



Colorado's Jesuit University

CALENDAR OF EVENTS FOR THE SUMMER

IN THIS ISSUE

Calendar of Events	I
News & Updates	2 3
Graduation Celebration Spring 2013	4 5
Spring 2013 Commencement	6
APT Conference	7
Learning Opportunities	8
Leadership Academy	9
Counseling Opportunities	10
New Student Group	11
Job Opportunities	12
Connections and Contacts	13



hough Summer
is usually a time
L to kick back and
relax, we are still busy
with University and
community happenings
throughout the season.
Check out everything
that is going on and get
involved through
RUC.CSI and RASCA
events. There are
numerous fantastic op-
portunities for learning
and networking that
should not be missed!



<u>MAY</u>

May 4 Spring Commencement

May 6 First Day of Classes

<u>JUNE</u>

June 7 Narrative Therapy Group Meeting

June 11 Free CSI Webinar

June 15 Lunch & Learn with RASCA

June 18 Women's Group Begins

June 20 APT Volunteer Application Due!

<u>july</u>



July 4 Independence Day!

<u>AUGUST</u>

August 23 Leadership Academy

August 27 First Day of Classes



A Word From President of CSI, Kathryn Raley

I would like to introduce myself officially as your president of the Rho Upsilon Chi chapter of Chi Sigma Iota at Regis University. Being president is something I always had an interest in and then I never fully thought I could do it. It seems like a big job. I believe in RUC.CSI's message of Leadership, Advocacy, Professionalism and Academic Excellence, but how to embody that? How to take a front seat role to actively pursue this mission and stand where everyone can see me?

I am extremely humbled by the shoes I have to fill. I have served on the board for five years, and four presidents and I would like to share some of what they tried to teach me:

- 1. "If your actions inspire others to dream more, learn more, do more and become more, then you are a leader." John Quincy Adams
- 2. Everyone you meet has something to teach you, something to offer, and may ask you something in return. It is your job to graciously accept their gift and decide what you bring to the table.
- 3. "Not the cry, but the flight of a wild duck, leads the flock to fly and follow." Chinese Proverb
- 4. Learn to love your Regis email. (If you don't already.)
- 5. Working well with others means letting others do some work.
- 6. Always bring tissues to the Graduation Celebration.
- 7. Faculty and professors aren't just wonderful resources, they are pretty nice people too! We sincerely thank them for their support and dedication!
- 8. Don't forget you are on a journey, and today—now—is just one moment.
- 9. "It's amazing what you can accomplish if you don't care who gets the credit." Harry S. Truman
- 10. You are already a leader. Now you just have to let others see you that way.

I am already a leader, and now I will try to let you see me that way. We have a great year planned for RUC.CSI. I want to invite emails, comments, future board members to write to me, visit us and be part of the experience at Regis. Please keep in touch and wish me luck!

Kathryn Raley

CALLING ALL WRITERS!

The Journal of Counselor Leadership & Advocacy (JCLA) provides professional counselors, counselor educators, and counseling students with research and evidence-based recommendations in topics that promote scholarship, research, professionalism, leadership, advocacy, and excellence in counseling. Through high-quality research, scholarship, and professional dialogue, the primary purposes of this peer-reviewed journal are to promote the development of leaders to serve in diverse counseling settings, bring awareness to professional and client advocacy initiatives, and provide a forum for discussing professional issues. JCLA welcomes empirical, theoretical, and conceptual pieces focused on leadership, professional and client advocacy, and professional identity for counseling students, and counselor educators. Because evidence-based practice is at the heart of the counseling profession, JCLA will occasionally publish exemplary scholarship related to evidence-based practice in counseling practice, supervision, and education.

Author Guidelines

JCLA is now accepting manuscripts for the inaugural issue (June 2014). Please see the <u>JCLA Author Guide-</u> lines for details.

For questions, comments, or editorial board inquiries, please contact jcla@csi-net.org.

