MOOROOPNA PRIMARY SCHOOL

"PREPARING FOR TOMORROW"



Dates to

close

Remember

Feb 11th School
Council nominations

Feb 15th 9.15am Koorie Parent Gathering

THE MESSENGER

ISSUE 2 THURSDAY, 11TH FEBRUARY 2016

FROM THE PRINCIPAL'S DESK

SCHOOL LEADERS

On Monday our School Leaders, which includes School Captains, House Captains and the Leadership team were all presented with their badges. It was once again fantastic to have the Honourable Wendy Lovell MP here to make the presentations. Congratulations to all our leaders.





Feb 15th—Family BBQ 6pm—7pm

- Feb 23rd—Solid
 State Circus
 Foundation to year 6
- March 4th—Senior
 Swimming Sports
- March 9th—11th year 5/6 Camp
- 24th March—2.30pm School Finishes Term
- April 18th School Photos

FAMILY BBQ AND WELCOME

Our annual BBQ and Welcome Night will be held on Monday 15th February. Families are invited to join us for a sausage sizzle and to visit their children's classroom. Sausages and bread will be provided. B.Y.O. salads, other food, drinks (non alcoholic), chairs, rugs etc. Drinks will be available for purchase from the School Leadership Team. The BBQ will start at 6:00pm and will finish at 6:30pm. Classrooms will be open at 6:30pm until 7:00pm. To allow for catering purposes please advise numbers attending to the office or reply on the form included in the newsletter.

HEAD LICE

We know that head lice are often a problem in schools, particularly Primary Schools and I understand the frustration that parents feel when infestations continue to occur.

I would like to remind all families of the following:

Head lice do not have wings or jumping legs so they cannot fly or jump head to head—they can only crawl. At school we reinforce our rule of not touching other students—this helps to minimise the spread of head lice.

We ask all families to regularly check their children's hair for signs of lice and / or eggs. Any students at school found to have live lice will need to be collected from school. Students can return to school the day after treatment has begun.

Weekly Events

- Thursdays 9.30am
 Playgroup
- Fridays 9.30am
 Mother Goose

BELL TIMES

We now have new bell times 8.50am school commences, 10.40—11.10am Recess, 12.50—1.35pm Lunch, 3.15pm students return to homerooms and 3.30pm dismissal.

FOUNDATION

Foundation students will have the following Wednesdays off school so they don't get so tired and allow individual assessments to take place:

Wednesday February the 10th, 17th and 24th.

Wednesday March the 2nd and 9th.

FOUNDATION QUESTIONAIRES

This week Questionnaires have been sent home to all Foundation students. Could you please fill them out and return them to the school office as soon as possible.

CONGRATULATIONS TO THIS WEEK'S BEE AWARDS WINNERS:

Year 6 Olivia Leahy for having a fantastic first week and displaying leadership.

Year 6 for beeing excellent role models in the art room and completing fantastic colour gradients.

Year 5 Grady McCarron for being a real leader in the classroom for others to follow. Well done Grady.

Dylan Poskitt for always working hard and following the Golden Rule.

Year 4 Asma Elnour for demonstrating real persistence in completing all tasks asked of her in the classroom. Well done Asma.

Year 3 Emily Turnbull for always following the Golden Rule & being a great role model..

Year 3 for being enthusiastic and confident readers.





Year 2 Margrethe Caliano for always showing great leadership skills in the classroom and in the yard.

Aleisha Cruickshanks for having a great start to year two and being a role model for grade one classmates.

Gemma Wall for beeing a motivated learner.

Year 1 Sophie Lundberg for beeing successful in math class

Sophie Lundberg 2nd Prize in the Australia Day Colouring Competition. Congratulations Sophie this is a wonderful effort

Year 1/2 Year 1/2H for lining up and entering the library correctly. Foundation A for learning to Stop, Look, Listen and Link. Foundation Y for learning to Stop, Look, listen and Link.

Foundation A for following instructions immediately.

