# CIRCLE OF LIFE COACH CERTIFICATION REQUIREMENTS

Questions: P: 805.617.3390

Health Action / Circle of Life Trainer • 5276 Hollister Ave #257 • Santa Barbara, CA 93111

## Certification Requirements To be completed within one year of your training date.

- **Participation** in a Circle of Life Coach Training (where you receive the training manual)
- Facilitate a practice group with at least 4 people minimum for 10-12 hours minimum; this can be done in various formats.
- Purchase 6 Guide Books.
- **6 Evaluations** turned into the Circle of Life office. This can come from 6 group participants OR a combination from at least 4 group participants and 2 one-on-one clients.
- 8 Sessions of one-to-one peer coaching calls 15 minutes per person.
- Attend or report on 3 training conference calls. You are required to participate on the one call that you signed up for at your training. The remaining two calls you can choose to attend or listen to the recording of the calls. If you choose to listen to the recording of the calls, you are required to send an email, reporting on two things you learned from the call to your trainer. There will generally be 3-4 scheduled Conference Calls from which to choose.

### **NOTE: MAIL your 6 Participant Evaluations to:**

Rebecca McLean / Circle of Life • 243 Pebble Beach Dr Goleta, CA 93117 Or SCAN to Rebecca@CircleofLife.net / Or FAX: 805.685.4710

#### The final certification requirement is to email the answer to these questions:

- 1. How did you apply the Circle of Life Coaching?
- 2. With whom?
- 3. Where / what context? (e.g. community, hospital, school)
- 4. What format? (retreat, by phone, group sessions, etc.)
- 5. Describe successes, challenges, and learning.

#### Please email your responses to: Rebecca@CircleofLife.net

#### A copy of your certificate will be emailed to you.

To meet the requirements of certification, you must complete all these items within one year of your training date. Note: Please contact us if you are in the process of completing your qualifications for certification but will not complete them within one year from your training. If not certified within one year after your training- you may request an extension, for a \$150 fee.

ICF Credits: Circle of Life is not currently an ICF accredited program, although 30 hours of Circle of Life Coach training is applicable if you are using the portfolio application process with ICF. You will need to submit a copy of your Coach Certificate. Please direct **ALL** questions regarding ICF credits to: International Coach Federation Phone 888.423.3131 (toll-free) or 859.319.3580 Website: http://www.coachfederation.org