

Twenty-Fifth Symposium Cardiology for the Practitioner

UCSF
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Program Director

PRAKASH C. DEEDWANIA, M.D., F.A.C.C., F.A.H.A.

25th Anniversary!

COME CELEBRATE OUR

Yosemite National Park, California
October 20-22, 2008
UCSF Course No. MFR09001

for the Practitioner

Cardiology

Twenty-Fifth Symposium

University of California, San Francisco
Office of Continuing Medical Education
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San Francisco, CA 94143-0742
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Cardiology for the Practitioner

Objectives

Yosemite National Park will be the site for the 25th annual course, "Cardiology for the Practitioner." This three-day symposium is an intensive course designed for internists, primary care physicians, family practitioners, cardiologists, and other health care providers who encounter patients with various heart diseases. Recent advances in pathophysiology, treatment, and clinical relevance of common cardiovascular disorders will be presented. Emphasis will be placed on the frequently encountered clinical problems in cardiac patients by primary care physicians. There will be state-of-the-art and comprehensive reviews on global risk assessment, coronary artery disease, acute coronary syndromes, cardiac arrhythmia and heart failure. Special emphasis will be placed on review of various newer diagnostic modalities in chest pain patients and selection of therapeutic choice in patients with chronic coronary syndromes. There will be reviews on recent guidelines in management of hypertension, dyslipidemia, stable angina, heart failure, atrial fibrillation, and CV disorders in women. This year's program will be devoted to topics of clinical relevance in practice. The program will include special emphasis on cost-effective, office-based evaluation of common symptoms as well as typical cardiac conditions. The topics and speakers will put a special emphasis on the clinical problems frequently encountered by the primary care physician in his/her practice. Special features of the program this year will include a workshop on ECG interpretation and cardiac auscultation. Throughout this course, efforts will be made to provide the clinician with practical knowledge required for the management of cardiac patients by the clinician. Emphasis will be placed on selection of evidence-based, cost-effective therapies in the current climate of cost-containment in health care. At the conclusion of this program, participants should be able to discuss and as appropriate apply in practice the following:

- ▲ Global risk assessment and prevalence of coronary risk factors in U.S. population
- ▲ The role of emerging risk factors in cardiovascular disease
- ▲ The importance and interplay of obesity, metabolic syndrome and diabetes in CVD
- ▲ The diagnostic and therapeutic importance of exercise in CVD
- ▲ Critical appraisal of cardiac imaging modalities in CVD assessment
- ▲ The significance and management of lipid disorders in CHD
- ▲ The role of various therapeutic modalities for atherosclerosis regression
- ▲ Current guidelines and emerging therapies for hypertension
- ▲ Role of optimal medical therapy and interventions in stable CAD
- ▲ Comprehensive approaches in management of acute coronary syndromes
- ▲ Benefits and limitations of coronary angioplasty and stents
- ▲ Evaluation and management of patients with chest pain
- ▲ Current state of art in the management of patients with heart failure
- ▲ Evaluation and management of patients with mitral valve disease
- ▲ Evaluation and management of patients with syncope and dizziness
- ▲ Evaluation and management of patients with combined dyslipidemia
- ▲ Practical tips in the evaluation of patients with cardiac vs. pulmonary dyspnea
- ▲ Interpretation of electrocardiogram and recognition of common abnormalities
- ▲ Recognition of common cardiac sounds including various gallops and cardiac murmurs
- ▲ Evaluation and management of patients with atrial fibrillation
- ▲ Evaluation and management of patients with aortic valve disease
- ▲ Evaluation of patients with aortic dissection and aneurysms
- ▲ Evaluation of cardiovascular disease in the elderly
- ▲ CAD in women: the newer emerging data regarding evaluation and management
- ▲ Review of various established practice guidelines for cardiovascular disorders
- ▲ Selection of appropriate diagnostic tests for comprehensive cardiac evaluation

Accreditation

The University of California, San Francisco School of Medicine (UCSF) is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

UCSF designates this educational activity for a maximum of 16.75 category-1 credits toward the AMA Physician's Recognition Award. Each physician should claim only those credits that he or she actually spent in the activity.

