



## Save the Date

September 23, 2011 (8am - 5:30pm) and  
September 24th, 2011 (8am - 5:30 pm)

Elizabeth Clawson, MS, Ph.D., LCP, HSPP  
Carol Elliott, B.S., OTR/L

# Mealttime Miseries: Management of Complex Feeding Issues

Sponsored by Mealttime Connections LLC in Tucson, Arizona

Workshop location: Child and Family Resources, 2800 E. Broadway, Tucson, AZ

### Learning Outcomes:

Identify the foundation of the TR-eat model  
Identify variables that produce complex pediatric feeding problems including: medical, oral motor and behavioral.

Address feeding problems across developmental stages.

Understand the use of behavioral strategies including shaping, chaining and fading as a catalyst to enhance oral motor and therapeutic skill building.

Implement texture grading techniques and apply them to the process of making pureed table foods for children weaning from tube feedings and learning how to chew.

Develop treatment strategies for "picky eaters", including those with autism, using behavioral interventions.

Enhance problem solving skills through careful analysis to determine the most effective treatment plan to maximize desired outcomes.

### Testimonials:

*This was an incredibly informative and practical course. Intervention tips and techniques were extremely helpful. I can't wait to implement these new ideas with my patients.*

Jill Rabin, SLP/IBCLC Northbrook, Ill.

*Fantastic course and materials presented in a ready-to-use format. One of the best courses I've been to.*

Rachel Milton, PT Lyons, CO

**Elizabeth Clawson, MS, Ph.D., LCP, HSPP** is an internationally renowned pediatric clinical psychologist known for her extensive work in the field of pediatric feeding disorders. Dr. Clawson is a dynamic and engaging speaker who is able to combine her clinical expertise with research based outcomes to support the intervention strategies presented in this course. Her clinical practice is at the Pediatric Feeding Program at St. Mary's Center for Children in Evansville, Indiana. Dr. Clawson received her M.S. and Ph.D. degrees from Virginia Commonwealth University in 1996. She completed her internship training at the Kennedy Krieger Institute/Johns Hopkins University School of Medicine Pediatric Feeding Disorders Program. As behavioral director of the Children's Feeding Program in Richmond, VA she collaborated with colleague Carol Elliott to develop the TR-eat model. She has presented and published extensively in the area of pediatrics.

**Carol Elliott, B.S., OTR/L** is an internationally recognized and energetic speaker. She is a master clinician at Children's Feeding Program at the Children's Hospital of Richmond, Virginia. Carol has worked in the area of pediatric Occupational Therapy since 1987 after receiving her degree at Elizabethtown College, Elizabethtown, PA. Carol has devoted the past 13 years developing and implementing treatment techniques utilized in the TR-eat Model for children with complex feeding disorders. She provides treatment for infants through teenagers both in an outpatient clinic setting and as part of the Intensive Day Feeding Program. Along with her full time clinical practice, she has published multiple articles, conducted numerous presentations and has provided consultative services to other professionals and treatment centers in the area of pediatric feeding evaluation/treatment.

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# Mealttime Miseries: Management of Complex Feeding Issues

Elizabeth Clawson, MS, Ph.D., LCP, HSPP Carol Elliott, B.S., OTR/L  
September 23 and 24th, 2011 in Tucson, AZ

## Agenda Day One:

- 8:00-8:30 – registration/breakfast
- 8:30-10:00 – Review of feeding development birth-24 months (video examples). Identification of common etiologies related to feeding problems and challenges. Feeding difficulties for the “new” feeder - Evaluation/treatment (medical management, formula, positioning) with video case studies
- 10:00-10:15 – Break
- 10:15 – 12:00 – Continue evaluation/treatment for the “new” feeder (bottle feeding tips and alternatives, oral-motor interventions, introducing spoon feeding) with video case studies
- 12:00-1:00 – Lunch (on your own)
- 1:15 – 3:00 - Practice spoon placement and handling techniques, squeeze bottle use and preparation of smooth pureed table foods
- 3:00 – 3:15 – Break
- 3:15-5:30 – Introduction and application of behavioral principles, clinical problem solving, video case examples

## Agenda Day Two:

- 8:00-8:30 – registration/breakfast
- 8:30-10:30 – Feeding problems and interventions for the “advanced” feeder (baseline evaluations, positioning, texture grading – preparation of texture graded pureed/chopped table foods, teaching chewing skills) with video case studies
- 10:30-10:45 – break
- 10:45-12:00 – Continue interventions for the “advanced” feeder (teaching chewing skills, addressing food packing behavior, introduction of self feeding) with video case studies
- 12:00-1:00 – Lunch (on your own)
- 1:00-3:00 - Continue interventions for the “advanced” feeder (self feeding, cup drinking, straw drinking) with video case studies
- 3:00-3:15 – Break
- 3:15-5:30 - Treatment techniques for children with Autism and the “Picky” eater (food fading, systematic desensitization, structured mealtimes, reward programs) with video case examples

## Continuing Education:

Workshop offers 14 1/4 contact hours [1.4 ASHA CEUs, Intermediate Level, Professional Area]. Each registrant should contact their respective organization for awarding of CEU credits.



The Arizona Speech-Language-Hearing Association is approved by the Continuing Education Board of the American Speech-Language-Hearing Association (ASHA) to provide continuing education activities in speech-language pathology and audiology. See course information for number of ASHA CEUs, instructional level and content area. ASHA CE Provider approval does not imply endorsement of course content, specific products or clinical procedures.

## Workshop Details:

Audience includes but not limited to: SLPs, OTs, Nurses. **COST: \$395.00** when registration and payment is received prior to August 23rd, 2011. Fee increases to **\$425.00** thereafter. Group discounts available, call for information. Registration fees include course materials. To cancel your registration please notify us 7 days before the workshop start date. A refund minus \$35 administrative fee will be given. No-shows or cancellations received less than 7 days prior to the course are ineligible for refund.

## Mail-in Registration: Mealttime Miseries Workshop, September 23 and 24, 2011, Tucson, AZ

Name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_

State \_\_\_\_\_ Zip \_\_\_\_\_ Agency \_\_\_\_\_

Email \_\_\_\_\_ Phone (s) \_\_\_\_\_

Please enclose check for \$395, [or \$425 after August 23rd, 2011] payable to Mealttime Connections, LLC.  
Mail to Mealttime Connections, LLC, PO Box 35552, Tucson, AZ 85740