Art Year 1/2G for beeing motivated learners

Wellbeing News from Ros

Dear Families,

Music

It has been great to see students settling into their classrooms and enjoying learning! Children have been caring for each other in their playtime as well. It has been my privilege to encourage them to keep Bee-ing Motivated, Persistent and Successful as they build on their learning at Mooroopna Primary School and continue to get to know their enthusiasts and helpful teachers!

See you around,

Ros

eNEWSLETTERS

I wish to have the school Newsletter emailed each week:

EMAIL ADDRESS:

FAMILY NAME:









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CHITAD	Q,	KEVDO	M DN I	LESSONS	IN 2016

Cliff Doornkamp will be conducting both guitar and keyboard lessons at the school in 2016. Lessons are held each Tuesday with individual lessons lasting 20 minutes. The cost is \$17 per lesson (payable at time of lesson). For more information, please contact Cliff Doornkamp on 0474 769 963. Please complete details below and return to the school office to express your interest.

Name .	 	 	Grade	Room		13
Guitar	Keyboard	Parents Signature			Phone	

FAMILY BARBEQUE and WELCOME NIGHT

Our annual Family BBQ and Welcome night is being held at the school on Monday 15th February. Please contact the office with numbers attending or fill in this slip and return to the school by Monday 8th February.

Family Name:

Number of family members attending the BBQ _____



KOORIE PARENT GATHERING

Monday 15th February
Parents and Carers are invited to
morning tea in the Hub, Room 9 at 9.15am
(straight after assembly) with
Lorraine Grace KESO
RSVP: Friday 12th February



Koorie Parent Gathering	
Family Name:	
Number attending:	



Positive Parenting

Telephone ServiceThis Program is offered to parents, grandparents & carers of children aged 2 – 10 years

Our ten week program aims to assist you to:

- *Develop a stronger and more positive relationship with your child/children
- *Manage everyday behaviour problems
- *Set rules & limits
- *Teach new skills
- *Developing behaviour strategies

Through our service you will receive a workbook and weekly phone calls with a parent educator. All of this can be done from the comfort of your own home at a time that suits you.

Interested?

For more information or to enroll phone

FREECALL 1800 880 660

ENROLMENTS TAKEN ALL YEAR ROUND









Treating and controlling headlice

health

While children are at school many families will have contact with head lice. The information contained here will help you treat and control head lice.

Catching head lice

Head lice have been around for many thousands of years. Anyone can get head lice.

Head lice are small, wingless, blood sucking insects. Their colour varies from whitish-brown to reddish-brown. Head lice only survive on humans. If isolated from the head they die very quickly (usually within 24 hours).

People get head lice from direct hair to hair contact with another person who has head lice. This can happen when people play, cuddle or work closely together.

Head lice do not have wings or jumping legs so they cannot fly or jump from head to head. They can only crawl.

Finding head lice

Many lice do not cause an itch, so you have to **look** carefully to find them.

Head lice are found on the hair itself and move to the scalp to feed. They have six legs which end in a claw and they rarely fall from the head. Louse eggs (also called nits) are laid within 1.5 cm of the scalp and are firmly attached to the hair. They resemble dandruff, but can't be brushed off.

Lice can crawl and hide. The easiest and most effective way to find them is to follow these steps:

- Step 1 Comb any type of hair conditioner on to dry, brushed (detangled) hair. This stuns the lice and makes it difficult for them to grip the hair or crawl around.
- Step 2 Now comb sections of the hair with a fine tooth, head lice comb.
- Step 3 Wipe the conditioner from the comb onto
- Step 4 Look on the tissue and on the comb for lice and eggs
- Step 5 Repeat the combing for every part of the head at least four or five times.

If lice or eggs are found, the hair should be treated.

If the person has been treated recently and you only find empty hatched eggs, you may not have to treat, as the empty eggs could be from a previous episode.

Treating head lice

Treating head lice involves removing lice and eggs from the hair. There are two ways you can do this:

- Buying and using a head lice lotion or shampoo, following the instructions on the product
- Using the conditioner and comb method (described under 'finding head lice') every second day until there have been no live lice found for ten days.