Program Chairman

Prakash C. Deedwania, M.D., F.A.C.C., Clinical Professor of Medicine, UCSF School of Medicine, San Francisco; Clinical Professor of Medicine, Stanford University, Palo Alto; Chief, Cardiology Section, VA Medical Center, Fresno, California

Faculty

John Ambrose, M.D., F.A.C.C., Professor of Medicine, UCSF School of Medicine, San Francisco, California, Chief, Cardiology division UCSF-Fresno

Ezra Amsterdam, M.D., F.A.C.C., Professor of Medicine, UC Davis, School of Medicine, Davis, California, Director, Coronary Care Unit, UC Davis Medical Center, Sacramento, California

Enrique V. Carbajal, M.D., F.A.C.C., Associate Clinical Professor of Medicine, UCSF School of Medicine; Staff Cardiologist, VA Medical Center, Fresno, California

Kanu Chatterjee, M.D., F.A.C.C., Professor of Medicine; Ernest Gallo Professor of Cardiology; Cardiovascular Division, UCSF School of Medicine, San Francisco, California

Melvin Cheitlin, M.D., F.A.C.C., Emeritus Professor of Medicine, UCSF School of Medicine, Cardiology Staff, San Francisco General Hospital, San Francisco, California

Michael Crawford, M.D., F.A.C.C., Professor of Medicine and Interim Chief, Cardiology Division, UCSF School of Medicine, San Francisco

Peter Ganz, M.D., F.A.C.C., Professor of Medicine, UCSF School of Medicine; Chief, Cardiology Section, San Francisco General Hospital, San Francisco, California

Nora F. Goldschlager, M.D., F.A.C.C., Professor of Clinical Medicine, UCSF School of Medicine; Director, Coronary Care Unit, San Francisco General Hospital, San Francisco, California

John Kane, M.D., Professor of Medicine, UCSF School of Medicine, Co-Director Adult Lipid Clinic, Moffit and Long Hospitals, San Francisco, California

Mary Malloy, M.D., Professor of Clinical Medicine and Pediatrics, UCSF School of Medicine; Director of Adult and Pediatric Lipid Clinics, Moffit-Long Hospitals, San Francisco, California

George Mensah, M.D., F.A.C.C., Chief, Medical Officer, Center for Disease Control and Prevention, Atlanta, Georgia

Rita Redberg, M.D., F.A.C.C., Professor of Clinical Medicine, UCSF School of Medicine, San Francisco, California; Director, Center for Excellence for Heart Disease in Women at UCSF, San Francisco, California

A. Jamil Tajik, M.D., F.A.C.C., Consultant, Division of Cardiovascular Medicine, Mayo clinic, Scottsdale, Arizona, Thomas J. Watson Jr. Professor of Medicine and Pediatrics, Mayo Clinic, Rochester, Minnesota.

Deepak Thatai, M.D., F.A.C.C., Associate Clinical Professor, UCSF School of Medicine, San Francisco, California; Director, Cardiac Cath Laboratory, VACCCHS, Fresno, California

Planning Committee

Chairman: Prakash C. Deedwania, M.D., F.A.C.C. **Members:** Cyrus Buhari, D.O., Enrique Carbajal, M.D., Patricia DeMasters, R.N., Usman Javed, M.D., Martin Lauber, M.D., James Lindsay, M.D., Jeannette Rilander, M.D., Sundra Srikanth, M.D.

Program

Please note that all sessions are held at Yosemite Lodge. For emergency phone calls during the program, please give out the following numbers: The Ahwahnee Hotel Front Desk (209) 372-1407, or the Yosemite Lodge Front Desk (209) 372-1274. For babysitting services, check with the front desk at the Ahwahnee Hotel or the Yosemite Lodge.

