The Communication Log: Your Professional Follow-up System

The "Communication Log" is a key part of using your time effectively to build your STEMTech business. Print out a master copy of both sides of the "Communication Log" and the "First Contact & Follow Up Log" (see appendix).

Purchase a 3 ring notebook with a 1 $\frac{1}{2}$ - 2 $\frac{1}{2}$ inch binder and tab dividers for A-Z, 1-31 and Jan-Dec. When you NOTIFY a new person and they say "Yes" they have time now to see what you are doing, you should fill out a "Communication Log". This way you can easily to keep track of your activity with that individual.

File the "Communication Log" by last name in the A-Z section of your notebook. Take copies of the "First Contact & Follow Up Log" and insert one between each of the 1-31 tabs representing each day of the month. Put the month tabs in the back of your book and for each month print out a one page calendar and put one in for each months tab.

When you schedule a callback, write it on the First Contact & Follow Up Log for the day of the call back; if the call back is more than a month away, go to your month tabs and put the name in whatever day of the month you decide upon for the follow up call for the future month. Keep the "Communication Log" in the A-Z section at all times.

When you are ready to start a new 30 day cycle, check the names on the next months tab and now move them to your "First Contact & Follow Up Log" for that day. If you use this system everyday, you will not lose track of people who could potentially become your next Super Star.

Stay On Track:



Stay on Track with the "Why" you created in the beginning of this workbook. Don't let the pressures of the day derail you. Always feed your mind with the positive input from any source such as motivational or inspirational books or CD's. Don't let life get in the way of living the life you want.

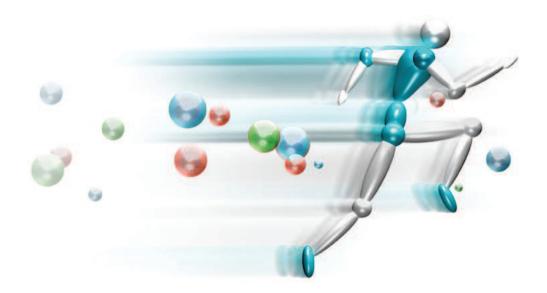
Stay Organized. Have a portable file box or other filing system for all your company STEMTech materials, i.e. applications, order forms, expense receipts, etc., so you can locate them when you need them.

With this workbook, you have created a schedule with dates and action steps to accomplish your goals. Stick with your schedule. You also made promises to yourself...keep them. It's OK to readjust if you need to. Learn to 'employ yourself'. If it helps, treat your new business like a part-time job.

If you are starting your STEMTech business part-time, read what Jim Rohn has to say, "You work your job from 9-5 and after 5 you're building your fortune".

Congratulations!

Now you are ready for the "Action Planning Session". You may have already scheduled this with your enroller when you completed your "Quick Start Guide Check List." **Call your enroller and confirm or make your appointment today.**



Once you have done the work, there comes a point you have to throw yourself into action and put your heart on the line. That means not only being brave, but being compassionate toward yourself, your talents, and your dreams.

-Phil Jackson, 9-time NBA Champion Coach

AppendixWeekly Schedule – Work Sheet

When you have filled out the calendar, fax to your upline coach.

Date	1	1	1	1	1	1	1
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7am							
8							
9							
10							
11							
12pm							
1							
2							
3							
4							
5							
6							
7							
8							
9							
10							
11							
12							

