



Whitley County Consolidated Schools

Coesse Elementary

May 2013

Spring Has Arrived!

Coesse students are thrilled now that warmer weather has arrived. They are talking about bike riding, playing with their pets, playing ball, and spending lots of time outdoors.

What we have noticed in the building, in addition to increased activity levels, is that our students are getting less sleep. This can be due to longer days, late ballgames or practices, or staying outside playing with friends. The lack of adequate sleep impairs their judgment, which can increase negative behaviors and shorten attention spans. Additionally, changes in your child's normal schedule can have an unintended impact on his/her academics.



While it's tempting to let kids stay up later in the summer, try to limit the number of days when your child's night is shorter. Maintaining the "school schedule" will ensure your child gets the most out of the last six weeks of school. Many critical literacy and math skills are taken to application during this time and quality time spent now will lessen the time that needs to be spent in remediation next fall.

Together, we can guarantee that your child has a great ending to a tremendous school year!



End of the Year Reminders! :)

We are seeing an increase in children with alternate transportation arrangements at the end of the day. Please be sure to make those calls **before noon** so that we can ensure everyone knows where your child is to report at the end of the day.

Although the weather does not require heavy winter coats, we have quite a stockpile built up in the "Lost and Found". Please make sure you check the "Lost and Found" located in the cafeteria. We will be donating all unclaimed items to Goodwill at the end of the school year.

May 1-15 ISTEP+ Testing Window

May 9 Parent meeting for fifth grade students at ISMS

May 13 **School is in session**, make-up day

May 14 PTO Meeting @ 6:15 pm

May 14-June 4 MAP testing

May 20-24 Scholastic Book Fair: (Buy One, Get One Free)

May 21-24 Pastries with Parents. See PTO news for details

May 24 2nd Grade Study Trip to Koinonia

May 24 Lifeline Convocation

May 27 Memorial Day, **No School**

May 28 Lifeline Leader Convocation

May 29 5th Graders to Tin Caps Game

May 31 1st Grade to Black Pines

June 5,6,7,10 **School WILL be in session. Make up days.**

Attendance is mandatory.

June 6 Sock It To Hunger Field Day

Kindergarten



Kindergarten is studying the life cycle of butterflies!



First Grade

If you haven't heard by now, you will soon...we started specialty folders! Each student picked an animal to become a specialist on. We are making published books about their animals. We have started by reading about our animal and making a title page for our books. We have shown the students the student version of National Geographic this week and viewed some animal videos. They really liked this and asked that I send home the website so they could print out pictures of their animals in color, play the games, and watch the videos.

The website is: <http://kids.nationalgeographic.com>. The students are creating books about their animals. This is a fun way to learn about non-fiction reading and writing. It will be fun for some of the students to be able to see their animals when we finish this study up by visiting Black Pine!

Second Grade

April was "Poetry Month." Second graders learned about different types of poetry and tried their hand at each style. We have some creative thinkers! Published pieces of poetry are posted in our hallway. Stop by and enjoy reading them. We are also learning how readers make connections when they are reading. This helps them draw conclusions about the au-

thor's message. We have studied text-to-self connections, text-to-text connections, and text-to-world connections. This can be a challenging skill but with practice we are getting better. Our classes are also working on persuasive writing. Don't



worry – you won't get a letter asking for something! We are practicing how important it is to give reasons why. This helps to convince the reader. In math, we are focusing on telling time to the hour, half hour, quarter hour, and five minute intervals. As you can tell, we have been very busy!!

Third Grade

The third grade students will revisit their unit on China. This unit will have a Chinese Center Day on May 17th, which is the cumulative activity after reading about a girl who visited China and wrote her adventures. After exploring the Chinese Culture, they will explore the Italian Culture by listening to a story in which the main character travels to Italy; reading about the Mona Lisa; reading about Rome; and doing a play that depicts a Roman Folktale. Then they move on to the Spanish Culture with reading a story with Spanish activities.

The end of the year will bring 2 field trips: Turnstone/League for the Blind and Columbia City government and the Historical Museum.

Fourth Grade

We went on a study trip to Indianapolis.

We went to the state capitol building. We learned that the building is mainly made out of lime stone but the floor is marble. We also learned that there are three governments. They are the middle one, which means they are the people who help decide

our laws.

