Blood Glucose Log: Pregnancy

Name:	Blood glucose target: Fasting < 90
Date of Birth:	One Hour Post Meal: <120

Date	ate 3 AM		Pre-breakfast		1 hr post breakfast		Pre-Lunch		1 hr post lunch		Pre Dinner		1 hr post dinner		bedtime			Remarks	
	BG	Sup	BG			BG	Sup	BG		BG	Sup	BG		BG	Sup	BG		Sup	