

COMPLETING THE MENTAL STATUS EXAM

Please select a date & location:

FT. WAYNE - May 27

TOLEDO - May 28

ANN ARBOR - May 29

GRAND RAPIDS - June 24

LANSING - June 25

STERLING HEIGHTS - June 26

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| 2 to 4** | \$169 ea. | \$189 ea. |
| 5 or more** | \$149 ea. | \$169 ea. |

*Registrations received 10 days prior to seminar date.
**Price per person when registering at the same time.

I'd like the Course DVDs with my registration \$59 + \$8 S&H

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SELF-STUDY PACKAGES

[Includes course manual, self-study test, and instructions.]

Self-Study DVDs #5379 \$179 + \$8 S&H

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PAYMENT INFORMATION

of Registrants

Total \$ _____

Check Enclosed

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Payable to: Cross Country Education

Purchase Orders accepted for Live Seminars only

Credit Card: Visa / MC Discover AmEx

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Sterling Heights, MI - June 26

Lansing, MI - June 25

Grand Rapids, MI - June 24

Ann Arbor, MI - May 29

Toledo, OH - May 28

Ft. Wayne, IN - May 27

- ◆ Reduce your risk of negative ethical and legal implications that can result from incorrect completion of the Mental Status Exam (MSE)
- ◆ Quickly assess for suicide and violence
- ◆ Learn which tools to employ in various scenarios, including: the Folstein Test/Mini Mental Status Exam, St. Louis University MSE, Suicide/Self-Harm Scale, CIWA, and ACUTE[©]
- ◆ Assess and understand psychotic symptoms including the differing etiologies of various hallucinations, illusions, and delusions
- ◆ Make accurate differential diagnoses through correct analysis of multiple considerations: client medications, physical health conditions mimicking psychiatric, substance abuse presentations, and more

Achieve more accuracy in diagnosing child, adolescent, adult, & geriatric patients!

Completing the

MENTAL STATUS EXAM

Practical, Hands-On Lessons from the Field

INCLUDES 1 HOUR OF ETHICS DISCUSSION

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Practical, Hands-On Lessons from the Field

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Perform & Document the MSE Correctly to Improve Treatment & Liability Protection

Completing the Mental Status Exam (MSE) is the most important task assumed by any behavioral health clinician. Accurate evaluation can be difficult because psychiatric symptoms often mask life-threatening substance withdrawal and/or serious medical conditions including brain tumors, delirium, head injury, diabetes, thyroid disease, etc. However, many graduate programs do not teach clinicians enough about recognizing and differentiating such symptoms. An accurate and efficient MSE is essential to discerning the patient's true condition, developing an effective treatment plan, and, in extreme cases, saving his or her life.

This practical seminar will help attendees improve their ability to perform the MSE by teaching them critical information generally not covered in graduate school as well as the American Psychiatric Association (APA) guidelines on the necessary elements for a full examination. Instruction on proper evaluation and keys to differential diagnosis will be a central theme of the course. Included will be information on the assessment of various psychotic symptoms and how to understand their etiology, the use of drug and alcohol screens, clients' medication lists, and more. Attendees will also discover ways of quickly assessing clients at risk for suicide, homicide, and medical compromise. Additional discussion will focus on the role of various information sources for accurate assessment of patients in each age group, including lab values, family members, and medical records. Ultimately, this essential course will teach participants to perform and document the MSE correctly and efficiently to improve both clinical care and liability protection.

Course Director

TIM WEBB, MAEd, LPC, is the founder and CEO of The FOCUS Group, PLLC, where he provides clinical consultation services, delivers trainings, and is developing an outpatient private practice. He has provided emergency assessment and intervention services in emergency rooms, psychiatric hospitals, mental health centers, jails, detention centers, outpatient settings, and clients' homes. Both as the author of *FOCUS on Safety* and as the former Intake Director for an inpatient psychiatric treatment facility, Mr. Webb developed state-of-the-art assessment tools, interventions, and safety plans for working with suicidal, violent, and psychotic patients. Additionally, through his work as a consultant for Meridian Behavioral Health, he is assisting in the development of a Sexually Abusive Youth (SAY) residential treatment program in the New Orleans area.

As a nationally recognized speaker with 25 years of experience in emergency mental health and treatment services, Mr. Webb has taught classes on emergency mental health, completing the Mental Status Exam, managing aggression in clinical settings, and assessing and intervening with suicidal patients. A martial arts instructor, he developed the Stay Safe system of protection for human services professionals. Mr. Webb has been a featured speaker for the National Adolescent Perpetrators Network (NAPN, 2014), North Carolina LPC Conference, and has served on the North Carolina Department of Health and Human Services Task Force on Reducing Behavioral Health ED Wait Times. Formerly the Vice-Chairman of the North Carolina Association for the Management and Treatment of Sex Offenders, he served on the North Carolina Governor's Task Force on Juvenile Sex Offenders. Mr. Webb earned his Bachelor of Arts degree from the University of North Carolina and his Master of Education (Counseling) degree from Wake Forest University. He receives enthusiastic reviews from seminar participants for his practical, interactive presentation style. To order FOCUS on Safety or other educational offerings by Mr. Webb, visit www.CrossCountryEducation.com.

