



Z.O.C.
ZENTRUM ORTHOPÄDISCHE CHIRURGIE



Treatment, Design, Injuries,
Surgical Therapy

SPORTS AND EXERCISES FOR ALL GENERATIONS



Patronage

DREIFLÜSSESTADT
**HANNOVERSCH
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... aller erste Wahl



**2nd Sport Orthopedic
Symposium
Hann. Munden**

April 20-21, 2012



Treatment, Design, Injuries,
Surgical Therapy

SPORT AND EXERCISES FOR ALL GENERATIONS



Dear colleagues, physiotherapists,
medical staff, coaches, assistants and
handball executives!

Welcome to the 2nd Sport Orthopedics
Symposium in the beautiful town of Hann-
Münden. Five years have passed since the
first edition of this event was held here.

Physicians will know that spring is the time
of year when the desire for fitness and activi-
ties prompts many of their patients to inquire
about which form and intensity of physical
exercise makes sense and what they should
take into consideration in the preparation
phase.

What should be examined in advance under
consideration of medical aspects?
What is required for reasonable preparation
and monitoring of training programs?
Is sport possible with artificial joints?
What surgical options are there to remedy
injuries?

These are questions that we at the Center
for Orthopedic Surgery (ZOC) want to find
answers for in the scope of this symposium.
We want to help you to be able to give your
patients competent and qualified advice in
these particular situations.

At the afternoon seminar, we would like to
present information for handball coaches,
team attendants and officials in handball
sports or other team sports on how to pre-
pare successfully for the next season and
how to reduce the risks of sports injuries.


The second seminar is aimed at physicians and their
specialized staff in all medical sectors, to qualify these to
advise their patients about planned surgical operations
and for them to learn in practical terms what it means to
implant a joint prosthesis, to perform arthroscopic op-
erations and to properly apply orthopedic auxiliaries and
aids such as bandages and orthoses to their patients.

**We'd like to draw your attention to the event on Fri-
day evening, where you will learn and experience
more about an entirely different and fascinating
world in the scope of an Indian friendship and coop-
eration program.**

This symposium is designed to be more than just an
academic platform for exchange of theoretical expertise.
Make use of the opportunity to visit the beautiful historic
town of Hann-Münden and to catch a dose of exciting
handball virus at an evening game.

The center for orthopedic surgery is delighted to have
won national and international friends and colleagues,
who will share their experience and expertise with you.

We look forward to high attendance, active participation
and lively discussions on all our medical issues.


Sincerely,
Dr. Georg Fieseler



Program

FRIDAY, APRIL 20, 2012

5.00 p.m. Start of Registration

6.15 p.m. **Welcome address**



G. Fieseler
K. Burhenne, Mayor Hann. Muenden

6.30 p.m. **Sports and exercises for all generations
– what is there to observe?**



K. Voelker

7.15 p.m. **Scenario of trauma and joint
replacement surgeries in India**



N. Vaidya

8.00 p.m. **Dinner at Ratskeller**

please register because of limited capacity

Program

SATURDAY, APRIL 21, 2012



8.30 a.m. Start of Registration

9.30 a.m. **Welcome address**



G. Fieseler
K. Burhenne, Mayor Hann. Münden

9.45 a.m. **Why do some people need smaller knee
joints in replacement?**



The concept of the MAXX knee prosthesis
A. Shah

10.30 a.m. **Sports – typical stress and potential
injuries for feet and ankles**



A. Marques

11.00 a.m. Coffee break

11.15 a.m. **Knee pains after sports –
potential causes and consequences**



G. Fieseler

11.45 a.m. **The hip-arthroscopy and its
therapeutic capabilities**



D. Hinder

12.15 p.m. **Endoprosthesis at knee and hip joints –
what about sports?**



M. Schramm

12.45 p.m. **Shoulder pain after sports,
therapeutical aspects**



S. Mengel

1.15 p.m. Lunch break



Talks will be held in German with simultaneous translation



Talks will be held in English



Seminars

SATURDAY, APRIL 21, 2012



2.30–5.00 p.m. Seminar I

Handball – training plans, performance diagnostics, typical handball injuries

2.30 p.m. **Welcome address**

G. Fieseler, M. Heiter

2.35 p.m. **Specific vs. non-specific performance diagnostics in handball – benefit & significance for pre-season training (training monitoring)**