Monday, October 20, 2008

All morning sessions will be held in the Cliff/Falls Room at Yosemite Lodge.

7:00 a.m. Registration - Yosemite Lodge (Cliff/Falls Room)

7:30 Complimentary Continental Breakfast (For Registrants Only)

SESSION TITLE: CARDIOVASCULAR RISK EVALUATION AND MANAGEMENT: A PROGRESS REPORT OF EVOLUTION DURING THE PAST 25 YEARS AND THE CURRENT STATE OF THE ART

Session Chair: **Prakash C. Deedwania, M.D., F.A.C.C.**

8:00 **Welcome and Introduction**
Prakash C. Deedwania, M.D., F.A.C.C., Program Director

8:10 Global burden of cardiovascular disease and prevalence of risk factors in the U.S.
Prakash C. Deedwania, M.D., F.A.C.C.

8:40 Questions and Answers

8:50 A critical appraisal of traditional and emerging risk factors (CRP and other biomarkers, endothelial function, etc.).
Peter Ganz, M.D., F.A.C.C.

9:20 Questions and Answers

9:30 Impact of obesity, metabolic syndrome, diabetes in cardiovascular disease.
Prakash Deedwania, M.D., F.A.C.C.

10:00 Questions and Answers

10:05 Meet the faculty and refreshment

10:15 Exercise: a cardiac diagnostic and therapeutic tool.
Ezra Amsterdam, M.D., F.A.C.C.

10:40 **Live debate: Role of cardiac imaging modalities (echo, cardiac CT, CT angio, and cardiac MR) in CV risk assessment**

Moderator: **Prakash C. Deedwania, M.D., F.A.C.C.**

10:45 Protagonist: **A. Jamil Tajik, M.D., F.A.C.C.**

11:05 Antagonist: **Rita Redberg, M.D., F.A.C.C.**

11:25 Rebuttal and Open Discussion

11:40 Lipid disorders in clinical practice: how far have we come and where are we headed?
Mary Malloy, M.D.

12:15 Questions and Answers

12:25 Regression of atherosclerosis: a fact or fancy?
John Kane, M.D.

1:00 Question and answers

1:15 Adjourn

Tuesday, October 21, 2008

7:30 a.m. Complimentary Continental Breakfast (Registrants Only)

8:00 **ECG Workshop:** Special interactive session on ECG interpretation (participants are encouraged to bring digital images of challenging ECGs from their practices)
Nora Goldschlager, M.D., F.A.C.C.

SESSION TITLE: EVALUATION AND MANAGEMENT OF COMMON CV DISORDERS: STATE OF THE ART

Session Chair: **Prakash C. Deedwania, M.D., F.A.C.C.**

8:45 High risk hypertension and the role of newer therapies.
George Mensah, M.D., F.A.C.C.

9:15 Questions and Answers

9:25 Management of patients with stable CAD: appropriate role of medical therapy and intervention approaches.
Peter Ganz, M.D., F.A.C.C.

10:00 Questions and Answers

10:10 Coronary angioplasty: then and now (What progress has been made in 25 years).
John Ambrose, M.D., F.A.C.C.

10:30 Questions and Answers

10:35 Refreshment Break and Meet the Faculty

10:45 A critical appraisal of advances made in the ACS management (STEMI and NSTEMI)
Michael Crawford, M.D., F.A.C.C.

11:15 Questions and Answers

11:20 Management of heart failure: past, present, and future.
Kanu Chatterjee, M.D., F.A.C.C.

11:55 Questions and Answers

12:05 Current approach for evaluation and management of mitral valve disease.
Deepak Thatai, M.D., F.A.C.C.

12:30 Questions and Answers

12:35 Syncope: critical appraisal of diagnostic and therapeutic options including the use of devices.
Nora F. Goldschlager, M.D., F.A.C.C.

1:15 Questions and Answers

1:30 Adjourn

Tuesday p.m.

This evening sessions will be held at the Yosemite Lodge (Cliff Falls Room).

