



Northern AZ Chapter of ADA

President: Lynn Simpson

Vice-President: Joyce Cecchini

Secretary: Emily Dolan

Treasurer: Linda Roth

Directors-at-Large: Jack Tismeer - Sue Crampton - Sondra Wilkening - Michele Renner



JULY/AUGUST 2014

From the Editor(s)

Monsoon — YESSSS! It's amazing how the few days of rain greened up our place, and we hope you're enjoying the respite from the dry weather, too.

No August NAC Board meeting; the next meeting will be held on Monday, September 8th at 6:00 p.m. at Lynn Simpson's house. As always, all NAC members are welcome. Alternate date is Thursday the 11th, so please check in with Lynn if you would like to attend.

This month, we're pleased to include Dianne Echazabal's report on Leigh Webber's Centered Riding © clinic held in July. Stay tuned for more!

You'll notice a lot of information, reports, and requests in the following pages — we're happy to have so much useful content this month. Thanks to all submitting members, and especially President Lynn Simpson.

Recently, several current and former dressage riders have been enjoying trail rides together. The conversation on occasion has turned to the benefits of trail riding for dressage competitors, including the opportunity to build trust and confidence between horse and rider, and introducing a wider variety of experiences than are found in the arena. The Editors would welcome any letters or comments on trail riding for dressage competitors, be they brief or extended. Happy Trails!



Greetings from the President

Wow what a great show on July 27th!!! Thank you everyone for coming and supporting the Pronghorn Series Dressage Schooling Shows. On Friday before the show we had serious doubts about proceeding as planned because of the HUGE monsoon storms that hit the area around American Ranch. I got reports of 3+ inches of rain at AR Friday night. Well as you can imagine, there was a LOT of mud and water. By 2pm on Saturday it was obvious that we either asked to use the big covered arena or cancel the show. The lovely new outdoor dressage arena that AR put in for us this spring was not rideable. So the setup crew went to work setting up the club's arena inside the covered arena – which by the way is a lot of work. The rest is history. We had a great show AND great weather to boot and no rain. In addition, NO ONE scratched. Thank you all for making it happen. (Score sheets are included below in this newsletter.)

A couple of new things happened at the July show. We had our first Prix Caprilli class. The mother-daughter team of Lisa Darling and Lauren Durham rode with many kudos and cheers. It was fun for everyone and a nice change of pace. The other new event was the addition of Gaited Dressage. Personally I did not even know it existed but I now know that it is the new growth “industry” in the ever expanding dressage discipline. Anyone who is interested in learning more about dressage for gaited horses can go to the website: www.fosh.info. Click on the link on the bottom right for gaited dressage. There is a wealth of information from how to judge gaited dressage to English and western dressage tests. We had a request to add this to our shows and it was another nice addition to our show experience. The riders were very grateful for a place to show their horse. With continued support from this group of riders we will consider making it a permanent addition.

Western dressage continues to grow not only in number but also in quality. We had a new rider this show, Joan Suttles of Chino Valley, who just blew us away. It was her first dressage show and she rode her horse Hot Roddin Robby to 2 first place rides with scores of 69.286 and a whopping 73.129. Big congratulations to Joan! Besides our regular group from Camp Verde (all of which are VERY good riders), we enjoyed having a group from Flagstaff join us doing western dressage. Junior rider, Gabby Lane (who I was told is 8 or 9 yrs old) wowed us with her rides on her mule, CR Kateie. By the way, Western Dressage is now an official discipline with USEF. You can check it out at www.usef.org

Once again our venue at American Ranch Equestrian Facility was enjoyed by all. It is such a beautiful setting and well maintained place. We are grateful to able to offer our shows there. Using the indoor arena was new for us. Some of the horses were a bit worried (mine included) but with only a few tense moments it worked well. WE will be discussing using the indoor arena at the next board meeting. It might be prudent for us to plan to use it for our “monsoon season” show which is typically the last Sunday in July or first Sunday in August. We will keep everyone posted.

The last reminder is about the annual SILENT AUCTION held during our last show. This year the date is Sept 28th. Sondra Wilkening with help from Randi Wagner has agreed to be this year's organizers. Please see the flyer in this newsletter for more information.