If you choose to use a head lice product always read and follow the instructions provided with the product carefully. The following points may also be helpful:

- Head lice products must be applied to all parts of the hair and scalp.
- No treatment kills all of the eggs so treatment must involve two applications, seven days apart. The first treatment kills all lice; the second treatment kills the lice that may have hatched from eggs not killed by the first treatment.
- Cover the person's eyes while the treatment is being applied. A towel is a good way to do this.
- . If you are using a lotion, apply the product to dry hair.
- If you are using a shampoo, wet the hair, but use the least amount of water possible.
- Apply the treatment near the scalp, using an ordinary comb to cover the hair from root to tip. Repeat this several times until all the hair is covered.

There is no need to treat the whole family - unless they also have head lice.

Concentrate on the head - there is no need to clean the house or the classroom.

Only the pillowcase requires washing - either wash it in hot water (at least 60°C) or dry it using a clothes dryer on the hot or warm setting.

Testing resistance

Head lice products belong in one of the following categories depending on the active compound they contain:

- pyrethrins
- synthetic pyrethroids (permethrin, bioallethrin)
- organophosphates (maldison or malathion)
- herbal with or without natural (non-chemical) pyrethrins.

Insecticide resistance is common, so you should test if lice are dead. If they are, treat again in seven days using the same product. If the lice are not dead, the treatment has not worked and the lice may be resistant to the product and all products containing the same active compound. Wash off the product and treat as soon as possible using a product containing a different active compound. If the insecticide has worked, the lice will be dead within 20 minutes.

Any head lice product could cause a reaction and should be used with care by women who are pregnant or breastfeeding, children less than 12 months old and people with allergies, asthma or open wounds on the scalp. If you are unsure, please check with your pharmacist or doctor.

Head lice combs

Combs with long, rounded stainless steel teeth positioned very close together have been shown to be the most effective, however, any head lice comb can be used.

Head lice eggs

Head lice eggs are small (the size of a pinhead) and oval. A live egg will 'pop' when squashed between fingernails.



Dead eggs have crumpled sides and hatched eggs look like tiny boiled eggs with their tops cut off.

Regulations

According to the Public Health and Wellbeing Regulations 2009, children with head lice can be readmitted to school or children's service centres after treatment has commenced.

The department recommends a child with head lice can be treated one evening and return to school or children's service centres the next day, even if there are still some eggs present. There is no need to miss school or child care because of head lice.

Preventing head lice

Check your child's head regularly with comb and conditioner. There is no research to prove that chemical or herbal therapies can prevent head lice.

Further information

The following website offers further information: www.health.vic.gov.au/headlice









TATURA BASKETBALL AUTUMN COMPETITION

Tatura Basketball Autumn Competition will commence February 29th.

This competition is open to ages 8-16 (must still be 16 on 30th June 2016).

Registration Night was Monday 8th - you have missed it!

If you wish to play please contact Lisa Cullum on

0428242889 or taba@viberts.com.au as soon as possible.

What is on at Mooroopna Education & Activity Centre for February 2016.

1st February-7th February

1st February -Kikit Dance Classes 4pm with Kristy Hussey

2nd February - Craft Card 1pm – 4pm1st & 3rd Tuesday of the month

-Even Stitchers 1pm-4pm 2nd & 4th Tuesday of the month

-Art Gold coin donation 10am – 12noon

4th February -Wednesday Craft 9am – 12noon every week \$2.00

8th February – 12th February

9th February to 1st March - Computers for Beginners 9.30pm – 12.00pm \$100

15th February – 19th February

19th February, 26th February-iPad for Beginners 9.30am-11.30am \$35.00

22nd February – 26th February

26th February-Mooroopna Blue Light 7pm-10pm

Exercises classes have already started but you can come along at any time we have Tai Chi/Qigong, Healthy Hearts, Circuit, Men's class, Strong Moves, day and evening classes and many more.

MEAC are agents for V/Line tickets.

