.-4 p.m.
Oct. 15	Mon.	8 a.m.-4 p.m.
Nov. 13	Tue.	8 a.m.-4 p.m.
Dec.12	Wed.	8 a.m.-4 p.m.

Cost: \$150 (includes book and AHA card)

ACLS EP: EXPERIENCED PROVIDER

This 1-day ACLS renewal is designed for those providers wanting to increase their depth of understanding more complicated and special resuscitation situations. New 2010 Guidelines taught. Must use EP textbook.

Date: Tuesday, Sept. 25 (1 day)

Time: 8 a.m.-4 p.m.

Cost: \$175 (includes EP book and AHA card)

Instructor: James Pappas, LP,NREMT-P, CCEMT-P

CPR: BLS HEALTHCARE PROVIDER

Designed for the medical person and will be taught according to the new 2010 guidelines of the American Heart Association. NO DOOR REGISTRATION. MUST BRING BOOK TO CLASS.

Sat., Sept. 8	8 a.m.-1 p.m.	1 day
Wed., Sept. 11-12	6-9:30 p.m.	2 nights

Sat., Sept. 22	8 a.m.-1 p.m.	1 day
Sat., Oct. 6	8 a.m.-1 p.m.	1 day
Wed., Oct. 17	5:30-10 p.m.	1 night
Sat., Nov. 3	8 a.m.-1 p.m.	1 day
TW, Nov. 6-7	6-9:30 p.m.	2 nights
Sat., Dec. 1	8 a.m.-1 p.m.	1 day
Sat., Dec. 15	8 a.m.-1 p.m.	1 day

Cost: \$65 (includes book and AHA card)

CPR: BLS HCP RENEWAL

For those who have previously been trained in BLS with the American Heart Association and have a current BLS card. New 2010 Guidelines taught. NO DOOR REGISTRATION. Must bring book to class.

Sat., Sept. 8	2-6 p.m.	1 day
Wed., Sept. 19	6-10 p.m.	1 night
Sat., Oct. 6	2-6 p.m.	1 day
Wed., Oct. 24	6-10 p.m.	1 night
Sat., Nov. 3	2-6 p.m.	1 day
Wed., Nov. 28	6-10 p.m.	1 night
Sat., Dec. 1	2-6 p.m.	1 day
Wed., Dec. 12	6-10 p.m.	1 night

Cost: \$55 (includes book and AHA card)

FIRST AID WITH CPR/AED: PEDIATRIC & ADULT

Provides first aid and adult & pediatric CPR for childcare providers, industry, teachers and others. New 2010 AHA guidelines taught. NO DOOR REGISTRATION. Must bring book to class.

Sat., Sept. 15	8 a.m.-4 p.m.	1 day
Sat., Sept. 29	8 a.m.-4 p.m.	1 day
Sat., Oct. 20	8 a.m.-4 p.m.	1 day
MW, Nov. 5&7	6-9:30 p.m.	2 nights
Sat., Nov. 17	8 a.m.-4 p.m.	1 day
Sat., Dec. 8	8 a.m.-4 p.m.	1 day

Cost: \$60 includes book and AHA card

GENERAL INTEREST

ADMINISTRATIVE PROCEDURES

Students will learn about medical office procedures including appointment scheduling, medical records creation and maintenance, interpersonal communications, financial processes, coding, billing, collecting, third party reimbursement, credit arrangements, and computer use in the medical office.

Dates: TTh, Sept. 11- Nov 1 (8 wks)

Time: 6-9:00 p.m.

Cost: \$500 (Includes book/workbook)

Instructor: Vickie Brown



Texarkana College is an approved provider of continuing nursing education by the Texas Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.



Money received for American Heart Association approved courses does not go to the American Heart Association but is utilized for course administration.

ALLIED HEALTH

CERTIFIED CODING ASSOCIATE (CCA) PREP COURSE ICD9 & CPT

This course will cover applications of basic coding rules, principles, guidelines and conventions and will help students pass the CCA exam through the American Health Information Association (AHIMA). Either Medical Terminology or Anatomy/Physiology course is required before enrollment.

