

# FORM 1

## PRECOURSE SELF-ASSESSMENT AND GOAL SETTING

After completing this page, make a copy and give it to your small group facilitator on  
August 3, 2015

Your Name: \_\_\_\_\_

Undergraduate College:

Year of Graduation:                      Major(s):

- A. **Self Assessment:** Using the definitions below, indicate your current level of understanding (proficiency) for each of the 5 broad Medical Knowledge topics covered in MCBG (see Course Description) by placing an "X" in the appropriate box.

Definitions:

**Novice** - little or no exposure to terminology or content knowledge in this area;

**Advanced Beginner** - knowledge of terminology and basic concepts; can solve problems with help from source books; beginning to search for underlying reasons; uncertain when explaining basic concepts to others;

**Competent** - significant experience applying knowledge to solve common problems and analyze data without help from source books; requires consultation for complicated problems; generally able to explain basic concepts to others;

**Proficient** - able to apply knowledge to solve problems and analyze data in unfamiliar contexts; acts as consultant to others.

Level	Protein Structure & Function	Molecular Biology	Medical Genetics	Cell Biology
Novice				
Adv. Beg.				
Competent				
Proficient				

- B. Please describe your past learning and experience related to these content areas.

[illegible]

- C. Please describe any training and/or significant experience related to Interpersonal and Communication Skills, Professionalism, and Lifelong Learning/Problem Solving you have had.

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- D. Please describe **YOUR goals and expectations at this time** for each of the **4 Competency Goals** for this course.

**1. Medical Knowledge:**

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**2. Interpersonal and Communication Skills**

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**3. Professionalism, Moral Reasoning, and Ethical Judgment**

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**4. Lifelong Learning, Problem-solving, and Personal Growth**

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