



# Cannington Community College

www.canningtoncc.wa.edu.au

## Newsletter Number 11

30 April 2014

Tel: 9351 2400

Fax: 9451 8166

### Important Dates

2 May	Terrific Kids Assembly (Primary)
7 May	P&C Meeting - 2:00pm staff room
9 May	Primary Assembly – Rm 6.4 (Yr 2)
13-15 May	NAPLAN Testing
16 May	Primary Student Council Assembly
22 May	Primary AFL Clinic – 9:00-11:00 Primary Assembly – Rm 6.3 (Yr 2)
23 May	Yrs 5-7 Eagles Cup 12:30-2:30 at East Kenwick

### Important Phone Numbers

<b>SMS Absences</b>	<b>0409 882156</b>
<b>ALL Absences</b>	<b>9351 2427</b>
Student Services	9351 2427
Nurse	9351 2426
Library	9351 2416
Canteen	9351 2415
School Watch	1800 177777 (Freecall)

### School Uniform

As we move into the cooler weather, students will need to wear a windcheater top and blue pants that meets the guidelines of our College uniform. College Uniform Brochure attached.

### NAPLAN – National Assessment Program-Literacy and Numeracy

On 13–15 May 2014, all students in Years 3, 5, 7 and 9 across Australia – over 1 million students from over 9,000 schools – will sit the same tests in Literacy and Numeracy. In NAPLAN, Literacy includes: Reading, Writing and Language Conventions (which comprises spelling, grammar and punctuation). Numeracy comprises: Number, Algebra, function and pattern, Space Measurement and chance and data. Each State and Territory will administer the national tests for their own students. Parents of students involved in this testing are encouraged to ensure their students in Years 3, 5, 7 and 9 attend school on these days.

### Absences or Lateness

The College needs to be informed if a student is absent or is late for school.

**ABSENCE:** A phone call to the school notifying of the absence of a student on the day or a note on return to school is required. If a student is absent for more than one day a parent should ring the school informing the College of the reason for the absence. Student going away on holiday, the College should be informed before the holiday. A text message will be sent to all parents/carers if the student has been marked absent. We encourage all parents to respond to this message. Follow up letters will go to students, if their absence is unexplained. Parents are requested to respond to this letter as we are required by the law to ensure that all

students are at school unless there is a reasonable cause for absence.

**LATENESS:** Primary students who arrive after 8:40am need to go to Student Services to receive a late note. Lateness is tracked at the College and a parent/carer will be asked to explain the reason for a student who has frequent lateness. As the weather becomes colder, it is noticeable that lateness becomes a problem. Classes start at 8:40am and coming late to class impacts on a student's learning. **Students are reminded that if they come to class and the students are already involved in daily fitness or an assembly, it is their responsibility to get a late note so that the roll is corrected at Student Services and a message isn't sent home alerting parents that the student has not arrived at school. This can be alarming for all involved.**

### Duty of Care

Students who arrive at school before 8:30am are requested to meet in the grassed area outside the canteen and library. Students will then move to the classroom for preparation and start of class at 8:40am. Students are encouraged to be at school on time. All students should leave the school at the end of the day. Playing on the school equipment before and after school is not allowed as there is no supervision of students.



### Book Club

Cannington Community College encourages students to develop a reading habit. As part of this program, the opportunity is given to students to purchase books from Scholastic Book Club. Students will be given an order form and if they wish to purchase books, the form should be returned in an envelope with the correct money to Mrs Keith-Magee, Student Services. This week, the students from Pre Primary to Year 7 have been issued with the third Book Club order form for this year. The closing date for the return of book orders is **Friday 9 May**. Orders will be sent to the College in about a week and will be issued to students in their class.



### Wearing a Hat

Throughout the year, all students from Kindergarten to Year 7 who play outside are required to wear a hat. Previously we have had a "no hat, no play" policy for

Terms 1 and 4. Parents are asked to ensure that students have a hat for Physical Education lessons, daily fitness and recess and lunch times. Hats should be named and offer protection for the face as well as the back of the neck. Wearing of a visor is not considered as wearing a hat as they do not offer protection for the top of the head or the back of the neck.

## Building Competencies in 5 to 12 Year Olds

Children's successful early integration into the primary school environment is based on their readiness to learn. This readiness is a reflection of previous experiences that have contributed to the development of competencies and a sense of self-worth and self-knowledge, through social, practical and intellectual skill development. Children in the early primary grades have particular needs. These needs are:

- Opportunities to develop social competence, social problem solving and perspective taking to form friendships and learn cooperation and contribution.
- Support in the development of self-control, and encouragement of persistence in completing projects.
- Opportunities to develop a wide variety of skills and support in acquiring additional motor skills, thinking skills and language skills.
- Opportunities to develop a sense of mastery in a variety of skills and concepts.
- Opportunities for success, reinforcement and acknowledgement for personal accomplishments.
- Opportunities to become self-reliant in terms of personal care.
- Opportunities for taking responsibility, making choices and developing independence.