Dates: Thursdays, Aug. 16-Dec. 13 (17 wks)

Time: 6-9:30 p.m.

Cost: \$700 (Includes 4 textbooks)

Instructor: Gabrielle Nunley, RHIA

CERTIFIED NURSE AIDE COURSE

The Certified Nurse Aide at Texarkana College is a course designed to prepare students to take the state certification test with NACES. This 87 hour course prepares entry level nursing assistants to achieve a level of knowledge, skills, and abilities essential to provide basic care to residents of long-term care facilities. This course consists of 7 weeks of class with clinical experience at a local Nursing facility. Certified Nurse Aides handle the day-to-day care of a patient in a hospital, assisted-living and long term care facilities as a patient care technician, or as a home-health aide. Tuition does NOT include physical exam, drug test, TB screening, HEP B shots or CNA State Test. These can be done at Healthcare Express for \$75. Background check is required through Pre-check and cost \$48.50. Texas state exam fee for CNA skills and written exam is \$93. Course consists of 63 hours of classroom theory and lab, and 24 hours of clinical experience. Students MUST have completed before registration a series of 3 shots of HEP B.

Dates: MTW with alternating Thurs. & Sat.,
Sept. 10-Oct. 25 (7 wks)

Time: 6-9 p.m.

Cost: \$650

Instructor: Sandra Jones, LPN

COMPUTER, AN INTRODUCTION FOR LVN STUDENTS

This five-hour course will acquaint students with basic computer functions. Course meets minimum required computer hours of LVN nursing students. NO DOOR REGISTRATION WILL BE ACCEPTED. PREREGISTRATION IS REQUIRED. Enroll early -- space is limited.

Date: Saturday, Aug. 18 (1 day)

Time: 8 a.m.-1 p.m. (5 hrs)

Cost: \$35

Instructor: Diana Patterson Kinsey

DENTAL ASSISTING PROGRAM - TEXAS

The Dental Assisting Program prepares students for entry level positions in one of the fastest growing health care positions: Dental Assisting. The Dental Assisting program will cover key areas and topics exposing the student to both classroom and hands-on instruction. The classroom instruc-

tion reviews the necessary anatomy, terminology, legal and ethical issues as well as the policy and guidelines necessary to understanding the scope of practice and the practical aspects of dental assisting. Topics include instrument identification, equipment maintenance, tooth structure and oral cavity anatomy, dental anesthesia, sterilization, and charting. The student will learn the steps necessary to assisting the dentist while providing quality dental care within the community. Program includes review of tooth charting, restorations, bridge implants, bitewing, panoramic, and periapical x-ray and the mixing of dental cements. Additionally, this 100 contact hour course includes a CPR certification course and covers the relevant material necessary to prepare students to take the State of Texas "TSBDE" Dental Assisting exam offered throughout the State of Texas. THROUGH A DENTAL OFFICE SETTING, STUDENTS WILL ALSO HAVE THE OPPORTUNITY TO LEARN HOW TO PERFORM VARIOUS X-RAYS INCLUDING THE FULL MOUTH SERIES X-RAY.

Course contact hours: 100 hrs.

Dates: TTh, Aug. 14-Dec. 13 (17 wks)

Time: 6-9 p.m.

Cost: \$1,799 (Textbook included)

Instructor: Mary Ann Jordan, RDA

MEDICAL TERMINOLOGY

This course will include the study of word origin and structure through the introduction of prefixes, suffixes, root words, plurals, abbreviations and symbols, surgical procedures, medical specialties and diagnostic procedures.

Dates: Tuesdays, Aug. 28-Oct 30 (10 wks)

Time: 6-9:30 p.m. (35 hrs)

Cost: \$180 (includes book)

Instructor: Lou Ella Humphrey, EdD, MSN, RN.

NCLEX-PN

This two-day course is designed for the LPN/LVN graduate to help pass state board exams. MUST ENROLL WITH NURSING ED. CONSULTANTS/NOT TEXARKANA COLLEGE. For enrollment cost call 1-800-933-PASS.

