



**Position Title: Massage Therapist**  
**Department: Integrative Medicine Center**  
**Division: Cancer Medicine**  
**Reports to: Director, Integrative Medicine Center**

## **MISSION STATEMENT**

The mission of The University of Texas M. D. Anderson Cancer Center is to eliminate cancer in Texas, the nation, and the world through outstanding programs that integrate patient care, research and prevention, and through education for undergraduate and graduate students, trainees, professionals, employees and the public.

## **SUMMARY**

The primary purpose of the Massage Therapist position is to provide Oncology Massage to patients and family members through the Integrative Medicine Program. Provide Oncology Massage to patients and family members as appropriate and upon participant's completion of a medical release form. Ensure medically safe practices and compliance with infection control practices. Mentor Contract LMTs. Maintain massage supplies and necessary equipment. Manage the participant completion of release forms, screening tools, program evaluations, and any other determined participant tool. Complete adherence to all M.D. Anderson's and Integrative Medicine Program policies, procedures and mission.

## **CORE VALUES**

### **Caring Behaviors**

- **Courtesy:** Is respectful & courteous to faculty, staff, patients and caregivers at all times.
- **Friendliness/Teamwork:** Promotes and rewards teamwork and inclusiveness; Is sensitive to the concerns of our patients and our co-workers

### **Integrity Behaviors**

- **Reliability:** Communicates frequently, honestly and openly
- **Accountability:** Holds self and others accountable for practicing our values
- **Safety:** Notices a safety concern and brings it to someone's attention; Models safe behaviors (wears badge, washes hands, keeps work area clean and orderly); Mitigates risk to the institution through sound business practices

### **Discovery Behaviors**

- **Responsiveness:** By his/her actions, creates an environment of trust; Encourages learning, creativity and new ideas

- Personal Leadership/Self-Initiative: Helps others to identify and solve problems; Seeks personal growth and enables others to do so

## **KEY FUNCTIONS**

### **ESSENTIAL JOB FUNCTIONS:**

- Verifies the physician's clearance order for massage and reviews patient chart for contraindications/precautions for treatment prior to the patient being seen.
- Carefully inspects area to be treated, properly positions and drapes the patient, provides appropriate intervention or referral as needed and notifies the physician or nurse.
- Documents service provided.
- Adheres to all hospital standards, ensures a safe environment and provides massage service in a cost efficient manner.
- Other duties as assigned.
- Specifically:
  - Accurately verifies the physician's clearance orders for massage
  - Reviews chart for contraindications/precautions for treatment and if present, report to physician/nurse before procedure
  - Carefully inspects the area to be treated, check for edema, blisters, rash, and if present reports to physician/nurse before procedure.
  - Properly positions, drapes and treats patient.
  - Observes/assesses patient for any unexpected and/or undesirable physical/emotional reactions, suspends treatment, provides appropriate intervention, and then reports them to physician/nurse as indicated.
  - Documents service provided
  - Ensures a safe environment, maintain equipment and supplies in a clean, operable and safe manner, and follows institutional infection control policies. Reports status of supplies/inventory to designated M.D. Anderson personnel
  - Adheres to all hospital and departmental policies regarding patient confidentiality.
  - Provides massage services in a cost efficient manner.
  - Makes appropriate referrals of participants to other M.D. Anderson programs and services.
  - Investigate the possibility of establishing a massage therapy practicum program at MDACC in accordance with the National Certification Board for Therapeutic Massage and Bodywork.
  - Create and facilitate continuing education opportunities to enhance the skills and knowledge of registered therapists in the area of oncology massage.
  - Makes appropriate referrals of participants to other M.D. Anderson programs and services.
  - Provides in-service education and orientation to healthcare professionals in the application of massage therapy.
  - Participates in outreach programs, conferences, retreats and other activities as part of program offerings which may require occasional evening or weekend hours.
  - Participate in program evaluation processes and committee meetings as requested.
  - Develop Clinical Practice Algorithms in Oncology Massage.

## **CORE COMPETENCIES**

- IC – Analytical Thinking:
  - Gather relevant information systematically;
  - Break down problems into simple components; and
  - Make sound decisions.
- IC – Build Relationships:

- Initiate, develop, and manage relationships and networks; and
  - Show sincere interest in others and their concerns.
- IC – Innovative Thinking:
  - Approach problems with curiosity and open-mindedness; and
  - Offer new ideas, solutions and/or options.
- Written Communication
  - Convey information clearly and concisely through both formal and informal documents
  - Adapt writing style to fit the audience
- Patient Care
  - Employee demonstrates population-based competencies (age-specific, diversity) which cross the continuum of care.
  - Employee functions within their professional scope.
- Medical Knowledge
  - Employee demonstrates medical knowledge as defined by position description.

## **SUPERVISION**

Received: Medical Director, Integrative Medicine Program, Director, Integrative Medicine Center

Given: In conjunction with Director or Program Manager, Contract LMTs.

## **EDUCATION/CERTIFICATION/LICENSURE**

Required: Massage Therapist License from Texas Dept of State Health Services

NCTMB or NCTM certification *current or within 1 year of hire*

CPR

Preferred: General cancer terminology course; ability to speak Spanish.

Continuing education/course completion for massage in an oncology setting

## **EXPERIENCE**

Required:

A minimum of 1-year experience as a licensed massage therapist in a corporate or community setting.

Preferred:

- 6 months massage therapy practice in an inpatient hospital setting
- Experience with oncology patients.
- Possess a basic understanding of health care clinical operations and the ability to establish effective working relationships with a multidisciplinary team

## WORKING CONDITIONS

This position requires:

Working in Office Environment	_____ No	___X___ Yes
Working in Patient Care Unit (e.g. Nursing unit; outpatient clinic)	_____ No	___X___ Yes
Exposure to human/animal blood, body fluids, or tissues	_____ No	___X___ Yes
Exposure to harmful chemicals	___X___ No	_____ Yes
Exposure to radiation	___X___ No	_____ Yes
Exposure to animals	___X___ No	_____ Yes

## PHYSICAL DEMANDS

Indicate the time required to do each of the following physical demands:

	Time Spent			
	Never 0%	Occasionally 1-33%	Frequently 34-66%	Continuously 67-100%
Standing				X
Walking			X	
Sitting		X		
Reaching			X	
Lifting/Carrying				
Up to 10 lbs			X	
10lbs to 50 lbs		X		
More than 50 lbs	X			
Pushing/Pulling				
Up to 10 lbs			X	
10lbs to 50 lbs		X		
More than 50 lbs		X		
Use computer/keyboard			X	

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Acknowledgement:

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Signature

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Date