Best Time	PST. MST. CST. EST.	State _	Name		Spouse
Source	Date	_Time	AM/PM	Phone (H)	
Cell/Office		_ CID			$\bigcirc \square \land \Diamond$
E-mail					1234 567 8910
Address			City		State Zip
Income desired	per month? \$3	800-\$500	\$500-\$1,000	\$2,000-\$5,000	\$7,500-\$10,000 \$10,000
What is your in	terest level? I'm	n ready Le	et's go Extreme	ly Interested M	lod. Interested Have Question
How many hou	rs per week?	3-5	5-10 1	5-20 Ful	Time Whatever it take
What are you in	iterested in? M	oney He	ealth Both	How did you	hear about us?
Have you been	involved in MLI	M before?	? Y/N If	yes, was it: P	art-time or Full-time
What Companie	es?				
How many year	s? Wha	t was you	ur best success	3?	
How many year	s? Wha	t was you	ur best success Vhat system dic	s?	
How many year What was your	s? Wha	t was you W king at?_	ur best success Vhat system dic	s? I you use? LM LM	/ DayML / DayML
How many year What was your Other companie	s? Wha largest group? es currently loo you been lookii	t was you W king at?_ ng?	ur best success Vhat system dic	LM LM Email	/ DayML / DayML / DayML
How many year What was your Other companie How long have	largest group? es currently loo you been lookii ate Ste	t was you	ur best success Vhat system dic	LM L	/ DayML _/ DayML _/ DayML _/ DayML
How many year What was your Other companie How long have Step 1 Da	largest group? es currently loo you been lookii ate Ste	t was you V king at?_ ng? p 2 p 4	ur best success Vhat system dic	LM L	/ DayML _/ DayML _/ DayML _/ DayML _/ DayML
How many year What was your Other companie How long have Step 1 Da Step 3 Da	largest group? es currently loo you been lookin ate Ste ate Ste Dat	t was you V king at?_ ng? p 2 p 4 e	ur best success Vhat system dic	LM Email LM Email LM LM Email Email	/ DayML
How many year What was your Other companie How long have Step 1 Da Step 3 Da 3 Way w/Upline Follow up E-mail	largest group? es currently loo you been lookin ate Ste ate Ste Dat	t was you V king at?_ ng? p 2 p 4 e /	vr best success Vhat system dic Date Date TeamSTE	LM LM Email LM Email LM Email Email	/ DayML
What was your Other companie How long have Step 1 Da Step 3 Da 3 Way w/Upline	largest group? es currently loo you been lookin ate Ste ate Ste Dat	t was you V king at?_ ng? p 2 p 4 e /	vr best success Vhat system dic Date Date TeamSTE	LM LM Email LM Email LM Email Email	/ DayML
How many year What was your Other companie How long have Step 1 Da Step 3 Da 3 Way w/Upline Follow up E-mail Next Action	largest group? es currently loo you been lookin ate Ste ate Ste Dat	t was you V king at?_ ng? p 2 p 4 e /	vr best success Vhat system dic Date Date TeamSTE	LM LM Email LM Email LM Email Email	/ DayML

_ 1234 567 8910 (LM = Left Message) _ (ML = What message was left)

Front Pg 1 of 2

28

Follow up Activity: E-MAIL	CALL WELON	ME CARD F	PERSONAL MEETIN	NG OTHER
Enrolment Packages: FastS	tart Manager Se	enior Manager	Director ProPack	s \$35 plus Bottles
Enrollment Date/	./		Quick Start Gu	ide://
FOLLOW UP CALLS AFTE	ER SIGN UP OF	DISTRIBUTO	OR OR NEW CUS	TOMER:
Product Arrives://	Spoke To:		_ Left Message:	
How they feel:				
			Testimonials	
Day 3: Actual Day Date	e/	Spoke To:		Left Message:
How they feel:				
			Testimonials	
Day 5 or 7: Actual Day Date	e/	Spoke To:		Left Message:
How they feel:				
Day 11: Actual Day Date				
How they feel:				
Day 15: Actual Day Date				
How they feel:				
21st Day: Actual Day Date				
				_ Left Wessage
How they feel:				
28 th Day: Actual Day Date				Left Message:
How they feel:				
			Testimonials	

Back Pg 2 of 2

	Proven 4-Step \$	System™ First contact &	Follow Up Log	Date:	Day:
	6 - 12 AM	1st Contact		Fo	llow Up
S					
Names					
_					
	12 - 5 PM	1st Contact		Fo	llow Up
'n					
Names					
_					
	5 - 11 PM	1st Contact		Fo	llow Up
'n					
Names					
_					
		ence Call Reminder			Product Follow Up
S					
Vame	3	2 3		3	
_	4	4		4	
	5	5		5	