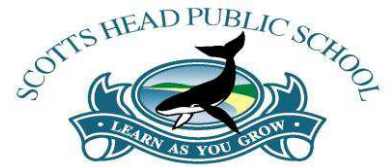


# Scotts Head Public School

## Public and Proud



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Principal: Mrs Gillian Stuart

Scotts Head Public School is a proud member of Valley 10



## Newsletter - 15<sup>th</sup> May 2014 Week 3

### CALENDAR

Dates to remember: May Thurs 22<sup>nd</sup> Cricket Gala Day

#### Reminder for the Week

Please complete and return the School Performance Note as soon as possible.

Canteen: Monday: 19<sup>th</sup> May - Toni

Wednesday: 21<sup>st</sup> May - Fran

### Indo Corner W3. Benda-Benda di Ruang Kelas (Classroom Objects)

|             |                 |             |              |
|-------------|-----------------|-------------|--------------|
| Pensil      | - pencil        | Pena        | - pen        |
| Penghapus   | - rubber/eraser | Rautan      | - sharpener  |
| Penggaris   | - ruler         | Gunting     | - scissors   |
| Lem         | - glue          | Kertas      | - paper      |
| Buku        | - book          | Papan tulis | - whiteboard |
| Komputer    | - computer      | Meja        | - desk       |
| Tas sekolah | - school bag    | Jam dinding | - clock      |
| Guru        | - Teacher       | Nampian     | - tray       |

Hello, Giinagay, Hai,

**"I have a conviction that it's only when you are put at full stretch that you can realise your full potential"**

Sir Edward 'Weary'Dunlop

It was a pleasure to take the local student leaders away for the leadership camp. A great time was had by all and I look forward in supporting our school leaders in implementing, sharing and inspiring other students with some of their big ideas, which they would like to see happen in the school. The student leadership team will meet week.

Thanks to Tonya Worling, the Principal of Stuarts Point for doing an outstanding job of organising such a fantastic experience for our students in the valley and Dave Hall for his constant support amongst all the schools especially in the area of leadership.



### Leadership Camp

On Thursday 9<sup>th</sup> May Freya, Ruby, Jamison and Solomon went to Caltex to get on our bus to go to the GRIP Leadership Conference at Coffs Harbour. We learnt a lot about leadership there and we will use these qualities as the leaders of our school.

One of the things we learnt about was called lead like a strawberry, not like a watermelon. This phrase means to be a leader that is actually doing the thing they say or being true to themselves and not acting to make you a good leader. E.g. a watermelon is different on the outside to the inside. Whereas a strawberry is the same as it is on the inside.

Then we went back to the camp at Bonville to stay overnight there and the food was great. The next day we got split up into two groups and one group did a high ropes course. The other group did archery. Then we went home. We had a great time and enjoyed the opportunity to meet other leaders from around the area.

### PPP

Next week the PPP course begins on Thursday, there are still a few places left.

Although being a parent is a great joy, it is also a privilege that involves tremendous responsibility. While we all would do anything for our kids, willingness is not enough. We all need to develop the skills of being excellent parents. We cannot just hope that the way we are **raising our kids is the right way and hope for the best that they will become thoughtful, caring and wise adults.**

The way you raise your children is the way you raise your future generations. Since few of us have formal training in the fine art of parenting, most of us simply treat our children the way our parents treated us. We know of no other way to do it, yet our children are facing a much more different world than when our parents were parents. Please take this wonderful opportunity that is in our local school, free with child minding available.

Please sign up to this local initiative to improve you're parenting abilities by attending the PPP course which starts next week for only 3 weeks.

