Diamond Fruit Harvest of Gold Invitational A/B/C Swim Meet Whole Team, Single Format October 16, 17 & 18, 2009 HELD UNDER THE SANCTION OF USA SWIMMING, INC.

Sanction No.: applied for

Sponsor: Hood River Valley Swim Team

Location: Hood River Valley Aquatic Center

17th and May Streets Hood River, OR

Referee: David Burton

Eligibility: All swimmers must be current members of USA Swimming. Swimmers will swim the entire

meet in the age group for which they qualify on the first day of the meet. No on-deck registration will be allowed. Registrations will be confirmed with the OSI office prior to

the meet.

Entry Deadline: All entries must be received by Wednesday October 7, 2009. Payment must accompany entries.

Entries may be submitted on the enclosed master entry form. Hy-tek Meet Management Software will be used, and entries submitted on disk are appreciated; please submit a paper print out of entries submitted on disk. Late entries will be accepted only at the referee's discretion on a lane available basis. E-mailed entries will be accepted; hard copy and

payment is still due by the entry deadline.

Entry Times: Please list the swimmer's best short course yard time for the event.

Entry Limit: Swimmers may enter three (3) individual events per day and one relay. The entry limit is

350 swimmers. Clubs whose entries are not accepted will be informed promptly. Swimmers or teams who will not be accompanied by a certified coach must check in with the meet

referee prior to warm-ups.

Entry Fees: \$5.00 surcharge per swimmer which includes \$3 OSI Surcharge and \$2 facility surcharge fee

\$2.00 individual event fee \$8.00 relay entry fee

Please make checks payable to the Hood River Valley Swim Team. (HRVST)

Entry Address: Hood River Valley Swim Team

1603 May Street

Hood River, OR 97031

Or e-mail entries to hrvst.coach@gmail.com. Be sure to zip commlink files.

Please address entry questions to Shelly Rawding hrvst.coach@gmail.com or (509)

493-4679.

Schedule: Friday Saturday and Sunday

 Warm ups:
 5:00-5:45pm
 7:45-9:15am

 Officials Meeting:
 5:15pm
 8:45am

 Coaches Meeting:
 5:45pm
 9:15am

 Competition Begins:
 6:00pm
 9:30am

Seeding: Pre-seeding will be used. All events are timed finals events. Events will be swum slowest to

fastest.

Awards: Scoring will be done in accordance with USA Swimming guidelines. Ribbons will be

awarded for first through tenth place in individual and relay events. 8 & Under events will be scored 6 & U and 7-8. 10 & Under events will be scored 8 & Under, 9-10. Other individual events will be scored 8 & Under, 9-10, 11-12, 13-14, 15 & Over. Relays will be scored in the age groups specified on the events will be scored in the age groups specified on the events will be scored in the age groups specified on the events will be scored in the age groups specified on the events will be scored in the age groups specified on the events will be scored as a scored in the age groups specified on the events will be scored as a scored in the age groups specified on the events will be scored as a scor

list.

Facility: Indoor ten-lane 25 yard by 25 meter pool with flush-deck gutters and 6" non turbulent lane lines.

Pool depth varies from four feet to seven feet. Electronic Timing

system consists of strobe start, touchpads with buttons & manual backup. Swim venue includes men's and women's locker rooms with access onto the pool deck. Facility is accessible to adaptive swimmers. There is on-deck bleacher seating for spectators on the South end of the pool. The therapy pool will be open for warm-up and warm-down swims ONLY. If safety becomes a concern, the therapy pool will be closed to all swimmers.

Meet Director: Shelly Rawding hrvst.coach@gmail.com (509) 493-4679

Timers: Each team will be responsible for timing. Timing lanes will be assigned and listed in the

heat sheet. Swimmers in the 500 yd freestyle event are responsible for providing their own

timers and counter.

Officials: Certified officials and trainees from participating teams are appreciated and encouraged.

Please check in with the meet referee upon arrival. A hospitality room will be provided for coaches and deck officials. Please exhibit current certification for access to the hospitality

room.

