



Lincolnshire Parent Carer Forum

Christmas

2015

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Season's greetings!



We have wonderful news that we just couldn't wait to share with you. We are having a 10th Anniversary celebration event to which you are invited. Also, the Minister of Children and Families, Edward Timpson has accepted our invitation to open the event (for more information about the Minister, see article below).

We will also be joined by the Mayor of Grantham and Directors and representatives from Lincolnshire County Council, together with colleagues from the East Midlands Regional Parent Carer Forums and Contact A Family representatives. Furthermore, there will be information stands and refreshments throughout the day.

We would love it if you could join us. A separate booking form is required for professionals who wish to attend and join us in our celebrations - see booking details on page 11.



Parent Carers are cordially invited to the 10th Anniversary event celebration
'A Decade of Participation, Signposting and Information Sharing'
 by
 **Lincolnshire Parent Carer Forum**

From 10:15 am for 10:30 am start
Finishing at 2:30 pm

4th February 2016

The Guildhall Arts Centre,
St Peter's Hill, Grantham, NG31 6PZ

The LPCF is delighted to announce that the Minister of Children and Families, Edward Timpson will be opening the event.

Speakers include, the Mayor of Grantham, Jacky Smith; Head of Special Educational Needs & Disability (SEND), Sheridan Dodsworth; Adult Services Director, Glen Garrod and Public Health Director, Tony Hill.

After the speeches, a two course buffet lunch will be provided which will be followed by an opportunity to network with the attending organisations providing information relating to SEND. Concessionary parking has been arranged for this event between LPCF and South Kesteven District Council.

To accept the invitation, please complete the booking form attached and return.

This event is FREE for parent carers



RSVP by 15th January 2016

Lincolnshire Parent Carer Forum, PO Box 1183, Spalding, PE11 9EE ~ Registered Charity No. 1141060 ~ www.lincspcf.org.uk ~ Tel 0845 33 11 310 ~ Email admin@lincspcf.org.uk

To accept the invitation, complete a booking form and return it as soon as possible and no later than 15th January 2016. You can find booking details on page 11 of this newsletter or you can download one from our website. If you would like assistance with booking, please call on 0845 33 11 310, leave a message and we will get back to you.

About the Minister: Edward Timpson is the Minister for Children and Families and he has lived and worked in his local community almost his entire life. His constituency is Crewe and Nantwich and from 1999 until his election, Edward practised as a family law barrister in local courts, including Crewe, specialising in the cases of vulnerable children.

At Westminster, it was his policy expertise and his former job as a family law barrister that led to him becoming Minister for Children and Families in September 2012. To find out more about Edward Timpson, visit his website www.edwardtimpson.com.



Location	Date	Time	Address
Boston	18/01/2016 14/03/2016	10:00-11:30am	New England Hotel, Wide Bargate, Boston, PE21 6SH
Bourne	14/01/2016 11/02/2016 10/03/2016	10:30-12:00pm	The Nags Head, 2 Abbey Road, Bourne, PE10 9EF
Skegness	29/01/2016 18/03/2016	11:00-12:30pm	The Vine Hotel (Best Western), Vine Road, Seacroft, Skegness, PE25 3DB
Spalding	12/1/2016 08/03/2016	10:00-11:30am	The Castle Sports Complex, Albion Street, Spalding, PE11 2AJ
Grantham	27/1/2016 23/03/2016	10:30-12:00pm	The Urban Hotel, Swingbridge Road, Grantham, NG31 7XT
Sleaford	18/01/2016 29/02/2016 18/04/2016	11:00-12:30pm	Jolly Scotchman, 18 Lincoln Road, Holdingham, Sleaford, NG34 8NP
Market Rasen	08/01/2016 11/03/2016	11:00-12:00pm	The Rasen Hub 20 Union St Market Rasen LN8 3AA

Our coffee mornings are specifically for parents and carers of children with Disabilities/Special Educational Needs. As we say, once a parent, always a parent; please note therefore, that there is no age criteria for your children.

