

PIECING TOGETHER THE PARKINSON'S PUZZLE: MAXIMIZING FUNCTION & IMPROVING INTERVENTION

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PIECING TOGETHER THE PARKINSON'S PUZZLE

Maximizing Function & Improving Intervention

Using Evidence to Support Intervention and Maximize Function

Treating the unpredictable neurological progression that is Parkinson's disease (PD) can seem random, complex, and overall difficult to manage. PD presents a host of challenges, such as changes in motor control and posture, onset of tremors, inability to initiate purposeful movement, and the mimicking of the disease from prescription drugs. Therapists have addressed such complications with traditional techniques such as movement-based approaches and compensatory strategies. However, there's been an influx of evidence related to PD interventions showing effective methods and tools used by rehab professionals. Let a seasoned OTD, Robyn Otty, show you how cognitive rehabilitation, movement-based and non-traditional interventions fit together to influence a client's posture, dynamic balance, initial movement, and ADLs. Review the most up-to-date literature and medical management to form successful outcomes with this population that can be used the very next day.



ROBYN OTTY, OTD, MEd, OTR/L, BCPR, is a registered, licensed, and certified Occupational Therapist with 22 years of clinical experience. She received her Bachelor of Science degree in Occupational Therapy from San Jose State University in 1994, earned a clinical Occupational Therapy doctorate (OTD) from Loma Linda University in 2010, and received Board Certification in Physical Rehabilitation (BCPR) in 2012. Dr. Otty is an associate professor at Touro University Nevada and has taught professionally since 2007. Her clinical experience includes working with pediatric, adult, and older populations with varying disabilities in different settings including inpatient and outpatient settings. Additional research background includes examination of how occupational therapists can provide services within acute-care settings. Dr. Otty brings a wealth of experience to the classroom. Using a combination of lecture and hands-on experiences, her presentation will be sure to engage and provide multiple "take-home" ideas to enact the following week.

Connect with Us!



PIECING TOGETHER THE PARKINSON'S PUZZLE

Maximizing Function & Improving Intervention

- ◆ Review the latest medical management techniques that optimize a client's function
- ◆ Create practical intervention solutions to enhance activities of daily living
- ◆ Use traditional and non-traditional approaches to influence movement quality
- ◆ Design safe environments that encourage movement and minimize secondary complications
- ◆ Maximize reimbursement and minimize insurance denials with better documentation

Nashville, TN - Apr 21
Knoxville, TN - Apr 22
Asheville, NC - Apr 23

Up to 6 CE hours available*

*Depending on profession. See details inside.



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Seminar Schedule

Registration: 7:30 a.m. *(coffee & tea provided)*
Seminar Begins: 8:00 a.m.
Lunch Break: 1 hour *(on your own)*
Seminar Ends: 3:30 p.m.

Arriving late or leaving early?

Please see "Amended Certificate" information under CONTINUING EDUCATION CREDIT section of this brochure.

COURSE CONTENT

PARKINSON'S DISEASE OVERVIEW

- ◆ Latest research
- ◆ Etiology (genetics and environmental influences)
- ◆ Medical management
- ◆ Postural influence and associated fall risk
- ◆ Motor complications

EVIDENCE-SUPPORTED ASSESSMENT TOOLS & EFFECTIVE DOCUMENTATION

- ◆ Assessment tools for:
 - Quality of movement
 - Posture
 - Falls
- ◆ Mini-rotation
- ◆ Best-practice documentation strategies for skilled intervention

THERAPEUTIC APPROACHES: TRADITIONAL AND NON-TRADITIONAL

- ◆ Improving dynamic balance, posture, ADLs, and initiation of movement
- ◆ Movement-based interventions
 - Evidence-supported movement-based programs
- ◆ Cognitive approach to improve dynamic balance and ADLs
 - External cuing
- ◆ Non-traditional interventions
 - Tai Chi
 - Yoga
 - Video games
 - Dance
 - Visualization

COMMUNITY OPTIONS

- ◆ Options to support clients and caregivers impacted by PD

HANDS-ON LAB

- ◆ Interactive Class Rotation: Session I
 - Tai Chi/Yoga
 - Adaptive equipment
 - Cognitive rehabilitation techniques
 - Tools for assessment
- ◆ Interactive Class Rotation: Session II
 - Task-based approach
 - Movement-based approaches
 - Documentation station (case application)

Dates & Locations

NASHVILLE - Apr 21, 2016

Cross Country Education - Horizon Center
9020 Overlook Blvd, Suite 130, Brentwood, TN 37027
615-331-4422

KNOXVILLE - Apr 22, 2016

Holiday Inn Knoxville West
9134 Executive Park Dr, Knoxville, TN 37923
865-693-1011

ASHEVILLE - Apr 23, 2016

Four Points by Sheraton Asheville
22 Woodfin St, Asheville, NC 28801
828-253-1851

REGISTER NOW!