Dates: ThF, Aug. 9-10 (2 days)

ThF, Dec. 6-7 (2 days)

Time: 8 a.m.-4 p.m. (16 hrs)

Instructor: Nursing Education Consultants –
Dallas, Texas

PHARMACY TECHNICIAN PROGRAM

Comprehensive 50-hour course will prepare students to enter the pharmacy field and students to enter the pharmacy field and take the Pharmacy Technician Certification Board's PTCEB exam. Technicians work hospitals, home infusion pharmacies, community pharmacies and other health care settings - working under the supervision of a registered pharmacist. Course content includes terminology specific to the pharmacy,

ALLIED HEALTH

reading and interpreting prescriptions and defining drugs by generic and brand names. Students will learn dosage calculations, I.V. flow rates, drug compounding, dose conversions, dispensing of prescriptions, inventory control and billing and reimbursement.

Contact Hours: 50 hrs.

Dates: MW, Sept. 18-Nov. 28 (10 wks)

Time: 6-9 p.m.

Cost: \$999 (Textbook included)

Instructor: Tammy Cockran, RN, BSN, CPht

SEMINARS

ADDICTION PROFESSIONAL UPDATE

This 2-day seminar will provide updated and current information to professionals who are involved with patients or clients that have addictions to include drug addiction, alcohol addiction, and other addictive and destructive behaviors. It is designed for LCDC's, social workers, counselors, nurses, mental health tech., LPCs, probation officers, and other professionals identified by the planning committee.

Dates: WTh, Sept. 12-13 (2 days)

Time: 8 a.m.-4:15 p.m.

Cost: Early Registration: \$60/day or \$100/2 days

BREAST SYMPOSIUM

This seminar is designed to provide local physicians and health care providers with up-to-date breast cancer information. It will target oncologist, primary care providers, nurses, social workers, and radiology technologists to provide up-to-date, evidence-based information on breast cancer, screening, care and treatment. All approvals to be requested that apply to the topics selected.

Date: Saturday, Oct. 6 (1 day)

Time: 8:30 a.m.-4:15 p.m. (6 CEU hrs)

Cost: \$30 Providers (includes handout, refreshments, certificate); \$20 Students (no certificate issued)

Instructor: Symposium

Cosponsor: UAMS AHEC-SW

DENTAL UPDATE

This seminar is designed for dental hygienists, dentists, dental assistants and others who would like to know more on dental treatment and care. Approved by Texas Academy of General Dentistry.

Date: Friday, Sept. 7 (1 day)

Time: 8:15 a.m.-4 p.m. (6 hrs)

Cost: \$85 (includes handouts & certificate)

Instructor: Symposium

DIABETES UPDATE

This one-day seminar will be offered for nurses and other health care providers but will also be

open to anyone who would like to learn more on current care and treatment of children and adults who have diabetes. Nurse (LVNs, RNs), Social Workers, EMTs, RTs, PT/OT, & Nursing Home Administrator approvals to be requested.

Date: Friday, Oct. 12 (1 day)

Time: 8:15 a.m.-4:30 p.m. (6 CNE hrs)

Cost: EARLY REGISTRATION: \$85 (includes handouts & CNE certificate)

FULL-TIME STUDENT RATE: \$25 (no certificate issued)

Instructor: Barb Bancroft

Cosponsors: UAMS/AHEC SW & K.I.D.S. camp

PALS: PEDIATRIC ADVANCED LIFE SUPPORT

Designed to assist pediatricians, family and emergency physicians, nurses, paramedics and respiratory personnel in the care of pediatric emergencies. MUST PREREGISTER TWO WEEKS PRIOR TO COURSE. CME, EMT-P, CRNA, Respiratory credit hours available. MUST COMPLETE PRE-COURSE ASSESSMENT TEST PRIOR TO ATTENDANCE. New 2010 guidelines taught.

