

MEMBERSHIP APPLICATION FORM

DATE: _____
NEW MEMBERSHIP ☐ RENEWAL ☐

PERSONAL INFORMATION

NOTE: Please print clearly in all sections

NAME: _____

ADDRESS: _____

CITY: _____ PROVINCE: _____
POSTAL CODE: _____
TEL: _____ FAX: _____
EMAIL: _____

I AM A:

- ☐ PATIENT
- ☐ CAREGIVER
- ☐ FAMILY MEMBER
- ☐ PROFESSIONAL
- ☐ OTHER _____ (Please specify)

All personal information collected by PHA Canada is used solely as a means for communication with its members and those interested in becoming members. We gather and store information in a database and use it only to communicate with these individuals, we do not sell or share this information in any other way with third parties.

MEMBER FEES AND CONTRIBUTIONS

Yes, I would like to become a member, enclosed is my annual dues contribution:

☐ \$10.00 Individual

☐ \$25.00 Family Membership

☐ \$100.00 Benefactor

PH can be an expensive disease. If you would like to join but cannot contribute dues at this time, please contact our office.

- ☐ I authorize PHA to share my contact information with a local chapter of PH society if one exists in my region.
- ☐ I would like to join the PH Health Professionals Network (allied health professionals only, please specify designation in section 1)



PULMONARY HYPERTENSION
ASSOCIATION OF CANADA
.....
L'ASSOCIATION D'HYPERTENSION
PULMONAIRE DU CANADA

The Pulmonary Hypertension Association of Canada (PHA Canada) is a Canadian registered charity serving those whose lives have been touched by pulmonary hypertension (PH). PHA Canada was established by pulmonary hypertension patients, caregivers and family members to end isolation, raise awareness, provide education and create a united Canadian pulmonary hypertension community. PHA Canada works to raise awareness of this disease in the general public and among healthcare providers. It engages in advocacy activities with all levels of government and offers patients and their families wide-ranging support, education and hope.

Pulmonary hypertension is a rare disease affecting the arteries of the lungs, which can strike people of all backgrounds, ages and genders. This fatal, rapidly progressive disease is difficult to diagnose because its symptoms mimic those of many other diseases such as asthma. Currently, the average time between onset of symptoms and diagnosis is 2.8 years. While presently there is no cure for pulmonary hypertension, there are approved treatments, which slow its progression and help to alleviate its symptoms. The earlier a patient is diagnosed and treated, the better their prognosis for longer-term survival.

To learn more about PH and the work of the Pulmonary Hypertension Association of Canada, please visit www.PHACanada.ca

PULMONARY HYPERTENSION ASSOCIATION OF CANADA

Suite 208, 1311 Howe Street | Vancouver, BC V6Z 2P3
Tel: 1-877-7-PHA-CAN | Local Tel: 604-682-1036
Fax: 604-669-3688 | Email: members@phacanada.ca
www.phacanada.ca



PULMONARY HYPERTENSION ASSOCIATION OF CANADA

A BETTER LIFE FOR CANADIANS LIVING
WITH PULMONARY HYPERTENSION

PHA Canada provides leadership in awareness,
advocacy, education and patient support on
behalf of all Canadians living with PH



PULMONARY HYPERTENSION
ASSOCIATION OF CANADA
.....
L'ASSOCIATION D'HYPERTENSION
PULMONAIRE DU CANADA

PHA Canada was founded to create a strong, unified Canadian PH community. We strive to end the isolation and uncertainty that many patients feel when they hear their doctor pronounce the words 'pulmonary hypertension'. We work with Canadians affected by PH from all across the country - patients, family members, caregivers, friends and even medical professionals - to bring hope, understanding and support.

Pulmonary hypertension (PH) is a disease in which the blood pressure in the arteries in the lungs elevates. This puts pressure on the heart and reduces the amount of oxygen that can reach the tissues of the body. PH can lead to right heart failure if left untreated. PH is a disease that does not discriminate – it affects mainly women in their childbearing years, but can strike anyone regardless of age, gender or race.

The main symptoms of PH are shortness of breath, fatigue, swelling of the feet and ankles and fainting. Because PH is rare and shares many symptoms with other conditions such as asthma, diagnosing PH is challenging and many patients are misdiagnosed. Without treatment, the average life expectancy with PH is less than three years. Ironically, many patients spend 2-3 years of their life seeking an accurate diagnosis.

Although PH remains incurable, since 1997, seven PH-specific treatments have been approved in Canada, with several others likely available shortly. Thanks to these treatments, many patients live longer and healthier lives. Exciting research is happening around the world and in Canada for new innovative ways to treat PH, and many advances are just around the corner.

Living with a rare illness like pulmonary hypertension can be isolating and frightening. But you don't have to face your illness alone. The support, connections and information you need are available in one place – through the Pulmonary Hypertension Association of Canada.

PHA Canada is working to create an ever-growing network that enables patients and family members to connect, learn from and find common understanding with others in a similar situation.

