



Ailbhe O'Briain, Deep RiverRock Marketing Manager

Deep RiverRock is celebrating a decade as the Title Sponsor of the Belfast City Marathon this year.

We are extremely proud to be associated with such a World Class event, that resonates so well with the local community.

Deep RiverRock would like to wish all participants, across the array of events the very best of luck and we look forward to seeing you at the finish line.

Deep RiverRock Belfast City Marathon 2016 - Belfast City Marathon moves into its 35th year in 2016 with its continued support from title sponsor Deep RiverRock. It will be held on Bank Holiday Monday 2nd May, starting from Belfast City Hall at 9.00am.

Marathon Team Relay - The team relay is for teams of 'two to five' people, running the same course as the Main Marathon Race. The team relay starts from Belfast City Hall at 9.00am.

8 Mile Walk - The 8 mile walk is a non competitive event. The walk will start from the City Hall at 9.00am.

Wheelchair Marathon - The wheelchair race commences one minute before the main marathon event. The Marathon Organisers, working with DSNI and Disability Action, have developed guidelines and a background for this year's Wheelchair Marathon Route which would fairly be described as a tough course for wheelchair participants. These details can be found on the event website: www.belfastcitymarathon.com.

Fun Run - The fun run starts from the City Hall at 9.00am and finishes in Ormeau Park.

Pasta Party - The Organisers are pleased to announce the Pasta Party on the evening before race day. The City Hall will serve a party to assist in the preparation for race day. Tickets are £12 each and are available to any participants. There are limited numbers, so please book early to avoid disappointment.

Every week in the UK, 200 children are born with a learning disability and currently 33,000 people with a learning disability live in Northern Ireland.

Mencap gives a voice to many of these people and provides a range of support and services for children and families. Help us by taking a big step forward for Mencap in the 2016 Belfast City Marathon.

By running, walking or being part of a marathon relay team, you will ensure children with a learning disability get a great start in life and adults with a learning disability get a chance to have a good job and a safe home.



Do it for Mencap:
Email fundraising.ni@mencap.org.uk or
call Mencap's Fundraising Team on 028 9069 1351

Apply online at www.belfastcitymarathon.com



BANK HOLIDAY MONDAY
2nd May 2016

MARATHON RUN

TEAM RELAY

8 MILE WALK

FUN RUN

WHEELCHAIR RACE

Let's do it together

www.belfastcitymarathon.com