R. Schwesig

3.15 p.m. **Handball – specific performance tests in 2011 at TG 1860 Munden**

P. Jungermann

3.45 p.m. **Preparing for the season – how we make our plans**

M. Heiter

4.00 p.m. **Medical support in handball sports**

M. Heiter

4.15 p.m. **Treatments of injuries from the sidelines**

M. Heiter

4.30 p.m. **Typical handball injuries and their treatment**

G. Fieseler

5.00 p.m. **Final discussion and close of symposium**

Seminars

SATURDAY, APRIL 21, 2012



2.30–5.00 p.m. Seminar II

Helpful things to know about surgical and medical practice

2.30 p.m. **Welcome address**

A. Grieben

2.35 p.m. **Integrated patient care**

C. Jaworski

3.00 p.m. **Day care surgery in integrated care**

A. Grieben

3.20 p.m. **Organization of day care surgery**

R. Wedekind

3.40 p.m. **Medical consulting and more... German medical fee schedule**

A. Grieben

4.00 p.m. **Hands – on workshop**

Instruktors: St. Plenge, ZOC Team

- Working with bandages, orthosis, and orthopedic instruments
- Prosthesis, anchors, screws and instruments in OR
- Practical exercises at knee and shoulder model

5.00 p.m. **Final discussion and close of symposium**





2nd Sport Orthopedic Symposium

SPEAKER

Dr. Georg Fieseler

Center for Orthopedic Surgery (ZOC)
Burckhardtstrasse 60
34346 Hann. Muenden, Germany

Annette Grieben

Center for Orthopedic Surgery (ZOC)
Burckhardtstrasse 60
34346 Hann. Muenden, Germany

Mario Heiter

Physical Therapy Center
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34346 Hann. Muenden, Germany

Dr. David Hinder

Orthopedic Surgery
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Christian Jaworski

Medical networks CJ GmbH & Co KG
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Philipp Jungermann

Center for Orthopedic Surgery (ZOC)
Burckhardtstrasse 60
34346 Hann. Muenden, Germany

Dr. Antonio Marques

Orthopedic Surgery,
Specialized on Foot and Ankle Surgery
Alter Markt 9-13
42275 Wuppertal, Germany

Dr. Stefan Mengel

Orthopedic Surgery Kommedico
Weckerlestrasse 1
83278 Traunstein, Germany

2nd Sport Orthopedic Symposium

SPEAKER



Stefan Plenge

Orthopädietechnik, Sanitätshaus Deppe
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37154 Northeim, Germany

Dr. Markus Schramm

Orthopedic Surgery at Hospital Rotenburg
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36039 Rotenburg/Fulda, Germany

PD Dr. Rene Schwesig

Dept. Sports Medicine at the university of Halle/
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Von-Seckendorff-Platz 2
06120 Halle (Saale), Germany

Dr. Asit Shah

Englewood Orthopedic Associates
401 So Van Brunt St.
Englewood NJ 07631, US

Dr. Narendra Vaidya

Department for Orthopedic & Trauma Surgery
Lokmanya Hospital Churchwod
411033 Pune, Maharashtra, India

Prof. Dr. Klaus Voelker

Institute for sports medicine at the University Muenster
Horstmarer Weg 39
48149 Muenster, Germany

Ramona Juliane Wedekind

Center for Orthopedic Surgery (ZOC)
Burckhardtstrasse 60
34346 Hann. Muenden, Germany



2nd Sport Orthopedic Symposium
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spirit of excellence