For these and any other enquires please contact MEAC on 58251774.









Mooroopna Education

ganbina



Scholarship information

2016 Primary School

Ganbina's Primary School Education Scholarships are designed to help cover education expenses of Indigenous families.

The 2016 Scholarship applications are open to the families or guardians of children from prep through to Grade 6 who are attending a primary school in the Greater Goulburn Valley.

2016 application dates

Applications open on Monday, 8 February 2016 and close on Friday, 19 February at 5.00 pm.

We can only accept applications within

How to apply

If you would like to apply for a Canbina 2016 Primary School Education Scholarship, please call our office on 03 5821 7333 to arrange an appointment with us.

When you come in to the office for your appointment, please bring with you

- If your child is in prep, an enrolment letter from your child's school.
- Your child's 2015 end of year school report.
- A letter showing where you live (bank statement, electricity or gas bill).
- Proof of identification from parents or guardians (driver's licence, birth certificate or health care card).

Ganbina - Agents of change

1 High Street, Shepparton Vic 3632 T 03 5821 7333 E info@ganbina.com.au www.ganbina.com.au



Friday 19 February 2016 5.30pm - 8.00pm SPC KidsTown

Register at 5.30pm at the Chinamans Garden in Mooroopna or the bridge behind Aquamoves and take the stroll to SPC KidsTown

Upon Arrival at KidsTown enjoy the free activities on offer for the whole family with a return walk or shuttle bus available if the kids are too exhausted to walk









JUNIOR TOURNAMENT **ROUND ROBIN DOUBLES**

Date: Sunday 21st February 2016

Venue: Mooroopna Hard courts/Grass courts

Time: Register 8.30am for 9am start

Entry Fee: \$10.00 per person **Please pay on the day** Cheques to be made payable to Mooroopna

Lawn Tennis Club Inc

Entries to Mark Mills: email mkmills11@gmail.com

Phone 0429 307 373

Closing Date: Thursday 18th February 2016











SHEPPARTON BADMINTON ASSOCIATION INC JUNIOR COMPETITION

When: Competition takes place in terms 2 and 3 of the school year on Friday nights from

4pm to 6-30pm. Register and free practice before the Easter holidays.

How Much: \$80 covers all court hire and shuttle use.

Where: Here at the Shepparton Sports Stadium.

Who: For Primary and Secondary students.

Teams: Make up your own team or we will find you a place in a team.

Racquets: Yes we can lend you a racquet.

<u>Further Information</u>: Like us on Facebook or drop in and see us at the Stadium on Friday 18th March from 4pm to 5-30pm. Phone 0467 824 247 and ask for a junior registration form.



BERRY STREET Post Separation

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Co-Operative Parenting Program

3 Hour Seminar to help separated parents have healthy and strong relationships with their children.

Seminar includes:

Ways of communicating with the other parent, Impact of separation and conflict on children, Setting goals for future Parenting

Once participants complete the Intake Process they are registered to attend the seminar.

To register or for more information please contact:

Berry Street, Post Separation Services. Phone 5822 8100

ACT NOW

Acceptance Commitment Therapy and Mindfulness Coach

Geoff Newman 0459 417 363

Coping Strategies for Anxiety, Depression and Stress. Adults, Adolescents, Children.

Room 1. Paul Wickham's Pharmacy Mooroopna









Play netball at Tatura in 2016

Training & team selections to play for Tatura in the Shepparton Netball Association Saturday competition in 2016 are fast approaching!

Join a friendly, competitive, community-based club that encourages leadership & excellence in netball. Training & team selections will be held on 25 February, 1 March, 3 March, 8 March & 10 March at the Tatura netball courts, Hastie Street, Tatura at 6.00 pm.

11 & Under and 13 & Under Primary age groups.

13 & Under, 15 & Under and 17 & Under Secondary age groups.

Registration on 25 February.

All abilities welcome.

Parents & prospective coaches & team managers are most welcome.

Everyone plays at Tatura!

Contact Simon Pogue for more details.







