

Volume 4, Issue 1

January 2010



TOWN OF BRIGHTON RECREATION & PARKS DEPARTMENT

REC READER

Together Building a Fun, Fit,
Community

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RECREATION DEPARTMENT ONLINE NEWSLETTER

Welcome to the Town of Brighton Recreation and Parks Department and to the monthly *Rec Reader* online Newsletter!

Happy New Year!

It is hard to believe it is January and already the Winter/Spring 2010 Brochure is out and registration is starting today! We would like to remind you to hold onto this brochure as it includes programs from January through June!

The Recreation Staff have been hard at work developing programs that will better meet the needs of you and your family. We would like you to note all the new programs, as well as the numerous other offerings now available Afterschool and on the weekends. We hope that these programs and times will allow you to participate in many of the great Recreational opportunities available to you in 2010!

With this edition of the Rec Reader we have added a Volunteer Recognition segment to highlight the many unsung heroes without whom our programs would not be possible. Additionally, we have not chosen just one program to highlight but have listed all the programs that will be starting in January. Please be sure to reference the complete brochure or call our office for more information on any of the programs you see listed!

As always, if you have any feedback please email us at:

brighton.recreation@townofbrighton.org.

The Recreation Department would like to wish you and your family a warm and happy holiday season and remind you that "Together we can Build a Fun, Fit, Community!"

~Your Recreation Staff



WINTER / SPRING TOWN NEWSLETTER & RECREATION BROCHURE

Resident Registration begins: Tuesday, January 5th

Non-Resident Registration begins: Monday, January 11

We will also be accepting registrations on

Saturday January 9th from 10:00—11:00 am

at the Recreation Department Open House. See pg. 3 for more information!

REGISTRATION INFORMATION:

- Fill out forms completely, only ONE FAMILY per registration form (all others will be returned).
- Register early. Classes are cancelled based on registration numbers one week prior to start of each class.
- Any person with special needs should register at least 10 days prior to the start date of class so accommodations can be made. Requests made with less than 10 days notice may not be accommodated.
- Registration forms will be returned to you without being processed if they are un-signed, incomplete, not legible, and / or have incorrect payment (we will not hold a space in the class for you).

INSTRUCTOR HIGHLIGHT: Lanni Maszerowski “Pinky”

I'm known by many names in Brighton—at Brighton Rec it's usually Lanni, but some kids call me Pinky, and a few call me Louise (a long story!). At BCSD schools it's usually Miss Masz, because kids seem to have trouble saying Maszerowski... can't say that I blame them! I have been working at Brighton Rec since 2006, but have been attending the programs and classes since preschool. Now as a junior at SUNY Geneseo (majoring in Childhood Education) I direct the French Road Playground Camp during the summer, I work special events, and I teach classes for children of all ages.

I have five upcoming classes for children. Each centers around something I have an interest in. My preschool-age program, Make & Wear, is a craft program that I based on my love for making crafts that I can wear. My Trash to Treasures program is an elementary school-age program using the idea of using recyclable items in craft projects, and also teaches about how important recycling is. My other craft program, Duct Tape Mania, is a middle school-age that shows participants how to make cool



things out of duct tape, something that I've enjoyed doing since I was middle school. I am also doing two special event programs. The first is a introductory Pajama

Party for children that are ready to learn the basics about having or going to a sleepover. This will be great for children (or parents!) that are nervous about their first sleepover. And my last program is the one I am most excited for—the Erie Canal Bike Exploration on May 15th. I have become extremely interested and involved in both cycling and the history of the Erie Canal over the past year, so I hope to see lots of smiling kids with their bikes! Participants will bike from the Brighton Town Park to Lock 32 and back (about eight miles) while learning about bike safety, canal rules, and why biking is great for exercise and for fun!

I hope to see you soon!

VOLUNTEER HIGHLIGHT: KERRIE MERZ & ANN VODACEK 3rd—6th Grade Running Club

Its all about fun and fitness at this introduction to the sport of distance running, track and cross-country!