Who Should Attend

- Psychologists
- Psychiatrists
- Emergency Medicine MDs, PAs, NPs, and Nurses
- Intake Coordinators
- Nurses
- Mobile Crisis Teams
- Social Workers
- Counselors
- Marriage and Family Therapists
- Psychiatric Nurse Practitioners
- Case Managers
- Emergency Medical Technicians
- School Counselors
- Corrections Officers
- Law Enforcement
- Pastoral Counselors/Clergy
- Alcoholism and Drug Abuse Counselors

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Seminar Schedule

Registration: 7:30 a.m. (coffee & tea provided)
Seminar Begins: 8:00 a.m.
Lunch Break: 1 hour (on your own)
Seminar Ends: 3:30 p.m.

Arriving late or leaving early?

Please see "Amended Certificate" information under CONTINUING EDUCATION CREDIT section of this brochure.

Mr. Webb has a great, relaxed, and warm style of presentation coupled with a rich knowledge and experience. The course was enjoyable and highly informative!

William L., PhD, Fresno, CA

Dates & Locations

FT. WAYNE - May 27, 2015
Hilton Ft. Wayne Convention Center
1020 S Calhoun St, Ft. Wayne, IN 46802 260-420-1100

TOLEDO - May 28, 2015
Radisson Hotel at The University of Toledo
3100 Glendale, Toledo, OH 43614 419-381-6800

ANN ARBOR - May 29, 2015
Holiday Inn North Campus
3600 Plymouth Rd, Ann Arbor, MI 48105 734-769-9800

GRAND RAPIDS - June 24, 2015
DoubleTree Grand Rapids Airport
4747 28th St SE, Grand Rapids, MI 49512 616-957-0100

LANSING - June 25, 2015
Ramada Lansing Hotel & Conference Center
7501 W Saginaw Hwy, Lansing, MI 48917 517-627-3211

STERLING HEIGHTS - June 26, 2015
Hyatt Place Detroit Utica
45400 Park Ave, Utica, MI 48315 586-803-0100

What You Will Learn

- Utilize multiple sources of information in considering differential diagnoses
- Assess psychotic symptoms and determine if they indicate psychiatric, substance abuse, or medical illness
- Administer evaluative tools appropriately and understand their utility
- Determine which questions to ask, observations to make, and elements to assess according to American Psychiatric Association guidelines
- Evaluate risk for suicide and violence quickly and effectively
- Differentiate mental health conditions from substance abuse and medical presentations
- Discuss the professional, ethical, and legal guidelines to be followed when conducting the MSE and recommending treatment

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COURSE CONTENT

COMPONENTS OF A MORE COMPREHENSIVE MENTAL HEALTH SCREENING

- ◆ Sources of information
 - client medication list
 - family members and friends
 - alcohol and drug screens
 - other providers
 - medical records
- ◆ Documentation
- ◆ Special populations
 - children
 - adolescents
 - adults
 - geriatrics

ASSESS & UNDERSTAND PSYCHOTIC SYMPTOMS

- ◆ Importance of distinguishing auditory hallucination type
- ◆ Relationship of visual hallucinations and medical conditions
- ◆ Hallucinations and substance abuse
- ◆ Importance of type of delusions on differential diagnosis
- ◆ Recognizing the over-medicated patient
- ◆ Determining legal competency to make decisions
- ◆ Case studies and scenarios

KNOWING WHICH TOOLS TO EMPLOY

- ◆ Using and scoring common evaluative tools
 - St. Louis University Mental Status Examination (SLUMS)
 - Folstein Test/Mini-Mental Status Exam (MMSE)
 - Clinical Institute Withdrawal Assessment (CIWA)
 - Suicide/Self-Harm Scale
- ◆ The utility of ACUTE©
- ◆ Tools developed by speaker

APA GUIDELINES ON NECESSARY ELEMENTS

- ◆ Differences in mood and affect
- ◆ When to ask open-ended vs. closed-ended questions
- ◆ When to become more directive, structured, and observational
- ◆ Speech abnormalities and differential diagnosis
- ◆ Role of sleep and mood
- ◆ Role of appetite and mood

SUICIDE & VIOLENCE

- ◆ Which clients are at greatest risk
- ◆ Questions to ask
- ◆ Most salient risk factors
- ◆ Assess the role of planning
- ◆ Lethality assessments
- ◆ Legal and ethical obligations
- ◆ Case studies and scenarios

