

## WELL CHILD VISIT – NEWBORN to 1 WEEK

Male     Female

Name: \_\_\_\_\_ ID # \_\_\_\_\_ Age: \_\_\_\_\_ DOB: \_\_\_\_\_  IHEBAT  
 120-Day IHA

Accompanied by:  Mom  Dad  Relative  Other: \_\_\_\_\_ Date of Visit: \_\_\_\_\_

Birth Wt: _____ D/C Wt: _____ <small>Weeks Gestation</small>	Wt: _____ <small>lbs/oz/kg    (%ile)</small>	Ht: _____ <small>nches/cm    (%ile)</small>	HC: _____ <small>inches/cm    (%ile)</small>	Temp: _____ <small>F°/C°</small>	Nurse/MA _____
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### HISTORY

Interim History:

No Problems

Significant Illness / Injury \_\_\_\_\_

Medications: \_\_\_\_\_

Allergies: \_\_\_\_\_

Visits to other health care provider: (name) \_\_\_\_\_

Social / Family History:

No problems

Divorced / Single Parent

Child Care: \_\_\_\_\_

Nutrition:     Breast     Bottle

Formula \_\_\_\_\_ Oz/feed \_\_\_\_\_

Hours between feeds \_\_\_\_\_

Feeding/24 hrs: \_\_\_\_\_

Vitamins: \_\_\_\_\_

Elimination:  NL \_\_\_\_\_

Sleep:  NL \_\_\_\_\_

Behavior:  NL \_\_\_\_\_

Toxic exposure: Lead  Yes  No    Passive Smoking  Yes  No

TB risk:  High  Low

### DEVELOPMENTAL HISTORY (✓ if within Normal Limits)

- Responds to sound by startling, blinking, crying
- Blinks in reaction to bright light
- Looks at faces and follows with eyes
- Moves arms, legs and head
- Responds to parent's face and voice
- Can sleep for three or four hours at a time
- Has flexed posture

### REFERRALS / AUTHORIZATIONS

- WIC                                     Vision Referral
- CCS
- Counseling
- Specialist (name) \_\_\_\_\_

### PHYSICAL EXAM (✓ if within Normal Limits)

- |                          |   |                            |
|--------------------------|---|----------------------------|
| <u>NL</u>                |   | <u>Comment if Abnormal</u> |
| <input type="checkbox"/> | General Appearance                            |                            |
| <input type="checkbox"/> | Skin  |                            |
| <input type="checkbox"/> | Head  |                            |
| <input type="checkbox"/> | Eyes / Appears to see                         |                            |
| <input type="checkbox"/> | Ears / Appears to hear                        |                            |
|                          | <input type="checkbox"/> NL Hearing screening |                            |
| <input type="checkbox"/> | Nose  |                            |
| <input type="checkbox"/> | Mouth and Throat                              |                            |
| <input type="checkbox"/> | Neck  |                            |
| <input type="checkbox"/> | Lungs   |                            |
| <input type="checkbox"/> | Heart   |                            |
| <input type="checkbox"/> | Femoral pulses                                |                            |
| <input type="checkbox"/> | Abdomen                                       |                            |
| <input type="checkbox"/> | Genitalia                                     |                            |
| <input type="checkbox"/> | Ext/Hips                                      |                            |
| <input type="checkbox"/> | Back  |                            |
| <input type="checkbox"/> | Neurologic                                    |                            |

### ASSESSMENT

- Well Child

### ANTICIPATORY GUIDANCE / EDUCATION (✓ if discussed or handout given)

- Breastfeed or iron-fortified formula
- No honey, no cereal in bottle
- Delay solid food until 4-6 months
- Sleep on back, no bottle in bed
- Bathing and water temperature
- Cord, circumcision care
- Skin and nail care
- Sleep patterns, arrangements
- Console baby, hold, cuddle, rock, sing, talk to baby
- Car seat, smoke detectors
- Falls, keep hand on baby
- Pacifiers, thumb sucking
- Know signs of illness, thermometer use
- Family relationships & friends

### IMMUNIZATIONS / LABORATORY

- Hepatitis B                                     Hct/Hgb
- Other: \_\_\_\_\_                                     \_\_\_\_\_
- Vaccine Information Statements (VIS) given to patient

Plan: 1. NEXT VISIT AT AGE 1 - 2 Months  
 2.  
 3.

Signature \_\_\_\_\_ MD/DO/NP/PA    Date: \_\_\_\_\_