## Health Education Seminars

# Grade V Spinal Manipulation

A one day course

### Dr Neil Langridge DClinP MMACP MSc (Manip Ther) MCSP

#### Course Description

This course will introduce delegates to manipulation and refresh the skills of those currently using grade V techniques. It is primarily practical and aims to give participants increased assessment/palpation skills as well as new manipulative treatment ideas. Theoretical aspects will be as evidence based as possible and accompanied by a referenced course manual. The course will allow time for close 1:1 supervision.

The course is suitable for physiotherapists, osteopaths and chiropractors ONLY.

#### Presenter

Neil is a consultant physiotherapist with a special interest in spinal function. He has worked in the NHS, private sector and armed forces and treats complex spinal patients as well as working in a spinal triage environment. He has attained a clinical doctorate at the University of Southampton and completed his MACP training in 2002 and his MSc in 2003. He is the Vice chair of the MACP and provides mentorship and examination support on MACP courses. He has presented all over the U.K and abroad whilst leading manual therapy sessions at a number of Universities. His current post in the NHS covers ESP leadership, complex patient management, and research activities.

#### Course Outline

9.00 – 10.00	Introductory lecture
10.00 – 11.15	Lumbar Spine assessment and rotation Grade V
11.15 – 11.30	Break
11.30 – 12.30	Mid thoracic assessment and rotational Grade V
12.30 – 1.15	Lunch
1.15 – 2.00	A/P Thrust Grade V
2.00 – 2.45	Upper thoracic assessment – Sitting Grade V
2.45 – 3.00	Break
3.00 – 4.30	Cervical assessment – Grade V SF, Rotation

**Fee:** £130 by cheque or online, payable to '*Health Education Seminars*' (includes refreshments, course manual and CPD certificate of attendance - 7.5hrs).

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