Participants may attend both session which will be 45 minutes each.

6:00 - 7:30 p.m. Cardiac testing in common clinical problems: the pitfalls of ordering too many tests.
Kanu Chatterjee, F.A.C.C., A. Jamil Tajik, M.D., F.A.C.C.

6:00 - 7:30 p.m. Are newer therapies and cardiac interventions worth the price?
Michael Crawford, M.D., F.A.C.C., Nora F. Goldschlager, M.D., F.A.C.C., Rita Redberg, M.D., F.A.C.C.

Wednesday, October 22, 2008

7:00 a.m. Complimentary Continental Breakfast (Registrants Only)

7:30 Cardiac Auscultation Workshop Using Commonly Encountered Clinical Scenarios: What Do I Hear and What Does It Mean?
Kanu Chatterjee, F.A.C.C.

SESSION TITLE: How To Sessions For Common Cardiac Problems

Session Chair: **Enrique V. Carbajal, M.D.**

8:15 How to evaluate patients with chest pain?
Michael Crawford, M.D., F.A.C.C.

8:35 Questions and Answers

8:40 How to identify the vulnerable plaque and risk of ACS?
John Ambrose, M.D., F.A.C.C.

9:00 Questions and Answers

9:05 How to evaluate the etiology of shortness of breath?
Kanu Chatterjee, M.D., F.A.C.C.

9:25 Questions and Answers

9:30 How to evaluate patients with aortic dissection/ aneurysm?
Melvin Cheitlin, M.D., F.A.C.C.

9:55 Questions and Answers

10:00 Refreshment Break and Meet the Faculty

10:15 How to evaluate and manage aortic valve disease?
A. Jamil Tajik, M.D., F.A.C.C.

10:40 Questions and Answers

10:45 How to evaluate CVD in the elderly?
Melvin Cheitlin, M.D., F.A.C.C.

11:10 Questions and Answers

11:15 How to evaluate and manage atrial fibrillation?
Nora F. Goldschlager, M.D., F.A.C.C.

11:40 Questions and Answers

11:45 How to evaluate and manage CVD in women?
Rita Redberg, M.D., F.A.C.C.

12:15 Questions and Answers

12:30 Adjourn

(tear and mail this form)

COURSE REGISTRATION FORM Cardiology for the Practitioner Symposium Yosemite National Park, CA ▲ October 20-22, 2008

Registration Information: Fees: \$400.00 Physicians, \$300.00 Non-physicians

There will be a \$100.00 service charge for refunds requested before the registration deadline. No refunds will be provided after September 19, 2008. All refund requests made before the deadline must be submitted in writing and received in our office by September 19, 2008.

Using a credit card, you may register on line at www.cme.ucsf.edu, or:

Mail your check (**payable to UC Regents**) and course registration form to:

UCSF Office of CME
P. O. Box 45368
San Francisco, CA 94145-0368
Phone: (415) 476-5808; FAX: (415) 502-1795

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We accept Visa/MasterCard: Visa _____ MasterCard _____ AMEX _____

Name on card (print) _____

Card No. _____ Exp. Date _____ Amount \$ _____

Authorized Signature _____

Location and Accommodations: There are four entrances to Yosemite National Park: California 120 from Manteca, 140 from Merced; 41 from Fresno; and the Tioga Pass Trans-Sierra Road connecting with Highway 395. Driving time from San Francisco is about 5 hours; from Los Angeles it is slightly longer.

A block of rooms has been reserved at the Ahwahnee Hotel and Yosemite Lodge. Cut-off date for receipt of reservations is **September 4, 2008**. Early reservations are necessary, as unreserved rooms will be released after September 4, 2008. Should you require assistance with your reservation, contact the Conference Reservation Department, 5410 E. Home, Fresno, CA 93727 (559)253-5675. No reservations accepted by phone.

