

CHINA CHECKLIST

BEFORE YOU GO

Tickets, money, passport! Your essential China to-do list and packing list.

To do

- ☐ **Passport:** Is it up to date? It must have at least six months' validity.
- ☐ **Visa:** Have you secured your Chinese visa?
- ☐ **Vaccinations:** Have you checked which shots you may need?
- ☐ **Travel insurance:** Are you covered?
- ☐ **Safety:** Have you registered your travel plans with smartraveller.gov.au and checked the latest safety advice on the region you're travelling to?
- ☐ **Money:** Have you told your bank you're going overseas and do you know how you'll be paying for things in China?
- ☐ **Booking:** Have you booked accommodation?
- ☐ **Transport:** Do you know how you'll get from the airport to your accommodation?
- ☐ **Getting around:** Do you know how you'll get around China, and do you need to pre-book any tickets?
- ☐ **Phone:** Have you switched off data roaming and voicemail? If you're planning to use a local or travel SIM, is your phone unlocked?
- ☐ **Apps:** Have you downloaded offline maps, travel apps or the [CHOICE China travel guide](#) onto your mobile?
- ☐ **Medication:** If you're travelling with prescription medication, do you have the original prescriptions and a letter of explanation from your doctor?

To pack

- ☐ [Tickets](#)
- ☐ [Money](#) (cash and cards)
- ☐ [Passport](#)
- ☐ A copy of your [travel insurance](#) details
- ☐ A list of [emergency contacts](#) at home and in China
- ☐ Your hotel address written in Chinese characters (and any other important information such as food allergies)
- ☐ Chargers and a [power adapter](#)
- ☐ [Mosquito repellent](#) and mosquito-proof clothing [if travelling to sub-tropical areas](#)
- ☐ Any regular medication (in original packaging, with prescriptions and doctor's letter)



Tip: You can bring medication into China as long as it's a "reasonable amount for personal use". No matter where you travel, you should carry all medications (even vitamins) in their original packaging, along with their original prescription. It's also a good idea to carry a letter from your doctor explaining what the medications are (using generic names), what they're for and dosage instructions.