



# End of DP-2: PART 1

April \_\_\_\_\_

## CAS FINAL SELF-EVALUATION FORM

School: Het Rijnlands Lyceum Oegstgeest; code 0238

Student: \_\_\_\_\_

Date: \_\_\_\_\_

Indicate below the CAS activities/projects in which you have been involved and the hours dedicated to each one with a total number of hours for the whole CAS course.

Activities/projects	Areas (tick)	Number	Sum total of hours	
<i>for example</i>				
1 hockey coach	<input type="checkbox"/> C <input checked="" type="checkbox"/> A <input type="checkbox"/> S		26	26
2 tutoring (with a tutor booklet!)	<input checked="" type="checkbox"/> C <input type="checkbox"/> A <input checked="" type="checkbox"/> S		10	36
1 _____	<input type="checkbox"/> C <input type="checkbox"/> A <input type="checkbox"/> S		___	___
2 _____	<input type="checkbox"/> C <input type="checkbox"/> A <input type="checkbox"/> S		___	___
3 _____	<input type="checkbox"/> C <input type="checkbox"/> A <input type="checkbox"/> S		___	___
4 _____	<input type="checkbox"/> C <input type="checkbox"/> A <input type="checkbox"/> S		___	___
5 _____	<input type="checkbox"/> C <input type="checkbox"/> A <input type="checkbox"/> S		___	___
6 _____	<input type="checkbox"/> C <input type="checkbox"/> A <input type="checkbox"/> S		___	___
7 _____	<input type="checkbox"/> C <input type="checkbox"/> A <input type="checkbox"/> S		___	___

If you need more space, add an extra sheet of paper and continue the list.

Total number of hours after 2 years of regular, weekly CAS activities: \_\_\_\_\_

• **There must be a balance of C + S + A hours.**

• **Absolute minimum: 150 hrs. over 2 years of DP, with reflection and evidence.**



## End of DP-2: PART 2

April \_\_\_\_\_

**School:** Het Rijnlands Lyceum Oegstgeest; code 0238

**Student:** \_\_\_\_\_ **Date:** \_\_\_\_\_

This is the evidence of my completion of CAS program  
(8 learning outcomes of CAS):

<b>Learning Outcomes of CAS</b>	<b>Nature and location of evidence:</b> e.g. weblog (date), CAS Journal (page no.), photographs, certificates
a) Increased my awareness of my own strengths (my existing abilities and skills) and of my areas for growth	
b) Undertaken new challenges	
c) Planned and initiated activities	
c) Worked collaboratively with others	
e) Shown perseverance and commitment in my activities	
f) Engaged with issues of global importance	
g) Considered <i>ethical implications</i> of my own actions; moral decisions and actions	
h) Developed new skills, or increased expertise in an already established skill	