Schools & Colleges

Would you like one of our volunteers to come and talk to your staff and/or parents of children with disabilities and SEN about what we can offer them? If so, please email us on **admin@lincspcf.org.uk** and we will organise a

visit.

If you would also like to join our professional network and receive information from us, complete the subscription form on the subscribe page of our website or use the email address above. Thank you.



Ofsted and CQC would like to hear from you.

Consultation on the SEND Inspection Framework - closing date 4th January 2016 at 11.30pm

On 12 October, Ofsted and the Care Quality Commission (CQC) launched a public consultation on proposals for inspecting local areas' effectiveness in identifying and meeting the needs of children and young people who are disabled and have special educational needs.

What this is all about... The government has brought in a new law to make sure special educational needs are being met. It has asked Ofsted and CQC to find out how well the new law is working and to say what more needs to be done. Our inspectors will visit local areas to do this and we think they should look at:

- ◇ how good the area is at finding out what special educational needs and disabilities young people have
- ◇ how good the area is at meeting young people's special educational needs and disabilities.

Ofsted and CQC would like to know from parent carers, children and young people, what you think and the best way to find these things out.

You can complete an online electronic questionnaires as follows:

- ⇒ Parent carers' questionnaire: visit www.surveymonkey.com/r/OfstedSEND
- ⇒ Young person's questionnaire: [young people can visit www.surveymonkey.com/r/YPViews](http://www.surveymonkey.com/r/YPViews)
- ⇒ Hard copies of the young person's version are available for download from www.gov.uk/government/consultations/local-area-send-consultation or on request by email from Schools.PolicyTeam@ofsted.gov.uk.

Visit www.gov.uk/government/consultations/local-area-send-consultation to download a Word version of this document and complete the questions on your computer. When you have completed the form, please email it to Schools.PolicyTeam@ofsted.gov.uk with the consultation name in the subject line (Local area SEND consultation).

Carol 's Cookery Corner

Christmas is almost upon us, as mums we have to think about food (more than usual!)

Our family, like many more I guess, dislike the traditional Christmas pudding, so I always make something else to have instead, besides the usual fruit salad or trifle.

This year it will be a lemon pie, or it could be classed as a cheesecake if a biscuit base was used.

It is so easy, the children could help to make it.

If you do use a biscuit base, you will find it is much sweeter than using the pastry base.

Ingredients:

1 bought pastry case

1 tin sweetened condensed milk (397ml)

Whipping cream/ or double cream (around 300 ml)

Juice of 2 large lemons

Zest of the 2 lemons (j just save some to sprinkle on the top)

Method:

Whip the cream until quite stiff, put on one side. Mix the condensed milk, lemon juice and most of the zest together, fold in the cream until mix becomes smooth.

Pour into pastry shell, sprinkle remaining zest on top and refrigerate for 2/3 hours. Enjoy!



Message from Lincolnshire County Council on the new Education Health and Care (EHC) forms:



As part of the SEND team's on-going commitment to co-produce, develop and improve the EHC process for families in Lincolnshire, a review group was formulated to review existing documentation.

We now have new EHC request forms following feedback from many of you in Lincolnshire. The review group is made up of representatives from:

- ♦ Education settings both at SENCO and Head teacher level
- ♦ LPCF (Lincolnshire Parent Carer Forum)
- ♦ Liaise (SEND information, advice and support service in Lincolnshire)
- ♦ Designated Medical Officer
- ♦ Social Care Allied Healthcare
- ♦ Education Psychologists
- ♦ Specialist Teachers
- ♦ SEND

The updated request forms are now available via our SEND Local Offer and are to be used with immediate effect. You can access the forms directly using the following link <http://search3.openobjects.com/kb5/lincs/fsd/advice.page?id=rqJcK9Vsja4>

If you have any queries regarding the forms, please contact your locality area SEND team as below who will be happy to advise you further:

- ♦ Boston & South Holland: BSH_SendLocality@lincolnshire.gov.uk
- ♦ East Lindsey: EAL_SendLocality@lincolnshire.gov.uk
- ♦ Lincoln & West Lindsey: LWL_SendLocality@lincolnshire.gov.uk
- ♦ North Kesteven & South Kesteven: NKSK_SendLocality@lincolnshire.gov.uk

Kind regards,
Rosemary Akrill

SEND (Special Education Needs and Disabilities) Senior Project Commissioning & Development Officer
Lincolnshire County Council, 9/11 The Avenue, LN1 1PA

A day in the life of a LPCF rep by Michelle Davies

I am a carer of 2 teenage boys who are living with a diagnosis of Autism, ADHD, Tourettes, in main stream school; they have no statement or an Education, Health and Care (EHC) plan.



7 am... Alarm goes off; I get up clean the toilet seat as it's always wet, I then wake both the boys, even though they have alarms in their rooms but never set, even though I remind them the night before to set them.

I get washing in the machine, make a coffee, get the packed lunch ready with the limited food items that they like, then go back upstairs to get the boys out of bed, reminding them to wash, teeth, get dressed, usually one of them gets sent back to do it, with a lot of moaning that he's not going to school, banging, shouting; in the meantime, I'm still reminding them of the time for the bus.

7.30 am. They come downstairs, have a cup of tea, breakfast, I usually get either nice calm boys or fighting, angry, abusive boys.

7.45 am. They leave to catch the bus to school, then I do light house duties, hanging out the washing, wash the pots etc, check boys' rooms, then tackle the bathroom after they have used every towel which ends up on the floor, clean the toilet seat again as it's wet, and then check if I actually do have any toothpaste left as most of it is in the sink, clean the hair gel that's splattered on the walls, not sure if they actually get any on their hair.

Once I'm dressed and ready, it's time to travel to a meeting for LPCF somewhere in Lincolnshire; it could take up to 2 hours with the traffic.

At the meeting, I take notes, share parent/carer experiences that I'm aware of, I give my personal suggestions and network with other professionals in the room, I then leave the meeting , 1 hour journey back unless it's a London meeting.

1.30 pm. Grab lunch, do the paper work for the forum, type up meeting notes, make calls, check emails and respond.

3 pm. Go fetch one son from school, as he can't cope with the bus as he is not medicated for his Adhd, get home and give him his medication, then he chills out on his computer. I finish tidying up until other son gets home. I might get a phone call from school about an incident that happened in the day, deal with that with a plan and social story about it.

5.30 pm. Make tea, wash up, check boys' bags and school planners, feed the animals.

7 pm. Time for homework; battle commences, sometimes one son refuses to do it.

8 pm. Medication is now running out, screaming, noisy, fighting, usually over TV, go through the rules again on this, even though boundaries are pushed.

8.30 pm. Boys bath / shower time, I get clothes ready for the next day, chill out time, depending on what kind of day the boys have had at school, otherwise can have more challenging behaviour.

9 pm. Make other son's tea now that his medication has finished and his appetite is not suppressed anymore and he's hungry, then behaviour starts again. I get the boys in their rooms, tidy up the bathroom as it looks like a swamp pool..(I wish I had a wet room)...



Pictured above: Towel 'party' in the bathroom!

10 pm. Now it's time for me to have a bath and relax...but wait, I've still got to give one son medication for sleep, because he's still wide awake hungry again. He's raiding the cupboards, then he decides it's time to go outside and wind the dogs up and look for nocturnal animals.

10.20 pm. Now he's back in his bedroom, it's time for me to relax and watch a bit of TV or read.

10.30 pm. BEDTIME.

This is just 1 day out of 7 for this family home I've still got the massive pile of ironing to do, food shopping, bills, meetings, family events, personal phone calls, paperwork, deep cleaning, hospital /doctor appointments, training courses, plus more...



Pictured above: LPCF 'office' previously called a lounge.

