



A Level Physical Education

Introduction

A Level PE! An excellent choice. This is an exciting course that will challenge you academically and physically and progression onto A Level PE will require at least 5 GCSEs, or equivalent, at grade C or above and you need to be physically fit and preferably have a grade C or above at GCSE PE. Please talk to the Head of Department if you are interested in this subject.

Career Prospects

PE is relevant to our life and has superb links to future career opportunities including further study at Higher Education, Health and Fitness industry, specialist PE teaching and sports coaching, armed services (Army, Navy, Air Force) and public services (Police, Fire and Ambulance), Nursing and Medicine.

AS (Year 12)

You will learn more about the human body (physiological), how we learn skills (psychological) and current sports issues (contemporary studies).

A2 (Year 13)

You will extend your knowledge and understanding of how different systems of the body work (Exercise Physiology), how the mind can influence your performance (Sports Psychology) and the growth and development of Physical Education and sport (Historical Studies).

A Level PE consists of 2 components AS (year 12) and A2 (year 13). Assessment overall in both components is:

65% Theoretical (Examination) x 2 written examinations

35% Practical (Coursework) x 2 activities



A Level PE Course Overview

AS / A2	Unit Code	Staff Code	Unit Title	Max.	Assessment	Date of Assessment
AS H154	G451	Miss Hill Mrs Welborn Miss Place	An introduction to Physical Education Section A : Anatomy and Physiology Section B : Acquiring Movement Skills Section C : Socio-Cultural Studies relating to participation in physical activity	90 Marks 60% of AS 30% of A level	Exam 2 Hours	June
	G452	Miss Hill	Acquiring, developing and evaluating practical skills in Physical Education	80 Marks 40% of AS 20% of A Level	Coursework	June
A2 H554	G453	Miss Hill Mrs Welborn Miss Place	Principles and concepts across different areas of Physical Education (Candidates study 3 of the 5 possible options, at least 1 option from Section A) Section A : Socio-Cultural options Option A1 Historical Studies Option A2 Comparative Studies Section B : Scientific Options Option B1 : Sports Psychology Option B2 : Biomechanics Option B3 : Exercise and Sport Physiology	105 Marks 70% of A2 35% of A Level	Exam 2.5 Hours	June
	G454	Miss Hill	The improvement of effective performance and the critical evaluation of practical activities in Physical Education	60 Marks 30% of A2 15% of A Level	Coursework	June