



Adult Homeopathic Intake Form

The information contained herein is strictly confidential. Please fill out this questionnaire completely and to the best of your knowledge. Even the smallest details are important.

| | | | |
|---|--------------------------------|-----------------|-----------------------|
| (Please Print) | | | |
| Today's date: | | | |
| PATIENT INFORMATION | | | |
| Last name: | • Mr. • Mrs. | • Miss • Ms. | Marital status : |
| First name: | Date of birth: | Age: | Email address: |
| Street address: | Contact Numbers: (h) (c) | | Number of children |
| City: | Province: | Postal Code: | |
| Occupation: | Employer: | Work phone no.: | |
| Referred by: other (check one) | Family | Hospital | Close to home or work |
| Insurance plan | Dr. | Friend | Website |
| Name and phone no. of Family Physician: | | | |
| Name and phone no. of previous Homeopath: | | | |
| IN CASE OF EMERGENCY | | | |
| Emergency contact person: | Home phone no.: | | Work phone no.: |
| VITAL STATISTICS | | | |
| HEIGHT: | WEIGHT: | B.P.: | PULSE: |

What is your main health concern, and when did it start?

Was it preceded by an event, accident or mental upset? (ie. shock, worry, dietary, overexertion, weather?)

Does anything make it better?

Worse?

Do you have any other health concerns? Please list in order of importance for you, and the date of onset.

Please check if you have ever had any of these conditions:

- | | | |
|---------------------------------------|---|--|
| <input type="checkbox"/> Abscesses | <input type="checkbox"/> Headaches | <input type="checkbox"/> Pelvic inflammatory disease |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Heart trouble | <input type="checkbox"/> Pneumonia |
| <input type="checkbox"/> Anaemia | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Prostate disease |
| <input type="checkbox"/> Appendicitis | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Rheumatic fever |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Herpes | <input type="checkbox"/> Skin disease |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Influenza | <input type="checkbox"/> Strep throat |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Jaundice | <input type="checkbox"/> Sinusitis |
| <input type="checkbox"/> Chicken pox | <input type="checkbox"/> Kidney disease | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Cold sores | <input type="checkbox"/> Leukemia | <input type="checkbox"/> Gout |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Liver disease | <input type="checkbox"/> Syphilis |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Malaria | <input type="checkbox"/> Tonsillitis |
| <input type="checkbox"/> Eczema | <input type="checkbox"/> Measles | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Mental illness | <input type="checkbox"/> Venereal warts |
| <input type="checkbox"/> Emphysema | <input type="checkbox"/> Mononucleosis | <input type="checkbox"/> Warts |
| <input type="checkbox"/> Gall stones | <input type="checkbox"/> Mumps | <input type="checkbox"/> Whooping cough |
| <input type="checkbox"/> Goitre | <input type="checkbox"/> Nosebleeds | <input type="checkbox"/> Worms |
| <input type="checkbox"/> Gonorrhoea | <input type="checkbox"/> Parasites | |

Others? _____

Indicate your use of the following:

| | Per day | Per week | Per month |
|--------------------|---------|----------|-----------|
| Tobacco | | | |
| Alcohol | | | |
| Coffee | | | |
| Recreational Drugs | | | |

What vaccinations have you had? List any reactions.

What exercise do you do and how much?

List any treatments, medicines, supplements, homeopathic remedies you are taking.

| | | |
|-----------------------|------------------------|-------------------------------------|
| Treatment or Medicine | When and for how long? | Effect on you? |
| Any major surgeries? | When? | Complications? |
| Major injuries? | When? | Complications or long-term effects? |

FAMILY HISTORY: Please indicate what ailments affect(ed) your family at any time now or in the past. These can include:

- | | | |
|--------------------------------------|---|--|
| <input type="checkbox"/> Alzheimer's | <input type="checkbox"/> Epilepsy | <input type="checkbox"/> Skin diseases |
| <input type="checkbox"/> Alcoholism | <input type="checkbox"/> Gonorrhoea | <input type="checkbox"/> Syphilis |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Tuberculosis |
| <input type="checkbox"/> Arthritis | <input type="checkbox"/> Heart disease | <input type="checkbox"/> Ulcers |
| <input type="checkbox"/> Cancer | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Others* Specify below |
| <input type="checkbox"/> Diabetes | <input type="checkbox"/> Mental illness | |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Pneumonia | |

* _____

| Relationship | Current Age | Age at Death | Cause of Death | Disease(s) |
|----------------------|-------------|--------------|----------------|------------|
| Mother | | | | |
| Maternal Grandfather | | | | |
| Maternal Grandmother | | | | |
| Father | | | | |
| Paternal Grandfather | | | | |
| Paternal Grandmother | | | | |
| Sister(s) | | | | |
| Brother(s) | | | | |

SYSTEMS REVIEW: Please check with a $\sqrt{\quad}$ if you are currently suffering from, or with a P if you have suffered from any of the following disorders in the past:

Skin:

rashes eczema hives acne
 boils itching lumps dry hair
 dryness scaling moles warts
 falling/ thinning hair colour changes nail changes

Head:

headache dizziness vertigo migraines
 head injuries

Eyes:

eye pain tearing dryness glaucoma
 double vision cataracts blurring itching
 redness discharge impaired vision

Ears:

ringing buzzing earache redness
 discharge infections impaired hearing

Nose/ sinuses:

frequent colds stuffiness hay fever nose bleeds
 obstruction loss of smell nasal discharge
 sinus problems

Mouth and throat:

sore throats cankers dry lips bleeding gums
 receding gums loss of taste dental cavities

Neck:

lumps goitre swollen glands
 pain or stiffness difficulty swallowing

Respiratory:

cough sputum spitting blood wheezing
 asthma bronchitis pneumonia emphysema
 difficulty breathing shortness of breath
 allergies

Cardiovascular:

palpitations chest pain on exertion blueness of lips
 swelling of ankles
 high blood pressure low blood pressure

Gastrointestinal:

heartburn nausea vomiting constipation
 diarrhea gas belching bloating
 abdominal pain lack of appetite
 ineffectual urging haemorrhoids
 indigestion food allergies

Musculoskeletal:

pain in joints swollen joints stiffness in joints
 broken bones muscle spasms cramps
 muscle twitching

Peripheral vascular:

deep leg pain cold hands cold feet varicose veins
 ulcers extremity numbness extremity coldness
 extremity swelling

Neurological:

fainting convulsions paralysis tremors
 numbness tingling weakness
 involuntary movements
 loss of memory difficulty concentrating loss of balance
 difficulty initiating movements speech problems

Endocrine:

cold intolerance excess thirst excess hunger
 sudden weight gain
 sudden weight loss heat intolerance excess sweating

Reproductive system – FEMALES:

menstrual problems sexual difficulties
 pain/dryness during intercourse
 problems achieving orgasm
 difficulties conceiving or carrying a pregnancy to term
 venereal disease Age of first menses _____
Date of last menses _____

Reproductive system – MALES:

testicular pain testicular masses abnormal penile discharges
 sexual difficulties
 erectile difficulties fertility difficulties enlarged prostate
 venereal disease