Generous Eric! The £50 first prize for November's lottery was won by Eric Ormond; an amazing supporter of LPCF. This is not the first time that Eric has won and once again, Eric has accepted the winnings and within seconds, he gave it back to the LPCF for our charitable work supporting families. The LPCF team would like to say a massive **THANK YOU** to Eric. This is very kind and we are very grateful.

Confusing, complicated, but crucially important... transport for older learners

Sara Burnett is one of the specialist advisers at Liaise, who provide the Information Advice and Support Service for SEND in Lincolnshire. Liaise get a lot of calls about transport for children and young people with SEN and disabilities and we know that many parent carers and young people have questions about transport for 16 and 17/18 year olds and for adult learners.

Transport for 16 and 17-18 Year Olds

What the Law Says

Section 509AA of the Education Act 1996 requires every Local Authority to publish a transport policy statement for "persons of sixth form age". This statement must include "arrangements for facilitating the attendance [at schools and colleges] of disabled persons and persons with learning difficulties or disabilities".

There is Guidance for Local Authorities in Post 16 Transport to Education and Training published in 2014. The Local Authority must exercise its power to provide transport or financial support reasonably, taking into account all relevant matters according to the Guidance.

Unlike transport for eligible children of compulsory school age, transport for young people aged 16 and 17/18 does NOT HAVE TO BE PROVIDED FREE OF CHARGE. Lincolnshire County Council currently makes a standard charge of £418 for the year or three termly payments of £141 (a total of £423 for the year) for all learners of 6th form age for whom they provide transport. Local Authorities are expected to target any support on those young people and their families who need it most, particularly those with a low income; some Local Authorities offer free transport for young people for families on low incomes but Lincolnshire do not do this.

Like home to school transport for children of compulsory school age, young people should be able to reach their establishment of education or training without incurring such stress, strain, or difficulty that they would be prevented from benefiting from the education provided.

Complaints

There must be a published Complaints Process as part of the Transport Policy Statement. Complaints must first be dealt with by the Local Authority. Once the local complaints processes have been exhausted without a satisfactory outcome, young people or their families may complain to the Secretary of State. The secretary of state has powers to direct a Local Authority to make transport arrangements or provide financial assistance for travel expenses for individuals or groups of learners.

Possible Help with Transport Costs

There can be a social care duty to arrange transport

which helps a disabled child or young person to access education. This duty is found in Section 2 of The Chronically Sick and Disabled Persons Act (CSDPA) 1970, section 2(1)(c) which requires Local Authorities to provide "assistance to [a disabled person] in taking advantage of the educational facilities available to him". This duty comes about where it is "necessary" for a Local Authority to provide a service under the CSDPA to meet a person's needs. So, if it is impossible to get a need for transport to education met under any other legislation, this can act as a safety net. There are some young people in Lincolnshire who are having their transport costs met in this way. Application would have to be made through Social Care rather than through the Education Transport or SEND departments.

Young People with Education Health and Care (EHC) Plans refused transport to the educational placement of choice

Where just one placement is named on the EHC plan the Local Authority has the duty under the Children & Families Act 2014 to arrange the provision in the Plan and this must include transport as how can the young person access their education and training if they are unable to get there? Remember though that it does not have to be free.

It is important to recognise that if your child or young person is refused transport to go to the placement of choice, this is really a dispute about placement rather than transport. The Local Authority may name an alternative placement or may name the placement of choice with the proviso that there is a nearer placement they say can meet the young person's needs and therefore the parents are to be responsible for transport. In both of these cases it would be possible to go to the SEND Tribunal to try and get the placement of choice named alone on the Plan and thus obtain transport provision.

Transport for Young People over 18

Adult learners' transport needs should be met under section 508F of the 1996 Education Act which requires Local Authorities to make "such arrangements for the provision of transport as they consider necessary" for adult learners. So if it is "necessary" for a young person over the age of 18 to receive help to get to school or college then the Local Authority has a duty to provide it. Also transport under section 508F must be provided FREE OF CHARGE. Remember too that if your young person has an EHC Plan, there is the duty under the Children & Families Act 2014 to arrange the provision on the Plan. Some young people may also be entitled to transport help if eligible under the Care Act 2014.