With **Triple P Seminars** - Positive Parenting Program

**Triple P** is a parenting program for all families that provides practical answers to everyday parenting concerns

To find out more or to book into a **FREE** seminar please contact Benita or Christine on **65684471**

### Triple P Seminars:

**Session 1: - 22<sup>nd</sup> May 2014 - THE POWER OF POSITIVE PARENTING**

**Session 2: - 29<sup>th</sup> May 2014 - RAISING CONFIDENT, COMPETENT CHILDREN**

**Session 3: - 5<sup>th</sup> June 2014 - RAISING RESILIENT CHILDREN**

**Time:** 10am - 12 noon

**Where:** Scott's Head Primary School

**FREE** childcare is available - **BOOKINGS ESSENTIAL** - a limited number of places

### Cross Country

Congratulations to all the students who competed at the local Cross Country and thank you to the parents who transported and supported our students on the day. Congratulations to Jack Peachman who finished second in his year level and Henry Peachman who finished sixth. Both boys have now made it through to the next level at Grafton. Thanks to Louse Peachman who did a great job supervising during the events amongst the cow paddies!

### The Dungutti Elders Visit

As part of our Aboriginal and NAIDOC focus for this term. The Dungutti elders came on Monday and displayed their Stitching Crafts, we were all very impressed and inspired now to get started on our Wall Hanging and screen printing. Thanks to Bu Bibi and Bu Anna who supported the Kindy class as they performed the Counting Flowers song- 'Lagu Sepuluh Bunga'

### Student Screen Printing- Stitching Program Thursdays

Our student Screen Printing and Stitching Program starts today with Kindy who will learn the skills of textile art, screen printing and sewing. Today they begin their patchwork of an aboriginal animal. Each week a different class will have the Handicraft lesson with our textile artist Kathy Khatchadourian. Watch out for our progress.

On the 12<sup>th</sup> May, 2014 the student of Scotts Head public school were visited by the Dunghatti people. They told us about sewing and how long they've been doing sewing for. We were amazed what they made in five days for 4 and a half hours. They have been sewing for 2 years.

The students were really excited about sewing and they will start some sewing for NAIDOC week and this term's Indigenous focus on learning. By Joe



### Song Magic Choir

Song Magic is on Wednesday during lunchtime, with a scheduled performance in the last week of at our School NADIOC celebrations. Please encourage as many students to come along and enjoy.

### Song Magic Week 1 Report by Ruth Nolan

I really enjoyed today's introductory session with a number of students taking part.

It was great to work with Aunty Shaa. We put the Gumbaynggirr phrase 'Ngarraanga jili la' to the Nanooma chant, with 'Youwey eh-ah' instead of 'wy-yi-ay-o.'

Ngarraanga means to hear and understand and remember. (In our Song Magic workshop, this requires a special magical kind of listening, so that we might hear the secret song of the land and the trees and maybe learn their names and their story.) And 'jili la' makes the phrase mean 'Let's keep hearing (understanding and remembering.)' We want to listen so we can hear the Land tell us. Listening to Country, to hear, to understand and to remember.

We also had some breathing exercises, some body percussion, some vocal warm ups, some drumming, some imagination directed at listening, body awareness and grounding, lots of stepping in time and some stop/start conductor response training. One of the students was still feeling unwell, so we experimented with making soothing humming sounds around him. This experiment was enthusiastically taken up, with others wanting a turn at being in the middle to receive the sounds.

See you next week. *Regards,* Ruth

### Chess Club

The Chess Club is gaining momentum with more students gaining interest under the care of Steve Conway, who is kindly giving up his time to improve our students skills and select a team of 4 to compete in Port Macquarie in a couple of weeks

Dante, a Year 6 student is competing in Sydney this weekend and we wish him all the best, as he gets his first real taste of a Chess Competitions.



### **School Assembly**

At this week's assembly we have introduced Student of the Week awards. This week winners were:

Kindy: Leo and Ayrielle

Year 1 / 2: Luke, Coen, Lucy and Ella

Year 2 / 3: Ethan T and Kalahni

Year 4/5/6: Xavier and Ruby



### **Rural Fire Service Visit**

The Rural Fire Service visited the school last week. Many thanks to the wonderful volunteers who gave up their time to teach our students the correct way to behave around a fire emergency.

#### **Fire truck**

On Thursday 8<sup>th</sup> the Fire Brigade came to school and inspired all of us with how to survive in a fire. We got to use the hose on a cardboard flat that had a picture of a fire on it. The years 3-6 went first in the morning session and then years 1-2 went in the middle session. Thank you to Dawn, Bryan and Donna that came in to speak with students. Some students had some very good questions.

