

*Celebrating the 10th Anniversary of the UCSF  
National Center of Excellence in Women's Health*

# Controversies in WOMEN'S HEALTH

Hilton San Francisco Financial District  
San Francisco, California



## **COURSE CHAIRS**

**Robert B. Baron, MD, MS**

Professor of Medicine;  
Associate Dean for Graduate and  
Continuing Medical Education

**Nancy Milliken, MD**

Professor of Obstetrics, Gynecology  
and Reproductive Services;  
Vice Dean, School of Medicine;  
Director, UCSF National Center of  
Excellence in Women's Health

THURSDAY - FRIDAY

**December 7-8, 2006**

# Controversies in WOMEN'S HEALTH

December 7-8, 2006  
Hilton San Francisco  
Financial District  
San Francisco, CA

The last decade has seen major advances in women's health. The UCSF National Center of Excellence in Women's Health (CoE) has played a key role in this process leading innovations in clinical practice, development of new knowledge, and in professional and community education. This year's course will celebrate the 10th Anniversary of the UCSF CoE which was one of the vanguard Centers to receive this federal designation in 1996. Speakers will include nationally-recognized faculty from UCSF who have made major contributions in women's health over the last decade and who continue to lead the field.

Designed for family physicians, internists, gynecologists, nurses, pharmacists and all others involved in providing quality health care for women, the course will provide a practical update on comprehensive range of common but controversial issues in women's health. Emphasis will be placed on new developments in preventive care for women, issues in reproductive health, and clinical strategies in the diagnosis and treatment of common gynecologic and medical disorders of women. A keynote address will reflect on the progress of the last decade and collective aspirations for the next one. An audience response system will facilitate questions and discussion. A complete course syllabus will be provided for all participants.

The course is presented by the UCSF Division of General Internal Medicine and the Center of Excellence in Women's Health in close collaboration with the Department of Obstetrics, Gynecology, and Reproductive Sciences and is sponsored by the Office of Continuing Medical Education, University of California, San Francisco.

## EDUCATIONAL OBJECTIVES

An attendee completing this course should be able to describe:

- Current recommendations for prevention and early detection of breast and cervical cancer in women with diet, vaccines, pap tests, genetic testing, and diagnostic imaging;
- Current strategies for prevention, recognition and treatment of CAD in women;
- Current strategies for effective family planning
- Management of common office problems in women's health including abnormal pap smears, menopause, endometriosis, incontinence, obesity, metabolic syndrome, vaginitis and sexually transmitted diseases;
- Current approaches to common problems seen in elderly women including dementia and osteoporosis; Current recommendations for the management of anxiety disorders, depression, social phobia, and premenstrual dysphoric disorders;
- New evidence supporting the use of alternative therapies in women's health;
- The impact of HIV and the AIDS epidemic on women's health;
- Current understanding of the impact of gender on brain function.

## ACCREDITATION

The University of California San Francisco, School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

UCSF designates this educational activity for a maximum of 13.5 AMA Physician's Recognition Award category 1 credit(s)<sup>TM</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

This CME activity meets the requirements under California Assembly Bill 1195, continuing education and cultural and linguistic competency.

**AAFP:** Application for CME credit has been filed with the American Academy of Family Physicians (AAFP).

**Determination of credit is pending.**

**Nurses:** For the purpose of recertification, the American Nurses Credentialing Center accepts AMA PRA category 1 credit issued by organizations accredited by the ACCME.

**Pharmacy:** The California Board of Pharmacy accepts as continuing professional education those courses that meet the standard of relevance to pharmacy practice and have been approved for AMA PRA category 1 credit.

**Pain Management and End-of-Life Care:** The approved credits shown above include 1.75 credits toward meeting the requirement under California Assembly Bill 487, Pain Management and End-of-Life Care.

**Geriatric Medicine:** The approved credits shown above include 6.5 credits toward meeting the requirement under California Assembly Bill 1820, Geriatric Medicine.

## THURSDAY, DECEMBER 7, 2006

7:30am Registration, coffee, and refreshments

8:20 **Welcome**

Robert B. Baron, MD, MS, Course Chair  
Nancy Milliken, MD, Course Chair

### KEYNOTE ADDRESS

8:30 ■ **Advances in Women's Health: What a Difference a Decade Makes** Nancy Milliken, MD

9:10 Q and A

### PREVENTIVE MEDICINE FOR WOMEN • Moderator: Nancy Milliken

9:20 **Update in Cervical Cancer Prevention and Screening** George F. Sawaya, MD

10:00 Q and A

10:10 Break

10:30 ■ **Breast Cancer Risk Assessment and Prevention** Jeffrey A. Tice, MD

11:10 Q and A

11:20 ■ **Cardiovascular Disease in Women** Kirsten Bibbins-Domingo, MD

12:00 Q and A

12:10 *Lunch on your own*

### ISSUES IN REPRODUCTIVE HEALTH • Moderator: Robert B. Baron, MD, MS

1:30pm **Contraception 2006** Philip D. Darney, MD

2:10 Q and A

2:20 ■ **Urinary Incontinence: Practical Evaluation and Treatment** Jeanette S. Brown, MD