SUMMER 2013

RASCA AND CSI NEWSLETTER

Colorado Counseling Association Annual Conference Report

The Colorado Counseling Association Annual Conference was March 8 & 9 at the Doubletree Denver Tech Center and Regis University was a Platinum Sponsor! Great job Dr. Marty Munoz, Dr. Jody Huntington, Dr. Jim Ungvarsky, Dr. John Arman, Dr. Jennifer Cates, Dr. Sondra Medina, and all the other affiliate faculty and students who represented Regis so impressively at the CCA



conference! The following were the presentations facilitated by Regis faculty and students:

Creative Approaches in Clinical Supervision: Applicable to University, Community Agency, and Private Practice Settings by Dr. Linda Osterlund, Ph.D., LMFT, Dr. LaVerne Jordan, Ph.D., NCC, ACS, & Dr. Jay Martin, D.Min., LMFT

Mexican Mysticism: Los Hijos de Dios by Dr. Martin K. Munoz, Ed.D., LPC

CSI Statewide Chapter Meetings by Dr. Jane Myers, Dr. Thomas Sweeney, Jody Huntington, Kathryn Raley, & Cindy Miller

Sexual Expression Throughout Deployment and After by Melodie Mack, M.A., NCC, LPC, Elizabeth Sherr, M.A., & Amy Gayol, Graduate Student

Understanding the Warrior Mind: Promoting Resilience and Understanding Stress Inoculation, Operational Stress and PTSD by Dr. James Ungvarsky, Psy.D., MPA, LMFT, Dr. Jody Huntington, Ph.D., LPC, NCC, & David Welch, MSgt, USAFR, Graduate Student

Applying Jesuit Pedagogical Teaching Principles to Counseling & Marriage and Family Practicum Experiences (Poster Session) by Dr. John Arman, Ph.D., LPC, Dr. Jennifer Cates, Ph.D., Dr. Jody Huntington, Ph.D., LPC, NCC, & Dr. Sondra Medina, Ph.D., LMFT

Get involved with CCA governing council! The incoming president for CCA is Dr. Linda Osterlund, president-elect is Melodie Mack (Regis alumni and affiliate faculty), awards chair is Dr. John Arman, treasurer is Carmina Blasko (Regis alumni)...and we have several student representatives.

For information on membership, check out the website at: <u>www.coloradocounselingassociation.org</u>

GET INVOLVED!!!

The Regis University community always has an event to attend that is both fun and fulfilling. Plus, you can get your CSI service requirements met!

If you have an event to promote or a story to tell, let us spread the word for you! We will include it in our Fall 2013 newsletter. Please contact <u>ruc.csi@gmail.com</u> with the word "Newsletter" in the subject line.

SUMMER 2013

Graduation Celebration, Spring 2013







This Spring's graduation celebration was held on April 28th in the beautiful Curtis Ballroom at Comedy Works in Greenwood Village. We celebrated with 25 students and had 96 attendees overall.





Congratulations to all graduates and thanks to the faculty for making this such a special event!



<u>Student</u> <u>Awards</u>

The Innovation in Counseling Award goes to the student who has shown creativity in his or her approach to counseling and has made unique contributions to the field of counseling.

Leadership The Award goes to the student who has demonstrated leadership within the graduate counseling program, the ability to inspire fellow students, and motivates positive change with his or her self-motivation.

The Outstanding Graduate Award goes to a graduatstudent ing who has demonstrated academic excellence. service to community support to the counseling program, leadership, advocacy, and role model to fellow students.

Graduation Celebration, Spring 2013 (continued)



Shelly Brannon Innovation in Counseling Award (Denver)

Andrea Otero-Looney—Not Pictured Innovation in Counseling Award (Colorado Springs)



Lori Scheffler Outstanding Graduate Award (Denver)



LaTonya Dulaney-Harris The Martin Ignacio Baro Award



Michelle Skiba Leadership Award (Denver)

Waymon Stallcup—Not Pictured Leadership Award (Colorado Springs)



Terri Barrios Outstanding Graduate Award (Colorado Springs)



SUMMER 2013

SPRING COMMENCEMENT 2013











REGIS ALUMNI STUDENT COUNSELING ALLIANCE & CHI SIGMA IOTA

2013 Association for Play Therapy (APT) Conference

Start planning now to attend the 30th Annual APT Conference October 8-13, 2013! It is going to be held at the beautiful Westin Mission Hills Resort and Spa in Palm Springs, California. You can earn up to 37.5 CE credits while having fun in sunny California and networking with other professionals. Register by September 10, 2013 to save! Click here for the conference brochure and registration information: <u>http://www.a4pt.org/download.cfm?ID=30614</u>.