Date: Saturday & Sunday, Oct. 6-7 (2 days)

Time: 8 a.m.-5 p.m. (16 hrs)

Cost: \$250 (includes books, AHA card, lunches)

\$150 Paramedic/Respiratory students

Med. Director: J. Colton Bradshaw, MD

PALS UPDATE

For those who have had PALS – AHA card does not have to be current. New 2010 Guidelines taught. MUST PRESENT PRE-COURSE ASSESSMENT TEST DAY OF ATTENDANCE. CME, EMT-P, CRNA, Respiratory hours available. If on-line PALS 2010, may enroll for afternoon skills check only after completing online requirements.

Date: Saturday, Sept. 8 (1 day)

Time: 8 a.m.-4 p.m. (7 hrs)

Cost: \$150 (includes book, AHA card, lunch)

Med. Director: J. Colton Bradshaw, MD

RESPIRATORY THERAPY SEMINAR

This one day seminar is designed to update respiratory therapist, nurses and other healthcare professionals in the most current treatment of respiratory care.

Date: Friday, Nov. 2 (1 day)

Time: 8 a.m.-4 p.m.

Cost: \$65

Instructor: Symposium

SKIN CARE AND WOUND MANAGEMENT

This one day seminar is designed to update nurses and other healthcare professionals in the most current management of skin and wound care.

ALLIED HEALTH

Topics include presentations, assessment, interventions, products and case studies.

Date: Friday, Nov. 9 (1 day)

Time: 8:15 a.m.-4:15 p.m. (6 CNE hrs)

Cost: \$65 (includes handouts & CNE cert.)
\$25 full-time student rate (no certificate issued)

STROKE UPDATE: FROM ER TO REHAB

This seminar is designed to update nurses and other health care professionals on current assessment and the latest treatment of stroke. The ultimate goal is for nurses and health care professionals to increase the quality of care provided to patients with early diagnosis, more focused assessments, earlier interventions and improved patient education. Approval has been granted for RNs, LVNs, SWs (TX), and EMTs (TX). Approval has been requested for PTs (TX, AR, LA, OK), OTs (LA), Respiratory Therapist, NH Administrator, Speech and Language Pathologists and EMTs (AR).

Date: Saturday, Sept. 29 (1 day)

Time: 8:30 a.m.-4 p.m.

Cost: \$65 Registration fee (includes refreshments, certificate and handouts)
\$25 Full-Time student rate (no certificate provided)
\$30 Employees of Wadley Regional Medical Center and HealthSouth Rehabilitation Hospital

Cosponsors: HealthSouth Rehabilitation Hospital, Wadley Regional Medical Center

VALIDATION THERAPY

This workshop is intended for: families and caregivers of persons with Alzheimer's type dementia; doctors; nurses; nursing assistants; activity professionals; therapists; clergy; volunteers and anyone who wants to learn how to communicate with disoriented persons.

Date: Friday, Sept. 21

Time: 8 a.m.-4 p.m.

Cost: \$70 for professionals (includes certificate and handouts)
\$25 Full Time Student
\$30 for public (includes handouts)

Instructor: Naomi Feil, M.S.W., A.C.S.W.

EMT 

EMR/EMERGENCY MEDICAL RESPONDER COURSE/ECA

For the first responder at the basic level prior to the ambulance arrival. Includes Health Care Provider CPR recognition through AHA. The opportunity to take the Texas ECA state exam available upon successful completion. National Registry First Responder also available.

Dates: TTh, Oct. 16-Dec. 20 (9 wks)

Time: 6-10 p.m. (72 hrs)

Cost: \$180 (includes book)

Instructor: James Pappas

EMT- EMERGENCY MEDICAL TECHNICIAN REFRESHER

Dates: Aug. 7-Sept. 25 (8 wks)

Time: 6-10 p.m. (24 hrs)

Cost: \$65

Instructor: James Pappas, EMT-P and Guest Speakers

AEMT/ ADVANCED EMERGENCY MEDICAL TECHNICIAN COURSE

This course is recognized by the Arkansas Department of Health and National Registry. Texas EMT CE hours.