We also looked at the 9/11 memorial. It had poems written on granite and there were sculptures made out of pieces of the twin tower.

Then we walked across the canal and it said NO SWIMMING, but the ducks were swimming in there any way.

We went to the state museum and had Papa John's pizza. We filled out our papers next. Then we went to the gift shop. I LOVE INDIANAPOLIS!

Kirsten Butler

I had one of the best field trips ever on Monday, April 22, 2013. We got to school like it was a normal day, but it would turn out to be ANYTHING but normal.

We got on the bus and rode for two hours until we got to our state capitol, Indianapolis. Our first stop in down town Indy was the State Capitol Building, or the State House. We went into three really cool rooms, The Senate, The House of Representatives, and The Supreme Court Room.

After the State House, we walked along the canal. Geese and ducks can't read. A sign said NO SWIMMING, but they ignored it. We took a class picture on the steps.

After that, went to the museum. We had pizza in the basement as our lunch. Then we saw exhibits and answered questions about them.

My favorite part of the day was when we walked along the canal. I liked seeing birds ignore the NO SWIMMING sign.

We got back to Coesse Elementary at 6:30 p.m. At that time, I was sad it was over.

Jessica N. Mattes



Let's Sock It to Hunger!

Sock It to Hunger is coming your way!!!! This year we are very excited to help shed light on a new cause for our field day, June 6, 2013. This year, we will be helping support local food banks by holding a food drive. Students are going to be building "can" sculptures with the cans they bring in, participating in a sock hop, and other activities. The kick-off is May 22nd, so be watching for details to come. Please use this experience as an opportunity to talk to your child about the needs in the community and ways they can help make a difference in their community. It's never too early to begin instilling the importance of compassion and service in your child. Thanks for all you do! Let's "Sock-It-To-Hunger" together!



Twin Day at Coesse



News from Fifth Grade

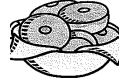
In fifth grade we are finishing up the Revolutionary War and beginning to learn about Government. We are beginning to work on our specialty projects for our presentations at the end of the year. Our Conner Prairie fieldtrip is on May 28th. We will be leaving school at 8:00 and returning around 5:00 in the evening. Information will be coming soon.

The students enjoyed their visit to Indian Springs Middle School. Please remember that there is a parent meeting at ISMS on May 9th.



Our first grade earned \$135.96 for the month of April. Our grand total for this school year is \$842.56. Each grade has a chance to earn money. Thank you for your support.

Please join your child for.....



PASTRIES with Parents!

Where: Coesse Elementary School

When: Tuesday, May 21, 2013 (Kindergarteners and 3rd grade)

Wednesday, May 22, 2013 (1st and 4th grade)

Thursday, May 23, 2013 (2nd and 5th grade)



*if you have children in multiple grades, they can come on the same day, if most convenient.

Time: 7:00 – 7:30 a.m.

Who: Parents and/or Grandparents & Coesse students

Come and enjoy a doughnut with your child before school; visit the Book Fair going on (it's buy one, get one FREE); and walk your child to class! Coesse Elementary PTO will serve FREE pastries, coffee, juice, and milk in the cafeteria!

This event is sponsored by the PTO to help promote reading in our school!

PLEASE RSVP BY Friday, May 17, 2013:

SPRING WORD-FIND

HOMEWORK	GYM
MUSIC	MOM'S DAY
BASEBALL	PARENTS
COESSE	FLOWER
ISTEP	SOCCER
ART	SPRING
MS. BASSETT	MS. DOBLER
MRS. SLAIN	

Turn in completed word find to the office and claim a surprise.

H	O	M	E	W	O	R	K	V	N
C	V	U	R	Q	B	F	Z	S	I
B	A	S	E	B	A	L	L	T	A
M	K	I	C	K	R	O	Y	N	L
O	M	C	C	P	T	W	F	E	S
M	S	D	O	B	L	E	R	R	S
S	Y	T	S	E	E	R	M	A	R
D	X	G	S	I	S	T	E	P	M
A	G	N	I	R	P	S	W	O	W
Y	M	S	B	A	S	S	E	T	T



April Lifeline Leaders!