Here's what people are saying about this conference:



"The APT conference is always among the most educational and fun-filled weeks of the year and this year proved the same! Thank you." Angela Cavett, PhD, RPT-S

"Attending APT Conference is about live presentations, making personal and professional connections and hands on access to play therapy resources... you just have to be there." Jane Johnson, MSW, LCSW, RPT-S

APT promotes the value of play, play therapy, and credentialed play therapists. It supports those programs that promote the understanding and valuing of the effective practice of play therapy, recognition of diversity in play therapy, and development and maintenance of a strong professional organization. For more information and to join, visit <u>www.a4pt.org</u>.

CONFERENCE VOLUNTEERS WANTED BY JUNE 20!

If you would like to be part of the volunteer staff during the 2013 Association for Play Therapy Conference, submit your volunteer application to Diane Leon (<u>dleon@a4pt.org</u>) by June 20th. Student members preferred. The application is located here: <u>http://www.a4pt.org/download.cfm?ID=30600</u>.



SUMMER 2013

<u>Free CSI Webinar</u> <u>About the</u> <u>New DSM-5</u>

DIAGNOSTIC AND STATISTICAL MANUAL OF MENTAL DISORDERS FIFTH EDITION DSM-5

AMERICAN PSYCHIATRIC ASSOCIATION

With the release of the DSM-5, counselors need information about changes in the new manual. Dr. K. Dayle Jones will provide an overview of the DSM-5, including its development process, changes to the organizational structure, major revisions to existing diagnoses, and the addition of new disorders.

K. Dayle Jones, Ph.D., LMHC is Associate Professor and Coordinator of the Mental Health Counseling program at the University of Central Florida where she teaches assessment and diagnosis of mental disorders. Dr. Jones is a member of the WHO International Advisory Group for the revision of the International Classification of Diseases section on Mental and Behavioural Disorders. She chaired the ACA DSM-5 Proposed Revisions Task Force and was column editor for Counseling Today's "Inside the DSM-5" series.

June 11, 2013 12:00PM - 1:00PM (Mountain Time)

Register here: https://www1.gotomeeting.com/register/403142352

Want to keep-up on changes from DORA?

Attend RASCA's Lunch and Learn on June 15th at the Colorado Springs Campus in Conference, Room #101. You will have the opportunity to learn on how to deal with DORA and attend RASCA's monthly board meeting. Bring a sack lunch and don't miss this opportunity to connect with faculty, alumni, students and stay current with DORA!

June 15, 2013 Colorado Springs Campus 7450 Campus Drive, Suite 100, Colorado Springs, CO 12:00PM - 1:30PM

Contact Dr. Jim Ungvarsky for more information: jungvars@regis.edu



<u>110</u>



REGIS UNIVERSITY LEADERSHIP ACADEMY

2013 NOMINATION FORM

The Regis Leadership Academy offers training and leadership opportunities for students in the Graduate Counseling and Teacher Education programs. Participating students are honored with gift(s) from Regis, RUC-CSI, and RASCA. They are provided with workshop materials, lunch, and a certificate of completion at the end of the day. The program is from Noon to 5 pm on August 23, 2013 at the Colorado Springs Campus, rooms 114 & 117. During the event, students learn about principles of leadership, different leadership styles, mentoring, and advocacy. Student leaders learn about getting involved in leadership on campus, the community, and professional organizations.

In order for a Regis Graduate Counseling Student to attend the event, he/she must be
nominated by a faculty, another student, or themselves. The nomination is based on the student's
demonstrated leadership potential, academic excellence, and/or serving as a role model to their
classmates. The student must have completed one semester in the program, and can be graduating the
semester they attend the academy. Students nominated by faculty and/or requesting faculty
endorsement for nomination must return this form to Dr. Linda Osterlund at the Colorado Springs
campus, mail-code P-4 or by e-mail losterla@regis.edu NO LATER THAN AUGUST 1, 2013.

