## Monthly Personal and Living Expenses

Enter actual expenses for the past 4 months from your records and keep track of expenses for this and the next month. Label the months in the spaces provided at the top of the table.

| Month |  |  |  |  |  |  | Total |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Dwelling: |  |  |  |  |  |  |  |
| Rent Payment |  |  |  |  |  |  |  |
| House Payment |  |  |  |  |  |  |  |
| Property Tax |  |  |  |  |  |  |  |
| House Repair |  |  |  |  |  |  |  |
| Miscellaneous <br> Expenses (lawn <br> mowing, cleaning, <br> snow shoveling) |  |  |  |  |  |  |  |
| Homeowner's <br> Association Dues |  |  |  |  |  |  |  |
| Insurance |  |  |  |  |  |  |  |
| Furniture/Appliance <br> Payments |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| Transportation |  |  |  |  |  |  |  |
| Car Payment(s) |  |  |  |  |  |  |  |
| Other Vehicle <br> Payment(s) |  |  |  |  |  |  |  |
| Vehicle <br> Upkeep/Repair |  |  |  |  |  |  |  |
| Fuel |  |  |  |  |  |  |  |
| Insurance |  |  |  |  |  |  |  |
| License(s) |  |  |  |  |  |  |  |
| Public <br> Transportation |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |


| Month |  |  |  |  |  |  | Total |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Utilities |  |  |  |  |  |  |  |
| Telephone |  |  |  |  |  |  |  |
| Gas |  |  |  |  |  |  |  |
| Electricity |  |  |  |  |  |  |  |
| Water |  |  |  |  |  |  |  |
| Trash |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
| Personal |  |  |  |  |  |  |  |
| Groceries |  |  |  |  |  |  |  |
| Dining Out |  |  |  |  |  |  |  |
| Entertainment |  |  |  |  |  |  |  |
| Tobacco Products |  |  |  |  |  |  |  |
| Medical/Dental/ <br> Vision Insurance |  |  |  |  |  |  |  |
| Clothing |  |  |  |  |  |  |  |
| Laundry/Dry |  |  |  |  |  |  |  |
| Cleaning |  |  |  |  |  |  |  |
| Medical/Dental/ <br> Vision/Hospital Exp. |  |  |  |  |  |  |  |
| Prescriptions |  |  |  |  |  |  |  |
| Education |  |  |  |  |  |  |  |
| Credit Card Payments |  |  |  |  |  |  |  |
| Loan Payments |  |  |  |  |  |  |  |
| Pets |  |  |  |  |  |  |  |
| Dues \& Subscriptions |  |  |  |  |  |  |  |
| Gifts |  |  |  |  |  |  |  |
| Donations |  |  |  |  |  |  |  |
| Travel |  |  |  |  |  |  |  |
| Cable TV |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |


| Month |  |  |  |  |  |  | Total |
| :--- | :--- | :--- | :--- | :--- | :--- | :--- | :--- |
| Hobbies/Crafts |  |  |  |  |  |  |  |
| Music |  |  |  |  |  |  |  |
| Personal Assistant |  |  |  |  |  |  |  |
| Assistive technology <br> purchase, payments <br> \& maintenance |  |  |  |  |  |  |  |
| Internet Access |  |  |  |  |  |  |  |
| Other: |  |  |  |  |  |  |  |
|  |  |  |  |  |  |  |  |
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|  |  |  |  |  |  |  |  |

Average Expenses per Month (Total $\div 6$ months) $\$$ $\qquad$

## Sources of Income:

Source
Amount per Month

