

GREAT BAY KIDS' COMPANY



INFANT MENU FOR THE WEEK OF: _____ CHILD'S NAME: _____

PARENT/GUARDIAN SIGNATURE: _____

| (A) | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------|--|--|---|---|---|
| Breakfast | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal 1-4 Tbls Pears in natural juice</p> <p><i>* Or Parent Provided Substitute →</i></p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal 1-4 Tbls Blueberries</p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal 1-4 Tbls Frozen Strawberries</p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal 1-4 Tbls Applesauce</p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal 1-4 Tbls Bananas</p> |
| Lunch | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula 0-3 Tbls Infant Cereal *0-3 Tbls Fruit/Veggie or both</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal or 1-4 Tbls Cottage Cheese 1-4 Tbls Peas</p> <p><i>* Optional Parent Provided →</i></p> <p><i>* Or Parent Provided Substitute →</i></p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula 0-3 Tbls Infant Cereal *0-3 Tbls Fruit/Veggie or both</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal or 1-4 Tbls Shredded Chicken 1-4 Tbls Bananas</p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula 0-3 Tbls Infant Cereal *0-3 Tbls Fruit/Veggie or both</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal or 1-4 Tbls Ground Turkey 1-4 Tbls Carrots</p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula 0-3 Tbls Infant Cereal *0-3 Tbls Fruit/Veggie or both</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal or ½-2 oz. Ground Beef 1-4 Tbls Corn</p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula 0-3 Tbls Infant Cereal *0-3 Tbls Fruit/Veggie or both</p> <p>8 through 11 Months 6-8 oz Breast Milk/Formula 2-4 Tbls Infant Cereal or 1-4 Tbls American Cheese 1-4 Tbls Cucumbers</p> |
| Snack | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 2-4 oz Breast Milk/Formula 0- 4 Tbls Ritz Crackers</p> <p><i>* Or Parent Provided Substitute →</i></p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 2-4 oz Breast Milk/Formula 0-4 Tbls Wheat Pita Bread</p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 2-4 oz Breast Milk/Formula 0-4 Tbls Apricot Squares</p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 2-4 oz Breast Milk/Formula 0-4 Tbls Corn Bread</p> | <p>Birth through 3 Months 4-6 oz Breast Milk/Formula</p> <p>4 through 7 Months 4-8 oz Breast Milk/Formula</p> <p>8 through 11 Months 2-4 oz Breast Milk/Formula 0-4 Tbls Nutri Grain Bar</p> |