Students at Coesse Elementary have been learning more about the Lifeline of Organization. Student Ambassadors presented class lessons, and students have been working on organization strategies in their classrooms. Students chosen as Lifeline Leaders for Organization were: (front row) Alyssa Fingerle, Codee Deisler, Olivia Potts, Dylan Pape, Olivia Wood, (back row) Cole Swangin, Morgan Lahr, Jillian Whaley, Kira Lamb, Joelle Cline, Maggie Wolter, Faith Carpenter, and Claytin Markins (absent). These students were recognized at a convocation on April 30th, and treated to a complimentary McDonald's lunch on May 1st. Thank you to McDonald's for sponsoring this "Lunch with the Principal."



March Lifeline Leaders

1st Row: Zavier Derbeck, Raygen Bechtold, Ayla Anthony, Austin Henry, Sam Shoda, Austin Byall

2nd Row: Josh Sparks, Savannah Shively, Samuel Joseph, Dylan Anspach

3rd Row: Logan Inman, Abby Pequignot, Ayn Margaret Schaeckel, Kyra Schinbeckler, Quaytrell Ward, Brittany Oliver

8 TO **LIVE** BY



HABIT BUILDER for Kids, Teens, and Families

To reach and keep a healthy weight, build better habits together. The 8 habits prescribed below are the best place to start. Scientific studies show that these have the biggest impact on your weight, your health, and your outlook.



1 Always eat breakfast—and make it healthy

- Eating a healthy breakfast can improve your memory, boost your creativity, raise your test scores—and help you reach and keep a healthy weight.
- Aim for breakfasts that include 3 of the 5 main food groups. Try combos such as: (cereal + milk + juice) or (eggs + toast + milk) or (fruit + yogurt + bagel).

2 Eat more fruits and vegetables

- Fruits and vegetables are full of nutrients that help you learn and grow, prevent disease, and keep up your energy and mood. Studies show that they're important for a healthy body weight, too.
- Every day, aim to get 1 to 2 cups of fruit, and 1½ to 3 cups of vegetables.

3 Limit—or eliminate—sweetened drinks

- Studies suggest that America's weight problem is linked to America's "drinking problem"—that is, to our increasing intake of sweetened drinks like sodas and sports drinks. Sweetened drinks are also linked to weak bones and tooth decay.
- Aim for less than 12 ounces per week of soda, sports drinks, lemonade, and other sweetened drinks. Limit juice to less than 6 ounces per day. Drink water instead, and aim for 3 glasses of milk each day.



4 Limit screen time (TV, video games, Internet)

- Research links TV to a wide range of negative health effects in children and teens—including obesity.
- Make a rule of no more than 1 to 2 hours a day in front of a TV or computer screen. (Children age 2 and under shouldn't be watching at all.)

5 Increase your physical activity

- Everyone needs regular physical activity—regardless of their shape, size, health, or age. Physical activity gives you better energy, stronger muscles, less stress, and easier weight management.
- Aim for at least 60 minutes of physical activity every day. You can get most of this from daily playtime, walking or biking to school, or family activities. The rest can come from sports or other exercise.



6 Eat meals together as a family—sitting down

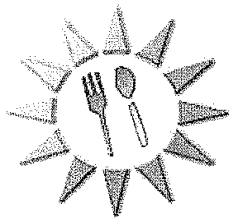
- Many studies have shown that children and teens who eat regular meals with their parents are more likely to eat in a balanced way, do well in school, and maintain a healthy weight.
- Aim to eat dinner together most nights of the week. Sit down at the table, turn the TV off, and enjoy!

7 Be positive about food

- Experts agree that how you think and talk about food and bodies can have a big impact on your health now—and in the future.
- Forget "forbidden foods"—all foods can fit in a balanced diet. Don't give food as a reward or withhold it as a punishment. Be food-friendly, not food-phobic.

8 Don't criticize about weight

- If you, your friends, or your family obsess about food or weight, you're more likely to have unhealthy behaviors—and an unhealthy body weight.
- Watch what you say. Don't criticize your own body—even as a joke. Don't compare your own weight, size, or shape to anyone else's. Being healthy means being positive.



Summer
Food
Program



Food that's in...
When School is out!

Summer Meals for Your Children

Did you know that WCCS provides free lunches to children during the summer when schools are closed?

