

# Register

## Aspira Journey SERIES

Please fill out this registration form and mail or fax it back to Aspira Spa. Discounted prices apply for early registration; please check deadlines.

You may also register by telephone at 877.SPA.2070 or 800.876.3399.

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Please check the boxes that apply:

- Sonia Choquette, September 26-27, 2008  
 \$150  \$125 (register by 8.25.08)
- Dr. Darren Weissman, November 21-22, 2008  
 \$85  \$65 (register by 9.21.08)  \$150 LifeLine Technique Treatment

TOTAL: \$ \_\_\_\_\_

- Check enclosed (made payable to Aspira Spa)  
 Credit Card #: \_\_\_\_\_  
Exp: \_\_\_\_\_

Cancellation Policy: Registration fee is non-refundable.

Overnight Accommodations: Guestrooms, one-, two- and three-bedroom suites are available for guests attending the Aspira Journey Series. Please call The Osthoff Resort at 800.876.3399 for assistance in making overnight and dining reservations.

Spa Reservations: To make your spa service reservations, please call 877.SPA.2070.

For more information, please visit us at [www.aspiraspa.com](http://www.aspiraspa.com). Please mail the completed form along with payment to:



at  
The Osthoff Resort

101 Osthoff Avenue • Elkhart Lake, WI 53020  
877.SPA.2070 • [www.aspiraspa.com](http://www.aspiraspa.com)

## Aspira Spa Reservations

Treatments at Aspira Spa envelope your senses, soothe your body and invigorate your spirit. Services include the complimentary use of spa amenities; meditation sanctuary, learning center, women's and men's relaxation rooms, shared lounge with indoor and outdoor whirlpools, and Finnish sauna. The Aspira Spa Café offers a menu of signature teas, fresh juices, smoothies, fruits, and light meals, providing nourishment for your body.

### Aspira Spa services include:

Massages  
Dynamic Envelopments  
Facials  
Specialty Treatments  
Art of Bathing  
Spa Complements  
SpaSuite™ Experiences  
Manicures  
Pedicures  
Waxing  
Salon Services

To view a full menu of services, visit [www.aspiraspa.com](http://www.aspiraspa.com).

Aspira Spa is open daily from 9AM. Due to limited availability, we encourage you to make your spa service reservations as soon as possible to guarantee your preferred date and time. To reserve your Aspira Spa experience online, please visit [www.aspiraspa.com](http://www.aspiraspa.com) or call 877.SPA.2070.



## Instructions for Creating the Life You Really Want

Join us for the debut of the

## Aspira Journey SERIES



**Sonia Choquette**  
Presents: Your Heart's Desire  
September 26-27, 2008  
[www.soniachoquette.com](http://www.soniachoquette.com)



**Dr. Darren Weissman**  
Presents: The Power of Infinite Love  
and Gratitude  
November 21-22, 2008  
[www.infiniteandgratitude.com](http://www.infiniteandgratitude.com)



at  
The Osthoff Resort  
Elkhart Lake, WI • [www.aspiraspa.com](http://www.aspiraspa.com)

YOU ARE

# Invited...

Join us for the Aspira Journey Series, designed for all stages and transitions of life with a focus on wellness, balance and harmony. The Aspira Journey Series offers resources and practical applications to promote health and well-being as well as enhance your quality of life. We invite you to leave your daily commitments, relationships, and job deadlines behind, and journey with us at Aspira Spa.



*A*spira was created as a place to take one's journey - a place to move forward in nature and peace.

Meaning 'infused with spirit', Aspira was borne on the banks of a lake considered sacred by the Native Americans who lived there. Shaped like an elk's heart, the lake bestows its powerful natural energy upon all who encounter it.

Our logo, a three-spiral symbol from the ancient Uighur civilization, identifies this journey place for the mind, body and spirit.

We embrace the healing wisdom of indigenous peoples from around the world providing a holistic, organic approach to the spa experience. There is a reverence for all that is natural and the balance created with such reverence - in the design of our space, in the purity of our products and in the approach of our services.

We invite you to journey with us at Aspira.