Also I would like to thank Sherri Dickinson of Grey Haven Acres for her class sponsorships for Training level tests 1 and 2 at the last show.

Best regards,
Lynn Simpson, President





Minutes of the Board July 17, 2014

Location: Lynn Simpson' house, Chino Valley
Present: Sue Crampton, Linda Roth, Emily Dolan, Jack Tismeer, Lynn Simpson, Sondra Wilkening, Carol Stearns.
Not present: Joyce Cecchini and Michele Renner

Meeting was called to order at 6:30. Sue Crampton moved that we accept the minutes as published, Linda Roth seconded, Vote was unanimous

Linda gave the treasurer's report. Current balance is \$6143.20.

Lynn reported that she had been contacted by Pam Polydoros about offering classes for gaited horse at our shows. Lynn contacted the 2 remaining judges for this year and they were both agreeable. Lynn told Pam that we would need a minimum of 3 riders to add new classes. She was in agreement and was able to get a group together with more to come in the future. The idea was discussed with some objections but it was agreed that if it brings more people to our shows it was okay to give it a go. The riders were also made aware that our judges do not necessarily know the nuances of judging gaited horses. This will be a work in progress

Sondra Wilkening raised the issue of how to market our shows and club by having so many "different types of classes and horses". Jack suggested advertising on Craig's list. Another suggestion was to have a Facebook page. In addition Sondra raised the question of insurance coverage for classes that involve jumping. Do we need an EMT on the premises? Linda Roth is going to check with our insurance carrier. It was noted that there is no EMT presence at the Equistar shows.

Sue updated us on the July 27th show. Everyone should bring a couple of chairs and more tables so we can have a food table and a merchandise table. We need some more signs made. Emily suggested making "white board" signs which can be used for whatever is needed. Carol Stearns offered to make 2 signs as trial versions. Sue added that there were some corrections to be made in the program: the list of officers and the class sponsors. Joyce and Lynn will take care of those corrections sponsors added

Because of the number of trailers in the parking lot at this time, the riders will be directed to park out on the grassy area south of the facility. Lynn will include a map when she sends out show schedule and instructions before the show.

Sondra Wilkening has offered to take on the Silent Auction organization with the help of Randi Wagner. Lynn will send out a separate flyer to our contact requesting items for the auction to include a market value for each item. She will need baskets and more tables. Many thanks to Sondra for taking on this project.

Next meeting will be held at Lynn's house on Monday Sept 8 (alternate date is Thurs 8/11)

Sondra moved to adjourn the meeting. Vote unanimous.

Submitted: Lynn Simpson, President

Thank you!! SHOW VOLUNTEERS

- Sue Crampton
- Linda Roth
- Jack Tismeer
- Sondra Wilkening
- Carol Stearns and hubby, glenn
- Lynn Simpson
- Joyce Cecchini
- Debbie Carson
- Carol DeGirolamo
- Kirsten Kuzmanic
- Jerri Wilhite-Harms and hubby,
- Diane Echazabal
- Randi Wagner and hubby, Yan Ross

And any and all that I missed mentioning

Editor's Note: Apologies to Glenn Stearns and Burt Harms, for my inability to edit your correct info into the original .pdf. Some days technology presents an insurmountable challenge.

Centered Riding® Clinic with Leigh Webber
By Dianne Echazabal

I was invited to participate in a riding clinic to be presented by Leigh Webber, **Centered Riding®** instructor, on July 7th. This was the first in a series of 6 planned for this summer, to share the Centered Riding® basics . It was a wonderful experience. I would encourage anyone who wants to improve their riding to contact Leigh to see about this clinic. I rode my own horse, Glocke. Just so you know, Leigh has lesson horses available to participate in the clinic.

What I enjoyed the most was how confident and supportive Leigh was with each participant. We all have our own issues, so the clinic started with discussion about why we individually were there and what we hoped to gain from the experience.

Everyone shared in a safe environment. It was expressed initially that we were to provide written evaluation of the experience after each session. Wow! That was a first for me. In my riding experience, I have never been asked to provide written feedback after a clinic. Always as a professional RN taking continuing education courses, this was standard operating procedure. But for riding to follow this track indicated to me, that this was going to be a super professional clinic. I love this type of approach. It shows that the clinician, Leigh, truly wants to reach each horse/rider and meet their expectations.

