



ATHLETICS COMPLIANCE OFFICE

Football Spring Practice Declaration

Academic Year

Applicable Legislation

17.9.6.4 Football Spring Practice (FBS/FCS)

Fifteen postseason practice sessions [including intrasquad scrimmages and the spring game permitted in Bylaw 17.9.5.2(a)] are permissible. An institution is not required to count as one of its 15 designated days any day during which countable athletically related activities are limited solely to required conditioning activities and/or review of game film. All practice sessions are conducted within a period of 34 consecutive calendar days, omitting vacation and examination days officially announced on the institution's calendar and days during which the institution is closed due to inclement weather.

Spring Practice Start Date _____

Spring Practice End Date _____

3 Non-Contact Dates:

- 1. _____
- 2. _____
- 3. _____

12 Contact Dates:

A. 8 tackling dates (place an asterisk (*) next to the three (3) 11-on-11 dates):

- 1. _____
- 2. _____
- 3. _____
- 4. _____
- 5. _____
- 7. _____
- 8. _____

B. 4 contact dates that will not include tackling:

- 1. _____
- 2. _____
- 3. _____
- 4. _____

Note: An institution has the discretion to determine the practice activities (other than tackling) that may occur during the four (4) contact non-tackling sessions, as well as the protective equipment to be worn by the student-athletes.

Coaches Certification

I certify that the information reported on this form is complete and accurate.

Signature of Coach _____

Date _____

Compliance Certification

Signature of Compliance Office _____

Date _____