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What You Will Learn

- ◆ Review the progression of Parkinson's Disease (PD) and latest medical management techniques to manage PD symptomology
- ◆ Examine evidence-supported therapeutic methods to positively influence clients with PD
- ◆ Experience interactive therapeutic activities, strategies, and equipment to support clients with PD
- ◆ Enhance documentation skills by reviewing best practices to minimize insurance denials

Who Should Attend

- ◆ Physical Therapists
- ◆ Physical Therapist Assistants
- ◆ Occupational Therapists
- ◆ Occupational Therapy Assistants
- ◆ Skilled Nursing Clinical Staff
- ◆ Assisted Living Clinical Staff
- ◆ Recreational Therapists
- ◆ Activity Coordinators
- ◆ Caregivers of clients with PD

What You Should Bring

- ◆ Dress in comfortable clothing for interactive labs



"The manner in which Dr. Otty incorporated a testing item, therapeutic activities (that were fun), and documentation tips into her presentation was clever. Her lecture tied everything together, from beginning to end."

Sarah Spaethe, OTR/L
Fenton, MO

Confirmations & Cancellations

Confirmations of registration are sent via email within three days of receipt in our office. Add customerservice@crosscountryeducation.com to your email address book to ensure delivery. **If you have not received a confirmation, you may call our office at 800-397-0180 or 615-331-4422 to verify registration.** Cancellations received at least five working days before the event are refundable less a \$20 administrative charge per registrant. There is no refund for cancellations received later; however, a credit will be issued toward a future event or product order. Please note that if you register and do not attend, you are still liable for full payment. Substitutions may be made at any time. A refund or voucher will be issued to any participant who is registered to attend a seminar that is cancelled by Cross Country Education. If payment is not received 10 days prior to the seminar, the certificate may not be present at the seminar. If your payment is returned marked NSF it will be re-presented electronically and a processing fee will be charged as allowed by law.

Our Guarantee

If you are not satisfied after participating in one of our programs, please let us know in writing within seven days and we will issue a credit voucher for you or anyone in your facility to use toward another seminar, audio, video, or online product. Returned audio and video products/materials must be received in original condition before a voucher or replacement is issued. You may contact us at Cross Country Education, P.O. Box 200, Brentwood, TN, 37024.

CONTINUING EDUCATION CREDIT

If you do not see your respective state listed, please review your rules/regulations as many states have reciprocal agreements with other state boards/associations.

Occupational Therapists, Occupational Therapy Assistants:

Cross Country Education is an AOTA Approved Provider of continuing education. This course is offered for .6 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. AOTA Educational level Introductory, Category 2: Occupational Therapy Process.



Physical Therapists, Physical Therapist Assistants:

Kentucky: This program has been submitted to the Kentucky Physical Therapy Association for approval of 6 contact hours.
North Carolina: NCBPTE approval by virtue of approval by The New York State Education Department, Office of the Professions, State Board for Physical Therapy licensure board or state APTA chapter Approval good through 8/31/2018.
Tennessee: This program has been submitted to the Tennessee Physical Therapy Association for 6.0 contact hours.

Recreation Therapists: NCTRC does not pre-approve programs for CEU credit. It is the individual therapist's responsibility to retain documentation of sessions attended in order to demonstrate the relationship of session content to the NCTRC job analysis code.

Other Professions: This educational offering qualifies for 6 continuing education hours as required by many national, state and local licensing boards and professional organizations. Save your course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

All Professionals: In order to process continuing education, please bring the appropriate license/certification number to the seminar.

Certificates, Educational Offering Completion Requirements: Certificates will be awarded upon receipt of payment and successful completion of the educational offering and evaluation form.

Amended Certificates: Please note that the credit hours listed above are offered by Cross Country Education and/or boards/associations for a full day's attendance. In the event of late arrival and/or early departure, amended certificates indicating the actual number of credit hours earned will be provided upon calling Cross Country Education.

ADA: If you require ADA accommodations, please contact Cross Country Education at least two weeks before the seminar date or prior to purchasing any online or distance learning products so that arrangements can be made.