3:00 Q and A

3:10 Break

3:30 ● **Endometriosis: Diagnosis and Treatment** Linda Giudice, MD, PhD

4:10 Q and A

4:20 **Genital Tract Infections: Screening and Treatment** Michael S. Policar, MD, MPH

5:00 Q and A

5:10 *Adjourn*

## FRIDAY, DECEMBER 8, 2006

### CLINICAL STRATEGIES IN WOMEN'S HEALTH I • Moderator: Katherine A. Julian MD

8:00am *Continental Breakfast*

8:30 ●■ **Prevention and Treatment of Osteoporotic Fractures** Douglas C. Bauer, MD

9:10 Q and A

9:20 ■ **Mental Health in Women's Health** Ellen Haller, MD

10:00 Q and A

10:10 Break

10:30 **Complimentary and Alternative Medicine in Women's Health** Ellen F. Hughes, MD, PhD

11:10 Q and A

11:20 **Women and HIV/AIDS** Ruth M. Greenblatt, MD

12:10 *Lunch on Your Own*

### CLINICAL STRATEGIES IN WOMEN'S HEALTH II • Moderator: Robert B. Baron, MD, MS

1:30 **Obesity and Metabolic Syndrome in Women** Alka M. Kanaya, MD

2:10 Q and A

2:20 ■ **Updates in the Diagnosis and Treatment of Dementia** Kristine Yaffe, MD

3:00 Q and A

3:10 Break

3:30 ■ **Controversies in Breast Cancer Screening and Diagnosis** Rebecca Smith-Bindman, MD

4:10 Q and A

### CLOSING ADDRESS

4:20 ■ **Is the Female Brain Really Different?** Louann Brizendine, MD

5:00 Q and A

5:10 *Adjourn*

● Satisfies the California requirement for Pain and End-of-Life Credit.

■ Satisfies the California requirement for Geriatric Credit.

program

# National Center of Excellence in Women's Health

## COURSE CHAIRS

**Robert B. Baron, MD, MS**  
Professor of Medicine;  
Associate Dean for Graduate  
and Continuing Medical  
Education; Vice Chief, Division  
of General Internal Medicine;  
Vice Chief, Division of General  
Internal Medicine

**Nancy Milliken, MD**  
Professor of Obstetrics,  
Gynecology and Reproductive  
Sciences; Vice Dean, UCSF  
School of Medicine; Director,  
UCSF National Center of  
Excellence in Women's Health

## COURSE FACULTY

(University of California,  
San Francisco School of  
Medicine)

**Douglas C. Bauer, MD**  
Professor of Medicine,  
Epidemiology and Biostatistics

**Kirsten Bibbins-Domingo, MD**  
Assistant Professor of Medicine

**Louann Brizendine, MD**  
Associate Professor of  
Psychiatry; Director, Women's  
Mood and Hormone Clinic;  
Co-Director, UCSF Program  
in Sexual Health

## COURSE FACULTY (CONT.)

**Jeanette S. Brown, MD**  
Professor of  
Obstetrics/Gynecology and  
Reproductive Sciences,  
Epidemiology, and Urology;  
Director, UCSF Women's  
Continence Center; Co-Director,  
UCSF Women's Health Clinical  
Research Center

**Ruth M. Greenblatt, MD**  
Professor of Medicine and  
Epidemiology; Director,  
Women's Specialty,  
AIDS Clinic

**Linda Giudice, MD, PhD**  
Professor and Chair, Obstetrics,  
Gynecology and Reproductive  
Sciences

**Philip D. Darney, MD**  
Professor of Obstetrics,  
Gynecology and Reproductive  
Sciences; Acting Chief of  
Obstetrics, Gynecology and  
Reproductive Sciences,  
San Francisco General Hospital

**Ellen Haller, MD**  
Professor of Psychiatry;  
Director, Adult Psychiatry Clinic  
and the WomenCare Mental  
Health Program

**Ellen F. Hughes, MD, PhD**  
Professor of Medicine; Director  
of Education, Osher Center for  
Integrative Medicine

## COURSE FACULTY (CONT.)

**Katherine A. Julian, MD**  
Associate Professor of  
Medicine; Director;  
Primary Care Internal  
Medicine Residency Program

**Alka M. Kanaya, MD**  
Assistant Professor of Medicine  
and Epidemiology &  
Biostatistics

**Michael S. Policar, MD, MPH**  
Associate Professor of  
Obstetrics, Gynecology and  
Reproductive Sciences;  
Medical Director, UCSF Family  
PACT Program Support and  
Evaluation

**George F. Sawaya, MD**  
Associate Professor of  
Obstetrics, Gynecology and  
Reproductive Sciences;  
Epidemiology & Biostatistics

**Rebecca Smith-Bindman, MD**  
Associate Professor of  
Radiology; Epidemiology and  
Biostatistics; and Obstetrics,  
Gynecology and Reproductive  
Sciences

**Jeffrey Tice, MD**  
Assistant Professor of Medicine

**Kristine Yaffe, MD**  
Associate Professor of  
Psychiatry, Neurology, and  
Epidemiology & Biostatistics;  
Chief, Geriatric Psychiatry,  
SF VA Medical Center

# faculty

## GENERAL INFORMATION

Pre-registration is preferred to ensure that registrants receive a syllabus and CME Certificate at the course.