Student's Name:

Person Nominating Student:

Signature:

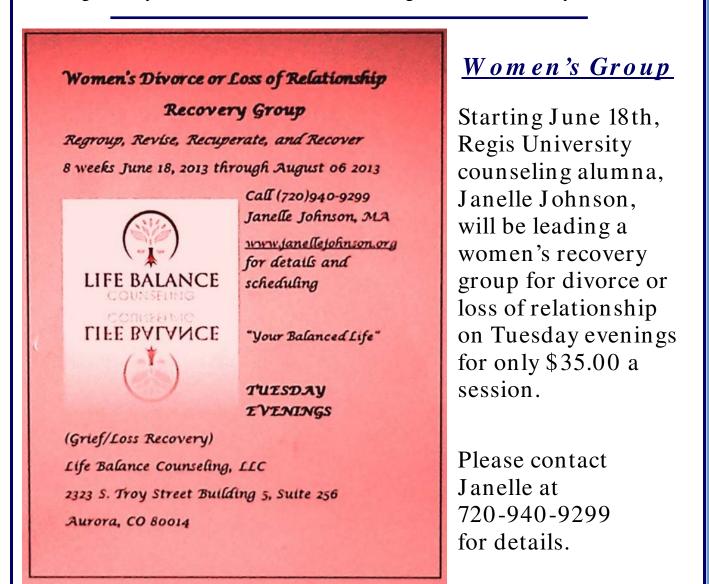
THANK YOU FOR PROMOTING STUDENT LEADERSHIP AT REGIS UNIVERSITY!

REGIS ALUMNI STUDENT COUNSELING ALLIANCE & CHI SIGMA IOTA

No Cost Counseling

Regis University's counselors in training and marriage and family therapists in training are offering confidential, no cost counseling services at the Broomfield and Colorado Springs campuses this summer. Services include: individual counseling, couples and family therapy, counseling for children and adolescents, and play therapy. Limited weekly appointment times are available beginning the week of May 13th for up to 14 weeks.

If you or someone you know is interested in these services, contact the Interlocken-Broomfield Counseling Center's lab at 303-964-5786 or the CORE Counseling Center at 719-264-7027 for more information. Please leave a message with your contact information and a good time to reach you.



SUMMER 2013

New Student Group

Interested in Narrative Therapy? Join the new Narrative Therapy Student Group! The first meeting is on Friday, June 7th at 6:30PM at the Main Campus in Denver. See details below and contact TELLNarratives@gmail.com for more information.

TELL: Narrative Therapy Student Group Be postmodern and catch the new theoretical wave of counseling Narrative Therapy Embraces Creativity, Curiosity, and Subjectivity Join us (TELL & Steve Bennett Friday, June 7 @ 6:30pm, at Claver Hall on the main campus, room 303. We will: Explore ways to incorporate narrative focused practicum and internship opportunities at Regis people re-TELL Discuss monthly their meetings for ongoing education and support in narrative practice Collaborate on strategies to get narrative therapy further interested out and into the in joining ou

TELLNarratives@Gmail.com

next meeting? contact:

REGIS ALUMNI STUDENT COUNSELING ALLIANCE & CHI SIGMA IOTA

world

JOB OPPORTUNITIES

A Woman's Place is recruiting applicants for the position of a part-time Advocate-A WOMAN'S PLACE Counselor. Applicants will provide case management, crisis intervention and short term and group counseling and advocacy services for children and adult victims of domestic

violence. Responsibilities include: provide short term individual counseling, hot line coverage, crisis intervention, assessment and services for domestic violence victims for resident and non resident clients.

Qualifications: Masters of Social Work, or Master's degree in Psychology or related field and experience in crisis counseling and case management. Excellent written and verbal skills, ability to work as part of a team while providing guidance to advocates. Ability to intervene in crisis situations, using sound professional judgment, ethical practice and common sense. Ability to work with diverse racial, ethic, and socioeconomic backgrounds.

