

# Speed To Burn's Summer Camps 2010



Join us for a fun and challenging week of camp!! Athletes from all sports will benefit. As the sports world has become more competitive, speed and agility have become very important qualities for athletes to possess. Speed To Burn's experienced instructors will help you improve your running form and increase your speed. With a focus on ladder drills and footwork, we will help you become quicker and more agile. Get the most out of your athletic ability!

<i>Del Mar Speed Camp</i>	<i>June 21-25</i>
<i>Encinitas Speed Camp</i>	<i>July 12-16</i>
<i>Solana Beach/RSF Speed Camp</i>	<i>August 9-13</i>
<i>Soccer/Speed Camp</i>	<i>August 16-20</i>

\*All camps are 9:00am-12:00noon.

You can register online at [www.speedtoburn.com](http://www.speedtoburn.com), or by filling out the form below and mailing it with your check payable to Speed To Burn for \$175 to: 991-C Lomas Santa Fe Dr., #132 Solana Beach, CA 92075. If you have any questions, please call (619) 672-0533.

[www.speedtoburn.com](http://www.speedtoburn.com)

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Athlete's name: \_\_\_\_\_ Gender: \_\_\_\_\_ Age: \_\_\_\_\_

Parents' names: \_\_\_\_\_

Address: \_\_\_\_\_ City/State/Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Cell Phone: \_\_\_\_\_

Email: \_\_\_\_\_ Camp Location: \_\_\_\_\_

List any known medical conditions: \_\_\_\_\_

### **Please read and sign the following Waiver / Medical Release:**

I hereby give my permission for any and all medical attention necessary to be administered to my child in the event of an accident, injury, or illness. I authorize Speed To Burn, Inc. to request medical treatment as necessary to insure the well being of my child. I also hereby waive and release Speed To Burn, Inc., and Staff from liability for injuries that may occur during training. I also understand that Speed To Burn, Inc. retains the right to use photos taken during training sessions for public and/or advertising purposes.

Parent / Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