Dates: Aug. 7-Sept. 11 (6 wks)

Time: 6-10 p.m. (24 hrs)

Cost: \$65

Instructor: James Pappas, EMT-P and Guest Speakers

EMT C.E. TOPICS

EMTs, EMT-ls, and EMPs will have the opportunity through this course to attend selected required topics and additional elective topics through the academic credit initial EMT and Paramedic courses and refresher courses. Can enroll anytime during the semester.

Dates: Tuesdays beginning the week of Aug. 7 (16 weeks)

Time: 6-10 p.m. **CEUs:** Up to 24 hours

Cost: \$65

Instructor: James Pappas, EMT-P and Guest Speakers

PARAMEDIC REFRESHER

This course is recognized by the Arkansas Dept. of Health, National Registry and Texas Dept. of Health as continuing education hours for Paramedics on required topics for recertification. In order to accommodate students work schedules, this class is offered on Tuesday at Texarkana College and Thursday at Lifenet. Students are only required to meet one time a week either Tuesday or Thursday. According to one's work schedule a student may choose to meet Tuesday on one week and Thursday on another week.


Dates: Tuesdays, Aug. 7- Oct. 23 (12 wks)
at Texarkana College


Thursdays, Aug. 9-Oct. 25 (12 wks)
at Lifenet


Time: 6-10 p.m. (48 hrs)


Cost: \$100

Instructor: James Pappas, EMT-P and Guest Speakers

T#	CRN	CK	RECEIPT #
 TEXARKANA COLLEGE REGISTRATION FORM			
Name (Last, First, MI):		Social Security #:	
Street Address:		Home Phone:	
City:	State:	Zip:	Work Phone:
Place of Employment:		Birthdate:	
Course Title:		Email:	
Starting Date:	Time:	Fee:	
<i>2nd choice if 1st choice is full:</i>		The following information is required by the Coordinating Board of the Texas College and University System:	
Course Title			
Starting Date:	Time:	Fee:	<input type="checkbox"/> Male <input type="checkbox"/> Black <input type="checkbox"/> White <input type="checkbox"/> Female <input type="checkbox"/> Asian <input type="checkbox"/> Hispanic <input type="checkbox"/> Senior Discount (60 years or over check here) <input type="checkbox"/> American Indian <i>Call office for discount before writing check</i> <input type="checkbox"/> Other
<p><i>Make check payable to Texarkana College and send with this form to: Texarkana College Continuing Education Division, 2500 N. Robison Rd., Texarkana, TX 75599</i></p>			

T#	CRN	CK	RECEIPT #
 TEXARKANA COLLEGE REGISTRATION FORM			
Name (Last, First, MI):		Social Security #:	
Street Address:		Home Phone:	
City:	State:	Zip:	Work Phone:
Place of Employment:		Birthdate:	
Course Title:		Email:	
Starting Date:	Time:	Fee:	
<i>2nd choice if 1st choice is full:</i>		The following information is required by the Coordinating Board of the Texas College and University System:	
Course Title			
Starting Date:	Time:	Fee:	<input type="checkbox"/> Male <input type="checkbox"/> Black <input type="checkbox"/> White <input type="checkbox"/> Female <input type="checkbox"/> Asian <input type="checkbox"/> Hispanic <input type="checkbox"/> Senior Discount (60 years or over check here) <input type="checkbox"/> American Indian <i>Call office for discount before writing check</i> <input type="checkbox"/> Other
<p><i>Make check payable to Texarkana College and send with this form to: Texarkana College Continuing Education Division, 2500 N. Robison Rd., Texarkana, TX 75599</i></p>			

T#	CRN	CK	RECEIPT #
 TEXARKANA COLLEGE REGISTRATION FORM			
Name (Last, First, MI): _____		Social Security #: _____	
Street Address: _____		Home Phone: _____	
City: _____	State: _____	Zip: _____	Work Phone: _____
Place of Employment: _____		Birthdate: _____	
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REGISTER EARLY

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Aug. 20 online and by mail!



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