2nd Sport Orthopedic Symposium
INFORMATION



Organizer

Dr. Georg Fieseler
Center for Orthopedic Surgery (ZOC)
Burckhardtstrasse 60
34346 Hann. Muenden
Internet www.zoc-hann-muenden.de



Date

April, 20–21, 2012

Venue

Town Hall, City Hann. Muenden
Lotzestrasse 2
34346 Hann. Muenden, Germany



Organisation

Congress Compact 2C GmbH
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CME

9 CME Points

Patronage

Society for Orthopaedic Traumatologic Sports
Medicine – GOTS



Internet

www.sport-symposium.de

* Press date



2nd Sport Orthopedic Symposium
PARTICIPATION AND HOTEL

Participation fee	until March 31, 2012	after
Doctors	90 EUR	110 EUR
Physical therapists	60 EUR	80 EUR
Med. professionals	30 EUR	50 EUR
Other	30 EUR	50 EUR

Seminar I or II – Saturday, April 21, 2012

Doctors	40 EUR
Physical therapists	20 EUR
Med. professionals	20 EUR
Other	20 EUR

Hotels

Visit website www.sport-symposium.de or
www.hann.muenden-tourismus.de

2nd Sport Orthopedic Symposium
GETTING THERE

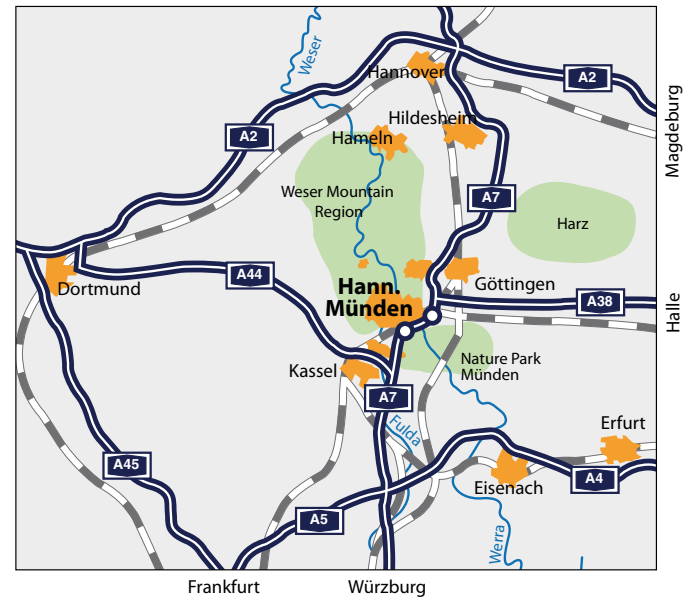


