

Personal budgeting support for Tower Hamlets residents

Are you working with residents who would benefit from some personal budgeting support? There are a number of free one to-one sessions for working age residents available from three local organisations around the borough.

Sessions are client led to ensure focus on their specific areas of need, but generally cover areas such as:

- Working out monthly income and outgoings
- Budget planning and paying bills on time
- Understanding priority bills
- Setting up a bank account and direct debits
- Saving money and cutting costs

These sessions will help to ensure that clients are better prepared for moving onto Universal Credit and have improved money management skills. Where other support needs are identified, for example help with welfare benefits or debt problems, the resident will be referred to the relevant specialist adviser.

The organisations providing personal budgeting support (PBS) are located across the borough. Referrals should be made to the resident's nearest provider. Please note that the sessions are available for limited hours and that Universal Credit claimants will be prioritised. Money management workshops are also provided for groups of residents. For more information email us at, gettingonwithmoney@bbbc.org.uk

For further information or to discuss how to make a referral please contact the organisations listed below.

E1 and E2 postcode residents

Toynbee Hall

28 Commercial Street, London, E1 6LS

PBS Sessions: Tuesdays 10am - 1pm & Wednesday 10am - 2pm

Email Nefateri Asantewa: Money@toynbeehall.org.uk

Phone: 0207 392 2989

E3 postcode residents

Bromley by Bow Centre, St Leonards Street, London, E3 3BT

PBS Sessions: Thursdays 1:30pm - 4pm

Email Mokshuda Ali: mokshuda.ali@bbbc.org.uk

Phone: 0208 709 9847

E14 postcode residents

Limehouse Project

789 - 791 Commercial Road, Unit 2 St Anne Street,
London, E14 7HG

PBS Sessions: Tuesdays & Thursdays 1pm - 3pm

Email Shirina Ali: s.ali@limehouseproject.org.uk

Phone: 020 3069 7458



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