We then all stood up and followed Leigh in an exercise to relax (shake-out) each part of our body. We also followed a couple of additional training exercises: balancing on a pole to find the centering point for our foot to engage the stirrups, using a small trampoline to relax the body and practice using reins while moving (like on horseback), then we practiced walking in an confined area to learn to use a “soft eye” to avoid bumping into each other.

My take away from this clinic were:

- 1) The basics of centered riding: Breathing, Centering, Soft Eyes, Building blocks, Grounding, Intent
- 2) What to check into before I ride daily: physically relaxed, mentally focused, emotionally calm, **and spiritually aware.**
- 3) Always remember to “shake- out” before mounting the horse.
- 4) Continue to breath, using the in breath for upward transitions and the out breath for the downward transition. When breathing, try fully exhaling, then pause, (to inhibit our habit), before the inhale.
- 5) Look up with a soft eye, even when things don’t feel right.
- 7) The motion of the horse is mostly felt from side to side; but to improve the gaits follow the forward and up motion with your seat. This will increase the stride length.

Editor’s Note: Thank you, Dianne. And to All NAC Members: Stay tuned!

NAC 2014 Calendar

AUGUST:

16-17 ADA Mtn Air/Dressage in the Pines
Fort Tuthill—Coconino Fair Grounds, Flagstaff

SEPTEMBER:

7 Dressage Desparados schooling show
Rancho Pollo Del Mar, Chino Valley

18-21 USDF Region 5 Championships
Colorado Horse Park, Parker, CO

28 - Pronghorn Series Dressage Schooling Show, Championship & Annual Silent Auction

American Ranch, Prescott Judge: Valerie Crail "R"
Contact: Lynn Simpson jlsmes48@gmail.com or 928-636-7579

NOVEMBER:

1-2 ADA Fall Fiesta
Scottsdale - Westworld

22-23 TDC Fall Fiesta I & II State Championship



MY HOBBY: ONE-UPPING THE STANDING DESK PEOPLE

July 27 2014 Score Sheet

July 27, 2014

Test	Sponsor	Division	Rider	Horse	Points	Score	Placing
Intro Test B							
AA	Lynn Pompei			Pascal de Pau	100.5	62.813	1
JR	Allison O'Neill			Miracle Wilson	91	56.872	1
Intro Test C							
AA	Lynn Pompei			Pascal de Pau	124	62.000	1
AA	Maren Cochran			Fire on Desire	121	60.500	2
Training Level Test 1							
AA	Wendy Swanson			Koa	134.5	56.042	4
AA	Maren Cochran			Fire on Desire	151.5	63.125	1
AA	Sondra Wilkening			Smoke Signal	140	58.333	2
AA	Micaela Croy			Metosha	137	57.083	3
JR	Allison O'Neill			Miracle Wilson	131	54.583	2
JR	Allsion O'Neill			Princess Maleficent	136.5	56.875	1
Training Level Test 2							
AA	Cindy Lee Croy			Shadow Faxe	174.5	62.321	1
AA	Sondra Wilkening			Smoke Signal	167.5	59.821	2
AA	Wendy Swanson			Koa	156.5	55.893	3
Training Level Test 3 Sue Crampton In Shadow's memory. He will always have a place in my heart							
AA	Cindy Lee Croy			Shadow Faxe	154.5	61.800	2
AA	Lynn Simpson			Jurisdiction	159	63.600	1
V	Randi Wagner			Mezzo Forte	164	65.600	1
V	Lynn Simpson			VDS Najii	156.5	62.600	2
First Level Test 1							
AA	Randi Wagner			Mezzo Forte	181	62.414	1
First Level Test 3							
JR	Lauren Durham			Resolute	219	70.645	1
O	Alan Webber			Jurisdiction	203.5	65.800	1
Second Level Test 1							
AA	Maren Cochran			Emmy	204	58.286	1
Second Level Test 2							
JR	Lauren Durham			Resolute	221	58.158	1