HELP!

If you need help or information about your young person's transport provision, you can get in touch with a Liaise adviser through the free phone Advice Line number: **0800 195 1635** or e-mail: Liaise@lincolnshire.gov.uk

MYTH BUSTER

Question: My son's school is saying that my son has to go through our GP for a CAMHS referral. Is this correct as I thought the school could access a free CAMHS worker?

Response: There is a Primary Mental health worker assigned to the school and a GP referral is not necessary to access the service.

Good News! We have been selected as Community Champions for Lincolnshire Co-op between 6th December 2015 and 5th March 2016 in the Wygate park area of Spalding.

So if you are in the area or you can pop in to support us, we would be really grateful. It is easy, You just have to use your dividend card. The funds raised will be spent on supporting parents of children with disabilities and SEN in this area. All you have to do is spend in store!

Thank you for your support.

New information on our website...www.lincspcf.org.uk

Check out our library for the new documents we have added:-

- Moving on - accessible guide to transitions (Lincs County Council)
- NNPCF Annual Report
- DfE SEND October Newsletter
- Feedback from LPCF Coffee Mornings October 2014 to April 2015
- Report—Home to School Transport Review (LPCF).

We also have a new '**SEND**' page with lots of feedback from service providers and help for parents.

Our '**Events**' page will keep you up to date with our coffee mornings and our 10th Anniversary event on 4th February.

Our '**Other Organisations**' page is updated regularly with a diverse range of information and activities for you and your family.

We have also provided you with a page to '**Have your say**'. This can be about anything that affects your family. Feedback is always anonymised, and it is used to shape services. So we are really grateful for your views; keep them coming!

DON'T FORGET EASY FUNDRAISING WHILST CHRISTMAS SHOPPING AND YOU WILL ALSO BE HELPING YOUR LPCF CHARITY.

Go to <http://www.easyfundraising.org.uk/causes/lpcf>

There is no catch either! Simply register with easyfundraising and select LPCF as your named charity. Then select the shop you want to go to and for every purchase you make, that company will donate a small amount of money to our charity. The funds come directly from the company as their way to give back to the community (or possibly as a tax write off!) There is no alteration made to prices whether you are purchasing with or without using the easyfundraising route.

You've got nothing to lose and all to gain...knowing that you are helping us as you shop.

Here's the site's explanation on how it works: <http://www.easyfundraising.org.uk/how-it-works/>

Providers' responses to parents' comments published in our Coffee Morning Feedback Report for October 2014 to April 2015.

Transport

1. Parent asked why Concessionary travel will stop when the child reaches 16. Parent had only heard about it via the radio and was upset that parents who use buses to educational settings had not been consulted.
2. Is there anyone who can point me in the right direction concerning transport issues, my child's transport provider has been changed and me and a lot of other parents are not happy about this.

First comment Reply

The home to school Concessionary scheme is only done on an annual basis and needs to be re-applied for every year and is only available to those who do not have a public bus service they can catch and are not entitled to normal free home to school transport. You can apply for concessionary from the age of 16-19 but not over. If you are SEND then you would then be expected to apply for a disabilities concessionary pass rather than a home to school one.

Operators can charge adult fares regardless of age if the service is operating before 9/9:30 and after 3/3:30pm as these are peak times.

Second comment Reply:

This would all need referring to the customer service centre on 01522 782020 especially the change of operator. Unfortunately due to tendering regulations we have to change operators/ contracts.

Lynn Wade

Independent Travel Trainer

Tel: 01522 555202

Max Respect - Independent Travel Training (ITT)

Independent Travel Training (ITT) is one-to-one training designed to equip young people who are entitled to home to school transport with the confidence & skills required to travel independently, be it on foot, by cycle or public transport.

You can now refer online at: www.lincolnshire.gov.uk/maxrespect

Core assets ~ Message from Carole Knowles - Director of Education & Learning

Core Assets Children's Services and Liaise both offer impartial Independent Support for any parents, carers and young people in Lincolnshire transferring to an Education, Health and Care (EHC) Plan or undertaking an EHC assessment.

