

In consideration of the applicant's participation in the Etobicoke Track and Field Clubs' Sports Camp activities, the applicant, parents, heirs, executors, administrators, successors and assigns hereby release, waiver and forever discharge the Etobicoke Track and Field Clubs (including Etobicoke Huskies/Striders Track and Field Club (EHS), Gladstone Track and Field Club (EG)), and all sponsor organizations, elected and appointed officials, successors and assigns of and from all claims, demands, damages, costs, expenses, actions and cases of actions resulting from any accident or loss however caused. In the event that the applicant is incapacitated, or the applicant is a child, I hereby give you permission to seek out medical assistance the applicant may require while attending camp. In signing the application, the applicant acknowledges that he/she has read and understands the conditions and certifies that participant is in good physical and mental health. The applicant acknowledges and agrees that the Etobicoke Track and Field Clubs reserve the sole and exclusive right to use any pictures or videos taken during the program for advertising and/or instructional purposes, without cost or charge to the Etobicoke Track and Field Clubs, and the applicant consents to photographs or videos being taken for the purposes herein.

\_\_\_\_\_ Date \_\_\_\_\_

Signature of parent or guardian



**8 Weekly sessions from:**

**July 6 – August 28, 2014**

**9:00am – 4:00pm**

**Centennial Park Stadium**

**Payment**

Full payment is required at the time of registration. In limited circumstances we will accept a \$50.00 deposit at registration with remaining balance due on or before June 1, 2016. Registration will be confirmed upon soon after receipt, by email, if a legible email address is provided.

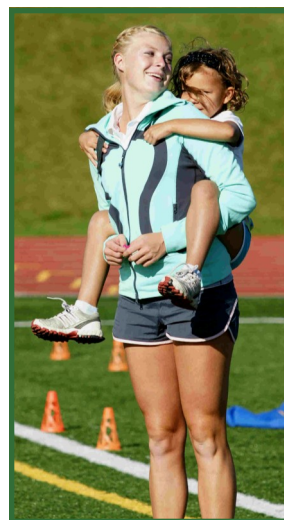
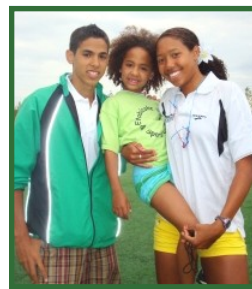
Please include completed registration form, and signed waiver, with payment.

Some weeks may have limited enrollment.

**Cancellations and Refunds**

Requests for refunds of fees paid, must be made in writing and submitted to [etobicoketrack@rogers.com](mailto:etobicoketrack@rogers.com) or to Etobicoke Track and Field Club, 18 Glos Road, Etobicoke, ON, M9C 2Z9. Requests received at least 30 days in advance of the selected camp session will be granted, after deduction of administration fees of \$25.00 per session.

Refund requests received with less than 30 days notice are subject to an administration fee of 50% of the total fee.



# Summer 2016 Track & Field Sports Camp



For children ages 6-13

**CENTENNIAL PARK STADIUM**  
156 CENTENNIAL PARK DRIVE  
ETOBICOKE, ON, M9C 5N3

## Serving Etobicoke and Mississauga over 50 years

The Etobicoke Track and Field Clubs (including Gladstone and Etobicoke Huskies - Striders Track and Field Clubs) are once again running their Summer Sports Camp. This is our eleventh year of operation. Our Sports Camp offers a unique opportunity for your child to develop, and improve, skills in Track & Field, as well as enjoy fun afternoons participating in other sports including swimming, soccer, baseball, touch football, and many more activities. All of this in a safe environment under the constant supervision of our qualified and experienced team of instructors and supervisors.



## Something extra special;

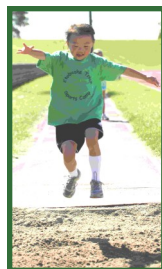
Included in the weekly fees is a bus excursion to a destination such as: a Blue Jays Game, Ripley's Aquarium, Playdium, the Science Centre, ROM, mini-golf or some other fun destination!

There are **8 weekly sessions** with the option of early drop off and/or late pick up times. Sign up for one or more weeks; as many as you wish.

**Take advantage of our Early Savings Special by registering your child before May 15<sup>th</sup> to receive your \$20 discount on first week.**

We look forward to offering your child a fun filled experience right in your own community.

**For more information call / email Etobicoke Track and Field Clubs  
Phone: (416) 258 - 2888  
email: [etobicoketrack@rogers.com](mailto:etobicoketrack@rogers.com)**



## Mornings

The mornings will focus on basic and advanced Track & Field skills at Centennial Park, including (but not limited to);

- Sprints: 60/80/100/200 meter training including sprint drills, starting and relays.
- Middle Distance: 400/800 meters and preparation
- Jumps: High Jumping and Long Jumping
- Relays: team building and baton handoffs.
- Throws: Shot Put, Discus and Javelin.

**Note:** For safety reasons foam and rubber throwing implements are used.

## Afternoons

Afternoons will consist of teaching and playing various team sports and activities including Soccer, Baseball, Touch Football, Swimming and other team-building games and activities, that complement morning activities.

All equipment will be supplied by the Etobicoke Track & Field Club's Summer Sports Camp.

## Special Weekly Outings

A weekly special outing is included each week to complement scheduled activities. Transportation (buses) and admission fees are included in weekly fees, making the camp a great deal for the parents and a positive experience for the participants.

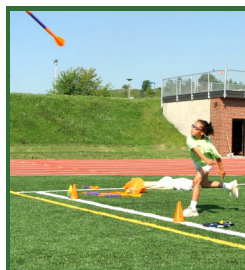
## Lunch

Every child should bring lunch, snacks and a reusable water bottle to camp each day,

Please respect that we are a **"Nut Free Environment"**

## Inclement Weather

In case of bad weather, we will shelter in a designated area until it is suitable to restart activities. On rainy days, each child should bring a towel and a rain jacket to camp.



<u>Session</u>	<u>Time</u>
<input type="checkbox"/> July 4 – 8	9:00 – 4:00
<input type="checkbox"/> July 11 – 15	9:00 – 4:00
<input type="checkbox"/> July 18 – 22	9:00 – 4:00
<input type="checkbox"/> July 25 – 29	9:00 – 4:00
<input type="checkbox"/> Aug 2 – 5 *	9:00 – 4:00
<input type="checkbox"/> Aug 8 – 12	9:00 – 4:00
<input type="checkbox"/> Aug 15 – 19	9:00 – 4:00
<input type="checkbox"/> Aug 22 – 28	9:00 – 4:00
<input type="checkbox"/> Aug 29 - Sep 2	9:00 – 4:00



- One Hour Early Drop Off (7:45-9:00 am) add \$25/wk
- One Hour Late Pick Up (4:00-5:15 pm) add \$25/wk

**Weekly Cost - \$215.00 per week**  
**Additional weeks reduced \$20 to \$195**  
**Aug 2-85 (short week) - \$180.00**

**Total: \_\_\_\_\_**

Child's last name, first name:	Age:	M / F :
Address:		City:
Postal Code:	Birth date:	
Email:		
Parent's name:	Home Phone/Cell:	
Emergency contact:	Phone/Cell:	
Other Contact:	Phone/Cell:	
Signature:	Date:	

**Please make cheque payable to: Etobicoke Track & Field Club**  
**Mail application to: Etobicoke Track Summer Sports Camp**  
**18 Glos Road., Etobicoke, ON, M9C 2Z9**  
**email: [etobicoketrack@rogers.com](mailto:etobicoketrack@rogers.com)**