The USDA Summer Food Service Program provides nutritious meals to children age 18 and younger at participating feeding sites. These meals provide essential nutrients for active, growing kids. To participate in this program, please come to one of the sites listed below:

MARY RABER ELEMENTARY SCHOOL

(enter at Door #7)

serving from 11:30 a.m. to 12:30 p.m.

or

MIAMI VILLAGE TRAILER COURT

(in the park)

serving from 11:30 a.m. to Noon

BOTH PROGRAMS are available on

Monday through Friday

June 17 through August 2, 2013

(NOTE: Both sites are closed on July 4, 2013.)

USDA, Indiana, and WCCS are equal opportunity providers.

Registration Information

Registration for the 2013-2014 school year will be completed online this year. Registration will run July 29 – August 2. During this time, parents/guardians will be allowed to register online via Harmony. If you do not have internet access, computers will be available at school for your use. Regular office hours are 7:00 am - 3:30 pm. On August 1, we will have extended hours to accommodate families without internet access. The office will be open from 7:00 am - 7:30 pm on August 1. Book fees and lunch money can also be paid online, or sent to the school.



Parkview Whitley Hospital will be offering **FREE sports physicals** (with EKG's for \$5.00).

When: Saturday, May 4

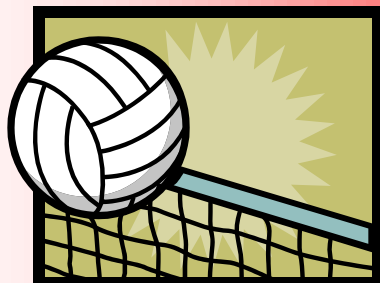
Time: 8:00 A.M.-12:00 P.M.

Who: Any 5th-12th grade athlete or anyone involved in activities that require a physical.

Where: Medical Plaza Building (attached to Parkview Whitley Hospital)

You can access the sports physical form from the front page of the school website.

SPORTS PHYSICALS



8 TO LIVE BY

Track It!

Week: _____

FOOD	SUN	MON	TUES	WED	THURS	FRI	SAT
Breakfast <i>Every Day!</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Fruits <i>Eat More!</i>	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○
Veggies <i>Eat More!</i>	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○
Sweetened drinks <i>Aim for None!</i>	none ○○○○ more	none ○○○○ more	none ○○○○ more	none ○○○○ more	none ○○○○ more	none ○○○○ more	none ○○○○ more
Low-fat milk <i>Drink Up!</i>	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○	○○○○
Water <i>Drink Up!</i>	○○○○ ○○○○	○○○○ ○○○○	○○○○ ○○○○	○○○○ ○○○○	○○○○ ○○○○	○○○○ ○○○○	○○○○ ○○○○

ACTIVITY	SUN	MON	TUES	WED	THURS	FRI	SAT
Minutes of TV, video games, and Internet <i>Go Easy!</i>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
# minutes	# minutes	# minutes	# minutes	# minutes	# minutes	# minutes	# minutes
Minutes of activity <i>Rev It Up!</i> (includes outside play, chores, family activities, walking to school, sports, and more...)	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
# minutes	# minutes	# minutes	# minutes	# minutes	# minutes	# minutes	# minutes

SUPPORT

I ate dinner with my family this week on these days:

Sun Mon Tues Wed Thurs Fri Sat

Things my family and friends did that were...

Helpful:

Hurtful:

CELEBRATE

Things I did well this week:

MY NEW GOALS


Things I could improve on:

For more information about the LVE program, visit livehealthy.parkview.com.



PARKVIEW

We're told that 70% of what children read at school is informational text (also called non-fiction text). Children need to understand that looking at the pictures in informational text is stimulating, but they are also responsible for reading ALL parts of the book. These parts include: the table of contents, headings, subheadings, captions, side boxes, maps, charts, and tables, to name a few. We call these parts "text features." Please review the text features in the chart below with your child so that he will be able to use them proficiently, and use them to help himself understand informational text.

Text Feature	Definition	Example
Footnote	a note of text placed at the bottom of a page in a document that provides additional information	2 Radford, Robert. July 28 2002. < http://www.imperialtometric.com >
Bullet Points	a symbol used to introduce items in a list. Bullet points are used to create a list and make it easier to read and understand	<ul style="list-style-type: none"> • Item 1 • Item 2 • Item 3
Italics	Words that are slanted to the right. It calls attention to important words or terms. It shows which words can be found in the glossary.	<i>Words in italics</i>
Sidebar	Boxes of information to the side of the main text/column(s).	