You can ask for an Independent Supporter by calling:

Liaise (SEND Information, Advice and Support Service) on 0800 195 1635 or Core Assets Children's Services on 08000 288 455.

Core Assets Children's Services would also like to invite Lincolnshire families who have had experience of Core Assets independent support workers in particular, to give feedback. Please feel free to email your comments about Core Assets independent support to ISEastmidlands.Region@coreassets.com

All feedback will allow Core Assets to continuously improve the service and respond quickly to any queries parents may have where appropriate.

Parent-2-Parent

15th January 2016

7:00 - 9:00 pm

Join us at:

(Note change of venue): Coningsby Community
Hall, Silver Street, Coningsby LN4 4SG

At this session, there will
be a talk on

**Strategies to
Manage Children's
Anxieties**

These meetings are especially put on to support parents with their caring roles and to enable them to maintain their wellbeing.

Lots of stresses on? Need answers to your questions? You'd be surprised how much we can help with. Hope that you can come and talk to us where you will find a warm welcome.

Who can come? All parents and carers of children (including grown up ones!) with special educational needs and disabilities.

Hosts: Thérèse Lord and Michelle Davies

As a parent, we can sometimes find it hard to relate our very unique lifestyles to friends and family. The parenting journey is never straightforward for anyone; there will be highs and there will undoubtedly be lows. How we deal with those anxious times are key factors that affect our wellbeing.

What will maintain good mental health? Can you spot which of these statements are true and which are false? (*Tip: there are 3 definite false statements, 2 that need further discussion depending on the context, and 13 true statements*)

1. Talk about the way you feel
2. Keep your thoughts bottled up
3. Build healthy relationships with people
4. Stay in touch with demanding and needy friends
5. Look after your physical health
6. Sleep
7. Eat what makes you feel comforted
8. Stay up late at night watching movies
9. Diet
10. Physical activity
11. Do something you enjoy
12. Do something for someone else
13. Set yourself a challenge
14. Relax
15. Identify mood triggers
16. Wish that you were someone else
17. Look after yourself during difficult times
18. Learn to accept yourself

Answers below!



Pictured above: parents discussing the humorous side to keeping well with the demands of family life at the Parent2Parent meeting.

Share your good news story

What are your memories of the last 10 years?

We are collecting good news stories to present at our 10th anniversary event on 4th Feb when we will be reflecting back to 2006 when the LPCF was first founded. We would love to hear from you if you have had some benefit from LPCF in any way.

Should you have any photos that you wish to share with us, they will be very welcomed and they may end up on the presentation PowerPoint!

Please let us know if you wish to remain anonymous or whether you are happy for us to publicise your name and the area you live in.

Thank you, in anticipation for your help.

Answers: False statements 2, 4, 16. Further discussion 7, 8 - the rest are true statements that would be good for our wellbeing.

2ND COUNTY COFFEE MORNING

On 20th November we celebrated Carers' Rights Day with our 2nd County Coffee Morning. The event was specifically for parent carers and was held at the Finch hatton Arms, Ewerby, near Sleaford. The event was very informal and parents were asked to participate in timed activities surrounding the issues that affect their day to day lives. LPCF Volunteers introduced themselves and talked a little about their involvement with LPCF and the coffee mornings that they host. Parents were then asked their views on The Local Offer, Short Breaks and being a Parent Carer.



They were also supported to take a look at our website and were given details of the help and information we offer. Parents were asked to participate in their wish list for themselves and their family and were given the chance to feedback their views about the services and support they use, including both positive and negative experiences. Finally they were also given the opportunity to discuss any issues concerning Education by booking a ten minute slot with our IPSEA trained volunteer. A lovely buffet lunch followed along with a chance to talk to our volunteers and other like minded parents. All feedback will be collated and published in a report which will be circulated and added to the Library page of our website shortly.