By Bailey M



### **Canberra Excursion Year 4/5/6 Excursion**

The notes for the Canberra excursion for the 4/5/6 excursion will be sent home today with payment plan slips. We have not been able to put out the note until now as we have been waiting for the final prices for the accommodation and event entries, as we have less numbers going than originally expected. Please remember their student assistance available, just contact the school for the Student Assistant Request Form.

### **Year 7 Transition to Macksville HS**

The Year 6 students enjoyed their first 'try high school' morning on Wednesday. Thanks to all the parents who helped with transport. Thanks to Greg Hill who transported extra students in and out on the day and made it very easy for students and parents. Thanks to Jenny Conway from Macksville HS for arranging the day and making it all possible.

#### **Year Seven Orientation**

On Wednesday the year Sixes went to Macksville High School to see how to get around the school and where the classrooms are and how high school is going to be. We had two year eights take us around the school to show us where the classrooms, toilets, the library and where the staffrooms are.

After that we had a science lesson with Mrs Hughes. We did an experiment to see how fast hot water cools down in different things like foam cups and other things like that. We also made a line graph at the end to show how the water cooled down.

I know heaps about the high school now and I would like to thank Mrs Conway for giving up her time to talk to us about Macksville High School.

By Solomon Hill

### **t20 Blast Cricket GALA day at Stuarts Point 22<sup>nd</sup> May for Year 4/5/6**

As part of the Small School V10 initiative with senior students from the different school getting together. This term t20 Blast Cricket GALA day at Stuarts Point has been arranged for next Thursday. The students have been getting ready for this event with the visits from Mark Smee and Merrilyn Mason. Notes will be sent home today.

**School Performance Monday 26<sup>th</sup> May** - The opportunity to see a live performance does not happen very often so it great that we can take part in the School Performance Program. We will be hosting show about the use of illusion, juggling and ventriloquism. The show will stimulate the students and is a part of their Drama and Art areas of study, by using creative thinking.

**Reforms to P&C Federation** - The NSW Parliament has introduced legislation to reform the NSW Federation of Parent and Citizens Associations, which has suspended operation pending Supreme Court action. While these reforms will not affect the day-to-day operation of individual school P&Cs, they will introduce a new executive structure which will ensure the Federation operates as a modern and representative body on behalf of school P&C Associations.

Each school's P&C Association will be asked to vote for councillors and delegates who will represent their electorate at the Federation's Annual General Meeting and councillors who will serve on the Federation's Board of Management. More information will be available on the Department's website at <http://www.schools.nsw.edu.au/gotoschool/a-z/involvement.php>

### **The Bush Tucker/ Bike Track**

We are all working very hard and getting closer to opening up our bush tucker/ bike track to the students. We are working through the Work Health and Safety issues that need to be adhered to, before we can declare it safe for community and student use.

### **Donation of Plants**

We are looking to put a garden on the eastern side of the classrooms and we are looking for specific plants to beautify the area such as the small variety of Birds of Paradise, any sized Kangaroo Paws and Lavender cuttings from your garden. Thanks for the donations we have received so far.

Thanks, terima kasih, yaarri yaraang  
Gillian

### **SRC - The Jelly Bean Movie/ Pizza Evening Friday** **23<sup>rd</sup> May 3.15- 6.30 -**



The SRC Jelly Bean Fundraising event will be held next Friday evening and is a wonderful opportunity for children to raise awareness and funds for the diabetes association. Notes will be sent out earlier next week. Please if any parents are available to help with the lighting of the Pizza Oven and making Pizza, the SRC would appreciate the help.

### **2/3 Class**

As part of their homework this fortnight the 2/3 class were asked to go for a sensory walk with their family. They drew a picture, wrote a poem or wrote a recount of the experience afterwards.

#### **My Walk by Bindi**

My nana and my brother and me went for a walk to the shop. It was a cold afternoon and the sun was setting. The dogs were barking. We could smell fire that people were burning and we could feel the cold grass and leaves as we walked. We could taste the biscuits that we bought from the shop.

#### **My Backyard by Kieran**

When I walk to school,  
I see lots of trees,  
I hear the buzzing of bees.  
I smell Plod's poo  
Because it is very new.  
I can taste the smell of honey  
As the bees make it in their tummy.

