



TEXAS TECH UNIVERSITY

Student Counseling Center™

STUDENT COUNSELING CENTER PRACTICUM RECOMMENDATION FORM.

Please complete this form, in lieu of a typical letter of recommendation, and address your impression of the applicant who is applying for the Student Counseling Center Practicum.

Note, this form has been designed to help identify students who are ready for the SCC practicum and match them with an appropriate supervisor. Because this is a fast-paced and busy practicum, we are looking for students who have mastered basic therapy skills and who exhibit some degree of autonomy.

Ultimately, we hope to give practicum students a more positive experience by identifying those who are ready for the SCC as well as those who might benefit from a little more time and training. The Counseling Center remains committed to working with the Psychology Department to prepare students for the SCC practicum.

Please return the completed form To Dr. Marie Moerkbak via email (marie.moerbak@ttu.edu) or via campus mail (Student Counseling Center MS5008). Be sure to sign this document on the bottom of page 4.

Student Name: _____

Supervisor Name and Title: _____

Section 1: Questions about your supervision with the applicant:

1. When did you last supervise this applicant? _____

2. In what setting(s) have you supervised this applicant? _____

3. For how long have you supervised this applicant? _____

4. Did you supervise this applicant in individual supervision, group supervision, or both? _____

5. Please discuss the strengths that this applicant has demonstrated in their work with clients (feel free to use an example in answering this question):

6. Please discuss any areas of growth that you have noted in the applicant during your work together (again, feel free to use an example):

7. How is this student to work with (Please describe interpersonal characteristics and include comments regarding openness to feedback and professionalism)?

Section 2: Information about the applicant's specific therapy skills:

**Please use the ratings below when rating the applicant on each of the skills
Outlined under Basic Counseling Skills:**

1 = Applicant has not yet mastered this skill.

2 = Applicant has mastered this skill and applies it in their work with clients.

3 = Applicant excels at using this skill with clients.

X = insufficient knowledge to rate.

Basic Counseling Skills

Demonstrates effective use of the following:

Paraphrasing Content	1	2	3	x
Reflecting of Feeling	1	2	3	x
Summarizing Content	1	2	3	x
Good Posture and Eye Contact	1	2	3	x
Encourages (nods and uh huhs)	1	2	3	x
Asks Open ended Questions	1	2	3	x
Seeks Clarification and Elaboration	1	2	3	x
Explains the Intake or Counseling Process	1	2	3	x
Define Roles and Responsibilities Client vs. Therapist	1	2	3	x
Maintains Appropriate Boundaries	1	2	3	x
Completes Case Notes in a Timely Manner	1	2	3	x
Establishes Rapport	1	2	3	x
Demonstrates Respect for Clients	1	2	3	x
Aware of Cultural and Gender Differences	1	2	3	x
Demonstrates a Non-judgmental Orientation	1	2	3	x
Appears Interested and Involved	1	2	3	x
Expresses Warmth and Caring	1	2	3	x
Identifies Client's Concerns and Issues	1	2	3	x

Name of Supervisor

Supervisor's Signature

Date