

June Newsletter: Choking Kids

Post Test / June 2010

***Please keep this test and certificate in your files for Licensing.
You do not need to send it in to our office or the State.***

Learning Objective: After reading the newsletter, the provider understands the risks that choking foods/objects cause for children and how to minimize those risks.

1. Hot dogs, marshmallows, and round or cylindrical hard candies pose a _____ choking risk to children.
2. Gary A. Smith, MD says "Choking is preventable; and government, industry, and consumer protection groups need to work together to protect children."
True or False
3. Hot dogs are the biggest culprits, Smith says, because they are cylindrical, compressible, and about the size of a young child's airway. Whole grapes, popcorn, peanuts, other nuts and seeds; round, hard candies; meat, marshmallows, carrots, apples, chewing gum, and chunks of peanut butter do not pose a choking risk.
True or False
4. Each year in the U.S., between 66 and 77 children under the age of _____ die after choking on foods, and more than 10,000 children under age _____ are treated in emergency departments..
5. For every choking-related death, there are 100 ER visits every year, according to the CDC. And choking is a leading cause of _____ in young children.
6. The American Academy of Pediatrics (AAP) policy statement recommends giving FDA the authority to: Establish a statewide surveillance and reporting system for food choking injury.
True or False
7. The American Academy of Pediatrics (AAP) policy statement recommends giving FDA the authority to: Educate the public about the risk of food-related choking death among children, in collaboration with the U.S. Department of Agriculture, AAP and other groups.
True or False
8. Cut hot dogs lengthwise and in quarters, cut _____ in quarters, and grate _____ instead of serving them to children in coin shapes or sticks.
9. Walking, running, talking, laughing and eating quickly all increase choking risk.
True or False
10. Pediatric emergency medicine specialist Richard Lichenstein, MD says that foods such as _____ and sunflower seeds can also get lodged in the lungs, causing chronic bronchial infections. "This is not uncommon, but it is often missed."



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for completion of 30 minutes of training in


June 2010: Choking Kids

A SELF-INSTRUCTIONAL COURSE

(Quiz on reverse side must be completed for certificate to be valid)

This Family Day Care Provider supports the commitment to
Quality Child Care as demonstrated by completion of this course

Given this date _____


Lindsey Seybold

Lindsey Seybold
Training Coordinator
Southwest Human Development Services

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