Nurse's Notes

May 2013

Shelly Dobler BSN RN
Mary Raber School Nurse
244-5857 ext. 5103
Wccs.k12.in.us/nurses

Parents...Splash into a Healthy Summer with these tips!



Have fun in the sun! Play outside in the morning or evening to avoid getting heat exhaustion. Don't forget the sunscreen!



Eat breakfast every morning to charge up your family. Then go for a walk, hike or swim.



Add seasonal produce to your families' meals. Make half of their plate fruits and veggies.



Limit screen time on TV's, computers, and handheld devices. Take crafts outdoors, play a game of kickball, hopscotch, or jump rope.



Take your kids to a local park or walking path to increase the active time during the summer.



Help your family drink lots of fluids. Choose water or low-fat milk instead of sugary drinks like soda.



You can help your family have fun and be healthy this summer.



MEDICATIONS
If you brought in medication this year, please remember to pick it up before the end of school.
Thank you!



Remember that 5th Graders need DTap and Meningococcal vaccines!

Whitley County Health Dept. is offering immunization clinics on the following dates: June 13 & 20 from 8:15-5:30

Nutrition Nuggets™

Food and Fitness for a Healthy Child

May 2013

Whitley County Consolidated Schools
Wellness Committee & Food Service Department

BEST BITES



Camp lunches

If your youngster goes to summer camp, take a look at the lunch menu. These programs



may not have the same nutritional standards that you can rely on from the school cafeteria. Consider packing healthy lunches for him instead, but ask if they will be refrigerated. If not, be careful to avoid mayonnaise, meats, and dairy foods.

Run for charity

Encourage your family to exercise together by signing up for a charity run or walk. Check local newspaper or online listings for upcoming events. *Idea:* Let your child help choose one for a cause that affects a relative or friend, such as cancer or autism. Then, mark it on your calendar, and figure out a training plan (walking or running a certain distance each day).

DID YOU KNOW?

If your youngster doesn't get enough sleep, her body won't produce as much leptin, a hormone that helps her to feel full. Then she's likely to wake up hungrier and eat more. While it's tempting to let kids stay up later in the summer, try not to make it too late—perhaps add 15 or 30 minutes to her school-night schedule.

Just for fun

Q: What are the most delicious books?

A: Cookbooks!



Have an active summer

Being active over the summer can help your children stay healthy and return to school ready to learn. Use these suggestions to keep them happy and moving all summer long.

Just play. Try to build in time for playing outdoors each day. Let your kids run through the sprinkler on a hot day. Have them dig in the dirt and play games like tag or capture the flag. Or set up an outdoor obstacle course with upside-down buckets, inner tubes, and cardboard boxes. *Tip:* Hold a daily contest—a long jump one day, limbo the next, and a 50-yard dash another time.

Take outings. Walk or bike to a playground or field, and bring along balls, bats, or jump ropes. On weekends, try to plan on at least one active family event. You might hike in a state park,



go canoeing, ice skate at an indoor rink, or tour a museum or historical site.

Limit screen time. It can be all too easy for kids to plop down in front of a TV, computer, or video game on a lazy summer day. Restricting screen time to 1–2 hours can give your children a chance to be active the rest of the day. *Idea:* Even while using a screen, include active play with “jumping jack breaks” during commercials or a run around the block when someone reaches a new level in a game. ●

Food flags

Here's a fun way to get in a geography lesson as your youngster creates and eats healthy dishes: let her make edible flags!

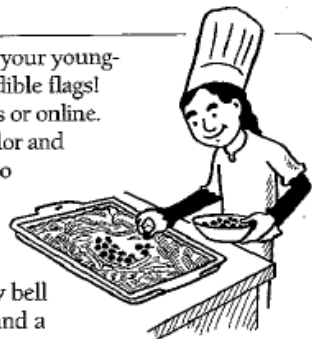
First, help her find pictures of flags in library books or online. Then, brainstorm ideas for foods to represent each color and shape. *Idea:* Go to a grocery store or farmers' market to look for items. That will help her learn about new fruits and vegetables and inspire her to try them!

Here are two to get her started:

Brazil: A rectangular bed of spinach with yellow bell pepper slices arranged in a diamond in the center and a circle of blueberries on top.

China: A rectangle of halved strawberries (red side up) with a large slice of star fruit in the top left corner and four smaller star fruit slices in a semicircle beside it.

