

Event Name

Date & Time of event

Distance and Ascent

Category

LIMIT

Individual Awards Info

Team Awards info

VET Qualification

Junior awards and details

Entry fee info and website info link

Pre Entry closing date

This event is registered and insured with English Hill Runners and held under EHR Rules

Race Entry Form

Athlete Name: _____

Minimum Age 16 as of midnight 31st Dec 14 / 1st Jan 15 (example)

Category (please "X" Box)					
Mens	Ladies	Vet Men	Vet Ladies	Junior Boys	Junior Girls

Club	DOB	Age on Day	Male/Female

Address: _____

Email Address: _____

Contact Telephone: _____

Emergency Contact: _____

Emergency Contact Tel: _____

The responsibility for a competitor's decision to participate in a race or to continue racing is theirs alone. Hill running is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in any EHR event, each competitor agrees and acknowledges that:

- They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves to such inherent risk whilst taking part in the event.
- They are responsible for the safety of themselves and their property whilst in the event area before, during and after the event.
- They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions.
- They have deemed themselves fit enough, experienced enough and sufficiently equipped to compete in the event.
- The provision of a race management team including marshalls, officials and volunteers by the organiser does not relieve competitors of their own responsibilities
- The provision of any search and rescue cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances

I confirm that I understand the rules of the event and the EHR Requirements for Competitors in Hill Races.

I also confirm that where the athlete is a junior, parental consent has been given for them to participate in this event.

Print Name: _____

(for junior athletes only please print name of responsible adult, sign and date below)

Signed : _____ senior athlete or adult responsible for a junior	Date: _____
--	--------------------