(DO NOT FORGET TO MAKE YOUR HOTEL RESERVATIONS BY SUBMITTING THE ATTACHED RESERVATION REQUEST FORM TO YOSEMITE CONCESSION SERVICES)

YOSEMITE NATIONAL PARK
Yosemite Concession Services Corporation
RESERVATION REQUEST FORM

UCSF CARDIOLOGY FOR THE PRACTITIONER SYMPOSIUM 2008
OCTOBER 20-22, 2008

THE AHWAHNEE HOTEL \$439.00 PER NIGHT
YOSEMITE LODGE HOTEL ROOM \$170.00 PER NIGHT
RATE BASED ON SINGLE OR DOUBLE OCCUPANCY. ADD'L RATE \$ 21.00 AHWAHNEE, \$10.00 YOSEMITE LODGE
(2- Children 12 and under stay free in adult's room. If there is a 3rd child add'l rate will apply)
First night's room including 10%tax and 1% tourism fee is required to secure your room reservation.

PLEASE CHECK PREFERRED ACCOMMODATION: THE AHWAHNEE HOTEL YOSEMITE LODGE

ARRIVAL DATE: _____ DEPARTURE DATE: _____ #ADULTS _____ #CHILDREN _____

TITLE: _____ FIRST NAME: _____ LAST NAME: _____

COMPANY NAME (IF APPLICABLE): _____

MAILING ADDRESS: _____ CITY: _____

STATE: _____ ZIP: _____ PHONE (DAY TIME): _____

PLEASE CHARGE MY FIRST NIGHT'S DEPOSIT (ROOM & TAX) TO:

CREDIT CARD # _____ - _____ - _____ - _____ EXP. _____ / _____

CARDHOLDER NAME _____

BILLING ADDRESS: _____

(CARDHOLDER'S NAME & BILLING ADDRESS ARE MANDATORY TO PROCESS CHARGE)

CARDHOLDER'S SIGNATURE: _____

(CLIP HERE)

Reservation Deadline --SEPTEMBER 4, 2008

RESERVATIONS CANNOT BE BOOKED BY PHONE: FORM IS REQUIRED

The rooms being held for this group are limited. They are booked on first-come, first-save basis. Forms received after the specified deadline date or after rooms are filled will be reserved on a space and rate available basis.

Payments: Make check payable to **DNC Parks & Resorts at Yosemite, Inc. and mail to Attn: Conference Department, 6771 N. Palm Ave., Fresno, CA 93704**. If paying by credit card, **you may fax your request with credit card information to (559) 456-4362**. We accept American Express, Visa, Master Card, Discover, Diners Club, Carte Blanche and JCB.

Rates: Rates are not guaranteed. Rates may change pending National Park Service Approvals. Quoted rates do not include 10% Room Tax..

Cancel/Change Policy: Cancellations or changes must be received at least **7 days** prior to arrival date in order to receive deposit refund. All early departures and no shows will be charged the contracted nightly rate for each night reserved.

For Assistance with Rooms: Please contact the Conference Reservations Department at (801) 559-4932 Monday-Friday, 8:30 a.m. 4:30 p.m.

Check-In & Check-Out Times: Registration begins at 12:00 p.m. and check in is guaranteed by 5:00 p.m. Check-out is 12:00 p.m. Ahwahnee Hotel and 11:00 a.m. all other accommodations.

Ahwahnee Dining Room Seating: Individual dinner reservations are advised and may be made up to 30 days in advance by calling (209) 372-1489. Gentlemen are respectfully requested to wear sport coats or dress sweaters and long pants. Ladies are respectfully requested to wear skirts, dresses, pantsuits or pants that reach below the knee. Shorts and athletic wear may be worn at breakfast and lunch.

Road & Weather Info: Please call (209) 372-0209 for road and weather information prior to your arrival. NPS requires chains be carried from Oct - Apr and may become mandatory on any park road at any time. There is a \$20.00 entrance fee per vehicle collected by the National Park Service at park entrance stations.

VISIT OUR WEB SITE AT WWW.YOSEMITEPARK.COM