

Department Name and Number <b>Health Care Environments &amp; Systems 313104001</b>	
Current SCNS Course Identification Prefix <u>N</u> <u>G</u> <u>R</u> Level <u>6</u> Course Number <u>5</u> <u>0</u> <u>3</u> Lab Code <u>Lab (L)</u> Course Title <u>ADULT PSYCHIATRIC-MENTAL HEALTH CLINICAL NURSE SPECIALIST/NURSE PRACTITIONER: INDIVIDUAL THERAPY CLINICAL</u>	
Effective Term and Year <u>SPRING 2014</u>	Terminate Current Course <input type="checkbox"/> Other Changes (specify below) <input checked="" type="checkbox"/>

Change Course Identification to: Prefix <u>  </u> <u>  </u> <u>  </u> Level <u>  </u> Course Number <u>  </u> <u>  </u> <u>  </u> Lab Code <u>  </u> Full Course Title <u>Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy Clinical</u> Transcript Title (please limit to 21 characters) <u>Psych NP: Indiv Clin</u>	
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Credit Hours: From <u>5</u> To <u>3</u>	Contact Hours: <input checked="" type="checkbox"/> Base or <input type="checkbox"/> Headcount From <u>5</u> To <u>3</u>
Rotating Topic: From <input type="checkbox"/> yes <input type="checkbox"/> no To <input type="checkbox"/> yes <input type="checkbox"/> no	S/U Only: From <input type="checkbox"/> yes <input type="checkbox"/> no To <input type="checkbox"/> yes <input type="checkbox"/> no
Variable Credit: From <input type="checkbox"/> yes <input type="checkbox"/> no To <input type="checkbox"/> yes <input type="checkbox"/> no If yes, <u>  </u> minimum and <u>  </u> maximum credits/semester	Repeatable Credit: From <input type="checkbox"/> yes <input type="checkbox"/> no To <input type="checkbox"/> yes <input type="checkbox"/> no If yes, <u>  </u> total repeatable credit allowed

Prerequisites From <u>NGR 6002C, NGR 6101, NGR 6140, NGR 6636</u> To <u>None</u>	Co-requisites From <u>NGR 6172, NGR 6503</u> To <u>NGR 6300C, NGR 6503</u>
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Course Description (50 words or less; if requesting a change, please attach a syllabus)	
From <u>This course provides the student with the advanced clinical skills to assess, diagnose, treat, and evaluate diverse adult clients experiencing acute and chronic mental disorders/illnesses.</u>	To <u>This course provides supervised clinical experiences in the assessment, diagnosis, treatment, and evaluation of clients across the lifespan who are experiencing acute and/or chronic psychiatric disorders.</u>

Rationale /Place in Curriculum/Impact on Program <b>Modification of course due to a change in accreditation and national certification requirements. This is an introductory course in the Psych/Mental health DNP program.</b>
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UNIVERSITY OF FLORIDA  
COLLEGE OF NURSING  
COURSE SYLLABUS  
SEMESTER/YEAR

<u>COURSE NUMBER</u>	NGR 6503L
<u>COURSE TITLE</u>	Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy Clinical
<u>CREDITS</u>	03
<u>PLACEMENT</u>	DNP Program: Psychiatric-Mental Health Nurse Practitioner Track
<u>COREQUISITES</u>	NGR 6300C   Advanced Psychiatric Assessment and Diagnostics NGR 6503    Psychiatric-Mental Health Nurse Practitioner: Individual Psychotherapy
<u>FACULTY</u>	M. Josephine Snider, EdD, RN Department Chair & Associate Professor <a href="mailto:snidemj@ufl.edu">snidemj@ufl.edu</a> (352) 273-6359 HPNP 4221 Office hours: by appointment

COURSE DESCRIPTION   This course provides supervised clinical experiences in the assessment, diagnosis, treatment, and evaluation of clients across the lifespan who are experiencing acute and/or chronic psychiatric disorders. Emphasis is placed evidenced-based practice and the utilization of theoretical and conceptual models for assessing, planning, and treating major psychiatric disorders. Moreover, emphasis is given to promoting, maintaining, and restoring wellness to individual clients of all ages. Holistic therapeutic approaches are used to enhance the functioning of diverse individuals across the lifespan.

COURSE OBJECTIVES    Upon completion of this course, the student will be able to:

1. Develop a professional role as an advanced practice psychiatric-mental health nurse, including the integration of self-knowledge.
2. Utilize selected theories to promote therapeutic alliance with clients receiving mental health care across the lifespan.
3. Implement individual therapy with selected clients across the lifespan experiencing psychiatric problems.
4. Apply age-appropriate health promotion and disease prevention guidelines based on individual patient variances.

## COURSE OBJECTIVES (continued)

5. Collaborate with clients and health care providers to provide holistic nursing care to individuals from diverse populations.
6. Establish treatment plans based on research and evidence-based practice related to mental health.
7. Apply knowledge of political, legal, economic, social, cultural, and technological factors in delivering mental health services to clients across the lifespan.
8. Evaluate and incorporate ethical and legal decisions, as well as the consequences of these decisions, in the development of an advanced practice role.

## CLINICAL SCHEDULE

To be arranged with preceptor and faculty member.

E-Learning in Sakai is the course management system that you will use for this course. E-Learning in Sakai is accessed by using your Gatorlink account name and password at <http://lss.at.ufl.edu>. There are several tutorials and student help links on the E-Learning login site. If you have technical questions call the UF Computer Help Desk at 352-392-HELP or send email to [helpdesk@ufl.edu](mailto:helpdesk@ufl.edu).