We encourage parents to continue to reinforce the skills being taught, in particular giving and receiving compliments, recognising and talking about the different feelings the students have and the development of problem solving skills in difficult situations using the control signals.

## Maths Morning

In room 9.2, the Pre Primary children were exploring the "hefting" concept with Mrs Beatty. Decisions were made as to which of two objects was heavier or lighter and found that just because something is small, it doesn't mean it will always be the lightest!



## ANZAC Memorial Service

The College ANZAC Memorial Service was held on Friday 11 April. The service was conducted by the Student Council and the College Emergency Services Cadets.



Mrs Slaughter's year 3 class singing and laying of the rosemary.

## Primary Summer Carnival

On Friday 4 April the years 5-7 students attended the Primary Summer Carnival at Hossack Reserve in

Lynwood.



The A grade cricket team coached by Mrs Fairbairn.

## Easter Hat Parade

The primary students held their Easter Hat Parade on Friday 11 April. Some fabulous Hats were paraded.



## Influenza

Influenza, or the 'flu' is caused by an influenza virus. It is spread through the air when someone coughs, sneezes or talks. It is also spread by touching something that has the virus on it and then touching your nose, eyes or mouth. Common symptoms include sore throat, cough, fever, headache, chills, tiredness and muscle aches.

People with the flu should rest and drink plenty of fluid. Use paracetamol in recommended doses if necessary - but do not give children any medication containing aspirin.

Be sure to keep your child home from school while he or she is sick. If you require school work for your child contact the school to prepare some for you to collect. The best way to prevent flu from spreading is by washing your hands regularly.

Flu vaccines are available prior to winter starting. For more information, contact your GP or local Immunisation Clinic.

### **Why should I consider having my child vaccinated against the flu?**

The National Health and Medical Research Council, Australia's peak body for health advice, recommends annual vaccination for anyone six months of age or older who wants to reduce their chances of becoming ill with the flu.

Annual flu vaccination is strongly recommended for anyone six months of age or older with a medical condition that places them at higher risk of severe illness from flu. Children and adults with heart, lung or kidney disease or a weakened immune system, are eligible for free flu vaccine through the National Immunisation Program.

Children without underlying medical conditions who become infected with flu can also develop serious illnesses. Flu can cause high fever and pneumonia and make existing medical conditions worse. Flu can also cause convulsions and diarrhoea in children.

Influenza viruses are always changing. Each year scientists try to match the strains of influenza viruses in the vaccine to those most likely to cause flu illnesses that year. It takes up to two weeks for protection to develop after vaccination against flu and protection lasts about a year.

The seasonal flu vaccine is available on prescription or via GP and immunisation clinics and is provided free for certain groups. Flu vaccines are available prior to winter starting. For more information, [www.health.wa.gov.au](http://www.health.wa.gov.au) or contact your GP or Immunisation Clinic.

Are you eligible for a free flu vaccination? Free flu vaccinations are available for:

- pregnant women
- people aged 65 and older
- people with a chronic medical condition
- children aged 6 months to 5 years
- Aboriginal people aged 15 years and older

Attendance at some clinics may also incur a fee. Flu vaccinations are also available to anyone outside of these groups for a fee through GPs, Aboriginal Health Services and community vaccination providers.

[Learn how to protect yourself and others from flu \(influenza\) this winter \(external link\).](#)

## Colds

Upper respiratory tract infections or colds are everywhere, especially in winter, so it is almost impossible to stop children from catching them. Here are some points which may help:

- Teach your child to cover his/her nose and mouth when coughing or sneezing, and to wash hands straight afterwards.
- Hands should be washed after blowing noses and before eating.
- Use tissues once and then throw them in the bin. (Avoid using handkerchiefs.)
- Keep your child home from school if he/she has a cold/cough/fever/pain.
- Make sure that your children eat a balanced diet of plenty of healthy foods.

- Keep children away from smoke – it irritates their eyes and nasal passages, making it more likely that they will catch a cold.

### What to do if your child gets a cold

No treatment will cure a cold or make it go away more quickly, but you can help your child feel more comfortable:

- **Rest:** This need not be in bed.
- **Provide extra drinks:** If your child doesn't want to drink much, try giving lots of small sips of water, milk or juice, or iceblocks to suck for older children.

## Hand Washing

Washing hands is the easiest way to protect ourselves from contagious diseases, like colds, influenza and gastroenteritis. Hands should be washed before and after eating or preparing food, after going to the toilet and after nose blowing.