ADVOCACY

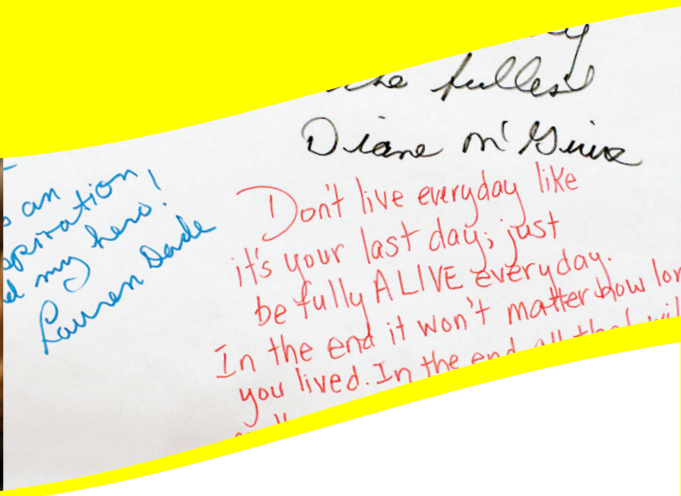
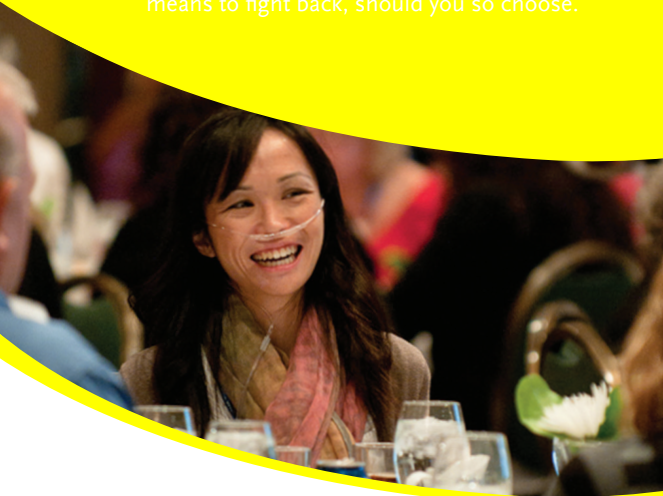
Every person whose life is touched by PH should have the means to fight back against it. PHA Canada stands and fights alongside you and can provide you with the means to fight back, should you so choose.

SUPPORT

PHA Canada is an organization created by those affected by PH for those affected by PH. We are only as strong as our community.

EDUCATION

Whether you are newly diagnosed or a long-term survivor, learning about your disease helps you to become a better advocate for your health and allows you to thrive with PH.



We create opportunities to advocate for the cause and to raise awareness about PH.

Advocating can be as easy as sharing your story with others. Your story is important: it can serve as a source of inspiration to others who are in a similar situation. Your story can serve an even larger purpose: when shared with members of the media, it can raise public awareness of the disease and help to spotlight the obstacles that patients face. PHA Canada has the resources to help you to advocate for the cause and to raise awareness about PH.

PHA Canada works on a number of issues that affect the lives of PH patients. We help local communities organize to advocate on matters that are important to them: from medication coverage to more attention for rare diseases within the government. Whether you are facing an issue that could affect other patients in your area or simply want to help others, PHA Canada is your source for ideas. PHA Canada will stand behind you and help you to advocate and raise awareness of PH.

As we grow, we strive to create a strong national voice for the PH community. That voice starts with you: in your neighbourhood, your town, and your city.

The goal of PHA Canada is to provide our community with the tools it needs to become strong and unified. No patient should have to face a diagnosis and a life with PH alone. With your help, we can assure that no one will.

PHA Canada provides the resources necessary for people to come together: we facilitate the creation of new support groups, encourage the growth of regional chapters, and assure a flow of communication between all regions of our country. Our goal is for support groups to exist in every corner of our country so that no patient ever has to feel like they are the only one with the disease.

Connecting patients is important to us, but we can only do it if we know who and where you are. Please join PHA Canada today and help us in creating a strong network of hope and support.

PHA Canada offers many resources and materials to help educate you about the disease and connect you with the community. These include:

- **Connections Magazine**, a biannual publication, published in both of Canada's official languages. The official magazine of the PH community.
- **www.PHACanada.ca** - PHA Canada's website is the first point of contact for all matters relating to PH and PHA Canada.
- **The Pulse e-newsletter**. This electronic newsletter is delivered to your inbox the first Monday of each month. Subscribe to the Pulse at www.PHACanada.ca/ThePulse
- **Brochures, fact sheets and pamphlets**. These can be ordered for free from PHA Canada to help educate yourself, your family, or members of the public about your disease.
- **PHA Canada Conferences** are the best place to learn about PH and connect with others. PHA Canada works with other groups around the country to organize regional educational events. Along with these events, PHA Canada hosts a biennial National Conference. This large-scale event brings together patients and their families along with PH specialists for a fun-filled educational weekend.

MEMBER FEES AND CONTRIBUTIONS (contd.)

I WOULD LIKE TO MAKE AN ADDITIONAL CONTRIBUTION OF

\$ _____

Your donation will be applied to all areas of PHA Canada programming. To learn more about how PHA Canada uses donated funds please visit www.PHACanada.ca/aboutPHA or contact our office.

VOLUNTEERING INTEREST

- ☐ I am interested in volunteering my time and skills to PHA Canada and the Canadian PH Community. I would like a member of PHA Canada's staff to contact me to explore ways in which I can help.

Membership in other PH associations

- ☐ Already a member of BCPHS, HTAP Quebec or the Edmonton PAH Society? Your membership entitles you to free membership in PHA Canada. Simply fill out this form and return to our office. (doing so indicates consent to verify your membership status with your local society)

PAYMENT

- ☐ VISA ☐ MASTERCARD
☐ CHECK ENCLOSED MADE PAYABLE TO PHA CANADA

TOTAL ENCLOSED \$ _____

CARD #: _____

EXP _____

DATE: _____

NAME: _____
(as appears on card)

SIGNATURE: _____

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