

CODE OF CONDUCT For Club Coaches, Officials and Volunteers

The essence of good ethical conduct and practise is summarised below. All Club Coaches, Officials and Volunteers must:-

- Ensure you hold suitable insurance through BG and are CRB ENHANCED approved before working with gymnasts. Copies to be provided to Head Coach as updated following appointment.
- Ensure that you coach the skills to the level of your coaching qualification as insurance WILL be invalidated. Head Coach should be immediately informed of any concerns relating to gymnasts behaviour, coaches or suitability of volunteers.
- Arrive at the venue in sufficient time prior to the start of the session (minimum 15 mins prior), this will allow for checking of apparatus set up and provide time for the Head Coach to discuss content of session.
- Arrive at the session dressed in accordance with the clubs dress code (Black leggings or lycra style black trousers, R&D Leader polo Shirt or club champ t-shirt/club hoodie or club zip jacket. Any deviation from this must be requested upon arrival with an explanation to the Lead Coach who will decide on the outcome to participate for that session.
- Suitable footwear ie trainers are to be worn, flip flops and other open backed shoes are considered unsafe and inappropriate footwear in the gym.
- Arrive at the session in accordance with the British Gymnastics strict no jewellery policy and nails to not exceed fingertip length.. Refer to the Clubs jewellery policy for any concessions to this policy.
- Arrive at the session with mobile switched off and safely stored. No responsibility is taken for the loss or damage to Coaches/gymnasts personal belongings and suggests therefore any item of value is not brought to the gym.
- For your own safety and to demonstrate professional good practice chewing gum must not be chewed once training area has been entered.
- As a professional it is considered good practice to consume healthy foods so that gymnasts follow your good practice if they are given the option to snack or bring drinks into the gym (water is the suggested).
- Consider the well-being and safety of participants before the development of performance.
- Develop an appropriate working relationship with performers based on mutual trust and respect.
- Make sure all activities are appropriate to the age, ability and experience of those taking part and ensure all participants are suitably prepared physically and mentally when learning new skills.
- Display consistently high standards of behaviour and appearance, dressing suitably and not using inappropriate language at any time whilst involved with club activities.
- Never consume alcohol immediately before or during training or events. Do not smoke whilst training/competition is in progression or in or around the facility. Do not eat or chew gum during a session.
- Obtain prior agreement from the parent/guardian of performers before transporting them anywhere (training/competitions) and follow strict guidelines regarding child protection awareness in relation to this.
- Never have performers stay overnight at your home.
- Never exert undue influence over performers to obtain personal benefit or reward.
- Always report any incidents, referrals or disclosures immediately, following the appropriate guidelines set out in the reporting procedure detailed in your role description and grievance/complaints procedure available to download off the Rules & Policies section of the club website.
- Never condone rule violations or use of prohibited substances.
- Make sure that confidential information is not divulged unless with the express approval of the individual concerned.
- Promote the positive aspects of the sport (e.g. fair play).
- Encourage performers to value their performances and not just results.
- Follow all codes and conducts, rules and policies laid down by BG and RUTHIN GYMNASTICS CLUB

Chair: _____

Signed: _____

Date adopted 30.07.11 altered 28.8.14