An invitation from  
**SONIA CHOQUETTE**

**Your Heart's Desire:**  
Instructions for Creating the Life You Really Want

SEPTEMBER 26-27, 2008

Can you imagine a life filled with absolute support from the Universe at all times? Can you possibly imagine a life that is abundant, joyful, healthy, and filled with endless love and laughter? Can you imagine a fearless, peaceful life, knowing everything you need will come to you with ease? This may sound like a crazy dream or a wild fantasy, but in fact, it is your Divine birthright and the life you are entitled to live, and can create right now. It is only a simple matter of learning how. And teaching you how is what I do best and love the most, in my workshop *Your Heart's Desire; Creating the Life You Really Want*. In this joyful, grounded workshop, I will teach you how to create easily and quickly your greatest dreams. I will show you how to recognize your blind spots and overcome your blocks. I will teach you how to tap into Divine support and co-create with the Universe rather than struggle to create it alone, and how to break free of your own self-limiting habits and perceptions, so you can experience success. Voted one of the top ten workshops to change your life by New Woman Magazine, and taught in universities worldwide, my simple process for working with the Divine Laws of Creativity works. In learning how to create with the Universe rather than struggle against it, you not only fulfill your own dreams, but your personal success and happiness adds to the overall peace and happiness of the planet. Learning to create and find peace in our lives is the best way to help usher in peace and happiness in the planet. That is why it is so important to learn now.

Register by 8.25.08, \$125 • Register after 8.25.08, \$150

#### AGENDA

Friday, September 26, 2008

4:00 pm	Arrival of Guests
6:00 pm	Registration
7:00-9:00 pm	Sonia Choquette <i>Your Heart's Desire</i>

Saturday, September 27, 2008

9:00-11:30 am	Workshop with Sonia
11:30-1:00 pm	Lunch
1:00-4:00 pm	Workshop with Sonia
4:00-5:00 pm	Book Signing



An invitation from  
**DR. DARREN WEISSMAN**

**The Power of Infinite Love and Gratitude:**  
Instructions for Creating the Life You Really Want  
Sponsored in part by Dr. Tom Bayne

NOVEMBER 21-22, 2008

Unleash the limitless potential you already possess to heal and transform your life. Learn about The LifeLine Technique™, an advanced holistic system of energy medicine that discovers, interprets, and harmonizes the root cause of symptoms and stress—emotions buried within the subconscious mind. Developed by Dr. Darren Weissman, holistic physician and author, The LifeLine Technique™ uses the power of infinite love and gratitude to harmonize emotions buried within the subconscious mind and the body. Hailed by Louise L. Hay as "the wave of the future," and by Dr. Masaru Emoto as the key to "awaken consciousness," after Dr. Weissman's presentation of this holistic system, you'll never look at your body or life the same way again.

On Saturday, at 10:30-noon and 1:00 – 4:00 pm, Dr. Weissman and his team of LifeLine Technique™ practitioners will provide time for individual Lifeline Technique Sessions, where the practitioner uses kinesiology (muscle testing) and The Lifeline Technique Flow Chart to access the emotional patterns buried within the subconscious mind. Once reconnected to the emotional patterns, the practitioner simply uses the universal healing frequency of *Infinite Love & Gratitude* to harmonize and release these reactionary patterns, awakening you to the true meaning of every symptom and stress in life and providing you with the tools necessary to heal, regenerate and be whole.

Register by 9.21.08	\$65
Register after 9.21.08	\$85
Lifeline Technique Session (Individual)	\$150

#### AGENDA

Friday, November 21, 2008

4:00 pm	Arrival of Guests
6:00 pm	Registration
7:00-9:00 pm	Dr. Darren Weissman <i>The Power of Infinite Love and Gratitude</i>

Saturday, November 22, 2008

9:00-10:00 am	Dr. Darren Weissman
10:00-10:30 am	Dr. Tom Bayne
10:30-Noon	Lifeline Technique Session (Individual)
Noon	Lunch
1:00-4:00 pm	Lifeline Technique Session (Individual)
4:00-5:00 pm	Book Signing