



**Save the Date!**

April 9, 2010 (9 am - 4:30 pm) and  
April 10, 2010 (9 am - 3 pm)

**Rona Alexander, PhD, CCC-SP**

**Treatment Strategies for the Improvement of Oral Motor,  
Feeding/Swallowing, and Respiratory Coordination Function:  
The Child with Neuromotor Involvement**

*Sponsored by Mealttime Connections LLC in Tucson, Arizona  
Workshop location: Child and Family Resources, 2800 E. Broadway, Tucson, AZ*

**Course Description:**

This 2-day workshop is designed for professionals working as part of a multidisciplinary intervention team, providing services for infants and children with neuromotor involvement. Primary emphasis will be placed on the development of appropriate intervention programming for infants and children with neuromotor involvement who exhibit problems in oral motor, feeding, swallowing, and respiratory coordination function. The variety of factors that may be influencing a child's feeding and swallowing function; the impact of body alignment and active postural control on oral motor and respiratory function; and the influences of rib cage and respiratory musculature activity on oral motor, upper extremity/fine motor, feeding/swallowing, and respiratory coordination function in infants and children will be emphasized especially in regard to their significance to intervention programming for this population. Strategies to improve oral motor, oral sensory, rib cage, and respiratory musculature activity will be discussed. Intervention strategies appropriate for direct treatment by different members of the intervention team as well as those appropriate for carryover activities such as mealtime feeding will be delineated.

**Instructor Rona Alexander, PhD, CCC-SLP**

is a speech-language pathologist specializing in the assessment and treatment of oral motor, feeding/swallowing, and respiratory-phonatory function in infants and children with neuromotor involvement. She maintains a private practice; provides consultation services; and conducts workshops on oral motor, feeding/swallowing, and respiratory coordination development, assessment, and treatment. As a qualified speech instructor in Neuro-Developmental Treatment, Dr. Alexander teaches in basic pediatric and advanced NDT courses. She has contributed chapters on oral motor, feeding/swallowing, and respiratory coordination function to numerous publications; is co-author of the book entitled, *Normal Development of Functional Motor Skills: The First Year of Life*; is author of the ASHA CEU product, *Pediatric Feeding and Swallowing: Assessment and Treatment Programming*; is author of the CEU product, *Focus on the Rib Cage for Improvement of Respiration, Phonation, Movement, and Postural Control*; and is co-developer of the CEU product, *The ABCs of Pediatric Feeding and Swallowing*.

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**Course Objectives**

At the conclusion of the course, participants will be able to:

Identify five primary areas that may influence a child's feeding and swallowing function.

Describe the essential components of comprehensive intervention programming for infants and children with neuromotor involvement who exhibit problems in oral motor, feeding/swallowing, and respiratory coordination function.

Differentiate between goals appropriate for oral motor, feeding/swallowing, and respiratory coordination treatment and goals appropriate for carryover activities such as mealtime feeding.

Identify strategies which may be implemented to assist in the improvement of oral motor, oral sensory, rib cage, and respiratory musculature activity in infants and children with neuromotor involvement.

**Participant Requirements**

Professionals who have a foundation of knowledge in the components of typical and atypical oral motor, feeding/swallowing, respiratory, upper extremity/fine motor, and general movement development. Participants should have practical experience as a member of a multidisciplinary team providing services for infants and children with neuromotor involvement who exhibit problems in oral motor, feeding/swallowing, and respiratory coordination function.

**Continuing Education**

Workshop offers 11 1/4 contact hours [1.1 ASHA CEUs, Intermediate Level, Professional Area]. Each registrant should contact their respective organization for awarding of CEU credits.



The Arizona Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

**COST: \$395 FOR TWO DAY WORKSHOP , MATERIALS INCLUDED, LUNCH ON YOUR OWN**

**Mail-in Registration: Rona Alexander Workshop, April 9 and 10, 2010, Tucson, AZ**

Name \_\_\_\_\_

Address \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_

Email \_\_\_\_\_

Phone(s) \_\_\_\_\_

Agency \_\_\_\_\_

Please enclose check for \$395 , payable to Mealttime Connections, LLC.

Mail to Mealttime Connections, LLC, PO Box 35552, Tucson, AZ 85740