SUBSTANCE ABUSE VS. MENTAL HEALTH PRESENTATIONS

- ◆ Mania or stimulant abuse?
- ◆ Acute substance withdrawal vs. psychosis
- ◆ Recognizing Post Acute Withdrawal Syndrome
- ◆ Which substances mimic common psychiatric presentations?
 - mania
 - depression
 - schizophrenia
- ◆ Case studies and scenarios

MEDICAL VS. MENTAL HEALTH PRESENTATIONS

- ◆ Basic laboratory studies
- ◆ Symptoms and etiology of delirium
- ◆ Visual hallucinations and medical illness
- ◆ Illusions and medical illness
- ◆ Conditions manifesting psychiatric symptoms
 - urinary tract infections
 - thyroid abnormalities
 - glucose conditions
 - tumors
- ◆ Case studies and scenarios

ETHICS & APPLICATION

- ◆ Ethical considerations
- ◆ Defensible Documentation
 - ethical concerns
 - protecting against liability

Continuing Education Credit

If you do not see your respective state listed, please review your rules/regulations as many states have reciprocal agreements with other state boards/associations.

Alcoholism and Drug Abuse Counselors: Cross Country Education is an approved provider by NAADAC Approved Education Provider Program (Provider #369). This course is offered for 6 contact hours.



Case Managers: This program has been pre-approved by The Commission for Case Manager Certification to provide continuing education credit to CCM® board certified case managers. The course is approved for 6 CE contact hour(s). Activity code: S00012429 Approval Number: 140002447. To claim these CEs, log into your CE Center account at www.ccmcertification.org.

Counselors and Marriage & Family Therapists: Cross Country Education has been approved by NBCC as an Approved Continuing Education Provider, ACEP No. 5904. Programs that do not qualify for NBCC credit are clearly identified. Cross Country Education is solely responsible for all aspects of the programs. Six (6) contact hours are being awarded for completion of this program.



Ohio: Cross Country Education is approved through the State of Ohio Counselor, Social Worker and Marriage and Family Therapist Board (provider #RCT091001). This program is offered for six (6) clock hours of continuing education for counselors and marriage family therapists. Licensed counselors and marriage and family therapists in other states should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal.

Nurse Practitioners: Cross Country Education is accredited by the American Association of Nurse Practitioners as an approved provider of nurse practitioner continuing education. Provider number: 060313. This program was planned in accordance with AANP CE Standards and Policies and AANP Commercial Support Standards. This course is offered for 6.0 contact hours.



Nurses: Cross Country Education, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. This course is offered for 6 contact hours.



California: Cross Country Education is approved by the California Board of Registered Nursing, Provider #CEP 13345, for 7.2 contact hours.

Florida: Cross Country Education is an approved provider by the Florida Board of Nursing, provider #50-466. This course is offered for 6.0 contact hours.

Iowa: Cross Country Education is an approved provider with the Iowa Board Of Nursing, approved provider #328. This course is offered for 7.2 contact hours.

Physician Assistants: This program has been reviewed and is approved for a maximum of 6 hours of AAPA Category 1 CME credit by the Physician Assistant Review Panel. Physician assistants should claim only those hours actually spent participating in the CME activity. This program was planned in accordance with AAPA's CME Standards for Live Programs and for Commercial Support of Live Programs.



Psychologists: Cross Country Education is approved by the American Psychological Association to sponsor continuing education for psychologists. Cross Country Education maintains responsibility for this program and its content. This program offers 6 CE credits for psychologists. Full attendance is required to receive credit for psychologist, variable credit for partial attendance may not be awarded based on the APA guidelines.

Social Workers: Cross Country Education provider #1005, is approved as a provider for social work continuing education by the Association of Social Work Licensure Boards (ASWB), through the Approved Continuing Education (ACE) Program (an approved provider since 1999, approved through 1-27-15). Cross Country Education maintains responsibility for the program. Social workers will receive 6 continuing education clock hours for participating in this course. Licensed social workers should contact their individual state jurisdiction to review the current continuing education requirements for licensure renewal. Visit ASWB's website at www.aswb.org for more information.



Ethics: This educational offering is offered for 6 hours of continuing education of which 1 hour includes discussion of ethics issues.

Other Professions: This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All Professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Amended Certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Cross Country Education.

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made.

Confirmations & Cancellations

Cancellations received at least five working days before the event are refundable, minus a \$20 cancellation fee. Cancellations received less than five days from the event date will be issued a credit voucher to use toward a future event or product order. If you are registered and do not attend an event, you are still liable for full payment. Substitutions can be made at any time. A refund or voucher will be issued to any participant who is registered to attend a seminar that is cancelled by Cross Country Education, LLC. Any returned CDs/DVDs and course materials must be received in original condition for a voucher or replacement is issued. Registrants will receive a certificate once payment is received and course is successfully completed. If payment is not received 10 days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned marked NSF it will be re-presented electronically and a processing fee will be charged as allowed by law.

Our Guarantee

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