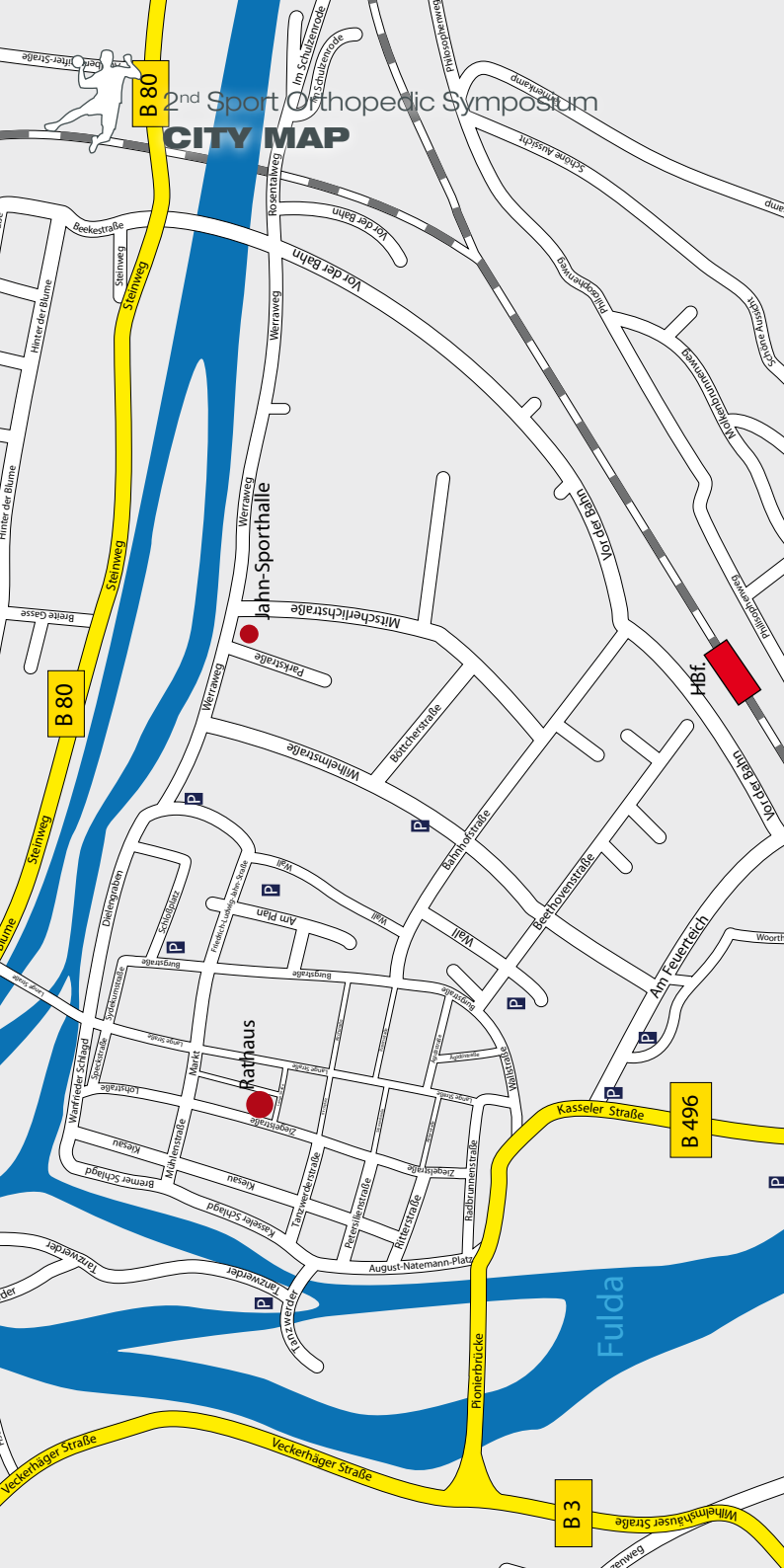
By car

A7 – Exit Hann. Muenden Hedemuenden or
Staufenberg-Lutterberg

By rail

Hann. Muenden Railway Station





2nd Sport Orthopedic Symposium
CITY MAP



2nd Sport Orthopedic Symposium
REGISTRATION

Please fill in the registration form and send back by fax to +49 30 32708234, or register via online form: www.sport-symposium.de

Participant

title	academic title
surname	first name
dept.	
street, no.	
zip, city	
phone	fax
email	

Participation fee	until March 31, 2012	after
<input type="checkbox"/> Doctor	90 EUR	110 EUR
<input type="checkbox"/> Physical therapist	60 EUR	80 EUR
<input type="checkbox"/> Med. professional	30 EUR	50 EUR
<input type="checkbox"/> Other	30 EUR	50 EUR

Seminars – April 22, 2012

	<input type="checkbox"/> Seminar I	<input type="checkbox"/> Seminar II
Doctor		40 EUR
Physical therapist		20 EUR
Med. professional		20 EUR
Other		20 EUR

Dinner

I will take part at Dinner – Friday, April 20, 2012

Accompanied by

City, Date, Signature



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