## COURSE FEES

**\$415** Physicians;

**\$310** Nurses/Pharmacists/Allied Health  
Professionals/Residents/Fellows

Registration fee includes a course syllabus and daily continental breakfast.

## REGISTRATION Course #MDM07M14

- **To register online**, please visit [www.cme.ucsf.edu](http://www.cme.ucsf.edu)
- **To register by phone** with a credit card, please call **415/476-5808**.
- **To register by mail** with a check, please complete and mail the attached registration form.

**Registration information:** 415/476-5808

**Course information:** 415/476-4251

**Date:** Thursday, December 7 at 7:30 am

**Location:** **Hilton San Francisco  
Financial District**  
750 Kearny St.  
San Francisco, CA 94108  
415-433-6600

## REFUND POLICY

Cancellations received in writing before the first day of the course will be refunded, less a \$75 administrative fee; no refunds will be made on cancellations received after that date. To request a refund, please send a written request to OCME, UCSF Box 0742, San Francisco, CA 94143-0742 or fax 415/502-1795.

## COURSE LOCATION

**The Hilton San Francisco Financial District** is just steps from San Francisco's famous North Beach district, Chinatown, and Fisherman's Wharf. A block of guestrooms has been reserved at the special UCSF discounted conference rate of **\$169.00** per night, single or double occupancy. The contracted cut-off date is November 6, 2006, or until the group room block is filled, whichever comes first.

## RENTAL CAR

**Hertz** is offering special rates for participants of this conference; simply call **800/654-2240**, or go online to [www.hertz.com](http://www.hertz.com) and refer to identification number CV# 03BW0073, or call your travel agent. Advance reservations are recommended.

## AIR TRANSPORTATION

Special arrangements have been made with **Montgomery Travel**; simply call **800/391-2287**, or go to [www.montgomerytravel.com](http://www.montgomerytravel.com) to complete their UCSF form. A travel specialist will assist you with air reservations and local area travel plans. In addition to offering lower rates than the published fares, ticketed passengers may take advantage of the 24-hour emergency service.



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MDM07M14

December 7-8, 2006

Hilton San Francisco Financial District • San Francisco, California

Mail to : UCSF Office of Continuing  
Medical Education  
P.O. Box 45368  
San Francisco, CA 94145-0368

Online Registration: [www.cme.ucsf.edu](http://www.cme.ucsf.edu)  
Fax: (415) 502-1795  
Registration Information: (415) 476-5808  
Course Information: (415) 476-4251

☐ Dr. ☐ Mr. ☐ Mrs. ☐ Ms.

Last Name First M.I.

Degree Specialty

Address

City State Zip

Daytime Phone Fax

Email

Would you like to be on our priority email list? ☐ Yes ☐ No

Would you like to be on our priority fax list? ☐ Yes ☐ No

Date of birth to be used as OCME registrant number: \_\_\_\_ / \_\_\_\_ / **XX**  
Month Day

Please indicate if you have any special needs:

**Registration Fees**

**Physicians** ☐ \$415

**Nurses/Pharmacists/Allied Health Professionals/** ☐ \$310

**Residents/Fellows**

Make checks payable to *UC Regents*

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**On-Site Registration**

Time: **7:30 am**

Date: **Thursday,  
December 7, 2006**

Place: **Hilton San Francisco  
Financial District**  
750 Kearny St.  
San Francisco, CA 94108  
415-433-6600





University of California,  
San Francisco  
Office of Continuing  
Medical Education  
Box 0742  
San Francisco, CA  
94143-0742  
MDM07M14

This program is  
self-supporting and  
receives no state  
funding.

## Upcoming CME Courses

of Special Interest to the Primary Care Professional

### **Primary Care Practice: Principles & Practice**

October 25-27, 2006  
Hotel Nikko, San Francisco, California

### **Pain Management and End-of-Life Care**

November 16-17, 2006  
Holiday Inn Golden Gateway, San Francisco, California

### **Primary Care Medicine: Update 2006**

April 8-13, 2007  
Wailea Beach Marriott Resort, Maui, Hawaii

### **Essentials of Women's Health: An Integrated Approach to Primary Care and Office Gynecology**

July 1-6, 2007  
Hapuna Beach Prince Hotel, Mauna Kea Resort  
Big Island, Hawaii

### **Essentials of Primary Care: A Core Curriculum for Ambulatory Practice**

August 12-17, 2007  
Resort at Squaw Creek, North Lake Tahoe, California



For more information or to register online visit  
our website at [www.cme.ucsf.edu](http://www.cme.ucsf.edu). You may  
also reach us by calling the Office of Continuing  
Medical Education at (415) 476-4251 or email  
[info@ocme.ucsf.edu](mailto:info@ocme.ucsf.edu).

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