How many food flags can your child design? ●



Take me out to the ball game

Heading to a stadium, an amusement park, or a fair this summer? Along with fun, these places can pack a lot of calories! Try to keep things healthier with these strategies:

- Order “regular” sizes. If your child has a hot dog, make it a normal one with mustard, not a “jumbo” with all the fixings.
- Choose grilled items rather than fried goodies. You might find a grilled beef kebab, fish sandwich, or turkey burger, for example.
- Forget the hand-squeezed lemonade—it’s filled with sugar. Ask for a lemon wedge to squeeze into refreshing cold water instead.



- Have corn on the cob or a baked potato rather than french fries. *Tip:* Skip the heavy toppings and put salsa (from the nacho bar) on the potato.
- Look for all-fruit smoothies or fresh fruit salads.
- Get a chicken wrap rather than chicken tenders, which are typically breaded and served with high-calorie dipping sauce.

● As long as your child isn’t allergic, consider a bag of peanuts. It takes time to crack open each shell, so they last longer, and peanuts are high in protein, fiber, and vitamins.

Tip: Eat something filling and healthy before leaving home so your youngster isn’t starving when you get there. ●



ACTIVITY CORNER

Old-fashioned games

Your youngster will enjoy hearing about games her relatives played in the “olden days.” Share some stories, and then try versions like these.

Hoop and stick

Mark a course, maybe up and down a driveway



or sidewalk. Then, have each person use a stick to roll a hula hoop from one end to the other. The first one to the finish line wins.

Tug of war

Form two teams that are roughly equal in weight, such as a child on each side or a parent on one side and two kids on the other. Each team holds on to opposite ends of a sturdy rope (pulled tight). Put a line of pillows in the middle, and let the teams begin tugging. The first side to fall into the pillows loses. ●

Q & A Diets for children?

Q: Our son is overweight. Should we put him on a diet?

A: The place to start is with your pediatrician. Ask if your child’s weight is a problem or if he is likely to outgrow it as he gets taller. Unless he is very overweight, the best approach often is a combination of daily physical activity and a balanced diet with lots of nutrients and not too many sweets.

Try to have your child keep to a regular meal and snack schedule. Also, eating meals together helps—you can control the food choices by what you serve. Keep fresh fruits and vegetables on hand, and avoid obvious culprits like fast food, chips, candy, and soda.

Finally, focus on the person that your child is—not his shape. It’s important at this age that he develop a healthy relationship with food and with his own body. ●



IN THE KITCHEN

Salad in a jar

When it’s too hot for heavy meals, salads are often the answer for adults. Help make them a favorite with your child, too, with this clever idea.

In a clean jar, layer salad ingredients, starting with dressing on the bottom.

Refrigerate, and then shake when you’re ready to eat. This is a fun activity to do with your youngster—he can pick out his favorite ingredients and do the layering himself. *Idea:* Challenge him to put one food that he doesn’t usually eat into each jar.

Try combinations like these:

- Low-fat ranch dressing
- Chopped red bell pepper
- Grape tomatoes
- Hard-boiled egg
- Spinach leaves

- ***
- Low-fat French dressing
- Shredded carrots
- Raisins
- Sunflower seeds
- Shredded romaine lettuce

- ***
- Low-fat vinaigrette
- Walnuts
- Grapes
- Feta cheese
- Red-leaf lettuce



- ***
- Low-fat Italian dressing
- Cooked shrimp (cooled)
- Cooked green beans
- Cooked potatoes (cut into chunks)
- Bibb lettuce ●

OUR PURPOSE
To provide busy parents with practical ways to promote healthy nutrition and physical activity for their children.
Resources for Educators,
a division of CCH Incorporated
128 N. Royal Avenue • Front Royal, VA 22630
540-636-4280 • rfeustomer@wolterskluwer.com
www.rfeonline.com
Nutrition Nuggets™ is reviewed by a registered dietitian. Consult a physician before beginning any major change in diet or exercise.
ISSN 1935-4630



A La Carte

www.mypaymentsplus.com is the website that allows you to view your child's meal account, place money in that account, and/or make a textbook payment. Check it out at your convenience.