Test	Sponsor	Division	Rider	Horse	Points	Score	Placing
Second Level Test 3							
AA	Maren Cochran		Emmy		265	63.095	1
Third Level Test 1 Ranch of Last Resort - Lisa Darling DVM							
O	Missy Gilliland		Bonnie		214.5	56.447	1
Third Level Test 2							
O	Missy Gilliland		Hermione NSF		255.5	62.317	1
Fourth Level Test 1							
AA	Lisa Darling		Morgan		207	59.143	2
AA	Debbie Carson		Zantango		213	60.857	1
O	Missy Gilliland		Hermione NSF		212	60.571	1
WD Intro Test 1 Windy Ridge Farm - Lynn Simpson							
AA	Joan Suttles		Hot Roddin Robby		194	69.286	1
AA	Sheila Walsh		WCR Smoke Signal		172.5	61.607	2
JR	Kendall Dolan		PrIncess Maleficent		160	57.10	1
WD Intro Test 2							
AA	Joan Suttles		Hot Roddin Robby		175.5	73.129	1
AA	Sheila Walsh		WCR Smoke Signal		142.5	59.375	2
WD Intro Test 3							
AA	Maggie Kazan		Calvin		150.5	62.708	1
WD Intro Test 4							
AA	Eric Kazan		Diaz		184	63.448	2
AA	Maggie Kazan		Calvin		187	64.483	1
WD Basic Test 1							
AA	Connie Lara'		CR Nellie Jean		HC	HC	HC
AA	Connie Lara'		CR Nellie Jean		HC	HC	HC
AA	Syndy Cunningham		Chloe		191.5	61.774	1
AA	Kathryn Born		Remi		177.5	57.258	2
AA	Paula Drossman		Mouse		HC	HC	HC
JR	Gabby Lane		CR Kateie		207	66.774	1
JR	Gabby Lane		CR Kateie		HC	HC	HC
O	Connie Lara		Remi		HC	HC	HC
O	Connie Lara		Mouse		197.5	63.710	2

Test	Sponsor	Division	Rider	Horse	Points	Score	Placing
WD Basic Test 2							
AA	Syndy Cunningham		Chloe		234	65.000	1
WD Basic Test 3							
O	Leigh Webber		White Heart		194	58.788	1
WD Basic Test 4							
AA	Lyn Kazan		Lefty		scratch	scratch	scratc
O	Ann Smith		Calvin		219	64.412	1
O	Leigh Webber		White Heart		199.5	58.676	2
WD Level 1 Test 1							
AA	Eric Kazan		Diaz		209.5	56.622	1
O	Leigh Webber		Jet		251.5	67.973	1
O	Ann Smith		Lefty		256.5	69.324	2
WD Level 1 Test 2							
O	Leigh Webber		Jet		235.5	63.649	1
WD Level 1 Test 4							
O	Ann Smith		Lefty		296.5	65.889	1
Gaited Intro Level							
AA	Pam Polydoros		Heat Stroke		105	65.625	1
AA	Tory LeVick		Baby Doll		122	64.211	2
Gaited Training Level							
AA	Gayle Gardner		Barnyard Blitz		137	59.656	3
AA	Pam Polydoros		Heat Stroke		178.5	63.750	1
AA	Gayle Gardner		Barnyard Blitz		149.5	62.292	2
Prix Caprilli 2							
	Lisa Darling		Morgan		165.5	66.200	2
	Lauren Durham		Resolute		175.5	70.200	1



Annual Silent Auction

September 28, 2014

Held in conjunction with our Year-End Championship Show
American Ranch Equestrian Facility, Prescott, AZ

We need your help and donations PLEASE

ADA is a 501(c) (3) organization. Donations are tax deductible.