At the center of this popular program are Brighton residents and active community members Kerrie Merz and Ann Vodacek who volunteer their time to offer this program through the Brighton Recreation Department. Kerrie and Ann approached the department during the Fall of 2007 with the desire to offer a program that could teach youth the fundamentals of distance running while having fun with friends in a non-competitive club atmosphere. The program meets on Mondays and Thursdays from 5:00—6:00 pm. The hour includes; warm-ups, stretching, instruction in proper form, breathing, long runs through our park system and lots of games! The program concludes each session with a goal of running a 1-mile cross-country race! Since its inception the Running Club has become extremely popular with over 230 youth having participated.

The success of this program is directly related to Kerrie and Ann and their dedication to enriching the community! To find out more email Kerrie kmerz1@rochester.rr.com or Ann vodacekfamily@hotmail.com with any questions relating to this program.



Program #: 3140.110
Ages: 8 – 12 yrs
Days: Mondays & Thursday
Dates: Apr 26 – Jun 3
No Program: 5/31
Time: 5:00 – 6:00 pm
Fee: \$25 (6 weeks)
Location: Meridian Centre Park



PROGRAM OFFERINGS BEGINNING IN JANUARY:

The following exciting programs still have openings. We don't want them to disappear register today!

4901.110: Aqua Fitness, 1/4	2035.110: Tap, Ballet & Tumbling, 1/25	3057.110: Cardio Step Express 1/27
4902.110: Aqua Tone, 1/8	3056.110: Cardio Step Express, 1/25	3002.110: Pee Wee Tennis, 1/30
3904.110: Learn to Ski, 1/10	3400.110: Youth Wrestling, 1/25	3007.110: Future Stars & JV/Varsity Tennis, 1/30
4141.110: Make & Wear, 1/16	5007.110: Knitting, 1/25	
4845.110: Family Pickup Soccer, 1/16	5046.110: Gentle Chair Exercise, 1/25	
2012.110: Red Cross Babysitting, 1/18	3017.110: Sporty Sprouts, 1/26	
4006.110: Barracudas Swim Club, 1/19	3044.110: Yoga, 1/26	
4568.110: Toddler Time, 1/19	3068.110: Ski/Snowboard Maint, 1/26	
2039.110: Tap & Ballet, 1/20	5014.110: Painting Concepts, 1/26	
2052.110: Tap, Ballet & Hip Hop, 1/20	5018—5023: Arthritis Water Exercise	
4142.110: Slippery, Slimy—	5024.110: Fitness for Seniors, 1/26	
Ooey Goey Science, 1/23	2048.110: Crump/Hip Hop, 1/27	

See something you like? Want to find out more?

The Recreation Brochure may be downloaded from:
www.townofbrighton.org

RECREATION DEPARTMENT OPEN HOUSE: SATURDAY, JANUARY 9—10:00—11:00 AM

Join us for a morning of fun and games!

We had such a great response to our first Open House last year that we decided to do it again!

We will have instructors on hand to answer questions, do demonstrations and get you excited about participating in programs with Brighton Recreation. This interactive morning of activities will keep you and your family busy and having fun all at the same time. This event is free and open to the public. There will be light refreshments available. **Registrations will be accepted during this event.**

Displays and Program Supervisors will be available to answer your questions regarding Preschool, Youth, Adult, Senior Citizen and Aquatic Programs!

We hope you can join us!

If you have any questions please call our office at 784-5260 or email at brighton.recreation@townofbrighton.org

Brighton Recreation is located at:
220 Idlewood Rd, Rochester, NY 14618

THE JERSEY BOYS

Tickets are now on sale for the Brighton Recreation bus trip to see "The Jersey Boys" in Buffalo on May 6, 2010. This rags to riches musical details the rise to fame of Frankie Valli and the Four Seasons. Following the show, dinner will be at Salvatore's Italian Gardens. Adults of any ages are welcome to join this trip. Cost is \$149.00 and reservations can be made by calling 784-5266.

SENIOR SPOTLIGHT: Upcoming Programs & Activities of Interest

Tuesday lunch program at the Senior Center continues with Lorraine's Food Factory. Hot lunches available each Tuesday at 11:30 am. Cost is \$5 and includes an entrée, two sides, dessert and milk. Following lunch there is either a musical or informational presentation. Lunches must be ordered by the preceding Thursday by calling 784-5266.

