



## Nuclear Medicine PET Scan

<p><b>APPOINTMENT</b></p>	<ul style="list-style-type: none"> <li>- DATE: _____ TIME: _____</li> </ul> <p><b>Please arrive 15 minutes before your appointment time and check in at the registration desk.</b></p>
<p><b>HOW LONG THE EXAM WILL TAKE</b></p>	<ul style="list-style-type: none"> <li>- The exam will take approximately 1-2 hours.</li> </ul>
<p><b>HOW TO PREPARE FOR THE EXAM</b></p>	<ul style="list-style-type: none"> <li>- Do not eat or drink anything other than water for 8 hours before the exam.</li> <li>- Avoid strenuous exercise the day before the exam</li> <li>- Avoid eating pastas and breads the day before the exam.</li> <li>- Do not take your insulin the day of the exam but bring it with you.</li> <li>- Wear warm comfortable clothing.</li> </ul>
<p><b>PRECAUTIONS YOU SHOULD BE AWARE OF</b></p>	<ul style="list-style-type: none"> <li>- If you think you may be pregnant or if you are breast feeding, please notify your physician or the technologist prior to your exam.</li> <li>- Patients with excessively high blood glucose may have their exam rescheduled</li> </ul>
<p><b>WHAT YOU CAN EXPECT</b></p>	<ul style="list-style-type: none"> <li>- You will first have a finger stick done to calculate you blood glucose levels.</li> <li>- After your finger stick, you will receive an injection, and then you will be placed in a quiet room for 30 to 60 minutes. While here we ask that you relax and refrain from moving.</li> <li>- We want you to be warm, so if you feel chilled please let the technologist know.</li> <li>- Imaging takes approximately 1 hour.</li> </ul>
<p><b>HOW DO YOU GET TEST RESULTS?</b></p>	<ul style="list-style-type: none"> <li>- A Radiologist will study the images and a report will be sent to your physician. This normally takes 2 business days. Your physician will discuss the results with you. Should you not hear from your physician within 2 business days, please give them a call to schedule a follow up appointment.</li> </ul>
<p><b>QUESTIONS?</b></p>	<ul style="list-style-type: none"> <li>- If you have any questions or concerns about your appointment, please call Nuclear Medicine at <b>(660) 831-3283</b>.</li> </ul>

**Thank you for choosing Fitzgibbon Hospital**