Compensation: DOQ

To apply: please submit cover letter, resume and 3 reference contacts including 2 from your most current supervisor to: Email: jobs@awpdv.org Mail: P.O. Box 71, Greeley, CO 80632 Fax: 970-351-6686

Sincerely, Francine Bush Admin./Advocate Business: (970) 351-0476 ex. 315 Crisis: (970) 356-4226; 1-866-356-4226 www.awpdv.org



Brightside Counseling Services, LLC is seeking a qualified contract therapist to provide counseling to adult, children, and adolescent individuals in the Centennial and surrounding cities. A therapist who has had training in trauma would be ideal as well as a therapist who has or is obtaining training in EMDF or somatic experiencing is highly desired. We provide services to clients who expect an exceptional level of service. Therefore, we are looking for someone with wonderful therapeutic skills who is preferably a Licensed Professional Counselor (LPC), Licensed Marriage and Family Therapist (LMFT), a Licensed Psychologist, or a National Certified Counselor (N.C.C.). Recent graduates will be

considered only if they possess the qualities below:

- Have a Master's degree in counseling, psychology, or related field.
- Have a license or registration active in Colorado.
- Proof of professional liability insurance and general liability insurance. •
- Working business phone number. •
- Professional appearance and attire. .
- Experience working with adults, children, and adolescents.
- Candidate must be culturally sensitive, creative, empathetic, and able to handle high stress.
- Must possess strong verbal and written communication skills and have established time management skills with self-motivation to research and expand therapeutic techniques in order to meet the clients' needs.

Contract therapist is responsible for the following duties, but not limited to:

- Assessing strengths and needs for clients researching and providing necessary resources to assist with individual client needs.
- Follow up phone calls to clients.
- Schedule appointments.
- Accept payments. •
- Treatment plans.
- Communicate effectively with all appropriate professionals including teachers, family members, psychiatrists, and other therapists.
- Submit timely progress notes.
- Possible group leader/co-leader.

To learn more about Brightside Counseling Services, LLC, please go to www.brightsidecounseling.net.

Please submit a cover letter and resume with your response.

Kindly, Jessica Edmonds, MA

REGIS ALUMNI STUDENT COUNSELING ALLIANCE & CHI SIGMA IOTA

SUMMER 2013

RASCA AND CSI WORKING TOGETHER

CONNECTIONS

<u>RUC-CSI CHAPTER</u> <u>WEBPAGE</u>

<u>RUC-CSI LINKEDIN</u> WEBPAGE

<u>RUC-CSI</u> FACEBOOK GROUP

RASCA FACEBOOK GROUP

<u>COUNSELING</u> FACEBOOK GROUP

MAMFT PROGRAM FACEBOOK GROUP

TWITTER

REGIS.EDU

The RASCA mission is to support students and alumni in the counseling community through education and mentorship. RASCA also seeks to promote opportunities for leadership, networking, advocacy, and skill enhancement.



The CSI mission is to promote scholarship, research, professionalism, leadership, and excellence in counseling, and to recognize high attainment in the pursuit of academic and clinical excellence in the profession of counseling.



CONTACT US

RASCA Contacts

President: Rachel LaDuke President Elect: Open Administrative Assistant: Bethany Wolf MFT/ CAMFT Student Reps: Monique Elgersma, Rick Elgersma, and Marty Witzel MAC Reps: Ed White and Adrienne Klokinis CSI Liaison: Marcedes Heggen Military Liaison: Amy Gayol New sletter: Jamin Subramanian Faculty Advisor: Dr. Linda Osterlund

CSI Contacts

Past President: Cindy Schou-Miller President: Kathryn Raley Membership: Erin Venters Secretary: Open Treasurer: Open Alumni Rep: Barb Kamlet **RASCA** Liaison: Rachel LaDuke Newsletter: Christie Sears Thompson Social Media Chair: David Perrv **Volunteer Coordinator:** Dreva Kirkland Member-at-large: Kathi Hall Faculty Advisor: Dr. Jody Huntington