

Celebrating Milestones on a Toastmaster's Journey

District 8 Fall Conference - November 22 - 23, 2013

St. Louis Union Station Hotel

It's your Toastmaster's journey and the Toastmasters you meet along the way. Won't you travel to St. Louis Union Station Hotel to meet these three Toastmasters who are traveling to our District 8 Fall Conference?

Enjoy listening to **Tom Dowd**, **Friday night's keynote speaker**, whose presentation called "Transformation Time with Transformation Tom" will emphasize that our own ability to transform may be right in front of us and that personal and professional success is reachable. He will share his journey and lessons learned on self-awareness, belief, and action. As a Toastmaster, he has been fortunate enough to receive some accolades as a speaker and leader. Tom was selected as the 2010-2011 District 45 Toastmaster of Year and is the two-time reigning Table Topics champion, winning in both 2012 and 2013. He is also a member of the National Speakers Association. Listen to his introduction by viewing http://www.youtube.com/watch?v=JKdNRIOf7jE&feature=youtu.be

We are excited to have **Alan Shaner, DTM International Director Region 5** attending our conference. Alan was recently elected at the Toastmasters International 2013 Convention. Quoting Alan from his bio, he wants to serve as an international officer/director because "I like the direction our Organization is taking, but I feel we are at a new beginning and there is much to be done. With all the Global changes happening and things that we don't know about yet, our decisions have to be the kind that keep us #1 in the world and have to be well planned and discussed. We must look at all of the 'Unintended Consequences' a decision or policy might create before we decide on a direction for our Membership". Alan will be addressing the International President George Yen's talking points — everything going on in Toastmasters from Headquarters and International's point of view. His session is scheduled after lunch.

Traveling from District 30 is **Jerry Evans, DTM**. Jerry has been in Toastmasters just over 5 years and has also received a number of accolades. He was the D30 Club Extension Chair 2011 – 2013, named the Toastmaster of the Year in 2010 and 2012, and named the Area Governor of the Year 2010-2011. As club extension chair Jerry helped to start 80 new clubs. Jerry has been a session presenter in District 30 as well as other districts in Region 5, our region. His educational session is titled "From Fear to Fear-Less in Speaking". This session addresses and handles the cause of the fear of speaking. Participants learn what to do to control speaker anxiety before it happens and how to guide and channel nervous energy into effective speaking. Then they do it – and handle their stage fright! Even the most timid and frightened people applying these simple tools and drills can handle their speaking nerves. The greater the fear - the greater the benefit from doing this seminar! This will help new and seasoned Toastmasters as well as anyone who works in a sales, customer service or managerial capacity.



2013 District 8 Fall Conference Registration Form St. Louis Union Station Friday, November 22 & Saturday, November 23

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Main Conference Attende Last Name	e Information			MI	First Name			
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City State					Zip Code			
Home Telephone # ()				Alternate # ()		
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TI Designation			Club Name Club				ber	
First Time Attendee? Yes	s No	Current Off	ice(s) Held					
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First Time Attendee? Yes	s / No	Current Off	ice(s) Held (if	applicable)				
Full Registration Includes four meals (Friday buffet dinner, Saturday Continental breakfast, lunch and banquet dinner), educational sessions (for Toastmasters) and both contests. Per Attendee (\$90 until 11/10 / \$110 after Additional Attendees Each: \$80 / \$100						Qty	Subtotal	
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For Hotel Reservations: Call the St. Louis Union Station Hotel at 855-271-3620. Ask for the District 8 Toastmasters' room rate of \$89 per night (single/double occupancy) available until Friday November 1, 2013.

for payment. Payment covers conference costs. If you want to stay at the hotel, please make your arrangements and separate payment early.