FOLKESTONE RUNNING CLUB

PRESENT THEIR 10 MILE RACE ALONG THE PROM ON GOOD FRIDAY



6TH APRIL 2012 @ 11AM

INCORPORATING THE 2012 KENT 10 MILE CHAMPIONSHIP & KENT GRAND PRIX SERIES

KINDLY SPONSORED BY

**INDEPENDENT INSURANCE SERVICES TEL: 01303 221188 **

First Male £100 First Female £100. Cash prizes to other categories.

MEDALS TO ALL FINISHERS.

RACE HQ Hythe Community School, Cinque Ports Avenue, Hythe. CT21 6HS. START & FINISH is on The Green adjacent to the school.

PARKING: The Green will be available for off road parking.

To minimise disruption to our neighbours, please do not park in Cinque Ports Ave.

Please note this race is not suitable for wheelchairs because of the two laps on the Green to start the race.

TOILET FACILITIES Available at Race HQ.

ENTRY FEE: £13.00 for affiliated runners £14.00 on the day entry

£15.00 for unattached runners £16.00 on the day entry

(Non-refundable. Race numbers are non-transferable)

AGE LIMITS: 17 years on the day.

UKA RULES License number 2012-103269



FOLKESTONE RUNNING CLUB

"FOLKESTONE 10" ENTRY FORM

6th APRIL 2012 @ 11.00 AM

SURNAME	
FIRST NAME	
ADDRESS	
POSTCODE	
CLUB	
UKA License	(All affiliated entrants must be individual members of England Athletics)
DATE OF BIRTH	
MALE FEMALE	☐ (Tick one box please)
AGE ON RACE DAY	
TELEPHONE	[Emergency contact]
EMAIL ADDRESS	
Tick box if you wish to	enter the KENT CHAMPIONSHIP (www.kcaa.org.uk for full eligibility rules)
	Personal data will not be passed onto third parties and in accordance with legislation; information held in request (e.g. emergency services).
organisers can in no way be hevent. I consent to Folkeston administration and notifying	estone 10' race 2012. I declare that I am fit to run and enter at my own risk. I fully understand that the neld responsible for any injury, loss incurred to my person or belongings during or as a result of the ne Running Club holding personal data from this entry on computer only for the purposes of race me of further Folkestone Running Club events. I understand that the fee is non-refundable and that race. Race will take place subject to weather conditions.
-	
	Date/
realbuzz healthy activ	.com e living

Send entry form and payment with stamped, A4 sized, addressed envelope to: - John Thompson, Race Director, Highview, Longage Hill, Rhodes Minnis, Canterbury.

Kent. CT4 6XT
Postal entries to be received by Monday 2nd April 2012.

Cheques payable to "Folkestone Running Club",

OFFICIAL USE