

# U18 Assessment- Guidelines

## Notes for DM:

This document is intended as a guideline for Duty Managers to promote consistency in our assessments. If a young person is deferred they can be given this sheet to see what areas need improvement. This sheet should be brought back on the next assessment. All under 18s must wear a helmet whenever they are under supervision of a Castle instructor. Points marked with \* are grounds for deferral, although the assessment should carry on for training purposes. We recommend Geckos (contact: Richard- 07803 597 669) to anyone needing extra tuition before assessment.

Name of young person: \_\_\_\_\_ Date: \_\_\_\_\_  
Duty Manager: \_\_\_\_\_

Comments:

### **Resources-** *(awareness of the following)*

- Conditions of Use
- Best Practice Signs
- Safety First Notice Board
- Check It!

### **General points-**

- Assessment is conditional- must continually abide by conditions of use.
- Awareness of general risks (e.g. hair, jewellery, spinners, etc.)
- Helmets- we encourage the use of helmets in the centre.

### **Bouldering-**

- Awareness of risks
- Mats-
- Descent by downclimbing or a controlled fall.
- Awareness of other climbers
- Etiquette
- Spotting
- Understanding of a controlled landing (clear landing area, position, etc.)

### **Top-Roping-**

- \*Knots
- \*Harness (fit and buckles)
- \*Belaying (including stance and lowering)
- Belay devices- may use whichever they are familiar with
- Check It!
- Ground anchors
- Communication
- Clipping retention runners
- Bolt hangers- do not touch ever!

### **Lead Climbing-**

- \* Back-clipping
- \* Z-clipping
- \* Missing clips/ using only clips on route
- \* Lead belaying
  - \* holding a fall
  - \* slack
  - \* distance from wall
- \* Confident clipping
- Seconding and top-roping
- Retrieving rope, general ropework
- Screwgate at top