It is important that you regularly check your Gatorlink account email for College and University wide information and the course E-Learning site for announcements and notifications.

Course websites are generally made available on the Friday before the first day of classes.

## ATTENDANCE

Students are expected to be present for all classes, other learning experiences and examinations. Students who have extraordinary circumstances preventing attendance should explain these circumstances to the course instructor prior to the scheduled class or clinical lab, or as soon as possible thereafter. Instructors will make an effort to accommodate reasonable requests. A grade penalty may be assigned for unexcused seminar or clinical absences.

**Graduate students** are required to submit a written calendar of planned clinical practice dates and times to the course faculty member **prior to** beginning the clinical rotation. Any changes to the calendar (dates and times) must be submitted in writing to the course faculty member **before** the change is planned to occur. **Clinical hours accrued without prior knowledge of the faculty member will not be counted toward the total number of clinical hours required for the course.**

## ACCOMMODATIONS DUE TO DISABILITY

Each semester, students are responsible for requesting a memorandum from the Disability Resource Center (<http://www.dso.ufl.edu/index.php/drc/>) to notify faculty of their requested individual accommodations. This should be done at the start of the semester.

## COUNSELING AND MENTAL HEALTH SERVICES

Students may occasionally have personal issues that arise in the course of pursuing higher education or that may interfere with their academic performance. If you find yourself facing problems affecting your coursework, you are encouraged to talk with an instructor and to seek confidential assistance at the University of Florida Counseling Center, 352-392-1575. Visit their web site for more information: <http://www.counseling.ufl.edu/cwc/>.

## STUDENT HANDBOOK

Students are to refer to the College of Nursing Student Handbook for information about College of Nursing student policies, honor code, class demeanor, and professional behavior. <http://nursing.ufl.edu/students/student-policies-and-handbooks>

## ACADEMIC HONESTY

The University of Florida Student Conduct and Honor Code may be found at <http://www.dso.ufl.edu/index.php/sccr/process/student-conduct-honor-code/>

## TEACHING METHODS

Seminar, supervised clinical practice, individual and group supervision, written assignments, audiovisual materials, and selected readings.

## LEARNING ACTIVITIES

Clinical practice, written assignments, readings, and clinical reports

## CLINICAL EVALUATION

Minimum Required Clinical Practice Hours: 144 hours

Clinical experience will be evaluated through faculty observation, verbal communication with the student, written work, and agency staff reports using a College of Nursing Clinical Evaluation Form. Faculty reserve the right to alter clinical experiences, including removal from client care areas, of any student to maintain patient safety and to provide instructional experiences to support student learning.

Evaluation will be based on achievement of course and program objectives using a College of Nursing Clinical Evaluation Form. All areas are to be rated. A rating of Satisfactory represents satisfactory performance and a rating of Unsatisfactory represents unsatisfactory performance. The student must achieve a rating of Satisfactory in each area by completion of the semester in order to achieve a passing grade for the course. A rating of less than satisfactory in any of the areas at semester end will constitute an Unsatisfactory course grade.

The faculty member will hold evaluation conferences with the student and clinical preceptor at each site visit. The faculty member will document or summarize each conference on the Clinical Evaluation Form or Incidental Advisement Record. This summary will be signed by the faculty member and students. Mid-rotation evaluation of conferences will be made available to each student. Final evaluation conferences with the faculty member are mandatory and will be held during the last week of each clinical rotation. A student may request additional conferences

at any time by contacting the clinical faculty member.

Students enrolled in advanced practice courses with a clinical component will use Clinical Experience Form F to document clinical experience including hours, practice location and preceptor for their personal records. Students also assess their learning experience using Clinical Site Assessment Form G. Completed Form G is collected by the faculty member and submitted to the Coordinator of Clinical Laboratories at the College. At the end of the clinical experience the student completes a self-evaluation and the faculty completes a student evaluation using the College of Nursing Clinical Evaluation Form.

### GRADING SCALE

Clinical component

- S Satisfactory = Meets course objectives
- U Unsatisfactory = Does not meet course objectives

For more information on grades and grading policies, please refer to University's grading policies: <http://gradcatalog.ufl.edu/content.php?catoid=2&navoid=762#grades>

### REQUIRED TEXTBOOKS

American Nurses Association, American Psychiatric Nurses Association, & International

Psychiatric Nurses (2007). *Scope and standards of psychiatric-mental health nursing practice*. Washington, DC: ANA

American Psychiatric Association. (2013). *Quick reference to diagnostic criteria from DSM*.

Washington, DC: Author.

Kaplan, H. I., & Sadock, B. J. (2010). *Pocket handbook of clinical psychiatry (5<sup>th</sup> ed.)*.

Baltimore, MD: Williams & Wilkins.

### REQUIRED ELECTRONIC RESOURCES

[www.state.sc.us/dmh/clinical/guidelines.htm](http://www.state.sc.us/dmh/clinical/guidelines.htm)

### RECOMMENDED TEXTBOOKS

American Psychiatric Association. (2013). *Diagnostic and statistical manual of mental*

*disorders* (5th ed.). Washington, DC: Author.

RECOMMENDED TEXTBOOKS (continued)

Stahl, S.M. (2008). *Essential psychopharmacology. Neuroscientific basis and practical applications* (3<sup>rd</sup> ed.). New York: Cambridge University Press.

Stahl, S.M. (2011). *The prescriber's guide (Stahl's essential psychopharmacology* (4<sup>th</sup> ed.).  
New York: Cambridge University Press.

Approved:	Academic Affairs Committee:	01/08; 01/13
	Faculty:	02/08; 01/13
	UF Curriculum:	10/08