JANUARY MENUS:

- 1/5 Vegetable soup & hot turkey sandwich w/gravy
- 1/12 Chicken French, oven brown potatoes & broccoli
- 1/19 Broccoli cheddar soup & chicken salad in a pita
- 1/26 Pot Roast, garlic mashed potatoes & corn

PROGRAMS:

- "Fish, Faith & Family"
Presentation by Ruth Lempert
- "A Fun Approach to Preventing Falls"
Presentation by Betty Perkins-Carpenter
- Music by famous African American artists
Pianist, Denver Radix
- "Spice of Life"
Presentation & sampling of spices, Jane Oakes

MORE PROGRAM OFFERINGS BEGINNING IN JANUARY:

- 4123.110: Music Fun, 1/27
- 4124.110: Tot Fitness, 1/27
- 4125.110: Jump for Joy Art & Gym, 1/27
- 4126.110: Amazing Musicians & Acro., 1/27
- 5001—5003: Bridge Classes
- 5026.110: Get Strong w/ Weights, 1/27
- 3071.110: Beginner Dog Obedience, 1/28
- 3074.110: Intermediate Dog Obedience, 1/28
- 5025.110: Fitness for Seniors, 1/28
- 2022.110: Fun, Fit, Family Fridays!, 1/29
- 3046.110: Adult Tennis Lessons, 1/29
- 3060.110: Lean Muscle Workout, 1/29
- 5088.110: Yoga: A Gentle Approach, 1/29
- 2037.110: Creative Movement, 1/30



Don't miss out on these great programs, register soon!

Programs are cancelled at least one week prior to start date.



**TOWN OF BRIGHTON
RECREATION & PARKS
DEPARTMENT**

Brookside Recreation Center
220 Idlewood Rd.
Rochester, NY 14618

Phone: 585-784-5260

Fax: 585-784-5365

TTY: 585-784-5381

Email:

brighton.recreation@townofbrighton.org

Web: www.townofbrighton.org

***Together Building
a Fun, Fit, Community!***

FACILITY RENTAL INFORMATION:

The Town of Brighton has two lodges, 3 pavilions and classrooms in the Brookside Recreation Center available to rent. Lodges and pavilions may be rented for a half day or full day; 9:30 am—3:30 pm or 4:30—9:45 pm. Classrooms are rented hourly based on the needs of your group.

Facility pricing and pictures of the lodges are available on the Website at www.townofbrighton.org.

Availability for facilities may be checked by calling the Recreation office at 784-5260 (sorry reservations may not be made over the phone).



DOWNLOAD THE COMPLETE BROCHURE AT:
WWW.TOWNOFBRIGHTON.ORG

**Town of Brighton Recreation & Parks Department / www.townofbrighton.org
220 Idlewood Rd, Rochester, NY 14618 / 585-784-5260 / TTY 585-784-5381**

Only **ONE FAMILY** per registration form. Please fill out completely!

Parent / Guardian / Self _____ E-Mail _____

Current Address _____ City _____ Zip _____ Brighton Res.? _____
All notifications will be sent to above address)

Home Phone _____ Work Phone _____ Cell Phone _____

If we need to reach you, what number should we call? Home / Work / Cell / Any (please circle)

Participant Name	M	F	Birthdate	Age	Grade	Program Name	Program #	Fee

Refund Policy / Photo Release

No refunds except when the department cancels a program or if you move before a program starts or a doctor certifies illness of a participant. A \$10.00 administration fee will be withheld on all refunds unless class is canceled. A \$15 administrative fee will be charged for all checks returned for insufficient funds.

I hereby release Brighton Recreation and any of its staff from any responsibility from any connection with this activity. I also fully realize that I must provide proper hospitalization.

I also give my consent for photos taken of my child or myself to be used by the Recreation Department for promotional material, including but not limited to our Seasonal Brochure and use on the Town Website without prior notification.

Please sign that you agree to the conditions above _____

(Parents must sign for children under 18 years old)

☐ Please check this box if you DO NOT want your
or your child's photo to be used.

Special needs/limitations/medical conditions (please include participant name)

Acceptable forms of payment:

- ☐ Cash
☐ Check
☐ VISA
☐ Master Card

Please make checks payable to
BRIGHTON RECREATION

OFFICE USE: Receipt #: _____ Date Posted: _____
Amt. Pd.: _____

Expiration Date ____ / ____

Signature _____