### Walking with India and Pip by Grace

I hear Pip's little footsteps and our giggles.

I see the blue sky and the green grass.

I touch Pip's soft fur.

I smell the flowers in gardens.


I taste the salty mist off the sea.

### Painting Around the School

Keep an eye out around school in the next few weeks as we are doing a lot of painting! The colours of our values (red, green, yellow and blue) will be used extensively around the school as a positive reminder of the importance of following our school values. The 2/3 class kicked off the painting by creating coloured dots outside their classroom as a reminder of where to line up. Many thanks to Maree and Volker at Belgrave Paint Specialists in Kempsey for providing paint at cost price and to Derek Ashworth (Bu Brooke's dad) for sourcing the paint and organising the equipment. The students are very excited to continue decorating our environment in such a positive way!



**'LOCAL SCOTT'S HEAD GARAGE SALE'**, looking for people who are interested in having a garage sale SUNDAY 25<sup>th</sup> May from 8am. It will be advertised in 5 local and surrounding newspapers, \$5 to join to cover advertising costs. Also advertised on social media sites we expect a good turn out! If you're interested in joining in, clear out some stuff. Make some money and have some fun! Please call Nat on 65 697952 or Bindi on 65 697995. Please do this by Monday 12<sup>th</sup> May.


Nutrition Snippet

## The simplest way

...to make Australia's Biggest Morning Tea healthy!


### Date & Muesli Slice

**Ingredients**  
Olive or canola oil spray  
2 medium apples, skin on, core removed, coarsely grated  
1/3 cup water  
1/4 cup margarine  
2 cups dates, seeded  
2 cups natural muesli  
1/2 cup plain flour  
1/2 cup wholemeal plain flour  
1 tsp ground cinnamon



**Method**  
Preheat oven to 180°C (160°C fan forced) | Lightly spray a slice tin (approx. 25x30cm) with oil | Add apple, water, margarine and dates to a small saucepan and bring to the boil | Reduce heat, cover and simmer for a further 5 minutes until the apple is soft | Cook uncovered for a further 5 minutes and stir occasionally until mixture thickens to a paste-like consistency | Meantime, place muesli in a large frypan. Stir over low heat until lightly browned | Sift flours into a large bowl, returning husk remaining in the sieve to the bowl | Add cinnamon and muesli to the flours and mix to combine | Stir into the date mixture then spoon into prepared tin | Bake for 20 minutes until firm. | Cool in tin before cutting.

For more information visit  
[www.eatittobeatit.com.au](http://www.eatittobeatit.com.au)  
or join us at [facebook.com/eatittobeatit](https://facebook.com/eatittobeatit)



### **Live Life Well @ School**

Keeping kids active during winter -

Walk in the rain - don't forget the

Inside dance-a-thon

Notice when children are being active and join in

Ten minute bursts of exercise, like star jumps, running on the spot and hopping

Escape to the park and play some ball games

Rug up and go for a walk on the beach



### **BOYS and GIRLS TOUCH FOOTBALL TRIALS**

The trial will take place on Monday 19<sup>th</sup> May at EJ Biffin fields (opposite the high school), Nambucca Heads.

The trials will start at 12.30pm and finish at 2.00

Boys and Girls will require a shirt with a number on it for easy identification, a sunsafe hat and a water bottle.

If successful in gaining selection they must be available to travel to Toormina on June 2nd

Please return this by Friday 16th May 2014 even if you are not nominating anyone so I know you received this fax.

Please complete the form below and return it to school ASAP if you would like your child to participate.

NAME: \_\_\_\_\_

AGE: \_\_\_\_\_

YEAR: \_\_\_\_\_

EXPERIENCE: \_\_\_\_\_

### **Scotts Head P & C Survey**

At our last meeting there was discussion about incorporating a dress into our school uniform.

Below is an example of the style of dress suggested. We would appreciate any feedback parents regarding this.

Would you like to see a dress of a similar style incorporated into the uniform? Yes/ No



Are there any suggestions for improvement you would like to see made around the school?

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