LPCF would like to thank all parents who attended and gave their honest opinions about the things that affect their day to day lives. Please be reassured we will feedback your anonymised comments without any alterations or amendments!

From January 2016 our 50:50 club will be known as "50:50 Choice" – you can either put £1 in an envelope with your own name on it or if you are feeling generous, nominate someone else to receive the winnings. Either way, you will know you are supporting our Charity's important work. Thank you.

Parent Carers' Booking Form for 10th Anniversary Celebration Event on 4th February 2016

To accept the invitation, complete and return this sheet as soon as possible or by 15th January 2016 at the latest. All places will be booked on a first come, first served basis.

Names of those attending:

Address

..... **Postcode:**

Telephone number **Mobile number**

Email:

If you are not currently a member of the LPCF network, we will automatically add your details to our email distribution list so that you can remain informed about LPCF activities and events to help support your family. If you do not wish to be a member, please contact us. If you wish to register other carers on our network, you can do this online through the 'subscription' page on our website www.lincspcf.org.uk.

2 course buffet lunch: Do you have any special dietary requirements? ☐ No ☐ Yes

If yes, please tell us details here:

Car park: LPCF and South Kesteven District Council have made special arrangements for concessionary parking for parent carers. Instead of paying £8 for a duration of 4 hours or over, parents can pay £5 to park on the top floor of the multistorey car park at Wharf Road, Grantham. To take advantage of this concessionary price, please send a cheque for £5 made payable to LPCF. Disability access is available at the car park and it is a 5 minute walk per Google maps (see map attached).

If you have any additional requirements, let us know here and we will do our best to accommodate you:

Please return to: LPCF, PO Box 1183, Spalding PE11 9EE by 15th January 2016 or email it to admin@lincspcf.org.uk

As we are providing refreshments and lunch, we ask that if you have booked a place and you are unable to make it at short notice that you send a donation to LPCF, PO Box 1183, Spalding PE11 9EE.

Many thanks for your support.

Professionals wishing to book a place at the 10th Anniversary celebration event, booking forms can be downloaded from our website's home page or the events page.

Display stand with one professional attending costs £30.

Professionals attending without display material are priced £20 each.

Limited places available; please book early to avoid disappointment.

LOTTERY CLUB NEWS

November's Lucky
Winners...

£50 –Eric Ormond
£10 –Jayne Newman
£5– Alan Wilson

~oOo~

The odds are in your favour...this is a small lottery club and you have a high chance of winning. You don't have to be a forum member to join the lottery either. This is open to everyone that wants to help raise funds for our charity supporting families with children with SEN and disabilities.

The best news is, once we have more members, the prize money will go up! We would love your help to spread the news and attract more lottery club members.

If you'd like to join or buy an extra number, call 07593 553 609 or email carol.lotteryclub@gosberton.plus.com

We are now offering you the chance to subscribe for 3 months for only £13.

You can join via our website too!



**WANT TO GIVE A
LOVED ONE
SOMETHING
DIFFERENT THIS
YEAR? OUR NEW
CHRISTMAS GIFT
VOUCHERS ARE HERE.**

How to purchase: Contact us to purchase a lottery number, and we will send you this seasonal Gift voucher for you to personalise.

A thought for the New Year...

Whilst juggling family life with your commitments, have a think about what training would be useful to you. Could it be training on managing your child's anxieties, or how to help your child with education matters or maybe you want to know more about what support there is out there that you don't yet know about or perhaps it is something else.

Whatever it is, let us know by going to this link: <https://www.surveymonkey.co.uk/r/THPYXTN>

Once we look at people's responses, we will then be able to try and plan these things in to assist families (subject to funding of course!). Happy New Year 2016!!

Our Contact Details:

To find out more about our coffee mornings or other events and activities, please use the email address or phone number below. If you phone please leave a message and we will return your call.

Website: www.lincspcf.org.uk

Tel: 0845 33 11 310

Email: admin@lincspcf.org.uk

Address: LPCF, PO Box 1183, Spalding, PE11 9EE

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