



*** FILL OUT A SEPARATE ENTRY FORM FOR EACH DIVISION *** --- please print clearly

BIKINI: class A (up to and including 5' 4"), class B (over 5' 4" and including 5'6"),
 class C (over 5'6") masters (35 - 40), grandmasters masters (over 40)

FIGURE: class A (up to & including 5' 4"), class B (over 5' 4" up to & including 5' 6"), class C (over 5' 6") masters (35 -40), grandmasters masters (over 40)

FITNESS: one class

NOVICE BIKINI: one class **NOVICE FIGURE:** one class
NOVICE MEN PHYSIQUE: one class
NOVICE MEN BODYBUILDING: class A up to & including 176 ¼ Class B Over 176 ¼

WOMEN'S PHYSIQUE: one class

MEN'S PHYSIQUE: class A (up to & including 5' 7"), class B (over 5' 7" & including 5'10"), class C (over 5'10"), Men's masters (35 – 40), Teen (16-19)

WOMEN'S BODYBUILDING: Women's open

MEN'S BODYBUILDING: Bantam (up to 143.25#), light, (143.50# - 154.25#),
 middle (154.50# - 176.25#), light heavy (176.50# - 198.25#), heavy (198.50# - 225.25#) super heavy (over 225.50#)
 Men's masters (40-49), Men's grand masters (50 & over) Teen men (16-19)

Wheelchair : Men Women

Name _____ Weight/height _____ Age _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

Gym _____ Address _____ City _____ State _____

In consideration of being allowed to participate in any way in the **Central States**, promoted by, **Remi Bruyninga, Melissa Frabbiele**, and sanctioned by the National Physique Committee of the USA, Inc. ("NPC"), its related events and activities, I, Please print name, the undersigned, acknowledge, appreciate and agree that: The risk of injury from the activities involved in this Event is significant, including the potential for permanent paralysis and death, and while particular skills, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and, I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE PROMOTER AND/OR THE NPC or others, and assume full responsibility for my participation; and, I willingly agree to comply with the stated and customary terms and conditions for participation, if, however, I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the Promoter immediately; and, I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE, INDEMNIFY, AND HOLD HARMLESS THE PROMOTER AND THE NPC and each of their officers, officials, agents and/or employees, other participants, sponsoring agencies, sponsors, advertisers, and if applicable, owners and lessors of premises used for the activity ("Releasees"), WITH RESPECT TO ANY AND ALL INJURY DISABILITY, DEATH, or loss or damage to person or property associated with my presence at or participation in or in traveling to and from the Event, WHETHER ARISING FROM THE NEGLIGENCE OF THE RELEASEES OR OTHERWISE, to the fullest extent permitted by law.

The undersigned further consents and agrees that the undersigned will comply with all rules and regulations of the **Belleville High School – Holiday Inn Express Hotel & Suites** including any rules or regulations prohibiting cooking or food preparation in the hotel/school rooms. The undersigned further agrees that the undersigned will indemnify and hold harmless the NPC and the Promoter from and against any damages caused by the undersigned to the school/hotel or damages to a guest room or rooms occupied or registered to the undersigned. Finally, the undersigned acknowledges that the undersigned's failure to comply with any rule or regulation of the School/Hotel or damage to any guest room occupied by or registered to the undersigned may result in disciplinary action against the undersigned including, but not limited to, suspension as a member of the NPC and/or competing in contests sanctioned by the NPC. And in further consideration of permission being granted to me to participate in the Event and its related events. I hereby grant the NPC, Promoter and/or any other NPC-approved video or entertainment organization and all of their agents, successors, licensees and assigns, the right to photograph or otherwise reproduce (whether by film, tape, still photography or otherwise) my voice, appearance and name, and to exhibit, distribute, transmit, and/or otherwise exploit any and all media, including without limitation, by means of still photography, motion pictures, radio, television, television motion pictures, video, printing on digital or any other medium now known or hereafter devised, including with respect also to any merchandising, advertising and/or publicity, and the right to use my name and information about me in any connection with any of the foregoing. The rights granted by me hereunder are granted for the entire universe and shall endure in perpetuity and no further compensation shall be payable to me at any time in connection therewith. Nothing contained herein shall be deemed to obligate the NPC, Promoter, and/or any other NPC-approved video or entertainment organization, to photograph or otherwise reproduce my voice, appearance or name, or to make use of any rights granted herein. I also understand that the aforementioned rights may be reassigned at any time without further consent. I understand that the NPC, the Promoter and/or any NPC-approved video or entertainment organization, are videotaping and photographing the Event in express reliance upon the foregoing, and I represent and agree that I am free to grant the rights granted to the NPC, Promoter and/or any other NPC-approved video or entertainment organization hereunder. . All entry fees are nonrefundable, and subject to a \$40.00 returned check fee (NSF, stop payment or other). . Promoter reserves the right to deny entry and combine, eliminate or change weight classes and/or divisions. . I understand that I will be personally and financially responsible for all curtains, linens, towels, carpet, furniture or other item's damaged as a result of my use of tanning products or oil or of any act of negligence or aggression. . I also certify that I am an amateur competitor, eligible under accepting of any and all of the rules of the competition and of the NPC.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVE UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

X _____ Age: _____ Date Signed: _____
PARTICIPANTS SIGNATURE

FOR PARENTS/GUARDIANS OF PARTICIPANTS OF MINORITY AGE (UNDER AGE 18 AT TIME OF REGISTRATION)

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releasees, and, for myself, my child and our heirs, assigns, and next of kin, I release and agree to indemnify and hold harmless the Releasees from any and all liabilities incident to my minor child's involvement or participation in these programs as provided above, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASEES, to the fullest extent permitted by law.

X _____ Age: _____ Date Signed: _____
Parent/guardian SIGNATURE

MAIL ENTRY TO: Remi Bruyninga 502 Estrada, Belleville, MI 48111 Money orders or cashiers checks only – Payable to Remi Bruyninga. Entry fee is \$95.00 and an additional \$50.00 for crossovers. Late entry fee if post marked after October 5, 2013 is \$125.00 and Crossovers are \$80.00. For futher questions contact: Remi Bruyninga 734-730-0351 Motorcityfitness@provide.net