What we need: **Really anything !**

For example:

- Baskets of goods - anything fun or edible or drinkable
- Gift certificates
- Horse books, puzzles, games
- New or used (clean) tack items
- Horse products or supplements
- Horse apparel (new or used/clean)
- Rider apparel or boots (new or used/clean)

Please attach a market value with your donation

Contact:

Sondra Wilkening circlezbar@gmail.com 928-925-6434

or Randi Wagner randi@artmag.net 928-717-0064

We can arrange drop off spots

Northern Arizona Chapter of ADA 2014



Pronghorn Series Dressage Schooling Show

- O Sunday **May 18, 2014** Judge: Michele Combs "L" Closing Date: Sat. May 10, 2014
- O Sunday **July 27, 2014** Judge: Lois Whittington "L" Closing date: Sat. July 19, 2014
- O Sunday **Sept 28, 2014** Judge: Valerie Crail "R" Closing date: Sat. Sept 20, 2014
(CHECK Show date)

New Location: American Ranch, N Williamson Valley Rd., Prescott, AZ



Classes Offered - Check the class(es) you wish to enter

Division: (required) ___AA ___JR ___Open ___Vintage (rider 60+ only)

Dressage: (** New tests posted on www.nacofada.com)

Intro: ___A ___B ___C **Training:** ___1 ___2 ___3 **First:** ___1 ___2 ___3

Second: ___1 ___2 ___3 **Third:** ___1 ___2 ___3 **Fourth:** ___1 ___2 ___3

Other test of choice: (please specify) _____

****Prix Caprilli:** ___1 ___2 **USEF RiderTest**(please specify) _____

Western Dressage:

Intro: ___1 ___2 ___3 ___4 **Basic:** ___1 ___2 ___3 ___4

Level 1: ___1 ___2 ___3 ___4 **Level 2:** ___1 ___2 ___3 ___4

MISC Classes:

Leadline: (10yr and under) ___ ****NAC Walk Test:**(All ages) ___A ___B

One horse/rider per Entry form please

Fees: Leadline \$10 - Regular classes \$15ea - Championship (last show only) \$20ea **Total enclosed** _____

Non-member fee: NAC of ADA or ADA non members: ___\$10/show or ___\$25 for the season (Under 10yr \$5 and \$15)

Attire: See rules on back of entry. **HELMET MUST BE WORN WHENEVER MOUNTED**

Rules: USEF rules apply except as noted on back of entry

Stabling: \$25 /day Call Sue Crampton directly for availability and instructions 928-925-6043

Stabling is handled separately from the show. Make a separate check out to AREF for stabling

Horse: _____ **Email** _____

Ride times sent by email (or phone if no email)

Rider:: _____ **Phone** () _____

Address: _____ **City:** _____ **State:** _____ **Zip:** _____

Waiver of Liability: I understand that by signing this entry I acknowledge that I am aware of the inherent risks associated with equine activities and accept full responsibility for any injury to myself or my death that may occur during this show under A.R.S 12-553. I understand that if I am signing as the parent or legal guardian of a minor rider (under age 18) that I am releasing all claims that the minor child may have against Platinum Ranch, its owners, its employees, the show management, paid workers, volunteers, and the Arizona Dressage Associations for the injury to the minor or the minor's death under A.R.S 12-553. I, my heirs, executors and administrations also agree to waive all claims for property damage, injury to me, attendants or horses that arise from participation at this show. I further agree to be bound by the rules under which these shows are conducted. The entrant will release and hold harmless Platinum Ranch from any liability sustained on the show dates

Rider's Signature _____ **Print Rider's Name** _____ **Date** _____

Owner's/Agent Signature: _____ **Print Name:** _____

Parent/Guardian Signature: _____ **Print Name:** _____

**PLEASE NOTE – The American Ranch does not allow dogs.
Both sides of this entry must be read and signed**

Checks payable to: NAC of ADA
Mail entry with check to:
Lynn Simpson
1955 S Lakeshore Dr
Chino Valley, AZ 86323
For more information or questions:
Lynn: 928-636-7579 or email
jlsmes48@gmail.com

2014 PRONGHORN SCHOOLING SHOW RULES

These schooling shows are put on by NAC for the benefit of its members and the community. Show policies are set by NAC and the shows are subject to the show management's discretion. The show management reserves the right to call for the removal from the show grounds of any horse or rider that jeopardizes the safety of any horse, rider, spectator or other attending party, or of any horse deemed unmanageable and/or a danger to itself or others.

Adult Amateur and Junior/Young Riders in Training through FEI, will qualify for the Championship Class if they receive two qualifying scores as listed below in front of two different judges, or if they place first or second in their class division (AA or Jr./YR) with a score of 55% or above in front of two different judges. Although Open riders are always welcome at NAC Schooling Shows, there will be no Championship Classes for Open riders.