When teaching your child to wash their hands;

- Use clean water and soap, making sure they cover their hands and wrists.
- Use a brush to clean under nails if they're dirty too.
- Dry their hands with something clean (like a paper towel).

Alcohol based sanitisers are useful when soap and water is not available. Use a half a teaspoon of the product and encourage your child to rub their hands together until they're dry. If you can see dirt on their hands, it is better to use soap and water.

Information taken from [www.raisingchildren.net.au](http://www.raisingchildren.net.au)

## Canteen

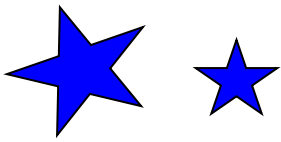
Welcome back to all students from Theresa, Debbie and Judy. The canteen is open for breakfast at 8:00am and could all lunch orders be placed before school. Term 2 menu has being given out to all students. Thank you.

## General Reminders

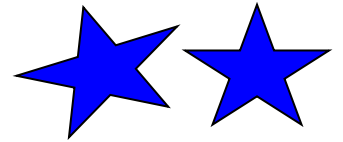
- All student absences must be explained, preferably in writing. Please provide an explanation to your child's teacher or to Student Services as soon as possible after the absence.
- If children are to be collected during school time they must be signed out at Student Services prior to collecting them from class.
- Parking - please be considerate of others and obey all parking signs. Safety is of paramount importance.

- Canteen - the College canteen operates every day and provides a good range of foods at reasonable cost. The canteen is operated by the P&C.
- Uniforms - we strongly encourage the wearing of school uniforms. Uniforms are available from Totally Schoolwear, Unit 2, Rear 185 High Road, Willetton.
- Teachers are available to discuss your child's progress. An appointment should always be made so you can receive uninterrupted attention.
- Please ensure the College has current information regarding address, phone contact numbers, medical conditions, court orders, etc. It is particularly important that emergency contact numbers are current. If you are unsure, please visit or telephone the office and check your child's details.
- P&C Meetings are held in the staff room twice a term on a Wednesday afternoon. All welcome.
- The cooperation of all parents is sought in ensuring students arrive at school between 8:25am and 8:40am. Late students disrupt classes and we are unable to provide proper supervision prior to 8:25am. Students who arrive late must sign in at Student Services and take a late slip to their class.
- Nits/head lice are a constant problem in schools but are primarily a parent responsibility. Regular checks are urged and you are thanked for your cooperation.





# Cannington Community College Assembly - Week 10 Term 1



## STUDENT OF THE WEEK AWARD

The "Student of the Week" is awarded at the Primary assembly to a student from each class who has demonstrated the values of Cannington Community College.

### ODYSSEY:



Melissa  
Yrs 6/7 - Rm 5.2



Zahrion  
Yrs 6/7 - Rm 5.1



Jayden  
Yrs 5/6 - Rm 4.2



Elmar  
Yr 4 - Rm 4.1



Kristy-Lee  
Yr 3 - Rm 6.5

### RISING STARS:



Savannah  
Yr 2 - Rm 6.4



Reem  
Yr 2 - Rm 6.3



Jiya  
Yr 1 - Rm 6.2



Zaina  
Yr 1 - Rm 6.1



Selam  
Pre Prim - Rm 9.2



Baymis  
Pre Prim - Rm 9.1



## MERIT AWARD

The "Merit Award" is awarded at the Primary assembly to a student from each class who has demonstrated an academic achievement over the past two weeks.



### ODYSSEY:



Julian  
Yrs 6/7 - Rm 5.2



Aria  
Yrs 6/7 - Rm 5.1



Athena  
Yrs 5/6 - Rm 4.2



Anna  
Yr 4 - Rm 4.1



Yanis  
Yr 3 - Rm 6.5

### RISING STARS:



Adrian  
Yr 2 - Rm 6.4



Septi  
Yr 2 - Rm 6.3



Khalid  
Yr 1 - Rm 6.2



Gloria  
Yr 1 - Rm 6.1



Dowoon  
Pre Prim - Rm 9.2



Xinyi  
Pre Prim - Rm 9.1

## Cannington Community College



Cargo Shorts



Micro Fibre Skirt with Short



Stretch Shorts with Cuff & Tabs



Crew Neck T Shirt  
(K to 3)



Polo Shirt



Microfibre Shorts



Bootleg Hipster Pants



Stretch Shorts with Cuff  
(Mid Length)



Zip Fleece Jacket



3 Button Fleece



Microfibre Track Pant



Drop Waist Pleated Skirt



Legionnaires Cap



Crew Neck Fleece

**Available from Totally Schoolwear on 9457 7330 or online at [www.willemtonuniforms.com.au](http://www.willemtonuniforms.com.au)**