Meal prices for 2012/13 are:
 Breakfast - K to 8 @ \$1.00
 Breakfast - 9 to 12 @ \$1.20
 Lunch - K to 5 @ \$1.60
 Lunch - 6 to 8 @ \$1.75
 Lunch - 9 to 12 @ \$1.85
 Lunch - K-12 Reduced @ \$1.40
 Adult Breakfast @ \$1.70
 Adult Lunch @ \$2.60

SUMMER LUNCHES will begin at a date to be determined when the final regular student day is known. **STAY TUNED!!**

School News

Applications for Free/Reduced Meal & Textbook Assistance are available during the school year from any building or the Central Office.

Menus are subject to change for various reasons.

Due to new USDA requirements, your child **MUST** take at least one fruit or vegetable plus two other components to make a qualified meal.

USDA, Indiana, & WCCS Feed Programs provide equal opportunity for all.

SUMMER LUNCHES will be served at **MARY RABER** and **MIAMI VILLAGE** for those age 18 and younger. More information will be released soon. **KEEP WATCHING!!!!**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>DID YOU KNOW? It is widely believed that May was named after Maria, the Roman goddess of spring and growth.</p>		<p>1 Chicken Strips Bread & Butter Corn Diced Pears Fruit Choice Milk</p>	<p>2 Fr. Toast Sticks Smokie Potato Rounds Red Peppers Grapes Milk</p>	<p>3 Hamburger w/Bun Broccoli Veg Choice Apple Slices Milk</p>
<p>6 Pizza Mixed Green Salad Red Peppers Strawberries Milk</p>	<p>7 Chicken Nuggets Peas/Fresh Carrots Bread/Butter Mandarin Oranges Banana Milk</p>	<p>8 Turkey Wrap Green Beans Kidney Bean Salad Applesauce Honey Dew Melon Milk</p>	<p>9 Walking Taco Mexicali Corn Celery Pears Raisins Milk</p>	<p>10 Salisbury Steak Mashed Potatoes Veg Choice Dinner Roll Apricots/Fruit Choice Milk</p>
<p>Make-Up Day #2 13 Hamburger/Bun Oven Fries Fresh Carrots Pineapple Applesauce Cups Milk</p>	<p>14 Chicken Strips Corn Bread/Butter Mixed Fruit Raisins Milk</p>	<p>16 Corn Dog Baked Beans Cucumbers Orange Slices Milk</p>	<p>17 Sloppy Joe/Bun Cooked Carrots Tomatoes Peaches Fruit Choice Milk</p>	<p>18 Pizze Broccoli Veg Choice Bluberries Milk</p>
<p>20 Tenderloin/Bun Peas Kidney Bean Salad Pears Banana Milk</p>	<p>21 Rib Sandwich Green Beans Mandarin Oranges Strbry Kiwi Slusshy Milk</p>	<p>22 Popcorn Chicken Mixed Green Salad Fresh Carrots Bread/Butter Grapes Milk</p>	<p>23 Cheese Omlert Potato Rounds Peppers Blueberry Muffin Peaches/Fruit Choice Milk</p>	<p>24 Nacho/Chili/Cheese Chips Celery/Veg Choice Apple Slices Milk</p>
<p>Memorial Day 27</p>	<p>28 Mac & Cheese Pnt Butter Sandwich Broccoli Carrots Strawberries Milk</p>	<p>29 Chicken Patty/Bun Baked Beans Red Peppers Mixed Fruit Raisins Milk</p>	<p>30 Hot Dog/Bun Oven Fries Celery Pears Honey Dew Melon Milk</p>	<p>31 Turkey & Gravy Biscuit Corn/Veg Choice Peaches Fruit Choice Milk</p>

Coesse Elementary Mission Statement:

We, the staff of Coesse Elementary, strive to meet the potential of each individual student academically, emotionally, and physically.

NON-DISCRIMINATION POLICY

Whitley County Consolidated Schools Corporation is committed to equal opportunity and does not discriminate on the basis of age, race, color, creed, sex, handicapping conditions, or national origin including limited English proficiency, in any employment opportunity. No person is excluded from participation in, denied the benefits of, or otherwise subjected to unlawful discrimination on such basis under any educational program or student activity. For further information, clarification, or complaint (grievance) procedures, please contact the Superintendent's office (260-244-5771) or the following:

Dr. Patricia O'Connor
 A.D.A. Coordinator (American with Disabilities)
 Section 504 Coordinator
 Title IX Coordinator (gender discrimination)
 Title VI Coordinator (race, color, creed, national origin)
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