There must be 2 or more qualified riders in each division, Adult Amateur and Junior/Young Rider, for the Championship Class to be held at that level in that division. AA and Jr./YR Championship Classes may be combined and pinned as a single class at management's discretion. No whips or readers are allowed in Championship classes. The minimum score for pinning in Championship classes is 50%. Full Show Dressage attire is encouraged. The highest test in each level will be ridden.

QUALIFYING SCORES (Adult and Junior)

Training Level	59%
First Level	59%
Second Level	58%
Third and above	56%

It is the obligation of riders qualified for Championship Classes to submit qualifying tests along with their entry form to ride in Championship Classes. Different riders may ride the same horse in the same level and test as long as they are in separate divisions.

US Equestrian Dressage Division Regulations are followed with the exception of dress requirements. Exceptions are: Jackets are not required; if a jacket is not worn, a short or long sleeve shirt with a collar is required; stock tie or choker is optional; tall boots or paddock boots, with or without chaps, are required.

Effective March 1, 2011, for dressage: *Anyone mounted on a horse must wear protective headgear except those riders age 18 and over while on horses that are competing only in FEI levels and tests at the Prix St. Georges level and above (including FEI Young Rider Tests, the USEF Developing Prix St. Georges Test and the USEF Brentina Cup Test). Protective headgear is defined as a riding helmet which meets or exceeds ASTM (American Society for Testing and Materials)/SEI (Safety Equipment Institute) standards for equestrian use and carries the SEI tag. The headgear and harness must be secured and properly fitted. Any rider violating this rule at any time must immediately be prohibited from further riding until such headgear is properly in place. This includes non-competing riders as well as those competing at any level.*

Riders are advised that equipment may be checked, including whip length and bits.

No entry fees will be refunded unless cancellations are received by the closing date for that show. At management's discretion, if a horse/rider combination is scratched due to severe lameness, illness or other serious reason after the closing date, the entry fee may be held over to the next show. If not used at the next show, the entry fee will be dead and not refunded.

I have read the NAC Schooling Show Rules and Regulations and accept and agree to abide by them.

Signature _____

Date _____

PLEASE NOTE – American Ranch does not allow dogs

Food & Beverage will NOT be for sale on the show grounds.

Both sides of this entry must be read and signed



2014 Pronghorn Dressage Schooling Show Series Class Sponsorship Form

In an effort to help defray the ever- rising costs involved with putting on our schooling show series, we are offering class sponsorships. It is our continuing desire to keep these shows inexpensive while trying to approximate the experience of the rated shows. Your help would be very much appreciated.

Regular classes are \$10 per class per show. Championship classes are \$20 (last show only)

We are offering a package: One regular class in the same level at each show plus the championship class for that level would be \$50. For example: Training level test 1 at each show and then the Training Level Championship.

Class sponsorships will be listed in the show program, on the score sheet posted on our website as well as on our sponsor page on the website, and announced at the show.

Please complete this form and return with your check to NAC of ADA to

Lynn Simpson
1955 S Lakeshore Dr.
Chino Valley, AZ 86323

Check all that apply

Show dates: May 18 July 27 Sept 28

Introductory Test ___A ___B ___C (no championship for Intro) ___ ___ ___

Training Level Test ___1 ___2 ___3 ___Championship ___ ___ ___

First Level Test ___1 ___2 ___3 ___Championship ___ ___ ___

Second Level ___1 ___2 ___3 ___Championship ___ ___ ___

Third Level Test ___1 ___2 ___3 ___Championship ___ ___ ___

Western Dressage ___Intro ___Basic ___Level 1 ___Level 2 (no championship) ___ ___ ___

Lead line ___ ___ ___

Prix Caprilli ___ ___ ___

TOTAL enclosed _____ (Payment must be included with form)

Sponsor (as you wish to have it appear) _____

Address _____ State _____ Zip _____

Phone _____ Email _____

Website (if applicable) _____

(We will include it on the sponsor web page)

If you wish to make it an anonymous sponsorship just let me know. It will simply be listed as ANONYMOUS