### UNIFORM PRICE LIST

Style No	Item	Sizes Available	Price
3245	Short Sleeve Polo Shirt with Logo	4 to 14	\$ 25.00
3245	Short Sleeve Polo Shirt with Logo	XS to XXXL	\$ 28.00
3301	Long Sleeve Polo Shirt with Logo	6 – 16	\$ 27.50
3301	Long Sleeve Polo shirt with Logo	S – SXL	\$ 30.00
3244	Tee Shirt with Raglan Sleeve (Years K - 3)	4 to 14	\$ 15.00
3242	Zip Front Fleece Jacket with Logo	6 to 10	\$ 43.00
3242	Zip Front Fleece Jacket with Logo	12 to XL	\$ 46.00
3243	Legionnaires Hat with Logo	Adjustable	\$ 7.50
SE0180	Microfibre Skirt with Hidden Bike Shorts - Navy	4 to 14	\$ 24.50
7029	Stretch Shorts with Cuff (Mid Length) - Navy	6 to 16	\$ 33.50
F0240	Drop Waist Shirt - Navy	6 to 16	\$ 22.95
FS221	Stretch Shorts with Cuff & Button Tabs (Short Length) - Navy	4 to 16	\$ 22.95
FP0109	Bootleg Stretch Pants - Navy	6 to 16	\$ 29.95
SE1170	Cargo Pocket Shorts - Navy	4 to 16	\$ 19.95
SE1170	Cargo Pocket Shorts - Navy	S to 2XL	\$ 19.95
0050B	Microfibre Shorts - Navy	4 to 16	\$ 18.25
0050M	Microfibre Shorts - Navy	S to XXXL	\$ 21.10
SJ1920	Microfibre Track Pant - Navy	4 to 16	\$ 24.50
SJ1920	Microfibre Track Pant - Navy	S to 2XL	\$ 24.50

**Totally Schoolwear: Unit 2, Rear 185 High Road, Willetton (Behind Civic Video) Phone: 9457 7330  
Online at: [www.willemtonuniforms.com.au](http://www.willemtonuniforms.com.au)**



Government of Western Australia  
Department of Health

# Positive Parenting Program



**There are many ways to be a parent.  
Managing children's behaviour can be challenging at times.**

The Positive Parenting Program (Triple P) will help you raise happy and confident children, through small changes and simple routines.

Programs offered by the Department of Health are:

- **Seminar Series Triple P**
- **Group Triple P**

For any inquiries call:  
**0428 730 286**

All programs are at no cost to parents or carers.

**Triple P Group**  
Maddington CHC, 132 Westfield Street, Maddington WA 6109  
Thursdays 9.30-11.30am  
8 weeks commencing 8th May 2014

To find out more, or to register in a program near you, contact:

**Tel: 1300 550 879**

**Email: [positiveparenting@health.wa.gov.au](mailto:positiveparenting@health.wa.gov.au)**

**Web: [www.pmh.health.wa.gov.au/services/TripleP](http://www.pmh.health.wa.gov.au/services/TripleP)**



PHC/2012/10/11

Delivering a Healthy WA



## Boys to Men

What are teenage boys thinking and what happens when they make the wrong choices? How can parents and significant people in their lives guide them through adolescence into manhood?



Hear from researcher and social commentator Celia Lashlie, author of "He'll be OK: Growing Gorgeous Boys Into Good Men" and "The Power of Mothers: releasing our children". Ms Lashlie demystifies the,

at times, confusing world of teenage boys and offers some challenging suggestions for parents. Ms Lashlie provides thought provoking ideas for mothers to help their boys grow into the good men they all have the potential to become.

Ms Lashlie completed the now famous "Good Man" project in 2004, which harnessed discussion from young men in 25 schools throughout New Zealand. The project offered significant insight into the minds of teenage boys and how they see the world.

Her background is in corrective services and she was the first woman to work as a prison officer in a male prison in New Zealand. She now works on a number of projects empowering families to find solutions to the challenges they face.

Celia is a sought after international speaker and the Department of Local Government and Communities is pleased to present this free Parenting Matters Seminar in conjunction with Families Week 2014.

## Parenting Matters Seminar Free Event

### Date and time

Monday, 12 May 2014  
7.00pm–9.00pm

### Venue

Perth Modern School,  
90 Roberts Road, Subiaco

[Click here for map >](#)

Parking available on basketball court from entry off Subiaco road. Entry to the school carpark via Roberts Road and street parking on Subiaco Road.

### Cost

Free event with free seating but bookings are essential. Please bring tickets for entry into event. Book online at [www.trybooking.com/epcds](http://www.trybooking.com/epcds)

### Further information

Sue-Ellen Middleton  
Telephone: 6551 8566. Email: [SueEllen.Middleton@dlgc.wa.gov.au](mailto:SueEllen.Middleton@dlgc.wa.gov.au)

**Families Week 2014** Stronger Families; Stronger Communities