Rules: 2009 USA Swimming and Oregon Swimming rules and safety guidelines and warm-up

procedures will be in effect and strictly enforced.

Restrictions: No alcoholic beverages, tobacco products of any kind, or glass containers are allowed in the

swimming venue. Shaving is not allowed in the swimming venue.

Parking: Parking is available in the lots adjacent to the east of the pool, in the Hood River School

parking lot, and in the county yard across the street. No parking is allowed in the church parking lot to the west of the pool. Please do not block access to the Lifeflight heli-pad

on the hill south of the pool and firestation.

Concessions: Concessions will be available throughout the meet.

Camping/Hotels:

Self contained RV camping will be allowed in the parking lots NORTH and EAST of

Collins Field, which is due East of the pool parking lot. (see map) A Porta Potty will be provided for campers, but there is no running water, electricity or other services. No fires are allowed.

Tents are allowed on the outfield only.

NO VEHICLES AT ANY TIME ON THE BALL FIELD!

A lodging list of hotels and other available camping areas are available upon request from the Hood River County Chamber of Commerce at (541) 386-2000. It is suggested you make

reservations early due to the Harvest Festival taking place the same weekend.

BECAUSE OF LIMITED PARKING SPACE, NO RVS WILL BE ALLOWED IN THE

PARKING LOT ADJACENT TO THE POOL.

Special Events: The Hood River Harvest Festival will be held the same weekend as the Diamond Fruit Grower's

Invitational. It includes many special performances, crafts, and sales of local produce at the

Event Site near the marina.

There will be a raffle of an iPod Touch at the swim meet. Tickets \$2 each with the winning Special Raffle:

ticket to be drawn on Sunday at the meet! All proceeds benefit the HRVST.

Lost and Found: Lost items will be collected each day of the meet during cleanup and be available at the

pool. After the conclusion of the meet, please contact the meet director if you have left something

Men

at the meet.

Vendors: Shortt Supply will be our swim supply vendor.

Session 1 October 16, 2009

| Women | | Me |
|-------|------------------------------------|----|
| 1 | 12 & Under 200yd Individual Medley | 2 |
| 3 | 13 & Over 400 yd Individual Medley | 4 |
| | | |
| 5 | 11 & Over 500 yd Freestyle | 6 |

Session 2 October 17, 2009

Women 7 13 & Over 200 yd Medley Relay 8 9 10 & Under 200 yd Medley Relay 10 11 12 & Under 200 yd Medley Relay 12 13 10 & Under 100 yd Freestyle 14 11-12 100 yd Freestyle 15 16 17 13-14 200 yd Freestyle 18

| 19 | 15 & Over 200 yd Freestyle | 20 |
|----|-----------------------------|----|
| | | |
| 21 | 8 & Under 25 yd Butterfly | 22 |
| 23 | 9-10 50 yd Butterfly | 24 |
| 25 | 11-12 100 yd Butterfly | 26 |
| 27 | 13-14 200 yd Butterfly | 28 |
| 29 | 15 & Over 200 yd Butterfly | 30 |
| | | |
| 31 | 8 & Under 25 yd Backstroke | 32 |
| 33 | 10 & Under 50 yd Backstroke | 34 |
| 35 | 11-12 100 yd Backstroke | 36 |
| 37 | 13-14 200 yd Backstroke | 38 |
| 39 | 15 & Over 200 yd Backstroke | 40 |

Session 3 October 18, 2009

Women Men 13 & Over 200 yd Freestyle Relay 10 & Under 200 yd Freestyle Relay 12 & Under 200 yd Freestyle Relay 10 & Under 100 yd Individual Medley 11-12 100 yd Individual Medley 13-14 200 yd Individual Medley 15 & Over 200 yd Individual Medley 8 & Under 25 yd Freestyle 10 & Under 50 yd Freestyle 11-12 50 yd Freestyle 13-14 100 yd Freestyle 15 & Over 100 yd Freestyle 8 & Under 25 yd Breaststroke 9-10 50 yd Breaststroke 11-12 100 yd Breaststroke 13-14 200 yd Breaststroke 15 & Over 200 yd Breaststroke